

Events 28.08.2026 - 04.09.2026

Friday, 28.08.2026

BURG Golf Trophy 2026

Our sports classic: The highlight of our golf year is the traditional Castle Golf Trophy.

Dance class for children & ladies in the sport.park.lech

Hello! My name is Sabrina and I would like to show you my world of dance. From children's dance to jazz, ballet, and hip hop, we will have lots of fun together and I am sure the stages in Vorarlberg are waiting for you.

Price for 10 course units for children € 66.50

Price for 10 course units for ladies € 133.00

Further information: www.sport-park-lech.at

Family Discount Day

Families with children up to 14 years – 15% discount on food and beverages at the Seekopf mountain restaurant.

Rote Wand Dialogue II

The Red Wall Dialogues bring together people who drive change, from art, design, architecture, fashion, and journalism. No classic panels, but conversations that evolve: open, curious, contradictory.

At the center is the exchange and the question of how we shape the present.

Curated by Nicolaus Schafhausen.

Moderation: Nicolaus Schafhausen and Micaela Dixon

Packages & Program: www.rotewand.com

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at the Hotel Goldener Berg

09:00

Mountain breakfast

Dine at 2,000 meters above sea level and then do "a little something" for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the beautiful nature surrounding them. Alone or with our hiking guide, who knows the best secret paths.

WHEN? Every Friday starting at 9 a.m.

WHERE? At the Kriegeralpe

RESERVATION: We ask for registration the day before at: +43 664 44 22 697 |
info@kriegeralpe.com

GOOD TO KNOW: External guests or non-hikers are of course welcome to have breakfast at the "small castle." It is only a 10-minute walk from the Petersbodenbahn to the Kriegeralpe.

Events 28.08.2026 - 04.09.2026

Friday, 28.08.2026

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

09:45

Lech Card - The geopath excursion

The Geological Trail shows how the present mountain landscape developed from an ancient seabed. Along the way, stony witnesses tell of millions of years of Earth history.

Duration: approx. 3 hours

When: Friday

Meeting point: 9:45 a.m. in front of the Rüfikopf cable car valley station

Equipment: ankle-high mountain boots with profiled soles

Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

09:45

Lech Card Childrens programme - Games day at swimming pool or climbing

For children aged 5 to 14 years: an active week in nature with two exciting program points to choose from each day

Meeting point: 9:45 a.m. Arlberg Alpin office, Filomena Lech

Registration: by 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin until 6:30 p.m. (Availability of places and equipment will be checked)

13:00 - 16:00

COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF

Mountain and valley ride with the Rüfikopf cable car

including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant

Price: € 36.90 per person (including mountain and valley ride)

Availability: daily

Operating times of the Rüfikopf cable car:

08:30 a.m.–5:30 p.m.

Contact Rüfikopf Panoramic Restaurant:

T +43 5583 2336-278

14:00 - 18:00

Small-bore shooting at the Lech Shooting Club

Every Monday, Wednesday and Friday afternoon, the Lech Shooting Club's small-bore shooting range (bottom right, in front of the first tunnel towards Zürs) is open to visitors and locals alike. Small-bore rifles are available. When a certain score is achieved, gold, silver and bronze badges are awarded! Refreshments are available at the shooting range.

Rifle + targets + 50 rounds of ammunition €24, additional rounds €20

For young people up to 15 years old: €18 / €14

Tel.: 0043 664 140 28 45

Email: fullservice@gmx.at

Events 28.08.2026 - 04.09.2026

Friday, 28.08.2026

15:00 - 18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Vastness! Grandeur! Snow! Sun! Nature! Freedom!

These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper. The exhibition demonstrates how photography in the Alpine region and tourism have changed.

Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Exhibition catalogue: 26 euros

Details: www.lechmuseum.at

15:00 - 18:00

PHOTO LAB: Families and children welcome

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture “your” Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!

Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Details: www.lechmuseum.at

15:00 - 16:00

Pilates

The focus is on body awareness, control, and alignment – for more balance, lightness, and inner strength in everyday life.

The practice is suitable for all levels and helps to gently strengthen the body, relieve tension, and gain new energy.

3:00 p.m. - 4:00 p.m. at the Hotel Goldener Berg | Price: € 20,-

16:00 - 20:00

vernissage in curious - HUMAN PROMPT

With HUMAN PROMPT – On Data, Control & Consciousness curious – creative space Lech presents the second summer exhibition 2026, on the occasion of the 29th Philosophicum Lech.

Featuring works by Stefan Faas, Stark Alexander, Constantin Vilsmeier, and Addie Wagenknecht.

In cooperation with the Galerie am Lindenplatz & STUDIO PONIER.

Friday, August 28, 2026

Exhibition until 10.05.2026

17:30

An Evening at the Kriegeralpe

Without setup and with music!

WHERE: 2000 meters high above the world: At the Kriegeralpe.

WHEN: August 28th from 5:30 p.m.

GOOD TO KNOW

Registration required: info@kriegeralpe.com

Hotel guests enjoy the hut evening at no extra charge as part of half board.

17:30 - 18:30

Post Hiking Recovery Yoga

Post Hiking Recovery Yoga is the perfect complement after an active day in the mountains – ideal for regenerating the body and replenishing energy.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price: € 20,-

Events 28.08.2026 - 04.09.2026

Friday, 28.08.2026

18:00 - 21:00

EXPERIENCE EVENING Rüfikopf

Sunset with breathtaking panoramic view - every Friday

Details:

- Lift-off: 6:00 p.m. (every 30 minutes)
 - Last descent: 9:30 p.m.
 - Price: EUR 75.00 per person (excluding drinks)
 - Event canceled in bad weather (wind, thunderstorm)
 - Registration by Friday, 3:00 p.m. at T +43 5583 2336-278
- For holders of the Lech Card, the cable car ride is free, as well as for children up to 14 years old.

18:00 - 19:00

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

19:00

Full Body Training in sport.park.lech

Full body workouts for strength, endurance, and flexibility.

- Single sessions (price per session € 19)
- 5-session block (price for 5 sessions € 76)
- 10-session block (price for 10 sessions € 133)

Further information: www.sport-park-lech.at

20:09

Skyspace- Lech Tour

During the 50-minute tour including light show, you will learn everything important about this special artwork by James Turrell

Price: € 15,- per person

Start of the tour: 8:09 p.m.

Departure at Dorfhus: 7:34 p.m.

Tickets and more information: online at skyspacelech.com

Saturday, 29.08.2026

BURG Golf Trophy 2026

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Rote Wand Dialogue II

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At the center is the exchange and the question of how we shape the present.

Curated by Nicolaus Schafhausen.

Moderation: Nicolaus Schafhausen and Micaela Dixon

Packages & Program: www.rotewand.com

Events 28.08.2026 - 04.09.2026

Saturday, 29.08.2026

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026
Treat yourself to a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 – 8:30 a.m.
Friday and Saturday from 5:00 – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

18:00 - 19:00

Yoga at Hotel Sonnenburg

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Wednesday to Sunday from 7:30 – 8:30 a.m.
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Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 09:15

Slow Flow Yoga with Savasana

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30

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Saturday, 29.08.2026

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

12:00 - 14:00

BBQ Day at the Seekopf Mountain Restaurant

Every Saturday, weather permitting, the grill is set up on the terrace - steaks, sausages, and vegetables fresh from the grill, prepared directly upon order.

13:00 - 16:00

COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF

Mountain and valley ride with the Rüfikopf cable car

including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant

Price: € 36.90 per person (including mountain and valley ride)

Availability: daily

Operating times of the Rüfikopf cable car:

08:30 a.m.–5:30 p.m.

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15:00 - 18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Vastness! Grandeur! Snow! Sun! Nature! Freedom!

These are just a few of the buzzwords associated with mountains and skiing. Since the beginning of photography, there have been countless attempts to capture these feelings on photographic paper.

The exhibition demonstrates how photography in the Alpine region and tourism have changed.

Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Exhibition catalogue: 26 euros

Details: www.lechmuseum.at

15:00 - 16:00

Meditation & Breathing exercises

This gentle, swinging meditation from the OSHO tradition helps to harmonize body and mind.

Through humming sounds and flowing hand movements, deep relaxation and inner balance are achieved. Ideal for letting go and recharging.

4:00 p.m. - 5:00 p.m. at Hotel Goldener Berg | Price: € 20,-

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Saturday, 29.08.2026

15:00 - 18:00

PHOTO LAB: Families and children welcome

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Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Details: www.lechmuseum.at

17:00 - 18:30

Element Earth – Barefoot Alpine Experience

Barefoot alpine bathing is ideal for anyone looking to recharge, let go of stress, and experience nature in a particularly primal way.
5:00 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 25,-

19:00

Mobility Training sport.park.lech

Mobility training improves your mobility and joint health.
- Single sessions (price per course unit € 19)
- 5 session block (price for 5 course units € 76)
- 10 session block (price for 10 course units € 133)
For more information: www.sport-park-lech.at

21:00

End of Season Party

End of Season Party
From 9 p.m. to 3 a.m.
Location: Schützengilde Lech
Advance sales at Strolz, Fischteich and Lech Zürs Tourism
Advance sales: 15€, Box office: 20€

21:30 - 00:00

CASINO NIGHT

Roulette & Black Jack in the BURG Lobby
WHEN: Saturday, August 1, 2026, at 9:30 p.m. - 12:00 a.m.
GOOD TO KNOW
We do not play for money. At the end, there will be a raffle for prizes among all participants.

Sunday, 30.08.2026

BURG Golf Trophy 2026

Our sports classic: The highlight of our golf year is the traditional Castle Golf Trophy.

Rote Wand Dialogue II

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Packages & Program: www.rotewand.com

Events 28.08.2026 - 04.09.2026

Sunday, 30.08.2026

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026
Treat yourself to a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 – 8:30 a.m.
Friday and Saturday from 5:00 – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 09:00

Aqua Yoga - Aqua Fit Class

Experience the special combination of movement, water, and lightness in our unique pool setting.
8:00 a.m. - 9:00 a.m. at Hotel Goldener Berg | Price: € 20,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30

Yoga sessions with Ines

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When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

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RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.
Breakfast offers including cable car ride:
- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80
Contact Rüfikopf Panoramarestaurant:
T +43 5583 2336 278
Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.

Events 28.08.2026 - 04.09.2026

Sunday, 30.08.2026

- 09:45 Lech Card - Family Program canyoning**
Adventure for the whole family: swim through turquoise-green pools, slide down natural slides, rappel down waterfalls, and jump into basins.
When: Sunday 9:45 a.m.
Participants: max. 12
Minimum age: from 8 years, swimming skills required
Meeting point: Arlberg Alpin, Kaufhaus Filomena, Lech
What to bring: swimsuit, towel, sturdy shoes (will get wet)
Registration: by 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 10:00 - 13:00 BALM BRUNCH**
Enjoy classic breakfast dishes, regional products, and warm foods.
* every Sunday from 10:00 a.m. to 1:00 p.m. at the Balmalp
* price including hot drink and juice: EUR 24.00
We wish you a wonderful mountain experience.
- 10:30 BURG Brunch with a live band**
At our brunch, there are changing live bands. And we serve the finest spicy treats like sausage and cheese. And of course: jam and fine sweets are also available.
WHERE & WHEN: In the Burg Restaurant or, in nice weather, on the Burg sun terrace starting at 10:30 a.m.
GOOD TO KNOW
We recommend making a reservation in advance. At the Burg reception, by phone, or by email: info@burghotel-lech.com.
- 12:00 - 14:30 BBQ with live music Stevy at Hotel Enzian**
Only in nice weather.
Table reservation at
+43 5583 2242
office@hotelenzian.com
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)
Availability: daily
Operating times of the Rüfikopf cable car:
08:30 a.m.–5:30 p.m.
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Events 28.08.2026 - 04.09.2026

Sunday, 30.08.2026

15:00 - 18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

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Lechmuseum in the Huber-Hus, Dorf 26 (near Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Exhibition catalogue: 26 euros

Details: www.lechmuseum.at

15:00 - 22:00

Late Night Spa

Experience an evening full of relaxation, tranquility, and enjoyment – and let the day harmoniously come to a close in an atmosphere of warmth, water, and mountain panorama.

3:00 p.m. - 10:00 p.m. at Hotel Goldener Berg | Pre-registration at +43 5583 22050

15:00 - 18:00

PHOTO LAB: Families and children welcome

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture “your” Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!

Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Details: www.lechmuseum.at

17:30 - 18:30

Yin Yoga & Yoga Nidra

Suitable for everyone, yoga nidra is a gentle yet profound practice for emotional and mental well-being.

7:30 p.m. - 8:30 p.m. at Hotel Goldener Berg | Price: € 20,-

18:00

Dorf.Tisch – Sandwurst Cup – Golf.Tournament with Dorf.Tisch

VILLAGE.TABLE with Manuela Hagen

Locals/Friends guest chefs at the village table - cooking their favorite recipes for you

Price per person 65,- including aperitif and all table drinks during the meal

(e.g. red/white wine/water/beer/espresso)

Start time always at 6.00 p.m. - not from 6.00 p.m.

& please ALWAYS with registration.

Organizer: Hotel Sandhof

Monday, 31.08.2026

08:00 - 09:15

Slow Flow Yoga with Savasana

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.

8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

Events 28.08.2026 - 04.09.2026

Monday, 31.08.2026

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

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Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.

09:30

Lech Card - E-Bike "Improve your skills"

with Max Walch
Meeting point: 9:30 a.m. Dorfhof
When: every Monday
Duration: approximately 3 hours
Participants: min. 3 people max. 9 people
Registration: by 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161)
or online: <https://anmeldung.mylechcard.at/de/programm/>
Please bring your Lech Card and your own E-bike; E-bikes can alternatively be rented in sports shops.

09:45

Lech Card - Family Program

Reach new heights together at Rüfikopf: climbing, securing, and rappelling are explained playfully – an experience for the whole family.
When: Monday, 9:45 a.m.
Age: from 8 years
Meeting point: Arlberg Alpin, Kaufhaus Filomena, Lech
Bring along: sturdy footwear
Registration: by 5:00 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
Late registrations after 5:00 p.m. directly through Arlberg Alpin (subject to availability)

09:45

Lech Card Childrens programme - Games day at swimming pool or Gipsis Rätselweg

For children aged 5 to 14 years: an active week in nature with two exciting program points to choose from daily
Meeting point: 9:45 a.m. office Arlberg Alpin, Filomena Lech
Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin until 6:30 p.m.
(Availability of places and equipment will be checked)

Events 28.08.2026 - 04.09.2026**Monday, 31.08.2026****10:30 - 11:30****Element Light – Sound Bath & Chanting**

Allow yourself to be carried away by healing sounds and experience the transformative power of the voice. Vibrating frequencies and collective mantra chanting bring body and mind into harmony – for deep relaxation and inner radiance. Finally, you will be guided through a meditation and bathe once again in the melodies of the singing bowls.

Experience the deep connection with nature and with yourself.

10:30 a.m. - 11:30 a.m. at Hotel Goldener Berg | Price: € 20,-

13:00 - 16:00**COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
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Availability: daily

Operating times of the Rüfikopf cable car:

08:30 a.m.–5:30 p.m.

Contact Rüfikopf Panoramic Restaurant:

T +43 5583 2336-278

14:00 - 18:00**Small-bore shooting at the Lech Shooting Club**

Every Monday, Wednesday and Friday afternoon, the Lech Shooting Club's small-bore shooting range (bottom right, in front of the first tunnel towards Zürs) is open to visitors and locals alike. Small-bore rifles are available. When a certain score is achieved, gold, silver and bronze badges are awarded! Refreshments are available at the shooting range.

Rifle + targets + 50 rounds of ammunition €24, additional rounds €20

For young people up to 15 years old: €18 / €14

Tel.: 0043 664 140 28 45

Email: fullservice@gmx.at

17:30**Monday Pop-Up at Restaurant Klösterle**

« Hoon's Nasi Lemak Night »

Monday 31.08. at 5.30 p.m., outdoors if the weather is nice.

Please reserve your table at restaurant-kloesterle.at

17:30 - 18:30**Yin Yoga**

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

Tuesday, 01.09.2026**08:00 - 09:15****Power Yoga & Savasana**

Cardio Yoga is the perfect combination of flowing movement, conscious breathing, and gentle strengthening – ideal for anyone looking to harmonize body and mind while also improving their endurance.

8:00 a.m. to 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

Events 28.08.2026 - 04.09.2026

Tuesday, 01.09.2026

08:00 - 10:30

Yoga & Brunch

After the yoga session, enjoy a wonderful breakfast on our sun terrace or in our scenic dining room.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

18:00 - 19:00

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

08:45

Lech Card - Pilates with Uli Alber

Pilates exercises to enhance coordination, endurance, and concentration with Uli Alber.

- Mats can be borrowed from Lech Zürs Tourism.

- In case of bad weather, it will take place indoors.

Duration: 2-3 hours.

Meeting point: 8:45 a.m., Dorfhus.

Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

Price for non-Lech Card owners: € 25,- per person, available at Lech Zürs Tourism.

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.

Breakfast offers including cable car ride:

- Mountain & valley ride with breakfast: EUR 46.80

- Uphill for hikers including breakfast: EUR 41.80

- With valid cable car ticket: EUR 26.80

Contact Rüfikopf Panoramarestaurant:

T +43 5583 2336 278

Operating hours Rüfikopfbahn:

8:30 a.m. – 5:30 p.m.

09:30

Lech Card - E-Bike "Practice your skills"

With Max Walch

Meeting point: 9:30 a.m. Dorfhus

Duration: approx. 3 hours

Participants: min. 3 people max. 9 people

Registration: until 5 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>

Please bring Lech Card and your own e-bike; e-bikes can alternatively be rented in the sports shops.

Events 28.08.2026 - 04.09.2026

Tuesday, 01.09.2026

- 09:45 Lech Card - Family Programme Canyoning**
Adventure for the whole family: swimming through turquoise-green pools, sliding down natural slides, rappelling down waterfalls, and jumping into basins.
When: Tuesday, 9:45 a.m.
Participants: max. 6
Minimum age: from 8 years, swimming skills required
Meeting point: Arlberg Alpin, Kaufhaus Filomena, Lech
Bring along: swimsuit, towel, sturdy shoes (will get wet)
Registration: by 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
Late registrations after 5:00 p.m. directly at Arlberg Alpin (depending on availability)
- 09:45 Lech Card Childrens programme - Archery or canyoning**
For children aged 5 to 14 years: an active week in nature with two exciting program items to choose from each day
Meeting point: 9:45 a.m. Office Arlberg Alpin, Filomena Lech
Registration: until 5:00 p.m. the day before through Lech Zürs Tourismus (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin until 6:30 p.m. (Availability of places and equipment will be checked)
- 12:00 Käsknöpfe made to a family recipe**
Every Tuesday at noon we offer our Spätzle – or as we say, Käsknöpfe – according to Grandma Helga's recipe
WHEN?: Every Tuesday, from 12 p.m.
WHERE: at the Kriegeralpe.
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)
Availability: daily
Operating times of the Rüfikopf cable car: 08:30 a.m.–5:30 p.m.
Contact Rüfikopf Panoramic Restaurant: T +43 5583 2336-278

Events 28.08.2026 - 04.09.2026

Tuesday, 01.09.2026

15:00 - 17:00

WINE.FESTIVAL Sandhof Quartier

in any weather!

GENUSS.PASS · € 55

AFTER PARTY WITHOUT PASS · € 25

4 STATIONS

Dorfmetzgerei Hagen · Wine & Specialties

Aliva Concept Store · Wine & Spirits

Sandhof Bar / Dorf.Tisch · Wine, Food & Music

Sandhof Wine Bar · Sushi & Wine

Reserve tickets in advance or just drop by.

Hotel Sandhof · Dorf 124 · Lech

+43 5583 2298 · info@sandhof.at

17:30 - 18:30

Yin Yoga

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

18:30 - 19:30

Fire Ceremony Around the Fire Pit

Let's wind down the day together on the terrace with a magnificent view of the mountain world and the crackling of the campfire in the background.

Our meet & greet is a warm invitation to gather in nature: to arrive, exchange, laugh, and simply spend time together.

A moment to pause, talk.

6:30 p.m. - 7:30 p.m. at Hotel Goldener Berg

18:30

Rote Wand Cookery Class

Embark on a culinary discovery journey.

Prepare a 3-course menu yourself, accompanied by wines or non-alcoholic beverages.

Price: 150€ per person

including Cookery Class, menu, and wine or beverage pairing*

Where: Gasthof Hotel Rote Wand, Zug

Registration at: gasthof@rotewand.com

19:00

Pilates in sport.park.lech

Pilates is a holistic full-body workout that brings breath and movement into harmony. The torso is stabilized, activating the powerhouse - the core of the body. Additionally, mobility is enhanced.

- Individual sessions (Price per course unit € 19)

- 5-session block (Price for 5 course units € 76)

- 10-session block (Price for 10 course units € 133)

Further information: www.sport-park-lech.at

Events 28.08.2026 - 04.09.2026

Wednesday, 02.09.2026

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026
Treat yourself to a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 – 8:30 a.m.
Friday and Saturday from 5:00 – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 09:15

Slow Flow Yoga with Savasana

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30 - 09:30

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

18:00 - 19:00

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.
Breakfast offers including cable car ride:
- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80
Contact Rüfikopf Panoramarestaurant:
T +43 5583 2336 278
Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.

Events 28.08.2026 - 04.09.2026

Wednesday, 02.09.2026

- 09:45 Lech Card Childrens programme - Children's climbing**
 For children aged 5 to 14 years: an active week in nature with two exciting program points to choose from daily
 Meeting point: 9:45 a.m. Office Arlberg Alpin, Filomena Lech
 Registration: until 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
 Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin until 6:30 p.m. (Availability of places and equipment will be checked)
- 10:00 Lech Card - Waterworkshop for Families**
 Together we embark on a journey of discovery to unveil the secrets of the Lech spring water. Ready for an adventure?
 Meeting point: 10:00 a.m. at the village fountain, covered wooden bridge
 Duration: approx. 4 hours
 Registration: by 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
 Please bring your Lech Card to the meeting point.
- 10:00 Lech Card: Zugertal hike**
 We will take the bus to Älpele, where the most beautiful section of the Lechweg begins and leads along the Lech and Spuller Bach to Dalaaser Staffel. After a cozy snack at the Alpe, we will reach Spullersee and enjoy the impressive mountain panorama.
 When: Wednesday
 Meeting point: 10:00 a.m. Dorfhüs
 Registration: the day before until 5:00 p.m. through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 10:30 - 12:00 The Element of Water – Alpine Bathing with Water Meditation**
 Gemeinsam wandern wir von Oberlech durch grüne Wiesen, begleitet vom sanften Klang plätschernder Bäche – stets verbunden mit dem Element Wasser. Die Natur lädt uns ein, den Alltag hinter uns zu lassen und in die Ruhe des Augenblicks einzutauchen. Im Anschluss begleitet uns eine geführte Meditation inmitten der Natur, um die Kraft des Wassers bewusst zu spüren und innere Ruhe zu finden.
 10:30 - 12:00 Uhr im Hotel Goldener Berg | € 25,-
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
 Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
 Price: € 36.90 per person (including mountain and valley ride)
 Availability: daily
 Operating times of the Rüfikopf cable car:
 08:30 a.m.–5:30 p.m.
 Contact Rüfikopf Panoramic Restaurant:
 T +43 5583 2336-278

Events 28.08.2026 - 04.09.2026

Wednesday, 02.09.2026

14:00 - 18:00

Small-bore shooting at the Lech Shooting Club

Every Monday, Wednesday and Friday afternoon, the Lech Shooting Club's small-bore shooting range (bottom right, in front of the first tunnel towards Zürs) is open to visitors and locals alike. Small-bore rifles are available. When a certain score is achieved, gold, silver and bronze badges are awarded! Refreshments are available at the shooting range.

Rifle + targets + 50 rounds of ammunition €24, additional rounds €20

For young people up to 15 years old: €18 / €14

Tel.: 0043 664 140 28 45

Email: fullservice@gmx.at

17:30 - 18:30

Yin Yoga

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

18:30

A cultural treat

Our kitchen team comes from all over the world. What could be nicer than using this circumstance for our menu design? Every week, the members of our castle kitchen team take turns bringing traditional dishes and personal culinary favorites from their home countries to the appetizer buffet.

WHEN?

Every Wednesday evening, from 6:30 p.m.

WHERE?

Burg Hotel Restaurant

18:30

Rote Wand Masterclass

Immerse yourself in the world of fermentation: Discover lactic acid fermentation, kombucha, and koji. Learn the secrets of these techniques.

Menu of 4 generous courses, accompanied by selected wines.

An alcohol-free drink pairing is possible.

When: Every Wednesday

Price: € 180 including masterclass, menu, and wine or drink pairing

Start: 6:30 p.m.

Registration: gasthof@rotewand.com

19:00

Vinyasa Yoga im sport.park.lech

Vinyasa Yoga is a dynamic style of yoga in which breath and movement are connected. The exercises flow smoothly and powerfully into each other, promoting flexibility, strength, and balance. The focus is on a steady flow that strengthens the body, calms the mind, and provides more energy and equilibrium.

- Individual sessions (price per session € 19)

- 5-session block (price for 5 sessions € 76)

- 10-session block (price for 10 sessions € 133)

For more information: www.sport-park-lech.at

Events 28.08.2026 - 04.09.2026

Thursday, 03.09.2026

07:30 - 08:30

Yoga at Hotel Sonnenburg

Yoga with Saira Strobel from September 26 to October 3, 2026
Treat yourself to a break and find your center again during a yoga session.
Wednesday to Sunday from 7:30 – 8:30 a.m.
Friday and Saturday from 5:00 – 6:00 p.m.
Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.
The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 09:15

Slow Flow Yoga with Savasana

Slow Flow is a mindful, breath-guided movement practice – a gentle connection of the stability of Hatha Yoga and the flowing dynamics of Vinyasa.
8:00 a.m. - 9:15 a.m. at Hotel Goldener Berg | Price: € 25,-

08:00 - 10:30

Yoga & Brunch

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.
8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

08:30

Tannberg Market

Local specialties and craftsmanship at its finest
Location: Rüfplatz Lech
8:30 a.m. - 4:00 p.m.

08:30 - 09:30

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

18:00 - 19:00

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.
When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

09:00 - 11:00

RÜFIKOPF SUMMIT BREAKFAST - Daily

daily from 9:00 a.m. to 11:00 a.m.
Breakfast offers including cable car ride:
- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80
Contact Rüfikopf Panoramarestaurant:
T +43 5583 2336 278
Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.

Events 28.08.2026 - 04.09.2026

Thursday, 03.09.2026

- 09:45 Lech Card Childrens programme - Archery or canyoning**
 For children aged 5 to 14 years: an active week in nature with two exciting program items to choose from each day
 Meeting point: 9:45 a.m. Office Arlberg Alpin, Filomena Lech
 Registration: until 5:00 p.m. the day before through Lech Zürs Tourismus (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
 Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin until 6:30 p.m. (Availability of places and equipment will be checked)
- 10:00 Lech Card - Gipselöcher Tour**
 Join us for a guided hike through the unique nature reserve Gipselöcher in Oberlech, a unique and protected natural gem.
 Meeting point: Thursday, 10:00 a.m. Dorfhus
 Duration: approx. 2.5 hours
 Difficulty level: easy to moderate, suitable for families with hiking-enthusiastic children
 What to bring: sturdy footwear, weather-proof clothing, water bottle
 Registration: until 5:00 p.m. the day before through Lech Zürs Tourismus (info@lechzuers.com | +43 5583 2161) or online <https://anmeldung.mylechcard.at/de/programm/>
- 10:00 Lech Card - Shinrin Yoku in Lech**
 Experience an exploratory journey through the mountain forests of Lech with the Vorarlberg nature and hiking guide Carolin Feigenspan.
 Meeting point: 10:00 a.m. at the village fountain, covered wooden bridge
 Registration: until 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 10:30 - 12:00 Element of Air – Alpine Bathing, Pranamaya**
 Feel the connection of nature, breath, and silence – and discover how beneficial genuine mindfulness can be amidst the mountains.
 10:30 a.m. - 12:00 p.m. at the Hotel Goldener Berg | Price: € 25,-
- 13:00 - 16:00 COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF**
 Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
 Price: € 36.90 per person (including mountain and valley ride)
 Availability: daily
 Operating times of the Rüfikopf cable car:
 08:30 a.m.–5:30 p.m.
 Contact Rüfikopf Panoramic Restaurant:
 T +43 5583 2336-278
- 15:00 - 17:00 Guided Tour of curious**
 Every Thursday we invite you to a guided tour – 3:00 p.m. in German, 4:00 p.m. in English.
 Registration desired at office@curiouslech.com.
 Opening hours: Mon, Wed–Sat 10:00-1:00 p.m. & 2:00-6:00 p.m., Sun 1:00-6:00 p.m.
 Where: curious in the Lechwelten

Events 28.08.2026 - 04.09.2026

Thursday, 03.09.2026

15:00 - 18:00

PHOTO LAB: Families and children welcome

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture "your" Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!
Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)
Opening times : Thur – Sun, 3pm – 6pm
Entrance fee: Voluntary donations
Details: www.lechmuseum.at

17:00

Fit and Active: Senior Sports at sport.park.lech

It is a movement hour for seniors tailored to the individual needs of the participants. Mobilization exercises, balance training, coordination, and muscle relaxation are the focus.
- Single sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)
More information: www.sport-park-lech.at

17:30 - 18:30

Yin Yoga

Yin Yoga in the evening is a quiet, meditative practice that gently lets the day wind down and leads both body and mind into deep relaxation. In long, passive stretches, the deeper tissue layers such as fascia, ligaments, and joints are mindfully addressed.
5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price € 20,-

18:00 - 21:00

DRY-AGED STEAK EVENING

at the Rud-Alpe - every Thursday starting at 6:00 p.m.
You can easily reach us by the Oberlech cable car and a pleasant walk or from the village center of Lech via the walking path in 20 minutes.
Contact Rud-Alpe:
T +43 5583 41825
Operating hours of the Oberlech cable car:
8:30 a.m. – 6:00 p.m.

18:30 - 21:00

Between fondue fork and barbecue cutlery

BBQ evening with live music at the Castle Hotel
WHEN: Every Thursday alternately
WHERE: We serve our BBQ in the restaurant, and the fondue in the fondue parlor.
In nice weather, both can also be enjoyed on the sun terrace.

19:00

Interval - Deep Work Training at sport.park.lech

Targeted muscle building and fat burning in an intense full-body workout. After an active warm-up on the step with a simple, rhythmic choreography, a challenging interval training follows. With motivating music, Maria ensures power, dynamism, and fun in movement.
- Single sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)
For more information: www.sport-park-lech.at

Events 28.08.2026 - 04.09.2026**Friday, 04.09.2026****Dance class for children & ladies in the sport.park.lech**

Hello! My name is Sabrina and I would like to show you my world of dancing. From children's dance to jazz, ballet, and hip hop, we will have a lot of fun together and I am sure the stages in Vorarlberg are waiting for you.

Price for 10 course units for children € 66.50

Price for 10 course units for ladies € 133.00

For more information: www.sport-park-lech.at

Family Discount Day

Families with children up to 14 years – 15% discount on food and beverages at the Seekopf mountain restaurant.

The Chef's Edition Vol. 1

Friday, September 4. to Monday, September 7. 2026

With the SHEF'S Edition, the Rote Wand places a focus on female perspectives in international top gastronomy. Two days full of products, attitudes, exchange, and diverse culinary signatures.

Featuring: Karime López, Daniela Soto-Innes, Elif Oskan, Zineb Hattab, Masa Salopek, Victoria Blamey, Rosina Ostler, Raphaela Burger, Chiara Panozzo, and Sarah Cicolini.

Program and packages at: gasthof@rotewand.com

07:30 - 08:30**Yoga at Hotel Sonnenburg**

Yoga with Saira Strobel from September 26 to October 3, 2026

Treat yourself to a break and find your center again during a yoga session.

Wednesday to Sunday from 7:30 – 8:30 a.m.

Friday and Saturday from 5:00 – 6:00 p.m.

Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.

The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

18:00 - 19:00**Yoga at Hotel Sonnenburg**

Yoga with Saira Strobel from September 26 to October 3, 2026

Treat yourself to a break and find your center again during a yoga session.

Wednesday to Sunday from 7:30 – 8:30 a.m.

Friday and Saturday from 5:00 – 6:00 p.m.

Registration at hotel@sonnenburg.at or directly at the Sonnenburg reception.

The participation fee per person is 15 €. Hotel guests pay 5 € per person. Yoga equipment will be provided.

08:00 - 10:30**Yoga & Brunch**

Enjoy a wonderful breakfast on our sun terrace or in our scenic dining room after the yoga session.

8:00 a.m. - 10:30 a.m. at Hotel Goldener Berg

Events 28.08.2026 - 04.09.2026

Friday, 04.09.2026

- 09:00 Mountain breakfast**
Indulge at 2,000 meters above sea level and then do “a little something” for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the wonderful nature surrounding them. Alone or with our hiking guide, who knows the best hidden paths.
WHEN? Every Friday starting at 9 a.m.
WHERE? At the Kriegeralpe
RESERVATION: We kindly ask for registration by the day before at: +43 664 44 22 697 | info@kriegeralpe.com
GOOD TO KNOW: Of course, outsiders or non-hikers are also welcome to have breakfast at the “small castle.” It’s only a 10-minute walk from the Petersbodenbahn to the Kriegeralpe.
- 09:00 - 11:00 RÜFIKOPF SUMMIT BREAKFAST - Daily**
daily from 9:00 a.m. to 11:00 a.m.
Breakfast offers including cable car ride:
- Mountain & valley ride with breakfast: EUR 46.80
- Uphill for hikers including breakfast: EUR 41.80
- With valid cable car ticket: EUR 26.80
Contact Rüfikopf Panoramarestaurant:
T +43 5583 2336 278
Operating hours Rüfikopfbahn:
8:30 a.m. – 5:30 p.m.
- 09:45 Lech Card - The geopath excursion**
The Geological Trail shows how the present mountain landscape developed from an ancient seabed. Along the way, stony witnesses tell of millions of years of Earth history.
Duration: approx. 3 hours
When: Friday
Meeting point: 9:45 a.m. in front of the Rüfikopf cable car valley station
Equipment: ankle-high mountain boots with profiled soles
Registration: until 5 p.m. the day before via Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
- 09:45 Lech Card Childrens programme - Games day at swimming pool or climbing**
For children aged 5 to 14 years: an active week in nature with two exciting program points to choose from each day
Meeting point: 9:45 a.m. Arlberg Alpin office, Filomena Lech
Registration: by 5:00 p.m. the day before through Lech Zürs Tourism (info@lechzuers.com | +43 5583 2161) or online: <https://anmeldung.mylechcard.at/de/programm/>
Late registrations after 5:00 p.m. are only possible directly through Arlberg Alpin until 6:30 p.m. (Availability of places and equipment will be checked)

Events 28.08.2026 - 04.09.2026

Friday, 04.09.2026

13:00 - 16:00

COFFEE & CAKE PANORAMA EXPERIENCE – RÜFIKOPF

Mountain and valley ride with the Rüfikopf cable car including a cup of coffee and a piece of cake at the Rüfikopf Panoramic Restaurant
Price: € 36.90 per person (including mountain and valley ride)

Availability: daily

Operating times of the Rüfikopf cable car:

08:30 a.m.–5:30 p.m.

Contact Rüfikopf Panoramic Restaurant:

T +43 5583 2336-278

14:00 - 18:00

Small-bore shooting at the Lech Shooting Club

Every Monday, Wednesday and Friday afternoon, the Lech Shooting Club's small-bore shooting range (bottom right, in front of the first tunnel towards Zürs) is open to visitors and locals alike. Small-bore rifles are available. When a certain score is achieved, gold, silver and bronze badges are awarded! Refreshments are available at the shooting range.

Rifle + targets + 50 rounds of ammunition €24, additional rounds €20

For young people up to 15 years old: €18 / €14

Tel.: 0043 664 140 28 45

Email: fullservice@gmx.at

15:00 - 18:00

PHOTO LAB: Families and children welcome

At the photo lab, you will learn how analogue photography works! What is a camera obscura? How does a slide work? We invite you to make photo art with the power of the sun, but also to capture "your" Lech in photo collages that you can exhibit in the museum! We look forward to seeing you!

Location: Lechmuseum in the Huber-Hus, Dorf 26 (next to the Schlosskopf-Talstation)

Opening times : Thur – Sun, 3pm – 6pm

Entrance fee: Voluntary donations

Details: www.lechmuseum.at

15:00 - 16:00

Pilates

The focus is on body awareness, control, and alignment – for more balance, lightness, and inner strength in everyday life.

The practice is suitable for all levels and helps to gently strengthen the body, relieve tension, and gain new energy.

3:00 p.m. - 4:00 p.m. at the Hotel Goldener Berg | Price: € 20,-

17:30 - 18:30

Post Hiking Recovery Yoga

Post Hiking Recovery Yoga is the perfect complement after an active day in the mountains – ideal for regenerating the body and replenishing energy.

5:30 p.m. - 6:30 p.m. at Hotel Goldener Berg | Price: € 20,-

Events 28.08.2026 - 04.09.2026

Friday, 04.09.2026

18:00 - 21:00

EXPERIENCE EVENING Rüfikopf

Sunset with breathtaking panoramic view - every Friday

Details:

- Lift-off: 6:00 p.m. (every 30 minutes)
- Last descent: 9:30 p.m.
- Price: EUR 75.00 per person (excluding drinks)
- Event canceled in bad weather (wind, thunderstorm)
- Registration by Friday, 3:00 p.m. at T +43 5583 2336-278

For holders of the Lech Card, the cable car ride is free, as well as for children up to 14 years old.

18:00 - 19:00

Yoga sessions with Ines

Flow for everyone! Grounding. Detoxifying. Freeing from tension. Stretching the spine with the cat. Strengthening leg and hip muscles with the bridge. The asanas – the body positions in yoga – harmonize with the breath. Everything seems to flow into each other and trigger resonance. With every breath and every movement. Relax more. Experience the flow in our yoga classes. 6 times a week in the yoga room of the Burg Hotel.

When: Tue, Wed, Thu, Sat, Sun: from 8:30 - 9:30 a.m. as well as Tue - Sun: 6:00 - 7:00 p.m.

19:00

Full Body Training in sport.park.lech

Full-body workouts for strength, endurance, and flexibility.

- Individual sessions (price per course unit € 19)
- 5-session block (price for 5 course units € 76)
- 10-session block (price for 10 course units € 133)

More information: www.sport-park-lech.at

19:55

Skyspace- Lech Tour

In the 50-minute tour including light show, you will learn everything important about this special artwork by James Turrell

Price: € 15,- per person

Start of the tour: 7:55 p.m.

Departure from Dorfhus: 7:20 p.m.

Tickets and more information: online at skyspacelech.com

21:15 - 23:30

DANCE LIKE NOBODY IS WATCHING

We master the art of creating good mood – and know that infectious music makes every celebration unforgettable. That is why we say on Friday: Stage free for the live band.

WHERE: Burg Hotel Evening Bar

WHEN: from 9:15 p.m.