

Events 25.09.2026 - 02.10.2026

Friday, 25.09.2026

29th Philosophicum Lech

For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.

Topic 2026: Assisted thinking – the new desire for immaturity

Where: Lechwelten

From 22.09. - 27.09.2026

Programme and more information: www.philosophicum.at

Dance class for children & ladies in the sport.park.lech

Hello! My name is Sabrina and I would like to show you my world of dancing. From children's dance to jazz, ballet, and hip hop, we will have a lot of fun together and I am sure the stages in Vorarlberg are waiting for you.

Price for 10 course units for children € 66.50

Price for 10 course units for ladies € 133.00

More information: www.sport-park-lech.at

Family Advantage Day

Families with children up to 14 years old

-15% discount on food and drinks at the Seekopf mountain restaurant.

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

09:00

Mountain breakfast

Feasting at 2,000 meters above sea level and then doing "a little something" for the calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can embark on the wonderful nature surrounding them. Alone or with our hiking guide.

WHEN? Every Friday starting at 9 a.m.

WHERE? At the Kriegeralpe

RESERVATION: We ask for registration the day before: +43 664 44 22 697 | info@kriegeralpe.com

GOOD TO KNOW: Of course, outsiders or non-hikers are also welcome to have breakfast at the "small castle." It takes only 10 minutes from the Petersbodenbahn to the Kriegeralpe.

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

Events 25.09.2026 - 02.10.2026

Friday, 25.09.2026

- 09:45** **Lech Card - The geopath excursion**
 The Geological Trail shows how the present mountain landscape developed from an ancient seabed. Along the way, stony witnesses tell of millions of years of Earth history.
 Duration: approx. 3 hours
 When: Friday
 Meeting point: 9:45 a.m. in front of the Rüfikopf cable car valley station
 Equipment: ankle-high mountain boots with profiled soles
 Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 10:15** **Summit Hike to the Formaletsch**
 A varied mountain tour with impressive views of the Lechquellen mountain range and, with a bit of luck, chamois sightings.
 Meeting point: Formarin Alpe, Zugertal
 Duration: approx. 3 hours
 Distance: 4.6 km round trip
 Elevation gain: 424 m
 Difficulty: medium
 Participants: from 4 persons
 Price: 60 €
 Registration: until 12:00 p.m. the day before at www.annawandert.at
- 12:00 - 21:00** **A Culinary Delight This Fall—venison weeks**
 Autumn Delights at Hotel Tannbergerhof:
 During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.
 Start: 12 a.m. - 9 p.m.
- 13:00 - 16:00** **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
 Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
 Price: € 36.90 per person (including mountain and valley ride)
 Availability: daily
 Operating times of the Rüfikopf cable car:
 08:30 a.m.–5:30 p.m.
 Contact Rüfikopf Panoramic Restaurant:
 T +43 5583 2336-278
- 15:00 - 18:00** **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
 Vastness! Grandeur! Snow! Sun! Nature! Freedom!
 These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.
 Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)
 Opening times : Thur – Sun, 3pm – 6pm
 Entrance fee: Voluntary donations
 Exhibition catalogue: 26 euros
 Details: www.lechmuseum.at

Events 25.09.2026 - 02.10.2026

Friday, 25.09.2026

15:00 - 18:00

PHOTO LAB: Families and children welcome

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture "your" Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Details: www.lechmuseum.at

15:00 - 16:00

Pilates

The focus is on body awareness, control, and alignment – for more balance, lightness, and inner strength in everyday life.
The practice is suitable for all levels and helps to gently strengthen the body, relieve tension, and gain new energy.
3:00 p.m. - 4:00 p.m. at the Hotel Goldener Berg | Price: € 20,-

17:30 - 18:30

Post Hiking Recovery Yoga

Post Hiking Recovery Yoga is the perfect complement after an active day in the mountains – ideal for regenerating the body and replenishing energy.
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price: € 20,-

18:00 - 19:00

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

19:00

Full Body Training in sport.park.lech

Full-body workouts for strength, endurance, and flexibility.
- Single sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)
More information: www.sport-park-lech.at

19:15

Skyspace- Lech Tour

In the 50-minute tour including light show, you will learn everything important about this special artwork by James Turrell
Price: € 15,- per person
Start of the tour: 7:15 p.m.
Departure from Dorfhüs: 6:40 p.m.
Tickets and more information: online at skyspacelech.com

21:15 - 23:30

DANCE LIKE NOBODY IS WATCHING

We master the art of creating good vibes – and know that captivating music makes every celebration unforgettable. That's why on Fridays, we say: stage is set for the live band.
WHERE Burg Hotel Evening Bar
WHEN from 9:15 p.m.

Events 25.09.2026 - 02.10.2026**Saturday, 26.09.2026****29th Philosophicum Lech**

For over two decades, the Philosophicum Lech has been one of Europe's top addresses for contemporary philosophy and discussions on current political and social upheavals.

Topic 2026: Assisted thinking – the new desire for immaturity

Where: Lechwelten

From 22.09. - 27.09.2026

Programme and more information: www.philosophicum.at

07:30 - 08:30**Yoga at Hotel Sonnenburg**

Yoga with Saira Strobel from September 26 to October 3, 2026

Take a break and find your center again during a yoga session.

Wednesday to Sunday from 7:30 a.m. – 8:30 a.m.

Friday and Saturday from 5:00 p.m. – 6:00 p.m.

Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.

The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 09:15**Slow Flow Yoga with Savasana**

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.

8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30**Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30**Yoga sessions with Ines**

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

09:00 - 11:00**RÜFIKOPF SUMMIT BREAKFAST - Daily**

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

Events 25.09.2026 - 02.10.2026

Saturday, 26.09.2026

- 12:00 - 21:00** **A Culinary Delight This Fall—venison weeks**
Autumn Delights at Hotel Tannbergerhof:
During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.
Start: 12 a.m. - 9 p.m.
- 12:00 - 14:00** **BBQ Day at the Seekopf Mountain Restaurant**
Every Saturday, weather permitting, the grill is set up on the terrace - steaks, sausages, and vegetables fresh from the grill, prepared directly upon order.
- 13:00 - 16:00** **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)
Availability: daily
Operating times of the Rüfikopf cable car:
08:30 a.m.–5:30 p.m.
Contact Rüfikopf Panoramic Restaurant:
T +43 5583 2336-278
- 15:00 - 18:00** **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
Vastness! Grandeur! Snow! Sun! Nature! Freedom!
These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.
Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Exhibition catalogue: 26 euros
Details: www.lechmuseum.at
- 15:00 - 16:00** **Meditation & Breathing exercises**
This gentle, swinging meditation from the OSHO tradition helps to harmonize body and mind. Through humming sounds and flowing hand movements, deep relaxation and inner balance are achieved. Ideal for letting go and recharging.
4:00 p.m. - 5:00 p.m. at Hotel Goldener Berg | Price: € 20,-
- 15:00 - 18:00** **PHOTO LAB: Families and children welcome**
At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture “your” Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Details: www.lechmuseum.at

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Saturday, 26.09.2026

16:00 - 17:30

Medicinal Herbs & Roots Workshop

Workshop – Talk – An Encounter with Medicinal Herbs with Susanne Türtscher
Let us allow our native medicinal plants to draw us into their depths – and we may experience something truly fascinating.
Their roots can lead us into mysterious underground realms. They reveal to us the healing vitality from which they flourish and bestow their radiant presence upon us. Perhaps a plant spirit would like to connect you with your very own root.
The incense bowl will also be passed around the circle.
Where: Hotel Sonnenburg

17:00 - 18:30

Element Earth – Barefoot Alpine Experience

Barefoot alpine bathing is ideal for anyone looking to recharge, let go of stress, and experience nature in a particularly primal way.
5:00 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 25,-

19:00

Mobility Training sport.park.lech

Mobility training improves your mobility and joint health.
- Single sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)
More information: www.sport-park-lech.at

21:30 - 00:00

CASINO NIGHT

Roulette & Black Jack in the BURG Lobby
WHEN: Saturday, August 1, 2026, at 9:30 p.m. - 12:00 a.m.
GOOD TO KNOW
We do not play for money. At the end, we have a raffle for prizes among all participants.

Sunday, 27.09.2026

29th Philosophicum Lech

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Programme and more information: www.philosophicum.at

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026
Take a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 a.m. – 8:30 a.m.
Friday and Saturday from 5:00 p.m. – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

Events 25.09.2026 - 02.10.2026

Sunday, 27.09.2026

- 08:00 - 09:00** **Aqua Yoga - Aqua Fit Class**
Experience the special combination of movement, water, and lightness in our unique pool setting.
8:00 a.m. - 9:00 a.m. at Hotel Goldener Berg | Price: € 20,-
- 08:00 - 10:30** **Yoga & Brunch**
Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg
- 08:30 - 09:30** **Yoga sessions with Ines**
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When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.
- 09:00 - 11:00** **RÜFIKOPF SUMMIT BREAKFAST - Daily**
daily from 9:00 a.m. to 11:00 a.m.
Breakfast offers including cable car ride:
- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80
Contact Rüfikopf Panoramarestaurant:
T +43 5583 2336 278
Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.
- 10:00** **Lech Card - Familienprogramm Klettern**
Reaching new heights together at Rüfikopf: Climbing, securing, and rappelling are explained playfully – an experience for the whole family.
When: Monday, 9:45 a.m.
Age: from 8 years
Meeting point: Arlberg Alpin, Kaufhaus Filomena, Lech
What to bring: sturdy footwear
Registration: online, by email, or phone; Late registrations after 5:00 p.m. directly through Arlberg Alpin (depending on availability)
- 10:30** **BURG Brunch with a live band**
At our brunch, changing live bands play. And we serve the finest spicy treats like sausage and cheese. And of course: there is also jam and fine sweets.
WHERE & WHEN: In the Burg Restaurant or, in nice weather, on the sun terrace from 10:30 a.m.
GOOD TO KNOW: We recommend making a reservation in advance. At the Burg reception, by phone, or via email: info@burghotel-lech.com.
- 12:00 - 21:00** **A Culinary Delight This Fall—venison weeks**
Autumn Delights at Hotel Tannbergerhof:
During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.
Start: 12 a.m. - 9 p.m.

Events 25.09.2026 - 02.10.2026

Sunday, 27.09.2026

- 12:00** **sundays - family lunch**
Enjoy Sundays together – time for the whole family!
Make your Sunday a special experience and spend valuable time with your loved ones over a delicious joint lunch.
Starting at 12:00 p.m. at Hotel Goldener Berg
- 13:00 - 16:00** **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
Mountain and valley ride with the Rüfikopf cable car
including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)
Availability: daily
Operating times of the Rüfikopf cable car:
08:30 a.m.–5:30 p.m.
Contact Rüfikopf Panoramic Restaurant:
T +43 5583 2336-278
- 15:00 - 18:00** **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
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Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Exhibition catalogue: 26 euros
Details: www.lechmuseum.at
- 15:00 - 22:00** **Late Night Spa**
Experience an evening full of relaxation, tranquility, and enjoyment – and let the day harmoniously come to a close in an atmosphere of warmth, water, and mountain panorama.
3:00 p.m. - 10:00 p.m. at Hotel Goldener Berg | Pre-registration at +43 5583 22050
- 15:00 - 18:00** **PHOTO LAB: Families and children welcome**
At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture “your” Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Details: www.lechmuseum.at
- 17:30 - 18:30** **Yin Yoga & Yoga Nidra**
Suitable for everyone, yoga nidra is a gentle yet profound practice for emotional and mental well-being.
7:30 p.m. - 8:30 p.m. at Hotel Goldener Berg | Price: € 20,-

Events 25.09.2026 - 02.10.2026

Monday, 28.09.2026

08:00 - 09:15

Slow Flow Yoga with Savasana

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.

8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

08:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

10:30 - 11:30

Element Light – Sound Bath & Chanting

Allow yourself to be carried away by healing sounds and experience the transformative power of the voice. Vibrating frequencies and collective mantra chanting bring body and mind into harmony – for deep relaxation and inner radiance. Finally, you will be guided through a meditation and bathe once again in the melodies of the singing bowls.

Experience the deep connection with nature and with yourself.

10:30 a.m. - 11:30 a.m. at Hotel Goldener Berg | Price: € 20,-

11:00

Canyoning für Erwachsene (ab 16 Jahren)

This summer, Arlberg Alpin also offers exciting canyoning tours for adults and teens from 16 years. During this, we swim through deep turquoise-green water pools, slide down natural slides into clear basins, rappel down high waterfalls, and jump into secluded water basins – an action-packed experience amidst the impressive mountain scenery of Lech.

What to bring: Swimwear, towel

When: Monday, 11:00 a.m. – 2:00 p.m.

Swimming skills required!

Meeting point: Alpine school office Arlberg Alpin in the Kaufhaus Filomena (Omberg 211, 6764 Lech)

Registration: online, via email at info@lechzuers.com or by phone at +43 5583 2161-0

Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin.

There, it will be checked whether there are still free spots and equipment available.

12:00 - 21:00

A Culinary Delight This Fall—venison weeks

Autumn Delights at Hotel Tannbergerhof:

During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.

Start: 12 a.m. - 9 p.m.

Events 25.09.2026 - 02.10.2026

Monday, 28.09.2026

13:00 - 16:00

COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)

Availability: daily

Operating times of the Rüfikopf cable car:

08:30 a.m.–5:30 p.m.

Contact Rüfikopf Panoramic Restaurant:

T +43 5583 2336-278

17:30 - 18:30

Yin Yoga

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

18:00

Happy Afterwork at the Tannbergerhof

From September 28 to November 29, there are enticing after-work offers at Tannbergerhof.

Daily from 6:00 p.m. - 8:00 p.m.

Where: Hotel Tannbergerhof

Tuesday, 29.09.2026

08:00 - 09:15

Power Yoga & Savasana

Cardio Yoga is the perfect combination of flowing movement, conscious breathing, and gentle strengthening – ideal for anyone looking to harmonize body and mind while also improving their endurance.

8:00 a.m. to 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

Events 25.09.2026 - 02.10.2026

Tuesday, 29.09.2026

- 08:45** **Lech Card - Pilates with Uli Alber**
 Pilates exercises to enhance coordination, endurance, and concentration with Uli Alber.
 - Mats can be borrowed from Lech Zürs Tourism.
 - In case of bad weather, it will take place indoors.
 Duration: 2-3 hours.
 Meeting point: 8:45 a.m., Dorfhüs.
 Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
 Price for non-Lech Card owners: € 25,- per person, available at Lech Zürs Tourism.
- 09:00 - 11:00** **RÜFIKOPF SUMMIT BREAKFAST - Daily**
 daily from 9:00 a.m. to 11:00 a.m.
 Breakfast offers including cable car ride:
 - Mountain & valley ride with breakfast: EUR 46.80
 - Uphill for hikers including breakfast: EUR 41.80
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- 12:00 - 21:00** **A Culinary Delight This Fall—venison weeks**
 Autumn Delights at Hotel Tannbergerhof:
 During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.
 Start: 12 a.m. - 9 p.m.
- 12:00** **Käsknöpfe made to a family recipe**
 Every Tuesday at noon we offer our Spätzle – or as we say, Käsknöpfe – according to Grandma Helga's recipe
 WHEN?: Every Tuesday, starting at 12 p.m.
 WHERE: at the Kriegeralpe.
- 13:00 - 16:00** **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
 Mountain and valley ride with the Rüfikopf cable car
 including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
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- 17:30 - 18:30** **Yin Yoga**
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 5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

Events 25.09.2026 - 02.10.2026

Tuesday, 29.09.2026

- 18:00** **Happy Afterwork at the Tannbergerhof**
From September 28 to November 29, there are enticing after-work offers at Tannbergerhof.
Daily from 6:00 p.m. - 8:00 p.m.
Where: Hotel Tannbergerhof
- 18:30 - 19:30** **Fire Ceremony Around the Fire Pit**
Let's wind down the day together on the terrace with a magnificent view of the mountain world and the crackling of the campfire in the background.
Our meet & greet is a warm invitation to gather in nature: to arrive, exchange, laugh, and simply spend time together.
A moment to pause, talk.
6:30 p.m. - 7:30 p.m. at Hotel Goldener Berg
- 18:30** **Rote Wand Cookery Class**
Embark on a culinary discovery journey.
Prepare a 3-course menu yourself, accompanied by wines or non-alcoholic beverages.
Price: 150€ per person including Cookery Class, menu, and wine or beverage accompaniment*
Where: Gasthof Hotel Rote Wand, Zug
Registration at: gasthof@rotewand.com
- 19:00** **Pilates in sport.park.lech**
Pilates is a holistic full-body workout that brings breath and movement into harmony. The torso is stabilized, activating the powerhouse - the core of the body. Additionally, mobility is enhanced.
- Individual sessions (Price per course unit € 19)
- 5-session block (Price for 5 course units € 76)
- 10-session block (Price for 10 course units € 133)
Further information: www.sport-park-lech.at

Wednesday, 30.09.2026

- 07:30 - 08:30** **Yoga at Hotel Sonnenburg**
Yoga with Saira Strobel from September 26 to October 3, 2026
Take a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 a.m. – 8:30 a.m.
Friday and Saturday from 5:00 p.m. – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.
- 08:00 - 09:15** **Slow Flow Yoga with Savasana**
Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-
- 08:00 - 10:30** **Yoga & Brunch**
Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

Events 25.09.2026 - 02.10.2026

Wednesday, 30.09.2026

08:30 - 09:30

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

10:00

Lech Card: Zugertal hike

We will take the bus to Älpele, where the most beautiful section of the Lechweg begins and leads along the Lech and Spuller Bach to Dalaaser Staffel. After a cozy snack at the Alpe, we will reach Spullersee and enjoy the impressive mountain panorama.

When: Wednesday

Meeting point: 10:00 a.m. Dorfhof

Registration: the day before until 5:00 p.m. through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

10:30 - 12:00

The Element of Water – Alpine Bathing with Water Meditation

Gemeinsam wandern wir von Oberlech durch grüne Wiesen, begleitet vom sanften Klang plätschernder Bäche – stets verbunden mit dem Element Wasser. Die Natur lädt uns ein, den Alltag hinter uns zu lassen und in die Ruhe des Augenblicks einzutauchen. Im Anschluss begleitet uns eine geführte Meditation inmitten der Natur, um die Kraft des Wassers bewusst zu spüren und innere Ruhe zu finden.

10:30 - 12:00 Uhr im Hotel Goldener Berg | € 25,-

12:00 - 21:00

A Culinary Delight This Fall—venison weeks

Autumn Delights at Hotel Tannbergerhof:

During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.

Start: 12 a.m. - 9 p.m.

Events 25.09.2026 - 02.10.2026

Wednesday, 30.09.2026

13:00 - 16:00

COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)

Availability: daily

Operating times of the Rüfikopf cable car:

08:30 a.m.–5:30 p.m.

Contact Rüfikopf Panoramic Restaurant:

T +43 5583 2336-278

17:30 - 18:30

Yin Yoga

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

18:00

Happy Afterwork at the Tannbergerhof

From September 28 to November 29, there are enticing after-work offers at Tannbergerhof.

Daily from 6:00 p.m. - 8:00 p.m.

Where: Hotel Tannbergerhof

18:30

Rote Wand Masterclass

Immerse yourself in the world of fermentation: Discover lactic acid fermentation, kombucha, and koji. Learn the secrets of these techniques.

Menu of 4 generous courses, accompanied by selected wines.

An alcohol-free drink pairing is possible.

When: Every Wednesday

Price: € 180 including masterclass, menu, and wine or drink pairing

Start: 6:30 p.m.

Registration: gasthof@rotewand.com

19:00

Vinyasa Yoga im sport.park.lech

Vinyasa Yoga is a dynamic style of yoga in which breath and movement are connected. The exercises flow smoothly and powerfully into each other, promoting flexibility, strength, and balance. The focus is on a steady flow that strengthens the body, calms the mind, and provides more energy and equilibrium.

- Individual sessions (price per session € 19)

- 5-session block (price for 5 sessions € 76)

- 10-session block (price for 10 sessions € 133)

For more information: www.sport-park-lech.at

Events 25.09.2026 - 02.10.2026

Thursday, 01.10.2026

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026
Take a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 a.m. – 8:30 a.m.
Friday and Saturday from 5:00 p.m. – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 09:15

Slow Flow Yoga with Savasana

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.
Breakfast offers including cable car ride:
- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80
Contact Rüfikopf Panoramarestaurant:
T +43 5583 2336 278
Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.

10:00

Lech Card - Gipselöcher Tour

Join us for a guided hike through the unique nature reserve Gipselöcher in Oberlech, a unique and protected natural gem.
Meeting point: Thursday, 10:00 a.m. Dorfhus
Duration: approx. 2.5 hours
Difficulty level: easy to moderate, suitable for families with hiking-enthusiastic children
What to bring: sturdy footwear, weather-proof clothing, water bottle
Registration: until 5:00 p.m. the day before through Lech Zürs Tourismus (info@lechzuers.com | +43 5583 2161) or online <https://anmeldung.mylechcard.at/de/programm/>

Events 25.09.2026 - 02.10.2026

Thursday, 01.10.2026

- 10:00** **Lech Card - Shinrin Yoku in Lech**
Experience an exploratory journey through the mountain forests of Lech with the Vorarlberg nature and hiking guide Carolin Feigenspan.
Meeting point: 10:00 a.m. at the village fountain, covered wooden bridge
Registration: until 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 10:30 - 12:00** **Element of Air – Alpine Bathing, Pranamaya**
Feel the connection of nature, breath, and silence – and discover how beneficial genuine mindfulness can be amidst the mountains.
10:30 a.m. - 12:00 p.m. at the Hotel Goldener Berg | Price: € 25,-
- 12:00 - 21:00** **A Culinary Delight This Fall—venison weeks**
Autumn Delights at Hotel Tannbergerhof:
During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.
Start: 12 a.m. - 9 p.m.
- 13:00 - 16:00** **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)
Availability: daily
Operating times of the Rüfikopf cable car:
08:30 a.m.–5:30 p.m.
Contact Rüfikopf Panoramic Restaurant:
T +43 5583 2336-278
- 15:00 - 17:00** **Guided Tour of curious**
Every Thursday we invite you to a guided tour – 3:00 p.m. in German, 4:00 p.m. in English.
Registration desired at office@curiouslech.com.
Opening hours: Mon, Wed–Sat 10:00-1:00 p.m. & 2:00-6:00 p.m., Sun 1:00-6:00 p.m.
Where: curious in the Lechwelten
- 17:00** **Fit and Active: Senior Sports at sport.park.lech**
It is a movement hour for seniors tailored to the individual needs of the participants. Mobilization exercises, balance training, coordination, and muscle relaxation are the focus.
- Single sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)
More information: www.sport-park-lech.at
- 17:30 - 18:30** **Yin Yoga**
Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

Events 25.09.2026 - 02.10.2026

Thursday, 01.10.2026

18:00 - 21:00

DRY-AGED STEAK EVENING

at the Rud-Alpe - every Thursday from 6:00 p.m.

You can easily reach us via the Oberlech cable car and a pleasant walk or from the village center of Lech in 20 minutes via the walking path.

Contact Rud-Alpe: T +43 5583 41825

Operating hours Oberlech cable car: 8:30 a.m. – 6:00 p.m.

18:00

Happy Afterwork at the Tannbergerhof

From September 28 to November 29, there are enticing after-work offers at Tannbergerhof.

Daily from 6:00 p.m. - 8:00 p.m.

Where: Hotel Tannbergerhof

19:00

Interval - Deep Work Training at sport.park.lech

Targeted muscle building and fat burning in an intensive full-body workout.

- Single sessions (price per course unit € 19)

- 5-session block (price for 5 course units € 76)

- 10-session block (price for 10 course units € 133)

Further information: www.sport-park-lech.at

Friday, 02.10.2026

Dance class for children & ladies in the sport.park.lech

Hello! My name is Sabrina and I would like to show you my world of dance. From children's dance to jazz, ballet, and hip hop, we will have a lot of fun together, and I am sure the stages in Vorarlberg are waiting for you.

Price for 10 course units for kids € 66.50

Price for 10 course units for ladies € 133.00

More information: www.sport-park-lech.at

Family Advantage Day

Families with children up to 14 years old

-15% discount on food and drinks at the Seekopf mountain restaurant.

Into The Wild – From Forest to Table

INTO THE WILD is dedicated to the origin, the product, and what remains when one reduces things to their essentials. Fire, wilderness, landscape, and craftsmanship collide with international perspectives from the kitchen.

A festival as an intense engagement with nature, origin, and taste, archaic yet highly reflective.

Program & Reservation: www.rotewand.com

Where: Hotel Rote Wand

Events 25.09.2026 - 02.10.2026

Friday, 02.10.2026

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026

Take a break and find your center again during a yoga session.

Wednesday to Sunday from 7:30 a.m. – 8:30 a.m.

Friday and Saturday from 5:00 p.m. – 6:00 p.m.

Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.

The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

09:45

Lech Card - The geopath excursion

The Geological Trail shows how the present mountain landscape developed from an ancient seabed. Along the way, stony witnesses tell of millions of years of Earth history.

Duration: approx. 3 hours

When: Friday

Meeting point: 9:45 a.m. in front of the Rüfikopf cable car valley station

Equipment: ankle-high mountain boots with profiled soles

Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583

2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

10:15

Summit Hike to the Formaletsch

A varied mountain tour with impressive views of the Lechquellen mountain range and, with a bit of luck, chamois sightings.

Meeting point: Formarin Alpe, Zugertal

Duration: approx. 3 hours

Distance: 4.6 km round trip

Elevation gain: 424 m

Difficulty: medium

Participants: from 4 persons

Price: 60 €

Registration: until 12:00 p.m. the day before at www.annawandert.at

Events 25.09.2026 - 02.10.2026

Friday, 02.10.2026

- 12:00 - 21:00** **A Culinary Delight This Fall—venison weeks**
Autumn Delights at Hotel Tannbergerhof:
During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.
Start: 12 a.m. - 9 p.m.
- 13:00 - 16:00** **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
Mountain and valley ride with the Rüfikopf cable car
including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)
Availability: daily
Operating times of the Rüfikopf cable car:
08:30 a.m.–5:30 p.m.
Contact Rüfikopf Panoramic Restaurant:
T +43 5583 2336-278
- 15:00 - 16:00** **Pilates**
The focus is on body awareness, control, and alignment – for more balance, lightness, and inner strength in everyday life.
The practice is suitable for all levels and helps to gently strengthen the body, relieve tension, and gain new energy.
3:00 p.m. - 4:00 p.m. at the Hotel Goldener Berg | Price: € 20,-
- 17:30 - 18:30** **Post Hiking Recovery Yoga**
Post Hiking Recovery Yoga is the perfect complement after an active day in the mountains – ideal for regenerating the body and replenishing energy.
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price: € 20,-
- 18:00** **Happy Afterwork at the Tannbergerhof**
From September 28 to November 29, there are enticing after-work offers at Tannbergerhof.
Daily from 6:00 p.m. - 8:00 p.m.
Where: Hotel Tannbergerhof
- 18:00 - 19:00** **Yoga sessions with Ines**
Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.
- 18:59** **Skyspace-Lech guided tour**
During the 50-minute tour, you will learn everything you need to know about this extraordinary work of art by the American artist James Turrell.
Price: € 15,- per person
Start of the tour: 6:59 p.m.
Departure at Dorfhus: 6:24 p.m.
Tickets and further information: online at skyspacelech.com



Events 25.09.2026 - 02.10.2026

Friday, 02.10.2026

19:00

Full Body Training in sport.park.lech

Full-body workouts for strength, endurance, and flexibility.

- Individual sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)

For more information: www.sport-park-lech.at

