

Events 15.08.2025 - 22.08.2025

# Friday, 15.08.2025

## 07:45 - 08:45 Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.

Where: Hotel Sonnenburg

# 08:00 - 09:15 Morning Slow Flow Yoga

A heart-opening sequence to welcome the light within you. Create space in your chest area, release tension in your shoulders and heart area, breathe more deeply, show vulnerability – and gently release emotional blockages. Breathing techniques focusing on the chest, including Kumbhaka (breath retention) Meditation: Guided heart meditation – for inner clarity, wisdom and connection to your highest self. Compassion for yourself and all living beings arises. When the weather is nice, the yoga class takes place outdoors.

18€ per person

Where: Goldener Berg

## 08:20 Mountain breakfast

08:45

Feasting at 2,000 metres above sea level and then doing 'a little something' for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the marvellous natural surroundings. Alone or with our hiking guide, who knows the best secret routes.

When: Every Friday.

We meet on the sun terrace at 8.20 am and fortify ourselves with a cup of 'Oberlech herbal tea' from our herb kitchen. We set off for the small castle at 8.30 am.

Where: At the Kriegeralpe

Registration: Please register the day before. At reception or in the evening at the castle restaurant with our team.

Good to know: External guests or non-hikers are of course also welcome to have breakfast at the

'little castle'. The Kriegeralpe is just 10 minutes from the Petersbodenbahn cable car.

Reservation under: +43 664 44 22 697 | info@kriegeralpe.com

## Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhus



# Friday, 15.08.2025

#### 09:45 Lech Card - The geopath excursion

Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.

Duration: approx. 3 hours

Registration: the day before by 5 p.m. at info@lechzuers.com or

https://anmeldung.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting place: Rüfiplatz Lech

#### 09:45 Lech Card Childrens programme - Games day at swimming pool or climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

#### 10:00 **Lech Card - Waterworkshop for Families**

Meeting point: 10 am Rüfiplatz Duration: approx. 4 hours

Registration: online or phone: +43 5583 2161-0

Please bring your Lech Card with you to the meeting point

#### 10:30 - 12:00 Element Light - Soundbath & Chanten

Let yourself be carried away by healing sounds and experience the transformative power of the voice. Vibrating frequencies and communal chanting bring body and mind into harmony - for deep relaxation and inner radiance. Afterwards, you will be guided through a meditation and bathe once again in the melodies of the singing bowls. Experience a deep connection with nature and with yourself.

Price: 18,00 € per person Where: Hotel Goldener Berg

#### 12:00 Alpine fair on the Spullers Alp

Location: Alpe Spullers Dalaaser Staffel Start: 12:00 noon

The mass will be celebrated by Chaplain Mathias Bitsche and will take place regardless of weather

The toll road will be open on this day.

#### 14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech



# Friday, 15.08.2025

14:00 Werklerei Lech

Original products made in Lech

Opening hours:

Tuesdays from 2 pm to 4 pm

Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm

Fridays from 2 pm to 4 pm Where: Raiffeisenbank Lech

17:30 - 18:30 Evening Yin Yoga - Restorative Session

Deep relaxation with quotes for each asana that awaken your inner light, clarity and compassion.

18€ per person

Where: Goldener Berg

18:00 - 19:00 **EVENING RELAX** 

Evening yoga with a short, guided meditation for a relaxing evening.

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: €15.00 per unit for external participants

Where: Burg Hotel Lech am Arlberg

18:00 Fondue evening at the Rüfikopf Panorama restaurant

Exclusive evening enjoyment at 2,350 metres

Every Friday there is a fondue evening on the Rüfikopf with cable car ride.

Price: €68 (without drinks)

Meeting point: 18:00 at the Rüfikopf cable car

Cable car rides throughout: from 18:00 to 21:30 (last ride)

Booking: Panoramarestaurant Rüfikopf until 15:00 (+43 5583 2336 278) Book a table now at: https://rufikopf.simply-olivia.restaurant/reservations

18:00 Rüfikopf adventure evening

Exclusive ascent from 6 pm every half hour with the

hour with the Rüfikopf cable car

Valley ride: every half an hour until 09.30 pm

Free for Lech Card holders

No registration required! Cancellation in case of strong wind, precipitation or danger of

thunderstorms!

Location: Panoramic restaurant Rüfikopf

18:15 - 19:15 Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.



## Friday, 15.08.2025

## 18:30 Table magic and card art

A magician visits us on two close-up magic evenings. He goes from table to table in the evening and impresses with his artistry at close quarters in the restaurant.

WHEN? Friday, 15 August 2025 WHERE? In the Burg Restaurant

GOOD TO KNOW: We recommend booking a table in advance.

## 19:00 Gourmet week at Aurelio's

Look forward to weeks full of culinary highlights: Our new head chef Karl Eggetsberger and his team present an exclusive gourmet menu that showcases the Alpine region in a creative and sophisticated way. Choose between 8 courses (€220) and 5 courses (€145) - accompanied by a carefully selected wine pairing that perfectly complements each dish. Enjoy the highest level of craftsmanship, the best regional ingredients and surprising moments of pleasure - served in an elegant atmosphere.

Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

# 20:25 Skyspace-Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turell.

Price: €15,- per person

Tickets: online

Location: Skyspace-Lech

## 21:00 Jazz Stage Lech

The focus of the music event is jazz in all its variations, but contemporary music is also very important. Quality and authenticity of the music are crucial for us; thus, jazz musicians with an international reputation make guest appearances. On five evenings, various jazz artists and groups are guests in Lech am Arlberg. In a private atmosphere, concert guests will get close to the performers in a way that is rarely possible at other venues.

Tickets available: at the box office and at http://tickets.jazzbuehne-lech.at/

Where: Lechwelten Admission: 8.30 pm

Start: 9 pm

# Saturday, 16.08.2025

## 07:45 - 08:45 Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.



# Saturday, 16.08.2025

## 08:00 - 09:15 Morning Hatha Flow Yoga

Grounding practice that strengthens your connection to the earth. The focus is on stability and balance – physically, mentally and energetically. Asanas activate the root chakra and promote a feeling of security and inner strength. Breath control from the feet to the crown of the head brings centring.

Meditation:

Visualisation journey to the centre of the earth – experience support, nourishment and trust in the sustaining power of the earth. When the weather is nice, the yoga class takes place outdoors!

Price: €18.00 per person Where: Hotel Goldener Berg

#### 09:00 - 10:00 YOGA & PILATES am Berg

Experience a special yoga class on the idyllic yoga platform below the majestic Mohnenfluh – suitable for all levels.

Registration: info@burghotel-lech.com or +43 5583 2291 Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

## 14:00 Après-ski sun edition

Welcome to our Oberlech summer party: in the open air, at the ice-free ice bar. Without ski trousers and moon boots, but with shorts and sunglasses. Dance to music by DJ F.A.B. & LIVE VIOLINE NIMA LOVARIO

WHEN? 16 August 2025, 2 pm - 8 pm

WHERE? At the ice bar

GOOD TO KNOW: The more people, the better the party! Lounges can, but do not have to be

reserved.

Everyone who likes is welcome: house guests, locals and spontaneous strollers.

## 15:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

When: Thursday - Sunday 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Huber-Hus

#### 16:30 - 18:00 Alpine bathing Element Earth followed by yoga

We connect with the element of earth through mindful alpine bathing – a conscious immersion in alpine nature with all our senses. Surrounded by forests, meadows and fresh mountain air, we feel the power of the earth and arrive fully in the moment. Afterwards, we let the effects of this experience linger in a gentle yoga session – for inner peace and new grounding. Through deep relaxation with grounding postures and inspiring quotes that convey security, presence and reconnection with nature.

€36 per person Where: Goldener Berg



# Saturday, 16.08.2025

17:00 Reading with Günter Keil

Günter Keil Start: 6 pm Price: €15,-

Where: Hotel Stäfeli

Registration: info@staefeli.at or T.: +43 5583 39370 or drop by spontaneously

18:00 Balm Sunset BBQ

Every Saturday evening on the Balmalp – enjoy the most beautiful sunsets and breathtaking panoramic views. Delicious barbecue meat specialities await you at the top. The ride on the Zugerbergbahn is included in the Lech Card. Last descent at 9:30 p.m.Further information at:

www.balmalp.at and at www.lech-bergbahnen.at

18:00 - 19:00 EVENING WEEKEND SPECIAL

Yoga and Tapping E.F.T.

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: €15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

18:00 Le Grand Table at LE CHALET

Le Chalet in Oberlech is the stage for great experiences. This summer,

we would like to invite you to share these experiences with

us. We have come up with several themed evenings for this summer

and will be kicking off the third round on 16 August with a Mediterranean.

Menu 98,- €

Menu incl. wine accompaniment 170,- €

We will be eating together at a table of 14. Space is therefore limited.

Please book early and arrive on time.

Only with reservation under: 0664 6414187 or welcome@lechalet.at

Where: LE CHALET - Luxury Hideaway, Oberlech

18:15 - 19:15 Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.



# Saturday, 16.08.2025

## 18:30 Weekly barbecue evening at the Hotel Krone

Weekly barbecue evening at the Hotel Krone - every Saturday from 6.30 pm Warm summer evenings, fine barbecue flavours and a view of the mountains: Every Saturday from 6.30 pm we cordially invite you to a barbecue evening at the Hotel Krone. Enjoy freshly prepared specialities from the grill - from tender meat and fresh fish to fine vegetarian delicacies. Our kitchen team will spoil you with a varied selection of grilled dishes and sophisticated side dishes - accompanied by fine wines and cool drinks from our bar. Location: Sun terrace or round hall in the Romantik Hotel Krone

#### 19:00 Gourmet week at Aurelio's

Look forward to weeks full of culinary highlights: Our new head chef Karl Eggetsberger and his team present an exclusive gourmet menu that showcases the Alpine region in a creative and sophisticated way. Choose between 8 courses (€220) and 5 courses (€145) - accompanied by a carefully selected wine pairing that perfectly complements each dish. Enjoy the highest level of craftsmanship, the best regional ingredients and surprising moments of pleasure - served in an elegant atmosphere. Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

## 20:00 25 years Big Band Music school Lech

Featuring Reinhold Bilgeri Directed by Hans Finner

Start: 8 pm

Where: Lechwelten Admission: €40,-

Tickets available at the citizen service of the municipality of Lech

## 21:00 Jazz Stage Lech

The focus of the music event is jazz in all its variations, but contemporary music is also very important. Quality and authenticity of the music are crucial for us; thus, jazz musicians with an international reputation make guest appearances. On five evenings, various jazz artists and groups are guests in Lech am Arlberg. In a private atmosphere, concert guests will get close to the performers in a way that is rarely possible at other venues.

Tickets available: at the box office and at http://tickets.jazzbuehne-lech.at/

Where: Lechwelten Admission: 8.30 pm

Start: 9 pm

## Sunday, 17.08.2025

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## 07:45 - 08:45 Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.



# Sunday, 17.08.2025

## 08:00 - 09:15 Morning yoga – start your day with clear focus!

This morning yoga session helps you to collect your thoughts and consciously focus your attention on what is important. Stabilising postures, mindful movement and breathing exercises create inner peace and concentration – the ideal foundation for a focused and mindful start to the day.

When the weather is nice, the yoga class takes place outdoors. Suitable for all levels! Followed by: a soothing morning meditation.

18.00€ per person Wo: Goldener Berg

#### 08:30 - 09:30 WAKE UP YOGA

Energising morning practice and yoga

Registration: info@burghotel-lech.com or +43 5583 2291 Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

#### 09:30 - 10:30 family yoga

Enjoy a yoga class together with your children – an experience not to be missed! Learn relaxation techniques that are easy to replicate at home – for the whole family!

When the weather is nice, the yoga class takes place outdoors!

18€ per adult, children free of charge Including breakfast 50€ per adult

18€ per child

Where: Goldener Berg

#### 09:45 Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon

Age: from 8 years

Swimming skills required

#### 10:00 Balm Brunch

Every Sunday in July & August Brunch awaits you on the large sun terrace with panoramic views of the surrounding mountains and the Zug Valley. Enjoy relaxed breakfast classics, regional products and hot dishes.

Every Sunday from 10 am - 1 pm

Price including hot drink and juice: €22.00



# Sunday, 17.08.2025

#### 10:30 - 13:30 Jam and music

At our brunch, changing live bands play Austrian songs. And we serve the finest savoury delicacies such as sausage and cheese. And of course: jam and delicious sweets are also available.

WHEN? July:

August: 03.08. | 17.08. | 31.08. September: 14.09. | 28.09.

October: 12.10.

WHERE? In the Burg Restaurant or on our sun terrace in fine weather.

GOOD TO KNOW: We recommend booking in advance. At the castle reception, by phone or by e-

mail: info@burghotel-lech.com .

## 11:00 Mountainbike Trophy Lech

Start & finish: directly at the school square in Lech

Categories: from balance bikes to kids & youth to adults - incl. e-bike class (max. 25 km/h)

Start time: 11:00 am

Race office: also on the school square

Course: varied & fun - with action for all age groups

Prizes: Non-cash prizes, medals & raffle - your start number is your ticket

Good vibes: music, moderation, catering

#### 11:00 Smoked fish

On Sundays and as long as the pre-smoked stock lasts, there are freshest char and trout from the

Zürsersee lake.

Where: Seekopfrestaurant When: 11 am - 3 pm

## 12:00 Lunch every Sunday

Every Sunday, we invite you to join us for lunch that brings back memories – and we mean that literally: hearty classics are served at the 'Rein' – just like at grandma's or mum's, where you share, try and go back for seconds. No frills – just honest, seasonal cuisine accompanied by a large bowl of salad, familiar conversations and lively family gossip. In keeping with the season, our dishes vary from Sunday to Sunday – sometimes hearty, sometimes light, but always cooked with love and served from the Rein. There is always a bowl of fresh salad to go with it – sometimes summery and

colourful, sometimes autumnal and aromatic. Further information:

https://www.goldenerberg.at/de/gourmethotel-arlberg/der-sonntag-am-goldenen-berg/

Where: Goldener Berg

## 15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus



## Sunday, 17.08.2025

## 15:00 - 22:00 Late Night Spa

End your Sunday evening in style at our spa, enjoying the view of the beautiful mountains and swimming a few laps in our outdoor pool. Then relax in the Finnish or bio sauna for a while before finishing off with a nice cup of tea. Sunday couldn't get any better!

€48 per person

20% discount for locals and employees.

Where: Hotel Goldener Berg

## 17:30 - 18:30 Post-Hiking Recovery - Yoga in the evening

In this regenerating evening class, we focus specifically on recovery after hiking. Through gentle stretching and mobilising movements, we release tension in the legs and back, relieve sore muscles and promote a feeling of balance and inner peace. Ideal for bringing body and mind back into balance after an active day in nature.

When the weather is nice, the yoga class takes place outdoors!

€18.00 per person Wo: Goldener Berg

#### 18:00 - 19:00 GENTLE EVENING PRACTICE

Gentle yoga and breathing to calm the nervous system and prepare for the evening.

Registration: info@burghotel-lech.com or +43 5583 2291 Cost: €15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

# 19:00 Gourmet week at Aurelio's

Look forward to weeks full of culinary highlights: Our new head chef Karl Eggetsberger and his team present an exclusive gourmet menu that showcases the Alpine region in a creative and sophisticated way. Choose between 8 courses (€220) and 5 courses (€145) - accompanied by a carefully selected wine pairing that perfectly complements each dish. Enjoy the highest level of craftsmanship, the best regional ingredients and surprising moments of pleasure - served in an elegant atmosphere. Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

# Monday, 18.08.2025

## 08:00 - 09:15 Morning yoga – start your day with clear focus!

This morning yoga session helps you to collect your thoughts and consciously focus your attention on what is important. Stabilising postures, mindful movement and breathing exercises create inner peace and concentration – the ideal foundation for a focused and mindful start to the day.

When the weather is nice, the yoga class takes place outdoors.

Suitable for all levels! Followed by: a soothing morning meditation.

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18.00€ per person Wo: Goldener Berg



# Monday, 18.08.2025

09:30 Lech Card - E-Bike "Improve your skills"

Please take your own e-bike with you, otherwise these can also be rented from our sport shops.

Duration: about 2 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.30 am, Dorfhus

09:30 Lech Card - Herbs hiking tour

With herbal educator Veronika Walch

Duration: 3 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.30 am Rüfiplatz

Bad weather:

We also offer a herbal experience in bad weather! The alternative programme takes place in the

Lech herbal workshop. Together we make herbal products such as herbal salt or balm.

09:45 Lech Card - Family Program Climbing

Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161

Participation is only possible with prior registration.

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will

check whether there are still places and equipment available. Meeting point: 9.45 am at the Arlberg Alpin office Filomena

09:45 Lech Card Childrens programme - Games day at swimming pool or Gipsis Rätselweg

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will

check whether there are still places and equipment available.

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

10:00 - 11:00 Strong centre - Gentle & stable

A strong centre creates balance - in the body and in life. In this mindful session with Laura, the focus is on gently strengthening the centre of the body. Elements from Pilates are combined with conscious breathing and stabilising exercises to create a beneficial workout for the abdomen, back and pelvic floor. Core training is not a classic fitness session - rather an invitation to gently activate the deep muscles, improve posture and strengthen inner stability. Ideal for anyone who wants to bring more strength and stability into their everyday life with ease and mindfulness.

Price: 18.00 € per person Where: Hotel Goldener Berg



## Monday, 18.08.2025

## 17:30 - 18:30 Afternoon yoga

End the day in a relaxed manner with a soothing yoga session. This session will help you reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will enhance your well-being. Whenever the weather permits, yoga takes place outdoors.

18.00€ per person Where: Goldener Berg

## 18:00 Mussel Monday - Enjoy Monday

Start the week with pleasure: every Monday (from 6.00 pm) we serve fresh mussels in

'Pfefferkörndl'.

A fine glass of wine rounds off the evening perfectly...

Including glass of wine €27.90

#### 18:00 Sandhof terrace

Local/friends guest chefs at the village table - cook their favorite recipes for you - uncomplicated it should be - together at the big village table everyone eats together - it is ladled out of lavish bowls - like at a big family dinner.

Price: €65,-Time: 6 pm

Registration at: +435583 2298 or info@sandhof.at

Location: Hotel Sandhof, Lech

#### 19:00 Gourmet week at Aurelio's

Look forward to weeks full of culinary highlights: Our new head chef Karl Eggetsberger and his team present an exclusive gourmet menu that showcases the Alpine region in a creative and sophisticated way. Choose between 8 courses (€220) and 5 courses (€145) - accompanied by a carefully selected wine pairing that perfectly complements each dish. Enjoy the highest level of craftsmanship, the best regional ingredients and surprising moments of pleasure - served in an elegant atmosphere. Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

## Tuesday, 19.08.2025

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## 08:00 - 09:15 Morning Slow Flow Yoga

A mindful, slow flow that connects you with the element of water. Flowing movements in rhythm with your breath promote qualities such as grace, resilience and receptivity. The practice focuses on the hips, iliopsoas and sacral chakra. Breathing techniques such as Nadi Shodhana, Sitali and alternate nostril breathing cleanse and balance your system.

Meditation:

'Water rises' – a cleansing, refreshing meditation to clear the mind and let go of stressful thoughts.

18€ per person

Where: Goldener Berg

#### 08:30 - 09:30 DETOX MORNING FLOW

Katonah Yoga with a focus on twists

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: €15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg



# Tuesday, 19.08.2025

#### 08:45 Lech Card - Pilates with Uli Alber

Pilates exercises to increase coordination, stamina and concentration with Uli Alber

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhus

## 09:30 Lech Card - E-Bike "Practice your skills"

Please take your own E-Bike with you, otherwise these can also be rented from our sport shops.

Duration: about 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161 Meeting point: Dorfhus

## 09:45 Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will

check whether there are still places and equipment available.

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the

canvon

Age: from 8 years

Swimming skills required

# 09:45 Lech Card Childrens programme - Archery or canyoning

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.:+43 5583 2161

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will

check whether there are still places and equipment available. Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech

#### 10:30 - 12:00 Element Fire - Fire ceremony

We hike together from Oberlech through green meadows down to the Kneippplatz in Lech – accompanied by water at every step. There we enjoy a refreshing Kneipp treatment and guided meditation surrounded by nature.

Afterwards, you have the option of continuing the hike individually to the waterfall in Zug.

Price: €18.00 per person Where: Hotel Goldener Berg



# Tuesday, 19.08.2025

# 11:00 Balm Make your Pizza - every Tuesday

Every Tuesday at the Balmalp, everything revolves around pizza.

In addition to the classics on the menu, the hut pizza and magherita, you can have your own pizza

made on this day. There are no limits to your imagination here.

Contact Balmalp: T +43 5583 3312

Zugerbergbahn operating hours: 9 am - 5 pm

## 11:00 Hearty with heart

Cheese dumplings according to our family recipe.

Nothing but flour, eggs and salt, say some. A dish that tastes like home and love, say others. For the

latter, we offer our spaetzle - or, as we call it here, "Käsknöpfle" - every Tuesday.

When?

August: 05.08. | 12.08. | 19.08. | 26.08.

September: 02.09. | 09.09. | 16.09. | 23.09. | 30.09.

Where? In the mountain hut ambience of our "little Burg", where hearty food tastes best: on the

Kriegeralpe.

## 14:00 Werklerei Lech

Original products made in Lech

Opening hours:

Tuesdays from 2 pm to 4 pm

Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm

Fridays from 2 pm to 4 pm Where: Raiffeisenbank Lech

## 16:00 Rote Wand Cookery Class Cookbook

In our Rote Wand Cookery Classes, Jamie Unshelm gives an inspiring introduction to the new Rote Wand Culinary Lab cookery book. Together we cook one or two dishes from it and then enjoy a small

menu in a convivial atmosphere.

Price per person: €150

incl. cookery class, menu and wine or drinks accompaniment\*

\*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is

no a la carte drinks menu. Time: Tuesday 4 pm

Registration at: gasthof@rotewand.com Where: Gasthof Hotel Rote Wand, Zug

#### 16:00 - 17:00 The colourful cocktail fun for children

Let your children become little cocktail masters! In our children's cocktail course, Goran shows them how to prepare fruity mixed drinks – guaranteed alcohol-free and full of fresh flavours.

Price: €25.00 per child

A refreshing experience that is sure to bring lots of joy!

Registration until 8 p.m. the evening before (Monday, 18 August)

Where: Goldener Berg



# Tuesday, 19.08.2025

## 17:30 - 18:30 Evening Yin Yoga - Restorative Session

A deeply relaxing practice that brings the Taoist principle of Wu Wei ('non-doing') to life. Each posture is accompanied by an inspiring quote – flow symbolically like a river, learn to let go, develop trust and surrender to the natural changes of life.

18€ per person

Where: Goldener Berg

## 18:00 - 19:00 MOVE, BREATHE, REST

Yoga, breathing exercises and a short guided meditation. Registration: info@burghotel-lech.com or +43 5583 2291 Cost: €15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

#### 19:00 Gourmet week at Aurelio's

Look forward to weeks full of culinary highlights: Our new head chef Karl Eggetsberger and his team present an exclusive gourmet menu that showcases the Alpine region in a creative and sophisticated way. Choose between 8 courses (€ 220) and 5 courses (€ 145) - accompanied by a carefully selected wine pairing that perfectly complements each dish.Enjoy the highest level of craftsmanship, the best regional ingredients and surprising moments of pleasure - served in an elegant atmosphere.

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

## Wednesday, 20.08.2025

Page 15

## 07:45 - 08:45 Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.

Where: Hotel Sonnenburg

## 08:00 - 09:15 Morning Yoga followed by good morning meditation

A powerful, energising session that ignites the fire element within you. Dynamic movements combined with held asanas activate Agni – the digestive fire in the solar plexus. The focus is on the abdomen, core and lateral stretches to strengthen inner willpower. Breathing techniques that emphasise exhalation bring energy and have a detoxifying effect.

Followed by: a soothing morning meditation.

A fire meditation for transformation: everything that holds you back is handed over to the inner fire – and transformed into new clarity and visions. Price per person: € 18,-

Where: Hotel Goldener Berg



# Wednesday, 20.08.2025

08:00 - 09:00 WAKE UP FLOW

Vinyasa yoga to start the day.

Registration: info@burghotel-lech.com or +43 5583 2291 Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

09:45 Lech Card Kids programme- Climbing or Gipsis Rätselweg

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will

check whether there are still places and equipment available. Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech

10:00 Lech Card: Zugertal hike

We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the

Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday

Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0

11:00 Lech Card - Shinrin Yoku in Lech

Shinrin Yoku in Lech with Carolin Feigenspan

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 55832161

Price for non Lech Card owners: €50,- per person, the tickets can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

14:00 - 16:00 Cooking class with chef Theo

Here you have the opportunity to prepare a dish from the current daily menu together with our chef Theo – alternating between starters and main courses, depending on the day, from our vegan, ketogenic or alkaline menu. During the course, Theo provides exciting insights into his creative cooking process and explains the high-quality products we work with every day. An exclusive look

behind the scenes – personal, inspiring and in a small group.

Where: Hotel Goldener Berg

Participation fee: €60.00 per person

Number of participants: 2 to 4 people (first come, first served)

Please register in advance by Tuesday evening, 8:00 p.m. at the reception desk.

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech



# Wednesday, 20.08.2025

#### 16:00 - 17:00 Meditation with Ms Pfefferkorn

This gentle, vibrating meditation from the OSHO tradition helps to harmonize body and mind. Humming sounds and flowing hand movements create deep relaxation and inner balance. Ideal for letting go and recharging your batteries.

Price: € 18,-

## 17:30 - 18:30 Afternoon yoga

A gentle practice with inspiring quotes that focus on the cleansing, transformative potential of fire – for inner cleansing, new alignment and renewal. When the weather is nice, the yoga class takes place outdoors! Suitable for all levels!

Price: 18,00 € per person Where: Hotel Goldener Berg

#### 18:00 - 19:00 **EVENING UNWIND**

Gentle Flow and Tapping E.F.T.

Registration: info@burghotel-lech.com or +43 5583 2291 Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

## 18:15 - 19:15 Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.

Where: Hotel Sonnenburg

#### 18:30 - 21:00 A cultural treat

Your tasty journey starts off with favorite appetizers from all around the world.

What better way to create a menu than to use the fact that our chefs come from all around the world. Every week our team of chefs present typical dishes of their home countries as well as their own favorite culinary gems at the appetizer buffet. That way, cultural exchange and culinary delights go hand in hand.

When?

August: 06.08. | 13.08. | 20.08. | 27.08. September: 03.09. | 10.09. | 17.09. | 24.09.

October: 01.10. | 08.10. Where? Burg Restaurant

# 18:30 - 19:45 Meet & Greet at the Barefoot Path

Let's end the day together – barefoot on the sensory trail, with a fresh green smoothie in hand and the crackling of the campfire in the background. Our Meet & Greet is a warm invitation to get together in nature: to arrive, chat, laugh and simply spend time together. A moment to pause, talk, enjoy – and maybe even walk barefoot under the open sky.

Registration is possible until 12:00 noon on the same day.

Where: Goldener Berg



# Wednesday, 20.08.2025

#### 18:30 **Rote Wand Masterclass**

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu consisting of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

**Every Wednesday** 

Price: €180 per person, incl. masterclass, menu and wine or beverage accompaniment\*

\*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is

no a la carte drinks menu.

Start: 6.30 pm

Registration: gasthof@rotewand.com

#### 19:00 Gourmet week at Aurelio's

Look forward to weeks full of culinary highlights: Our new head chef Karl Eggetsberger and his team present an exclusive gourmet menu that showcases the Alpine region in a creative and sophisticated way. Choose between 8 courses (€ 220) and 5 courses (€ 145) - accompanied by a carefully selected wine pairing that perfectly complements each dish. Enjoy the highest level of craftsmanship, the best regional ingredients and surprising moments of pleasure - served in an elegant atmosphere. Start: 7 pm

Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

## Thursday, 21.08.2025

#### 07:45 - 08:45 Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.

Where: Hotel Sonnenburg

#### 08:30 Werklerei Lech

Original products made in Lech

Opening hours:

Tuesdays from 2 pm to 4 pm

Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm

Fridays from 2 pm to 4 pm Where: Raiffeisenbank Lech

#### 08:30 - 09:30 **YOGA & PILATES**

Energizing morning practice

Registration: info@burghotel-lech.com or +43 5583 2291 Cost: €15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg



## Thursday, 21.08.2025

09:00 Lech Card - Lech spring water hike

Hike along springs, waterfalls & moors with Caolin Feigenspan

Duration: 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, tickets can be bought at the tourist office

Meeting point: 9 am Rüfiplatz sqaure Lech

09:00 Lech Card - Lech spring water hike

Hike along springs, waterfalls & moors with Caolin Feigenspan

Duration: 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, tickets can be bought at the tourist office

Meeting point: 9 am Rüfiplatz sqaure Lech

09:45 Lech Card Childrens programme - Archery or canyoning

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or https://www.mylechcard.at/en/registration/ Tel.:+43 5583 2161

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will

check whether there are still places and equipment available.

Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech

10:00 Lech Card - Gipslöcher Tour

Join us on a guided hike through the unique Gipslöcher nature reserve in Oberlech, a true natural

gem nestled in the heart of Oberlech. Meeting Point: Dorfhus, 10:00 a.m.

Duration: approx. 2.5 hours

Difficulty Level: easy to moderate, suitable for families with nature-loving children

What to Bring: sturdy footwear, weather-appropriate clothing, water bottle

Registration: online or with Lech Zürs

10:30 Lech Card - swim training

The newly designed Waldschwimmbad is ideal for a varied swim training.

The children move from the sports pool to the fitness pool to the water slide and do exciting

exercises.

Swimming skills required! If you have any questions, our swim guide Dirk is available: +49 151 5246

3353 or dirk@agentur-nanni.de

Duration: approx. 3 hours

Registration: by 5 pm the day before at info@lechzuers.com, https://anmeldung.mylechcard.at/?

htacc=programm&lang=de or +43

5583 2161

Meeting place: Forest swimming pool

Time: 10.30 am



## Thursday, 21.08.2025

11:00 - 17:00 Tannberg Market

Delicious local products and craftsmanship

Location: Rüfiplatz square Lech

11:30 Pre lunch drink with LIVE-music on the Rüfikopf

Culinary delights include Austrian specialities on the large sun terrace of the Rüfikopf panorama

restaurant.

Takes place in July and August in all weathers!

Time: from 11.30 am

Location: Panoramarestaurant Rüfikopf

15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

18:00 Fire & Flame in the Pfefferkörndl

FIRE & FLAME in the 'Pfefferkörndl'

A sweet highlight on the Arlberg. For all those who want to round off the evening with a special treat:

Crêpe Suzette every Thursday from 6 pm on our terrace.

Crêpe € 12,00

18:00 - 19:00 GENTLE EVENING FLOW

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: €15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

18:15 - 19:15 Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and

dynamic asana practices, vin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.

Where: Hotel Sonnenburg

18:30 Friends and Fools Dinner Club

Every Thursday, Jamie Unshelm, head of the Rote Wand Culinary Lab, creates an exciting 6-course menu together with his team. Accompanied by perfectly matched wines and our homemade drinks,

the evening becomes a culinary experience.

Every Thursday, 6.30 pm

Price: €180 per person incl. menu and wine or beverage accompaniment\*

\* We only offer a wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Registration at: gasthof@rotewand.com Where: Gasthof Hotel Rote Wand, Zug



## Friday, 22.08.2025

## 07:45 - 08:45 Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths)allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.

Where: Hotel Sonnenburg

#### 08:20 Mountain breakfast

Feasting at 2,000 metres above sea level and then doing 'a little something' for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the marvellous natural surroundings. Alone or with our hiking guide, who knows the best secret routes.

When: Every Friday.

We meet on the sun terrace at 8.20 am and fortify ourselves with a cup of 'Oberlech herbal tea' from our herb kitchen. We set off for the small castle at 8.30 am.

Where: At the Kriegeralpe

Registration: Please register the day before. At reception or in the evening at the castle restaurant

with our team.

Good to know: External guests or non-hikers are of course also welcome to have breakfast at the

'little castle'. The Kriegeralpe is just 10 minutes from the Petersbodenbahn cable car.

Reservation under: +43 664 44 22 697 | info@kriegeralpe.com

#### 08:45 Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhus

#### 09:45 Lech Card - The geopath excursion

Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.

Duration: approx. 3 hours

Registration: the day before by 5 p.m. at info@lechzuers.com or

https://anmeldung.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting place: Rüfiplatz Lech





# Friday, 22.08.2025

09:45 Lech Card Childrens programme - Games day at swimming pool or climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

https://www.mylechcard.at/en/registration/

Tel.: +43 5583 2161

Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech

10:00 Lech Card - Waterworkshop for Families

Meeting point: 10 am Rüfiplatz Duration: approx. 4 hours

Registration: online or phone: +43 5583 2161-0

Please bring your Lech Card with you to the meeting point

14:00 - 18:00 Small-caliber rifle

For guests, emplyees and locals

Time: 2 pm - 6 pm

Location: Schützenheim Lech

14:00 Werklerei Lech

Original products made in Lech

Opening hours:

Tuesdays from 2 pm to 4 pm

Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm

Fridays from 2 pm to 4 pm Where: Raiffeisenbank Lech

15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:00 Without costume and music

When you hear 'hut evening', you quickly think of ski boots and après-ski. But a rustic hut party in summer is just as marvellous. On days when it's light for a long time and you can still stand in the meadow with a beer. And later, with a belly full of regional delicacies and ears full of music, you can

gaze up at the starry sky.

WHEN?

22 August 2025 from 5 pm WHERE?

2000 metres high above the world: on the Kriegeralpe.

GOOD TO KNOW: Registration required. External guests can take part for €68. More information is available at the castle reception, by phone (+43 5583 2291) or by email: info@burghotel-lech.com.



## Friday, 22.08.2025

18:00 - 19:00 **EVENING RELAX** 

Evening yoga with a short, guided meditation for a relaxing evening.

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: €15.00 per unit for external participants

Where: Burg Hotel Lech am Arlberg

18:00 Fondue evening at the Rüfikopf Panorama restaurant

Exclusive evening enjoyment at 2,350 metres

Every Friday there is a fondue evening on the Rüfikopf with cable car ride.

Price: €68 (without drinks)

Meeting point: 18:00 at the Rüfikopf cable car

Cable car rides throughout: from 18:00 to 21:30 (last ride)

Booking: Panoramarestaurant Rüfikopf until 15:00 (+43 5583 2336 278) Book a table now at: https://rufikopf.simply-olivia.restaurant/reservations

18:00 Rüfikopf adventure evening

Exclusive ascent from 6 pm every half hour with the

hour with the Rüfikopf cable car

Valley ride: every half an hour until 09.30 pm

Free for Lech Card holders

No registration required! Cancellation in case of strong wind, precipitation or danger of

thunderstorms!

Location: Panoramic restaurant Rüfikopf

18:15 - 19:15 Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing

hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the

Sonnenburg reception before the session.



Events 15.08.2025 - 22.08.2025

## Friday, 22.08.2025

## 20:00 FEDERSPIEL "Blasmusik losgelöst von Erwartungshaltungen"

FEDERSPIEL 'Brass music detached from expectations'. 20 years of Federspiel – time to celebrate! Two decades full of music, friendship and unforgettable moments on and behind the stage. As an artistic heavyweight with feather-light compositions in its repertoire, the ensemble has long been performing on major concert stages worldwide. In hundreds of concerts from the Elbphilharmonie to the Vienna Konzerthaus, Federspiel has developed its own musical language at the intersection of tradition and modernity, establishing itself as one of the most innovative ensembles on the European brass music scene. With new compositions in the typical Federspiel sound, but of course also with favourite pieces and anecdotes from times gone by, Federspiel is celebrating its anniversary as a festival for itself and its audience.

Looking back together, reminiscing and yet joyfully embracing the future!

Where: Lechwelten

Tickets: Available online or at the box office Adults: EUR 52.00 (EUR 55.00 at the box office)

Children and young people up to 16 years of age: EUR 37.00 (EUR 40.00 at the box office)

## Skyspace- Lech Tour

20:10

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turell.

Price: €15,- per person

Tickets: online https://shop.mtms.at/organizer/tvb-lechzuers-admin/tickets/skyspace-fuehrungen-

sommer-2025

Location: Skyspace-Lech