

Events 25.07.2025 - 01.08.2025

Friday, 25.07.2025

Arlberger Music Festival

After almost eight years, the magnificent Arlberg Music Festival is returning to Lech. Join the traditional band and the Lech fire brigade in celebrating what promises to be another legendary festival with musical and culinary highlights, a fantastic atmosphere, two parades this time, and incredibly generous festival guides!

For the programme: <https://www.trachtenkapelle-lech.com/72-arlberger-musikfest/>

Where: Festival tent at the Schlosskopf car park, Lech

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

08:20

Mountain breakfast

Feasting at 2,000 metres above sea level and then doing 'a little something' for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the marvellous natural surroundings. Alone or with our hiking guide, who knows the best secret routes.

When: Every Friday.

We meet on the sun terrace at 8.20 am and fortify ourselves with a cup of 'Oberlech herbal tea' from our herb kitchen. We set off for the small castle at 8.30 am.

Where: At the Kriegeralpe

Registration: Please register the day before. At reception or in the evening at the castle restaurant with our team.

Good to know: External guests or non-hikers are of course also welcome to have breakfast at the 'little castle'. The Kriegeralpe is just 10 minutes from the Petersbodenbahn cable car.

Reservation under: +43 664 44 22 697 | info@kriegeralpe.com

08:45

Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhus

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- 09:45 Lech Card - The geopath excursion**
Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.
Duration: approx. 3 hours
Registration: the day before by 5 p.m. at info@lechzuers.com or <https://anmeldung.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting place: Rüfiplatz Lech
- 09:45 Lech Card Childrens programme - Games day at swimming pool or climbing**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 10:00 Lech Card - Waterworkshop for Families**
Meeting point: 10 am Rüfiplatz
Duration: approx. 4 hours
Registration: online or phone: +43 5583 2161-0
Please bring your Lech Card with you to the meeting point
- 10:30 Element Light - Soundbath & Chanten**
Let yourself be carried by healing sounds and experience the transformative power of the voice. Vibrating frequencies and chanting together harmonise body and mind - for deep relaxation and inner radiance.
Price: 18,00 € per person
Where: Hotel Goldener Berg
- 14:00 - 18:00 Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 14:00 Werklerei Lech**
Original products made in Lech
Opening hours:
Tuesdays from 2 pm to 4 pm
Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
Fridays from 2 pm to 4 pm
Where: Raiffeisenbank Lech

Events 25.07.2025 - 01.08.2025**Friday, 25.07.2025****15:00 - 18:00****Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:30 - 18:30**Afternoon yoga**

Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.

Whenever the weather permits, yoga takes place outdoors.

Price: 18,00 € per person

Where: Hotel Goldener Berg

18:00 - 19:00**EVENING RELAX**

Evening yoga with a short, guided meditation for a relaxing evening.

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: € 15.00 per unit for external participants

Where: Burg Hotel Lech am Arlberg

18:00**Fondue evening at the Rüfikopf Panorama restaurant**

Exclusive evening enjoyment at 2,350 metres

Every Friday there is a fondue evening on the Rüfikopf with cable car ride.

Price: € 68 (without drinks)

Meeting point: 18:00 at the Rüfikopf cable car

Cable car rides throughout: from 18:00 to 21:30 (last ride)

Booking: Panoramarestaurant Rüfikopf until 15:00 (+43 5583 2336 278)

Book a table now at: <https://rufikopf.simply-olivia.restaurant/reservations>**18:00****Rüfikopf adventure evening**

Exclusive ascent from 6 pm every half hour with the hour with the Rüfikopf cable car

Valley ride: every half an hour until 09.30 pm

Free for Lech Card holders

No registration required! Cancellation in case of strong wind, precipitation or danger of thunderstorms!

Location: Panoramic restaurant Rüfikopf

18:15 - 19:15**Yoga at the Sonnenburg**

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

Events 25.07.2025 - 01.08.2025

Friday, 25.07.2025

- 18:30** **Arlberger Music Festival - Parade on Friday**
 Start: 6:30 p.m. at Hus No. 8, Hotel Roggal, parade to the Schlosskopf turning point followed by a lawn show by the Vorarlberg military band.
 Followed by the opening ceremony with flag procession and joint performance by all bands.
 Opening concert with the St. Anton am Arlberg band, followed by a marquee atmosphere with Allgäuwild.
- 20:55** **Skyspace-Lech Tour**
 During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell.
 Price: € 15,- per person
 Tickets: online <https://shop.mtms.at/organizer/tvb-lechzuers-admin/tickets/skyspace-fuehrungen-sommer-2025>
 Location: Skyspace-Lech
- 21:15** **Walk like an Egyptian**
 We understand the art of entertainment - and know that good music is the key to any memorable party. That's why we play every Friday. Live, from different bands. And always under a different motto: from Italo classics and pop hits to pop songs, everything is represented here. So that everyone gets the chance to sing and dance along to their heart's content.
 WHEN? Every Friday from 21:15 with live band
 WHERE? Burg evening bar

Saturday, 26.07.2025

Arlberger Music Festival

After almost eight years, the magnificent Arlberg Music Festival is returning to Lech. Join the traditional band and the Lech fire brigade in celebrating what promises to be another legendary festival with musical and culinary highlights, a fantastic atmosphere, two parades this time, and incredibly generous festival guides!

For the programme: <https://www.trachtenkapelle-lech.com/72-arlberger-musikfest/>

Where: Festival tent at the Schlosskopf car park, Lech

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

Events 25.07.2025 - 01.08.2025

Saturday, 26.07.2025

- 08:00 - 09:00** **Morning Yoga followed by good morning meditation**
Yoga Morning session 8 am - 9.15 am
Price per person: € 18,-
Registration at: happy@goldenerberg.at
Where: Hotel Goldener Berg
- 08:30 - 09:30** **YOGA & PILATES am Berg**
Yoga & Pilates in nature with a focus on the pelvic floor
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg
- 15:00** **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
When: Thursday - Sunday 3 pm - 6 pm
Admission: voluntary donation
Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240
Location: Huber-Hus
- 16:30** **Element Earth - Alpine bathing with Yoga**
We connect with the element of earth during mindful Alpine bathing - a conscious immersion in alpine nature with all our senses.
Surrounded by forests, meadows and fresh mountain air, we feel the power of the earth and come fully into the moment.
Afterwards, we let the effects of this experience sink in during a gentle yoga session - for inner peace and new grounding.
Price: 18,00 € per person
Where: Hotel Goldener Berg
- 17:00** **Reading for children with Carl-Christian Elze**
Carl-Christian Elze reads (in German) from his new children's book "William und der Fliegenkönig".
Where: Hotel Sonnenburg
Registration: directly at events@sonnenburg.at or at the Sonnenburg reception desk.
Participation in the reading is free of charge for Sonnenburg hotel and restaurant guests.
- 18:00** **Balm Sunset BBQ**
Every Saturday evening - Enjoy the most beautiful sunsets and breathtaking panoramic views every Saturday evening in July and August.
Delicious meat specialities from the grill await you at the top
If you prefer meatless, you're sure to find what you're looking for on the menu
Train journey included for Lech Card holders
The last train leaves for the valley at 9.30 pm
Further information at: www.balmalp.at and at www.lech-bergbahnen.at
- 18:00 - 19:00** **EVENING WEEKEND SPECIAL**
Yoga, Breathing and Tapping E.F.T.
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg

Events 25.07.2025 - 01.08.2025

Saturday, 26.07.2025

18:15 - 19:15

Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

18:30

Weekly barbecue evening at the Hotel Krone

Weekly barbecue evening at the Hotel Krone - every Saturday from 6.30 pm Warm summer evenings, fine barbecue flavours and a view of the mountains: Every Saturday from 6.30 pm we cordially invite you to a barbecue evening at the Hotel Krone. Enjoy freshly prepared specialities from the grill - from tender meat and fresh fish to fine vegetarian delicacies. Our kitchen team will spoil you with a varied selection of grilled dishes and sophisticated side dishes - accompanied by fine wines and cool drinks from our bar. Location: Sun terrace or round hall in the Romantik Hotel Krone

21:30

Las Vegas à la Burg

Cocktail, dinner jacket, poker face: Our partners from Fox Club bring Las Vegas to our new lobby. In a James Bond-worthy atmosphere, three professional croupiers, two roulette tables and a blackjack table await all those who want to challenge their luck. For every drink ordered at the evening bar, there are chips to get you started.

WHEN?

June: 28.06.

July: 12.07. | 26.07.

September: 06.09. | 20.09.

October: 04.10.

WHERE? At the castle evening bar

GOOD TO KNOW All guests aged 16 and over are welcome to take part. We are not playing for cash, but for non-cash prizes and experiences: From a bottle of castle cuvée to two free nights at the castle.

Sunday, 27.07.2025

Arlberger Music Festival

After almost eight years, the magnificent Arlberg Music Festival is returning to Lech. Join the traditional band and the Lech fire brigade in celebrating what promises to be another legendary festival with musical and culinary highlights, a fantastic atmosphere, two parades this time, and incredibly generous festival guides!

For the programme: <https://www.trachtenkapelle-lech.com/72-arlberger-musikfest/>

Where: Festival tent at the Schlosskopf car park, Lech

Events 25.07.2025 - 01.08.2025**Sunday, 27.07.2025****07:30 - 10:30****The scent of croissants and melting butter**

We dare to say that our classic breakfast is already quite appealing - but if you plan your visit to us including Sunday, you can expect special morning happiness: because every other week there are additional changing delicacies. Fragrant croissants, juicy cinnamon buns and delicious surprises from the kitchen team. Our service team also serves special types of bread.

WHEN? June: 29.06.

July: 13.07. | 27.07.

August: 10.08. | 24.08.

September: 07.09. | 21.09.

October: 05.10.

WHERE? In the Burg Restaurant or on our sun terrace in fine weather.

GOOD TO KNOW: We recommend that external guests book in advance. At the castle reception, by phone or by e-mail: info@burghotel-lech.com.

07:45 - 08:45**Yoga at the Sonnenburg**

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00**Strong back - clear head with Laura**

Our physiotherapist Laura will take you on a journey along your back - from your neck down to your hips. Together you will strengthen the deep muscles, improve the mobility of the spine and finish the session with soothing stretching exercises.

A few familiar yoga poses are incorporated, but this is not a classic yoga flow. The focus is on functional movements, conscious body awareness and practical exercises that can be easily integrated into everyday life.

Price: 18,00 € per person

Where: Hotel Goldener Berg

08:30 - 09:30**WAKE UP YOGA**

Energising morning practice with breathing and yoga

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

Events 25.07.2025 - 01.08.2025

Sunday, 27.07.2025

- 09:45** **Lech Card - Family Programme Canyoning**
Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161
Meeting point: 9.45 am at the Arlberg Alpin office Filomena
After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.
To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon
Age: from 8 years
Swimming skills required
- 10:00** **Balm Brunch**
Every Sunday in July & August Brunch awaits you on the large sun terrace with panoramic views of the surrounding mountains and the Zug Valley. Enjoy relaxed breakfast classics, regional products and hot dishes.
Every Sunday from 10 am - 1 pm
Price including hot drink and juice: € 22.00
- 11:00** **Invitation to a morning pint with live music**
A Sunday full of enjoyment, music and socialising
We cordially invite you to spend an atmospheric morning with us:
At the traditional morning pint with live music, you can expect savoury delicacies, cool beer and the rousing sounds of Gegi Gabriel, who will provide the best entertainment with his charm, voice and Styrian harmonica.
Date: 27.07.2025
Start: from 11 am
Location: Terrace of the Romantik Hotel Die Krone von Lech
- 11:00** **Smoked fish**
On Sundays and as long as the pre-smoked stock lasts, there are freshest char and trout from the Zürsersee lake.
Where: Seekopfrestraurant
When: 11 am - 3 pm
- 13:30** **Arlberger Music Festival - Parade on Sunday**
Start: 1:30 p.m. at Hus No. 8, Hotel Roggal, parade to the festival tent at the Schlosskopf car park. This is followed by the flag-raising ceremony and the overall performance of all the bands, followed by musical entertainment with Lesanka Deluxe.
- 15:00 - 18:00** **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
Open the lens! Photography on the Arlberg
When: 3 pm - 6 pm
Admission: voluntary donation
Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240
Location: Lechmuseum Huber-Hus

Events 25.07.2025 - 01.08.2025**Sunday, 27.07.2025****18:00 - 19:00****GENTLE EVENING PRACTICE**

Gentle yoga and breathing to calm the nervous system and prepare for the evening.

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

20:30**Reading with Janin Wölke**

Where: Library, Hotel Sonnenburg

Time: 8:30 p.m.

The reading is free of charge for guests of the Sonnenburg Hotel and Restaurant. If you are only attending the reading, there is an admission fee of €5.00 per person. You can pay this amount directly at the Sonnenburg reception desk before the event.

Monday, 28.07.2025**08:00****Strong centre - Gentle & stable with Laura**

A strong centre creates balance - in the body and in life. In this mindful session with Laura, the focus is on gently strengthening the centre of the body. Elements from Pilates are combined with conscious breathing and stabilising exercises to create a beneficial workout for the abdomen, back and pelvic floor. Core training is not a classic fitness session - rather an invitation to gently activate the deep muscles, improve posture and strengthen inner stability. Ideal for anyone who wants to bring more strength and stability into their everyday life with ease and mindfulness.

Price: 18.00 € per person

Where: Hotel Goldener Berg

09:30**Lech Card - E-Bike "Improve your skills"**

Please take your own e-bike with you, otherwise these can also be rented from our sport shops.

Duration: about 2 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.30 am, Dorfhus

09:30**Lech Card - Herbs hiking tour**

The certified herbalist and hiking guide Veronika Walch takes you into the exciting world of Lech's mountain herbs.

Duration: approx. 3 hours

Registration: the day before online by 5 pm at info@lechzuers.com or

<https://anmeldung.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting place: Rüfiplatz Lech

09:45**Lech Card - Family Program Climbing**

Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161

Participation is only possible with prior registration.

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

Events 25.07.2025 - 01.08.2025**Monday, 28.07.2025**

- 09:45** **Lech Card Childrens programme - Games day at swimming pool or Gipsis Rätselweg**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 14:00 - 18:00** **Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 18:00** **Mussel Monday - Enjoy Monday**
Start the week with pleasure: every Monday (from 6.00 pm) we serve fresh mussels in 'Pfefferkörndl'.
A fine glass of wine rounds off the evening perfectly...
Including glass of wine € 27.90

Tuesday, 29.07.2025

- 08:00 - 09:00** **Morning Yoga followed by good morning meditation**
Yoga Morning session 8 am - 9.15 am
Price per person: € 18,-
Registration at: happy@goldenerberg.at
Where: Hotel Goldener Berg
- 08:30 - 09:30** **DETOX MORNING FLOW**
Katonah Yoga with a focus on twists
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg
- 08:45** **Lech Card - Pilates with Uli Alber**
Pilates exercises to increase coordination, stamina and concentration with Uli Alber
Mats can be rented from Lech Zürs Tourismus
In case of bad weather it will take place at the sport.park.lech
Duration: 2-3 Stunden
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office
Meeting point: 8.45 am Dorfhüs

Events 25.07.2025 - 01.08.2025

Tuesday, 29.07.2025

- 09:30 Lech Card - E-Bike "Practice your skills"**
Please take your own E-Bike with you, otherwise these can also be rented from our sport shops.
Duration: about 4 hours
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: Dorfhus
- 09:45 Lech Card - Family Programme Canyoning**
Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161
Meeting point: 9.45 am at the Arlberg Alpin office Filomena
After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.
To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon
Age: from 8 years
Swimming skills required
- 09:45 Lech Card Childrens programme - Archery or canyoning**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/> Tel.:+43 5583 2161
After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.
Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
- 10:30 Element of water - mindful hike with Kneipp therapy and meditation**
Price: € 18,00 per person
Registration: please register by 8 pm the day before
Where: Hotel Goldener Berg
- 11:00 Balm Make your Pizza - every Tuesday**
Every Tuesday at the Balmalp, everything revolves around pizza.
In addition to the classics on the menu, the hut pizza and magherita, you can have your own pizza made on this day. There are no limits to your imagination here.
Contact Balmalp: T +43 5583 3312
Zuggerbergbahn operating hours: 9 am - 5 pm
- 11:00 Hearty with heart**
Cheese dumplings according to our family recipe.
Nothing but flour, eggs and salt, say some. A dish that tastes like home and love, say others. For the latter, we offer our spaetzle - or, as we call it here, "Käsknöpfle" - every Tuesday.
When? July: 01.07. | 08.07. | 15.07. | 22.07. | 29.07.
August: 05.08. | 12.08. | 19.08. | 26.08.
September: 02.09. | 09.09. | 16.09. | 23.09. | 30.09.
Where? In the mountain hut ambience of our "little Burg", where hearty food tastes best: on the Kriegeralpe.

Events 25.07.2025 - 01.08.2025

Tuesday, 29.07.2025

- 14:00** **Werklerei Lech**
Original products made in Lech
Opening hours:
Tuesdays from 2 pm to 4 pm
Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
Fridays from 2 pm to 4 pm
Where: Raiffeisenbank Lech
- 16:00** **Rote Wand Cookery Class Cookbook**
In our Rote Wand Cookery Classes, Jamie Unshelm gives an inspiring introduction to the new Rote Wand Culinary Lab cookery book. Together we cook one or two dishes from it and then enjoy a small menu in a convivial atmosphere.
Price per person: € 150
incl. cookery class, menu and wine or drinks accompaniment*
*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.
Time: Tuesday 4 pm
Registration at: gasthof@rotewand.com
Where: Gasthof Hotel Rote Wand, Zug
- 17:30 - 18:30** **Afternoon yoga**
Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
Whenever the weather permits, yoga takes place outdoors.
Price: 18,00 € per person
Where: Hotel Goldener Berg
- 18:00 - 19:00** **MOVE, BREATHE, REST**
Yoga, breathing exercises and a short guided meditation.
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg

Wednesday, 30.07.2025

- 07:45 - 08:45** **Yoga at the Sonnenburg**
Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.
When: Wednesday to Sunday, from 7.45 to 8.45 a.m.
Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.
Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
Where: Hotel Sonnenburg

Events 25.07.2025 - 01.08.2025

Wednesday, 30.07.2025

- 08:00 - 09:00** **Morning Yoga followed by good morning meditation**
Yoga Morning session 8 am - 9.15 am
Price per person: € 18,-
Registration at: happy@goldenerberg.at
Where: Hotel Goldener Berg
- 08:30 - 09:30** **WAKE UP FLOW**
Vinyasa yoga to start the day.
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg
- 09:45** **Lech Card Kids programme- Climbing or Gipsis Rätselweg**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.
Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech
- 10:00** **Lech Card: Zugertal hike**
We take the bus to Äpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama.
When: Wednesday
Meeting point: 10 am at the Rüfplatz
Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0
- 11:00** **Lech Card - Shinrin Yoku in Lech**
Shinrin Yoku in Lech with Carolin Feigenspan
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/>
Tel.: +43 55832161
Price for non Lech Card owners: € 50,- per person, the tickets can be bought at the tourist office
Meeting point: Rüfplatz square Lech
- 13:00 - 21:00** **Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214

Events 25.07.2025 - 01.08.2025

Wednesday, 30.07.2025

14:00 - 18:00

Small-caliber rifle

For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech

16:00

Nada Brahma Meditation mit Daniela Pfefferkorn

This gentle, vibrating meditation from the OSHO tradition helps to harmonize body and mind. Humming sounds and flowing hand movements create deep relaxation and inner balance. Ideal for letting go and recharging your batteries.
Time: 4 pm - 5 pm
Price: € 18,-
Registration: happy@goldenerberg.at or T.: +43 5583 220 50

17:30 - 18:30

Afternoon yoga

Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
Whenever the weather permits, yoga takes place outdoors.
Price: 18,00 € per person
Where: Hotel Goldener Berg

18:00 - 19:00

EVENING UNWIND

Gentle Flow and Tapping E.F.T.
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg

18:00

Le Grand Table at LE CHALET

Le Grand Table at LE CHALET in Oberlech
Le Chalet in Oberlech is the stage for great experiences. This summer we would like to invite you to share these experiences with us. We have come up with several themed evenings for this summer and are entering the second round on 30 July with an evening inspired by South Tyrol.
Menu 89,- €
Menu incl. wine accompaniment 149,- €
We will be eating together at a table of 14. Space is therefore limited. Please book early and arrive on time.
Only with reservation under: 0664 6414187 or welcome@lechalet.at
Where: LE CHALET - Luxury Hideaway, Oberlech

Events 25.07.2025 - 01.08.2025**Wednesday, 30.07.2025****18:15 - 19:15****Yoga at the Sonnenburg**

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

18:30 - 21:00**A cultural treat**

Your tasty journey starts off with favorite appetizers from all around the world.

What better way to create a menu than to use the fact that our chefs come from all around the world. Every week our team of chefs present typical dishes of their home countries as well as their own favorite culinary gems at the appetizer buffet. That way, cultural exchange and culinary delights go hand in hand.

When? July: 02.07. | 09.07. | 16.07. | 23.07. | 30.07.

August: 06.08. | 13.08. | 20.08. | 27.08.

September: 03.09. | 10.09. | 17.09. | 24.09.

October: 01.10. | 08.10.

Where? Burg Restaurant

18:30**Rote Wand Masterclass**

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu consisting of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Every Wednesday

Price: €180 per person, incl. masterclass, menu and wine or beverage accompaniment*

*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Start: 6.30 pm

Registration: gasthof@rotewand.com

18:45**Element Fire - Fire ceremony**

The element of fire stands for transformation, power and passion. In this special fire ceremony, you have the opportunity to let go of the old and make room for the new. Fire symbolises change and renewal - a ritual that helps you to burn away inner blockages and nourish your visions with new energy.

Price: 30,00 € per person

Where: Hotel Goldener Berg

Events 25.07.2025 - 01.08.2025**Thursday, 31.07.2025****07:45 - 08:45****Yoga at the Sonnenburg**

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:30 - 09:30**AWAKEN & ALIGN**

Energizing morning practice and breathing.

Registration: info@burghotel-lech.com or +43 5583 2291

Cost: € 15.00 per session for external participants

Where: Burg Hotel Lech am Arlberg

08:30**Werklerei Lech**

Original products made in Lech

Opening hours:

Tuesdays from 2 pm to 4 pm

Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm

Fridays from 2 pm to 4 pm

Where: Raiffeisenbank Lech

09:00**Lech Card - Lech spring water hike**

Hike along springs, waterfalls & moors with Caolin Feigenspan

Duration: 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: € 25 per person, tickets can be bought at the tourist office

Meeting point: 9 am Rüfiplatz square Lech

09:45**Lech Card Childrens programme - Archery or canyoning**

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/> Tel.: +43 5583 2161

After 17:00, late registrations are only possible directly via Arlberg Alpin until 6:30 p.m. They will check whether there are still places and equipment available.

Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech

Events 25.07.2025 - 01.08.2025

Thursday, 31.07.2025

- 10:00 Lech Card - Gipslöcher Tour**
Join us on a guided hike through the unique Gipslöcher nature reserve in Oberlech, a true natural gem nestled in the heart of Oberlech.
Meeting Point: Dorfhus, 10:00 a.m.
Duration: approx. 2.5 hours
Difficulty Level: easy to moderate, suitable for families with nature-loving children
What to Bring: sturdy footwear, weather-appropriate clothing, water bottle
Registration: online or with Lech Zürs
- 10:30 Lech Card - swim training**
The newly designed Waldschwimmbad is ideal for a varied swim training.
The children move from the sports pool to the fitness pool to the water slide and do exciting exercises.
Swimming skills required! If you have any questions, our swim guide Dirk is available: +49 151 5246 3353 or dirk@agentur-nanni.de
Duration: approx. 3 hours
Registration: by 5 pm the day before at info@lechzuers.com, <https://anmeldung.mylechcard.at/?htacc=programm&lang=de> or +43 5583 2161
Meeting place: Forest swimming pool
Time: 10.30 am
- 11:00 Air elements alpine bathing**
Price: € 18,00 per person
Registration: please register by 8 pm the day before
Where: Hotel Goldener Berg
- 11:00 - 17:00 Tannberg Market**
Delicious local products and craftsmanship
Location: Rüfiplatz square Lech
- 11:30 Pre lunch drink with LIVE-music on the Rüfikopf**
Culinary delights include Austrian specialties on the large sun terrace of the Rüfikopf panorama restaurant.
Takes place in July and August in all weathers!
Time: from 11.30 am
Location: Panoramarestaurant Rüfikopf
- 13:00 - 21:00 Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureiolech.com Tel.: +43 5583 2214

Events 25.07.2025 - 01.08.2025

Thursday, 31.07.2025

- 18:00** **Dry Aged Steakabend**
Stakes hung and matured under ideal conditions. Fully aromatic in flavour, firm to the bite and particularly tender on the tongue, T-bone - porterhouse - fillet steak & co are prepared for you.
Time: from 6 pm
Information and reservation under +43 5583 41825 or office@rud-alpe.at www.rud-alpe.at
Where: Rud-Alpe
- 18:00** **Fire & Flame in the Pfefferkörndl**
FIRE & FLAME in the 'Pfefferkörndl'
A sweet highlight on the Arlberg. For all those who want to round off the evening with a special treat: Crêpe Suzette every Thursday from 6 pm on our terrace.
Crêpe € 12,00
- 18:00 - 19:00** **GENTLE EVENING FLOW**
Registration: info@burghotel-lech.com or +43 5583 2291
Cost: € 15.00 per session for external participants
Where: Burg Hotel Lech am Arlberg
- 18:15 - 19:15** **Yoga at the Sonnenburg**
Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.
When: Wednesday to Saturday, from 6.15 to 7.15 pm.
Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.
Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
Where: Hotel Sonnenburg
- 18:30 - 21:00** **Between fondue fork and barbecue cutlery**
At the Burg there is no need to choose when it comes to what to indulge in next. Because two of our famous culinary classics alternate weekly: barbecue and fondue. The latter can be enjoyed on the sun terrace or at Helga's Fondue Stüberl. And of course we not only serve the cheese fondue but also a brothy alternative with meat.
Fondue evening -
When? July: 03.07. | 17.07. | 31.07.
August: 28.08.
September: 11.09. | 25.09.
October: 09.10.
Where? The fondue will be served in the Fondue Stüberl. If the weather permits it, it can also be enjoyed on the sun terrace.

Events 25.07.2025 - 01.08.2025

Thursday, 31.07.2025

18:30

Friends and Fools Dinner Club

Every Thursday, Jamie Unshelm, head of the Rote Wand Culinary Lab, creates an exciting 6-course menu together with his team. Accompanied by perfectly matched wines and our homemade drinks, the evening becomes a culinary experience.

Every Thursday, 6.30 pm

Price: €180 per person incl. menu and wine or beverage accompaniment*

* We only offer a wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Registration at: gasthof@rotewand.com

Where: Gasthof Hotel Rote Wand, Zug

Friday, 01.08.2025

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:20

Mountain breakfast

Feasting at 2,000 metres above sea level and then doing 'a little something' for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the marvellous natural surroundings. Alone or with our hiking guide, who knows the best secret routes.

When: Every Friday.

We meet on the sun terrace at 8.20 am and fortify ourselves with a cup of 'Oberlech herbal tea' from our herb kitchen. We set off for the small castle at 8.30 am.

Where: At the Kriegeralpe

Registration: Please register the day before. At reception or in the evening at the castle restaurant with our team.

Good to know: External guests or non-hikers are of course also welcome to have breakfast at the 'little castle'. The Kriegeralpe is just 10 minutes from the Petersbodenbahn cable car.

Reservation under: +43 664 44 22 697 | info@kriegeralpe.com

08:45

Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhüs

Events 25.07.2025 - 01.08.2025

Friday, 01.08.2025

- 09:45** **Lech Card Childrens programme - Games day at swimming pool or climbing**
 Children between 5 and 14 years
 Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
 Tel.: +43 5583 2161
 Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 10:00** **Lech Card - Waterworkshop for Families**
 Meeting point: 10 am Rüfiplatz
 Duration: approx. 4 hours
 Registration: online or phone: +43 5583 2161-0
 Please bring your Lech Card with you to the meeting point
- 13:00 - 21:00** **Alpine Picnic at Aurelio**
 Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
 Start: 3 pm
 Where: Hotel Aurelio
 Registration / Reservation: office@aureiolech.com Tel.: +43 5583 2214
- 14:00** **Werklerei Lech**
 Original products made in Lech
 Opening hours:
 Tuesdays from 2 pm to 4 pm
 Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
 Fridays from 2 pm to 4 pm
 Where: Raiffeisenbank Lech
- 18:00 - 19:00** **EVENING RELAX**
 Evening yoga with a short, guided meditation for a relaxing evening.
 Registration: info@burghotel-lech.com or +43 5583 2291
 Cost: € 15.00 per unit for external participants
 Where: Burg Hotel Lech am Arlberg
- 18:00** **Fondue evening at the Rüfikopf Panorama restaurant**
 Exclusive evening enjoyment at 2,350 metres
 Every Friday there is a fondue evening on the Rüfikopf with cable car ride.
 Price: € 68 (without drinks)
 Meeting point: 18:00 at the Rüfikopf cable car
 Cable car rides throughout: from 18:00 to 21:30 (last ride)
 Booking: Panoramarestaurant Rüfikopf until 15:00 (+43 5583 2336 278)
 Book a table now at: <https://rufikopf.simply-olivia.restaurant/reservations>

Events 25.07.2025 - 01.08.2025**Friday, 01.08.2025**

- 18:00** **Rüfikopf adventure evening**
Exclusive ascent from 6 pm every half hour with the hour with the Rüfikopf cable car
Valley ride: every half an hour until 09.30 pm
Free for Lech Card holders
No registration required! Cancellation in case of strong wind, precipitation or danger of thunderstorms!
Location: Panoramic restaurant Rüfikopf
- 18:15 - 19:15** **Yoga at the Sonnenburg**
Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.
When: Wednesday to Saturday, from 6.15 to 7.15 pm.
Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.
Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
Where: Hotel Sonnenburg
- 18:30** **Murder mystery dinner at WeinRestaurant Achtele with Andreas Wagner**
Reading in the context of an exciting mystery dinner at Hotel Stäfel
Andreas Wagner winemaker and author

Price: € 88,- incl. reading, food and wine accompaniment
Time: 6.30 pm
Registration: info@staefeli.at
- 18:30** **Table magic and card art**
A magician visits us on two close-up magic evenings. He goes from table to table in the evening and impresses with his artistry at close quarters in the restaurant.
WHEN? Friday, 01 August 2025
WHERE? In the Burg Restaurant
GOOD TO KNOW: We recommend booking a table in advance.
- 20:45** **Skyspace-Lech Tour**
During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell.
Price: € 15,- per person
Tickets: online
Location: Skyspace-Lech
Language: German
- 21:15** **Walk like an Egyptian**
We understand the art of entertainment - and know that good music is the key to any memorable party. That's why we play every Friday. Live, from different bands. And always under a different motto: from Italo classics and pop hits to pop songs, everything is represented here. So that everyone gets the chance to sing and dance along to their heart's content.
WHEN? Every Friday from 21:15 with live band
WHERE? Burg evening bar