

## Events 11.09.2026 - 18.09.2026

### Friday, 11.09.2026

#### **Dance class for children & ladies in the sport.park.lech**

Hello! My name is Sabrina and I would like to show you my world of dance. From children's dance to jazz, ballet, and hip-hop, we will have a lot of fun together and I am sure the stages in Vorarlberg are waiting for you.

Price for 10 course units for children € 66,50

Price for 10 course units for ladies € 133,00

Further information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

#### **Family Discount Day**

Families with children up to 14 years old

-15% discount on food and drinks at the Seekopf mountain restaurant.

#### **Fantastic worlds in Oberlech**

Days of Terror II

A weekend full of excitement and thrills

Anyone who loves horror – whether subtle and quiet, ironically twisted, philosophically profound or loud and straightforward – will find their echo in Oberlech.

Where: Library, Hotel Sonnenburg

Registration: [events@sonnenburg.at](mailto:events@sonnenburg.at) or Sonnenburg Reception

Day tickets: Pre-sale for 25.00 € per person per day

"Days of Terror" evening menu:

Saturday at 6.00 p.m. for 80.00 € per person (additional booking available)

**08:00 - 10:30**

#### **Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

**09:00**

#### **Mountain breakfast**

Feasting at 2,000 meters above sea level and then doing "a little something" for the calves?

Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the beautiful nature surrounding them. Alone or with our hiking guide.

WHEN? Every Friday from 9 a.m.

WHERE? At the Kriegeralpe

RESERVATION: We kindly ask for registration the day before: +43 664 44 22 697 |

[info@kriegeralpe.com](mailto:info@kriegeralpe.com)

GOOD TO KNOW: Of course, external guests or non-hikers are also welcome to have breakfast at the "small castle." It is only a 10-minute walk from the Petersbodenbahn to the Kriegeralpe.

**09:00 - 11:00**

#### **RÜFIKOPF SUMMIT BREAKFAST - Daily**

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

## Events 11.09.2026 - 18.09.2026

### Friday, 11.09.2026

- 09:45 Lech Card - The geopath excursion**  
 The Geological Trail shows how the present mountain landscape developed from an ancient seabed. Along the way, stony witnesses tell of millions of years of Earth history.  
 Duration: approx. 3 hours  
 When: Friday  
 Meeting point: 9:45 a.m. in front of the Rüfikopf cable car valley station  
 Equipment: ankle-high mountain boots with profiled soles  
 Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**  
 Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf panoramic restaurant  
 Price: € 36.90 per person (including mountain and valley ride)  
 Availability: daily  
 Operating times: 08:30 a.m.–5:30 p.m.  
 Contact: T +43 5583 2336-278
- 14:00 - 18:00 Small-bore shooting at the Lech Shooting Club**  
 The small-caliber shooting range of the shooting guild Lech is open for guests and locals on Mondays, Wednesdays, and Fridays in the afternoons. Rifles are available. With the corresponding score, there are badges in gold, silver, and bronze. The shooting range is staffed.  
 Rifle + target + 50 rounds of ammunition € 24,- (additional purchase € 20,-)  
 For youth up to 15 years: € 18,- / € 14,-  
 Tel.: 0043 664 140 28 45 E-Mail: fullservice@gmx.at
- 15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**  
 Vastness! Grandeur! Snow! Sun! Nature! Freedom!  
 These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.  
 Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)  
 Opening times : Thur – Sun, 3pm – 6pm  
 Entrance fee: Voluntary donations  
 Exhibition catalogue: 26 euros  
 Details: [www.lechmuseum.at](http://www.lechmuseum.at)
- 15:00 - 18:00 PHOTO LAB: Families and children welcome**  
 At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture “your” Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!  
 Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)  
 Opening times : Thur – Sun, 3pm – 6pm  
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 Details: [www.lechmuseum.at](http://www.lechmuseum.at)

## Events 11.09.2026 - 18.09.2026

### Friday, 11.09.2026

**15:00 - 16:00**

#### **Pilates**

The focus is on body awareness, control, and alignment – for more balance, lightness, and inner strength in everyday life.  
The practice is suitable for all levels and helps to gently strengthen the body, relieve tension, and gain new energy.

3:00 p.m. - 4:00 p.m. at the Hotel Goldener Berg | Price: € 20,-

**17:30 - 18:30**

#### **Post Hiking Recovery Yoga**

Post Hiking Recovery Yoga is the perfect complement after an active day in the mountains – ideal for regenerating the body and replenishing energy.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price: € 20,-

**18:00 - 19:00**

#### **Yoga sessions with Ines**

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**19:00**

#### **Full Body Training in sport.park.lech**

Full body workouts for strength, endurance, and flexibility.

- Single sessions (price per course unit € 19)

- 5-session block (price for 5 course units € 76)

- 10-session block (price for 10 course units € 133)

More information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

**19:41**

#### **Skyspace- Lech Tour**

During the 50-minute guided tour, including a light show, you will learn everything you need to know about this

special artwork by James Turrell

Price: € 15,- per person

Start of the tour: 7:41 p.m.

Departure from Dorfhus: 7:06 p.m.

Tickets and more information: online at [skyspacelech.com](http://skyspacelech.com)

**21:15 - 23:30**

#### **DANCE LIKE NOBODY IS WATCHING**

We master the art of creating good vibes – and know that uplifting music makes every celebration unforgettable. That's why on Friday we say: stage is set for the live band.

WHERE: Burg Hotel Evening Bar

WHEN: from 9:15 p.m.

**21:30 - 00:00**

#### **CASINO NIGHT**

Roulette & Black Jack in the BURG Lobby

WHEN: 9:30 p.m. - 12:00 a.m.

GOOD TO KNOW

We do not play for money. At the end, there will be a raffle of prizes among all participants.



**Events 11.09.2026 - 18.09.2026****Saturday, 12.09.2026****Fantastic worlds in Oberlech**

Days of Terror II

A weekend full of excitement and thrills

Anyone who loves horror – whether subtle and quiet, ironically twisted, philosophically profound or loud and straightforward – will find their echo in Oberlech.

Where: Library, Hotel Sonnenburg

Registration: [events@sonnenburg.at](mailto:events@sonnenburg.at) or Sonnenburg Reception

Day tickets: Pre-sale for 25.00 € per person per day

“Days of Terror” evening menu:

Saturday at 6.00 p.m. for 80.00 € per person (additional booking available)

**08:00 - 09:15****Slow Flow Yoga with Savasana**

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.

8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

**08:00 - 10:30****Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

**08:30 - 09:30****Yoga sessions with Ines**

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When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**18:00 - 19:00****Yoga sessions with Ines**

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When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**09:00 - 11:00****RÜFIKOPF SUMMIT BREAKFAST - Daily**

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain &amp; valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

## Events 11.09.2026 - 18.09.2026

### Saturday, 12.09.2026

**12:00 - 14:00**

#### **BBQ Day at the Seekopf Mountain Restaurant**

Every Saturday, weather permitting, the grill is set up on the terrace - steaks, sausages, and vegetables fresh from the grill, prepared directly upon order.

**13:00 - 16:00**

#### **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf panoramic restaurant  
Price: € 36.90 per person (including mountain and valley ride)

Availability: daily

Operating hours: 08:30 a.m.–5:30 p.m.

Contact: T +43 5583 2336-278

**15:00 - 18:00**

#### **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**

Vastness! Grandeur! Snow! Sun! Nature! Freedom!

These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.

Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Exhibition catalogue: 26 euros

Details: [www.lechmuseum.at](http://www.lechmuseum.at)

**15:00 - 16:00**

#### **Meditation & Breathing exercises**

This gentle, swinging meditation from the OSHO tradition helps to harmonize body and mind.

Through humming sounds and flowing hand movements, deep relaxation and inner balance are achieved. Ideal for letting go and recharging.

4:00 p.m. - 5:00 p.m. at Hotel Goldener Berg | Price: € 20,-

**15:00 - 18:00**

#### **PHOTO LAB: Families and children welcome**

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture "your" Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!

Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Details: [www.lechmuseum.at](http://www.lechmuseum.at)

**17:00 - 18:30**

#### **Element Earth – Barefoot Alpine Experience**

Barefoot alpine bathing is ideal for anyone looking to recharge, let go of stress, and experience nature in a particularly primal way.

5:00 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 25,-

**19:00**

#### **Mobility Training sport.park.lech**

Mobility training improves your flexibility and joint health.

- Individual sessions (price per course unit € 19)

- 5-session block (price for 5 course units € 76)

- 10-session block (price for 10 course units € 133)

For more information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

**Events 11.09.2026 - 18.09.2026****Sunday, 13.09.2026****Fantastic worlds in Oberlech**

Days of Terror II

A weekend full of excitement and thrills

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Where: Library, Hotel Sonnenburg

Registration: events@sonnenburg.at or Sonnenburg Reception

Day tickets: Pre-sale for 25.00 € per person per day

“Days of Terror” evening menu:

Saturday at 6.00 p.m. for 80.00 € per person (additional booking available)

**08:00 - 09:00****Aqua Yoga - Aqua Fit Class**

Experience the special combination of movement, water, and lightness in our unique pool setting.

8:00 a.m. - 9:00 a.m. at Hotel Goldener Berg | Price: € 20,-

**08:00 - 10:30****Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

**08:30 - 09:30****Yoga sessions with Ines**

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

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**09:00 - 11:00****RÜFIKOPF SUMMIT BREAKFAST - Daily**

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain &amp; valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.



## Events 11.09.2026 - 18.09.2026

### Sunday, 13.09.2026

- 10:00 Lech Card - Familienprogramm Klettern**  
 Reaching new heights together at Rüfikopf: Climbing, securing, and rappelling are explained playfully – an experience for the whole family.  
 When: Monday, 9:45 a.m.  
 Age: from 8 years  
 Meeting point: Arlberg Alpin, Kaufhaus Filomena, Lech  
 What to bring: sturdy footwear  
 Registration: online, by email, or phone; Late registrations after 5:00 p.m. directly through Arlberg Alpin (depending on availability)
- 10:30 BURG Brunch with a live band**  
 At our brunch, changing live bands play. And we serve the finest spicy treats like sausage and cheese. And naturally: there are also jam and fine sweets.  
 WHERE & WHEN: In the castle restaurant or, in good weather, on the sun terrace starting at 10:30 a.m.  
 GOOD TO KNOW: We recommend making a reservation in advance. At the castle reception, by phone, or by email: [info@burghotel-lech.com](mailto:info@burghotel-lech.com).
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**  
 Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant  
 Price: € 36.90 per person (including mountain and valley ride)  
 Availability: daily  
 Operating times of the Rüfikopf cable car: 08:30 a.m.–5:30 p.m.  
 Contact Rüfikopf Panoramic Restaurant: T +43 5583 2336-278
- 15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**  
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 Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)  
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 Entrance fee: Voluntary donations  
 Exhibition catalogue: 26 euros  
 Details: [www.lechmuseum.at](http://www.lechmuseum.at)
- 15:00 - 22:00 Late Night Spa**  
 Experience an evening full of relaxation, tranquility, and enjoyment – and let the day harmoniously come to a close in an atmosphere of warmth, water, and mountain panorama.  
 3:00 p.m. - 10:00 p.m. at Hotel Goldener Berg | Pre-registration at +43 5583 22050

## Events 11.09.2026 - 18.09.2026

### Sunday, 13.09.2026

**15:00 - 18:00**

#### **PHOTO LAB: Families and children welcome**

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture "your" Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!  
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)  
Opening times : Thur – Sun, 3pm – 6pm  
Entrance fee: Voluntary donations  
Details: [www.lechmuseum.at](http://www.lechmuseum.at)

**17:30 - 18:30**

#### **Yin Yoga & Yoga Nidra**

Suitable for everyone, yoga nidra is a gentle yet profound practice for emotional and mental well-being.  
7:30 p.m. - 8:30 p.m. at Hotel Goldener Berg | Price: € 20,-

### Monday, 14.09.2026

**08:00 - 09:15**

#### **Slow Flow Yoga with Savasana**

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.  
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

**08:00 - 10:30**

#### **Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.  
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

**09:00 - 11:00**

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- Mountain & valley ride with breakfast: EUR 46.80  
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- With valid cable car ticket: EUR 26.80  
Contact Rüfikopf Panoramarestaurant:  
T +43 5583 2336 278  
Operating hours Rüfikopfbahn:  
8:30 a.m. – 5:30 p.m.

**09:30**

#### **Lech Card - Herbs hiking tour**

With herbal educator  
Duration: approx. 3 hours  
Meeting point: 9:30 a.m. Village House  
Equipment: ankle-high mountain shoes with profile soles  
Also takes place in bad weather in the herbal workshop.  
Registration: by 5 p.m. on the previous day through Lech Zürs Tourism ([info@lechzuers.com](mailto:info@lechzuers.com) | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>



## Events 11.09.2026 - 18.09.2026

### Monday, 14.09.2026

**10:30 - 11:30**

#### **Element Light – Sound Bath & Chanting**

Allow yourself to be carried away by healing sounds and experience the transformative power of the voice. Vibrating frequencies and collective mantra chanting bring body and mind into harmony – for deep relaxation and inner radiance. Finally, you will be guided through a meditation and bathe once again in the melodies of the singing bowls.

Experience the deep connection with nature and with yourself.

10:30 a.m. - 11:30 a.m. at Hotel Goldener Berg | Price: € 20,-

**13:00 - 16:00**

#### **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf panoramic restaurant

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Availability: daily

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**14:00 - 18:00**

#### **Small-bore shooting at the Lech Shooting Club**

The small caliber shooting range of the Schuetzen Gilde Lech is open on Mondays, Wednesdays, and Fridays afternoons for guests and locals. Rifles are available. Depending on the score, there are badges in gold, silver, and bronze. The shooting range is catered.

Rifle + targets + 50 rounds of ammunition € 24,- (additional purchase € 20,-)

For youth up to 15 years: € 18,- / € 14,-

Phone: 0043 664 140 28 45 E-Mail: fullservice@gmx.at

**17:30 - 18:30**

#### **Yin Yoga**

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

**18:30**

#### **Pop up Dinner mit Reznicek**

With their inn Reznicek, Julian Lechner and Simon Schubert have quickly achieved cult status, far beyond Vienna. With a lot of quality, passion, and Viennese charm, they create an atmosphere that is as honest as it is special.

Look forward to offal, baked goods, and an evening full of enjoyment and good cheer.

EUR 180,- per person including menu and wine or beverage accompaniment

Where: Gasthof Hotel Rote Wand, Zug

Reservation at: [www.rotewand.com](http://www.rotewand.com)

### Tuesday, 15.09.2026

**08:00 - 09:15**

#### **Power Yoga & Savasana**

Cardio Yoga is the perfect combination of flowing movement, conscious breathing, and gentle strengthening – ideal for anyone looking to harmonize body and mind while also improving their endurance.

8:00 a.m. to 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

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**08:00 - 10:30**

#### **Yoga & Brunch**

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8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

**08:30 - 09:30**

#### **Yoga sessions with Ines**

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When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**08:45**

#### **Lech Card - Pilates with Uli Alber**

Pilates exercises to enhance coordination, endurance, and concentration with Uli Alber.

- Mats can be borrowed from Lech Zürs Tourism.

- In case of bad weather, it will take place indoors.

Duration: 2-3 hours.

Meeting point: 8:45 a.m., Dorfhus.

Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

Price for non-Lech Card owners: € 25,- per person, available at Lech Zürs Tourism.

**09:00 - 11:00**

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Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

**12:00**

#### **Käsknöpfle made to a family recipe**

Every Tuesday at noon we offer our spätzle – or as we say, Käsknöpfle – according to Grandma Helga's recipe

WHEN?: Every Tuesday, starting at 12 o'clock

WHERE: at the Kriegeralpe.

## Events 11.09.2026 - 18.09.2026

### Tuesday, 15.09.2026

**13:00 - 16:00**

#### **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**

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**17:30 - 18:30**

#### **Yin Yoga**

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.  
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

**18:30 - 19:30**

#### **Fire Ceremony Around the Fire Pit**

Let's wind down the day together on the terrace with a magnificent view of the mountain world and the crackling of the campfire in the background.  
Our meet & greet is a warm invitation to gather in nature: to arrive, exchange, laugh, and simply spend time together.  
A moment to pause, talk.  
6:30 p.m. - 7:30 p.m. at Hotel Goldener Berg

**18:30**

#### **Rote Wand Cookery Class**

Embark on a culinary discovery journey.  
Prepare a 3-course menu yourself, accompanied by wines or non-alcoholic beverages.  
Price: 150€ per person including Cookery Class, menu, and wine or beverage accompaniment\*  
Where: Gasthof Hotel Rote Wand, Zug  
Registration at: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)

**19:00**

#### **Pilates in sport.park.lech**

Pilates is a holistic full-body workout that brings breath and movement into harmony. The torso is stabilized, activating the powerhouse - the core of the body. Additionally, mobility is enhanced.  
- Individual sessions (Price per course unit € 19)  
- 5-session block (Price for 5 course units € 76)  
- 10-session block (Price for 10 course units € 133)  
Further information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

### Wednesday, 16.09.2026

**08:00 - 09:15**

#### **Slow Flow Yoga with Savasana**

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.  
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

**08:00 - 10:30**

#### **Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.  
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg



## Events 11.09.2026 - 18.09.2026

### Wednesday, 16.09.2026

**08:30 - 09:30**

#### **Yoga sessions with Ines**

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**18:00 - 19:00**

#### **Yoga sessions with Ines**

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**09:00 - 11:00**

#### **RÜFIKOPF SUMMIT BREAKFAST - Daily**

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

**10:00**

#### **Lech Card: Zugertal hike**

We will take the bus to Älpele, where the most beautiful section of the Lechweg begins and leads along the Lech and Spuller Bach to Dalaaser Staffel. After a cozy snack at the Alpe, we will reach Spullersee and enjoy the impressive mountain panorama.

When: Wednesday

Meeting point: 10:00 a.m. Dorfhus

Registration: the day before until 5:00 p.m. through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

**10:30 - 12:00**

#### **The Element of Water – Alpine Bathing with Water Meditation**

Gemeinsam wandern wir von Oberlech durch grüne Wiesen, begleitet vom sanften Klang plätschernder Bäche – stets verbunden mit dem Element Wasser. Die Natur lädt uns ein, den Alltag hinter uns zu lassen und in die Ruhe des Augenblicks einzutauchen. Im Anschluss begleitet uns eine geführte Meditation inmitten der Natur, um die Kraft des Wassers bewusst zu spüren und innere Ruhe zu finden.

10:30 - 12:00 Uhr im Hotel Goldener Berg | € 25,-

## Events 11.09.2026 - 18.09.2026

## Wednesday, 16.09.2026

13:00 - 16:00

**COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake in the Rüfikopf panoramic restaurant  
Price: € 36.90 per person (including mountain and valley ride)  
Availability: daily  
Operating hours: 8:30 a.m.–5:30 p.m.  
Contact: T +43 5583 2336-278

14:00 - 18:00

**Small-bore shooting at the Lech Shooting Club**

The small-caliber shooting range of the shooting guild Lech is open on Mondays, Wednesdays, and Fridays in the afternoons for guests and locals. Rifles are available. Depending on the score, badges in gold, silver, and bronze are awarded. The shooting range is catered.  
Rifle + targets + 50 rounds of ammunition € 24,- (additional purchase € 20,-)  
For youth up to 15 years: € 18,- / € 14,-  
Tel.: 0043 664 140 28 45 E-Mail: fullservice@gmx.at

17:30 - 18:30

**Yin Yoga**

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.  
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

18:30

**A cultural treat**

Our kitchen team comes from all over the world. What could be more beautiful than to use this circumstance for our menu design? Every week, the members of our castle kitchen team take turns bringing regional dishes and personal culinary favorites from their home countries to the appetizer buffet.  
WHEN: Every Wednesday evening, from 6:30 p.m.  
WHERE: Castle Hotel Restaurant

18:30

**Rote Wand Masterclass**

Immerse yourself in the world of fermentation: Discover lactic acid fermentation, kombucha, and koji. Learn the secrets of these techniques.  
Menu of 4 generous courses, accompanied by selected wines.  
An alcohol-free drink pairing is possible.  
When: Every Wednesday  
Price: € 180 including masterclass, menu, and wine or drink pairing  
Start: 6:30 p.m.  
Registration: gasthof@rotewand.com

19:00

**Vinyasa Yoga im sport.park.lech**

Vinyasa Yoga is a dynamic style of yoga in which breath and movement are connected. The exercises flow smoothly and powerfully into each other, promoting flexibility, strength, and balance. The focus is on a steady flow that strengthens the body, calms the mind, and provides more energy and equilibrium.  
- Individual sessions (price per session € 19)  
- 5-session block (price for 5 sessions € 76)  
- 10-session block (price for 10 sessions € 133)  
For more information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

## Events 11.09.2026 - 18.09.2026

### Thursday, 17.09.2026

- 08:00 - 09:15**      **Slow Flow Yoga with Savasana**  
Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.  
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-
- 08:00 - 10:30**      **Yoga & Brunch**  
Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.  
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg
- 08:30**              **Tannberg Market**  
Local specialties and craftsmanship at its finest  
Location: Rüfiplatz Lech  
8:30 a.m. - 4:00 p.m.
- 08:30 - 09:30**      **Yoga sessions with Ines**  
Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.  
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.
- 18:00 - 19:00**      **Yoga sessions with Ines**  
Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.  
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.
- 09:00 - 11:00**      **RÜFIKOPF SUMMIT BREAKFAST - Daily**  
daily from 9:00 a.m. to 11:00 a.m.  
Breakfast offers including cable car ride:  
- Mountain & valley ride with breakfast: EUR 46.80  
- Uphill for hikers including breakfast: EUR 41.80  
- With valid cable car ticket: EUR 26.80  
Contact Rüfikopf Panoramarestaurant:  
T +43 5583 2336 278  
Operating hours Rüfikopfbahn:  
8:30 a.m. – 5:30 p.m.



## Events 11.09.2026 - 18.09.2026

### Thursday, 17.09.2026

- 10:00 Lech Card - Gipslöcher Tour**  
Join us for a guided hike through the unique nature reserve Gipslöcher in Oberlech, a unique and protected natural gem.  
Meeting point: Thursday, 10:00 a.m. Dorfhüs  
Duration: approx. 2.5 hours  
Difficulty level: easy to moderate, suitable for families with hiking-enthusiastic children  
What to bring: sturdy footwear, weather-proof clothing, water bottle  
Registration: until 5:00 p.m. the day before through Lech Zürs Tourismus (info@lechzuers.com | +43 5583 2161) or online <https://anmeldung.mylechcard.at/de/programm/>
- 10:00 Lech Card - Shinrin Yoku in Lech**  
Experience an exploratory journey through the mountain forests of Lech with the Vorarlberg nature and hiking guide Carolin Feigenspan.  
Meeting point: 10:00 a.m. at the village fountain, covered wooden bridge  
Registration: until 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 10:30 - 12:00 Element of Air – Alpine Bathing, Pranamaya**  
Feel the connection of nature, breath, and silence – and discover how beneficial genuine mindfulness can be amidst the mountains.  
10:30 a.m. - 12:00 p.m. at the Hotel Goldener Berg | Price: € 25,-
- 12:00 - 21:00 A Culinary Delight This Fall—venison weeks**  
Autumn Delights at Hotel Tannbergerhof:  
During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.  
Start: 12 a.m. - 9 p.m.
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**  
Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf panoramic restaurant  
Price: € 36.90 per person (including mountain and valley ride)  
Availability: daily  
Operating hours: 08:30 a.m.–5:30 p.m.  
Contact: T +43 5583 2336-278
- 15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**  
Vastness! Grandeur! Snow! Sun! Nature! Freedom!  
These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.  
Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)  
Opening times : Thur – Sun, 3pm – 6pm  
Entrance fee: Voluntary donations  
Exhibition catalogue: 26 euros  
Details: [www.lechmuseum.at](http://www.lechmuseum.at)

## Events 11.09.2026 - 18.09.2026

### Thursday, 17.09.2026

**15:00 - 17:00**

#### **Guided Tour of curious**

Every Thursday we invite you to a guided tour – 3:00 p.m. in German, 4:00 p.m. in English.  
Registration desired at [office@curiouslech.com](mailto:office@curiouslech.com).  
Opening hours: Mon, Wed–Sat 10:00-1:00 p.m. & 2:00-6:00 p.m., Sun 1:00-6:00 p.m.  
Where: curious in the Lechwelten

**15:00 - 18:00**

#### **PHOTO LAB: Families and children welcome**

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture "your" Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!  
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)  
Opening times : Thur – Sun, 3pm – 6pm  
Entrance fee: Voluntary donations  
Details: [www.lechmuseum.at](http://www.lechmuseum.at)

**17:00**

#### **Fit and Active: Senior Sports at sport.park.lech**

It is a movement hour for seniors tailored to the individual needs of the participants. Mobilization exercises, balance training, coordination, and muscle relaxation are the focus.  
- Single sessions (price per course unit € 19)  
- 5-session block (price for 5 course units € 76)  
- 10-session block (price for 10 course units € 133)  
More information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

**17:30 - 18:30**

#### **Yin Yoga**

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.  
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

**18:00 - 21:00**

#### **DRY-AGED STEAK EVENING**

at the Rud-Alpe - every Thursday starting at 6:00 p.m.  
You can easily reach us by the Oberlech cable car and a cozy walk, or from the village center of Lech via the walking path in 20 minutes.  
Contact Rud-Alpe: T +43 5583 41825  
Operating hours of the Oberlech cable car: 8:30 a.m. – 6:00 p.m.

**18:30 - 21:00**

#### **Between fondue fork and barbecue cutlery**

BBQ evening with live music at Burg Hotel  
WHEN: Every Thursday alternately  
WHERE: We serve our BBQ in the restaurant, the fondue in the fondue room.  
In nice weather, both can also be enjoyed on the sun terrace.

**19:00**

#### **Interval - Deep Work Training at sport.park.lech**

Targeted muscle building and fat burning in an intensive full-body workout.  
- Single sessions (price per course unit € 19)  
- 5-session block (price for 5 course units € 76)  
- 10-session block (price for 10 course units € 133)  
More information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

## Events 11.09.2026 - 18.09.2026

### Friday, 18.09.2026

#### Dance class for children & ladies in the sport.park.lech

Hello Dance Kids! My name is Sabrina and I would like to show you my world of dancing. From children's dance to jazz, ballet, and hip hop, we will have a lot of fun together, and I am sure the stages in Vorarlberg are waiting for you.

Price for 10 course units Kids € 66.50

Price for 10 course units Ladies € 133.00

More information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

#### Family Discount Day

Families with children up to 14 years old

-15% discount on food and drinks at the Seekopf mountain restaurant.

08:00 - 10:30

#### Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our panoramic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

09:00

#### Mountain breakfast

Feasting at 2,000 meters above sea level and then doing "a little something" for the calves? Regional delicacies are served against a picturesque mountain backdrop. Afterward, all hiking enthusiasts can set off into the beautiful nature all around. Alone or with our hiking guide.

WHEN? Every Friday starting at 9 a.m.

WHERE? At the Kriegeralpe

RESERVATION: We kindly ask for registration by the day before: +43 664 44 22 697 | [info@kriegeralpe.com](mailto:info@kriegeralpe.com)

GOOD TO KNOW: Even external guests or non-hikers are of course welcome to have breakfast at the "little castle." It's only a 10-minute walk from the Petersbodenbahn to the Kriegeralpe.

09:00 - 11:00

#### RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

09:45

#### Lech Card - The geopath excursion

The Geological Trail shows how the present mountain landscape developed from an ancient seabed. Along the way, stony witnesses tell of millions of years of Earth history.

Duration: approx. 3 hours

When: Friday

Meeting point: 9:45 a.m. in front of the Rüfikopf cable car valley station

Equipment: ankle-high mountain boots with profiled soles

Registration: until 5 p.m. the day before via Lech Zürs Tourism ([info@lechzuers.com](mailto:info@lechzuers.com) | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>



## Events 11.09.2026 - 18.09.2026

### Friday, 18.09.2026

- 12:00 - 21:00**      **A Culinary Delight This Fall—venison weeks**  
Autumn Delights at Hotel Tannbergerhof:  
During the game weeks, you can expect fine specialties revolving around local game and the culinary variety of autumn.  
Start: 12 a.m. - 9 p.m.
- 13:00 - 16:00**      **COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**  
Mountain and valley ride with the Rüfikopf cable car  
including a cup of coffee and a piece of cake in the Rüfikopf panoramic restaurant  
Price: € 36.90 per person (including mountain and valley ride)  
Availability: daily  
Operating hours: 8:30 a.m.–5:30 p.m.  
Contact: T +43 5583 2336-278
- 14:00 - 18:00**      **Small-bore shooting at the Lech Shooting Club**  
The small-caliber shooting range of the shooting guild Lech is open on Mondays, Wednesdays, and Fridays in the afternoons for guests and locals. Rifles are available. Depending on the score, there are badges in gold, silver, and bronze. The shooting range is staffed.  
Rifle + Targets + 50 shots of ammunition € 24,- (additional purchase € 20,-)  
For youths up to 15 years: € 18,- / € 14,-  
Tel.: 0043 664 140 28 45      E-Mail: fullservice@gmx.at
- 15:00 - 18:00**      **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**  
Vastness! Grandeur! Snow! Sun! Nature! Freedom!  
These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.  
Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)  
Opening times : Thur – Sun, 3pm – 6pm  
Entrance fee: Voluntary donations  
Exhibition catalogue: 26 euros  
Details: [www.lechmuseum.at](http://www.lechmuseum.at)
- 15:00 - 18:00**      **PHOTO LAB: Families and children welcome**  
At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture “your” Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!  
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)  
Opening times : Thur – Sun, 3pm – 6pm  
Entrance fee: Voluntary donations  
Details: [www.lechmuseum.at](http://www.lechmuseum.at)
- 15:00 - 16:00**      **Pilates**  
The focus is on body awareness, control, and alignment – for more balance, lightness, and inner strength in everyday life.  
The practice is suitable for all levels and helps to gently strengthen the body, relieve tension, and gain new energy.  
3:00 p.m. - 4:00 p.m. at the Hotel Goldener Berg | Price: € 20,-

**Events 11.09.2026 - 18.09.2026**

**Friday, 18.09.2026**

**17:30 - 18:30**

**Post Hiking Recovery Yoga**

Post Hiking Recovery Yoga is the perfect complement after an active day in the mountains – ideal for regenerating the body and replenishing energy.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price: € 20,-

**18:00 - 19:00**

**Yoga sessions with Ines**

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

**19:00**

**Full Body Training in sport.park.lech**

Full-body workouts for strength, endurance, and flexibility.

- Single sessions (price per session € 19)
  - 5-session block (price for 5 sessions € 76)
  - 10-session block (price for 10 sessions € 133)
- For more information: [www.sport-park-lech.at](http://www.sport-park-lech.at)

**19:27**

**Skyspace- Lech Tour**

In the 50-minute tour including light show, you will learn everything you need to know about this special artwork by James Turrell

Price: € 15,- per person

Start of the tour: 7:27 p.m.

Departure at Dorfhus: 6:52 p.m.

Tickets and more information: online at [skyspacelech.com](http://skyspacelech.com)

**21:15 - 23:30**

**DANCE LIKE NOBODY IS WATCHING**

We master the art of creating good mood – and we know that exhilarating music makes every celebration unforgettable. That's why on Friday it's: stage open for the live band.

WHERE: Burg Hotel Evening Bar

WHEN: from 9:15 p.m.