

Events 11.07.2025 - 17.07.2025

Friday, 11.07.2025

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

08:20

Mountain breakfast

Feasting at 2,000 metres above sea level and then doing 'a little something' for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the marvellous natural surroundings. Alone or with our hiking guide, who knows the best secret routes.

When: Every Friday.

We meet on the sun terrace at 8.20 am and fortify ourselves with a cup of 'Oberlech herbal tea' from our herb kitchen. We set off for the small castle at 8.30 am.

Where: At the Kriegeralpe

Registration: Please register the day before. At reception or in the evening at the castle restaurant with our team.

Good to know: External guests or non-hikers are of course also welcome to have breakfast at the 'little castle'. The Kriegeralpe is just 10 minutes from the Petersbodenbahn cable car.

Reservation under: +43 664 44 22 697 | info@kriegeralpe.com

08:30

Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office

Meeting point: 8.30 am Dorfhus

Events 11.07.2025 - 17.07.2025

Friday, 11.07.2025

- 09:45 Lech Card - The geopath excursion**
Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.
Duration: approx. 3 hours
Registration: the day before by 5 p.m. at info@lechzuers.com or <https://anmeldung.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting place: Rüfiplatz Lech
- 09:45 Lech Card Childrens programme - Games day at swimming pool or climbing**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 10:00 Lech Card - Waterworkshop for Families**
Meeting point: 10 am Rüfiplatz
Duration: approx. 4 hours
Registration: online or phone: +43 5583 2161-0
Please bring your Lech Card with you to the meeting point
- 10:30 Element Light - Soundbath & Chanten**
Let yourself be carried by healing sounds and experience the transformative power of the voice. Vibrating frequencies and chanting together harmonise body and mind - for deep relaxation and inner radiance.
Price: 18,00 € per person
Where: Hotel Goldener Berg
- 14:00 - 18:00 Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 14:00 Werklerei Lech**
Original products made in Lech
Opening hours:
Tuesdays from 2 pm to 4 pm
Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
Fridays from 2 pm to 4 pm
Where: Raiffeisenbank Lech

Events 11.07.2025 - 17.07.2025

Friday, 11.07.2025

15:00 - 18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:30 - 18:30

Afternoon yoga

Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.

Whenever the weather permits, yoga takes place outdoors.

Price: 18,00 € per person

Where: Hotel Goldener Berg

18:00

Fondue evening at the Rüfikopf Panorama restaurant

Exclusive evening enjoyment at 2,350 metres

Every Friday there is a fondue evening on the Rüfikopf with cable car ride.

Price: €68 (without drinks)

Meeting point: 18:00 at the Rüfikopf cable car

Cable car rides throughout: from 18:00 to 21:30 (last ride)

Booking: Panoramarestaurant Rüfikopf until 15:00 (+43 5583 2336 278)

Book a table now at: <https://rufikopf.simply-olivia.restaurant/reservations>

18:00

Le Grand Table at LE CHALET

Le Chalet in Oberlech is the stage for great experiences. This summer we would like to invite you to share these experiences with us. We have come up with several themed evenings for this summer, starting on 11 and 14 July with an Asian-Thai inspired evening.

Menu 140,- € Menu incl. wine accompaniment 195,- €

We will be eating together at a table of 14. Space is therefore limited.

Please book early and arrive on time.

Only with reservation under: 0664 6414187 or welcome@lechalet.at

Where: LE CHALET - Luxury Hideaway, Oberlech

18:15 - 19:15

Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

Events 11.07.2025 - 17.07.2025

Friday, 11.07.2025

- 21:05 Skyspace- Lech Tour**
During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell
From 6 years on
Price: € 15,- per person, shuttle taxi € 10,-
Tickets: <https://shop.mtms.at/organizer/tvb-lechzuers-admin/tickets/skyspace-fuehrungen-sommer-2025>
Location: Skyspace-Lech
- 21:15 Walk like an Egyptian**
We understand the art of entertainment - and know that good music is the key to any memorable party. That's why we play every Friday. Live, from different bands. And always under a different motto: from Italo classics and pop hits to pop songs, everything is represented here. So that everyone gets the chance to sing and dance along to their heart's content.
WHEN? Every Friday from 21:15 with live band
WHERE? Burg evening bar

Saturday, 12.07.2025

- 07:45 - 08:45 Yoga at the Sonnenburg**
Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.
When: Wednesday to Sunday, from 7.45 to 8.45 a.m.
Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.
Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
Where: Hotel Sonnenburg
- 13:00 - 21:00 Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
- 15:00 Balm Grill & Chill Session**
The first Balm Grill & Chill Session will take place on the Balmalp on 12 July.
Everyone who wants to relax and enjoy the panorama on the sun terrace with BBQ specialities and musical entertainment is very welcome. It starts at 3 pm and if you like, you can stay until sunset.
The last cable car leaves for the valley at 9.30 pm. Vegetarians are also catered for and if you don't want anything from the BBQ, you are welcome to order from the menu. In bad weather, the party is held indoors.
Where: Balmalp

Events 11.07.2025 - 17.07.2025

Saturday, 12.07.2025

- 15:00** **Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
 When: Thursday - Sunday 3 pm - 6 pm
 Admission: voluntary donation
 Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240
 Location: Huber-Hus
- 16:00** **Element Earth - Silent Walk & Afternoon Yoga**
 Experience nature consciously and in silence. During the silent walk, you walk mindfully through the landscape, become more aware of sounds, scents and touch and connect with the earth beneath your feet.
 This is followed by a soothing yoga session in the forest or on the meadow - depending on the weather. The natural surroundings enhance the effect of the asanas, deepen your breathing and bring calm and strength to your body.
 Experience a deep connection with nature and with yourself.
 Price: 36,00 € per person
 Where: Hotel Goldener Berg
- 18:15 - 19:15** **Yoga at the Sonnenburg**
 Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.
 When: Wednesday to Saturday, from 6.15 to 7.15 pm.
 Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.
 Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
 Where: Hotel Sonnenburg
- 18:30** **Weekly barbecue evening at the Hotel Krone**
 Weekly barbecue evening at the Hotel Krone - every Saturday from 6.30 pm Warm summer evenings, fine barbecue flavours and a view of the mountains: Every Saturday from 6.30 pm we cordially invite you to a barbecue evening at the Hotel Krone. Enjoy freshly prepared specialities from the grill - from tender meat and fresh fish to fine vegetarian delicacies. Our kitchen team will spoil you with a varied selection of grilled dishes and sophisticated side dishes - accompanied by fine wines and cool drinks from our bar. Location: Sun terrace or round hall in the Romantik Hotel Krone
- 21:30** **Las Vegas à la Burg**
 Cocktail, dinner jacket, poker face: Our partners from Fox Club bring Las Vegas to our new lobby. In a James Bond-worthy atmosphere, three professional croupiers, two roulette tables and a blackjack table await all those who want to challenge their luck. For every drink ordered at the evening bar, there are chips to get you started.
 WHEN?
 June: 28.06.
 July: 12.07. | 26.07.
 September: 06.09. | 20.09.
 October: 04.10.
 WHERE? At the castle evening bar
 GOOD TO KNOW All guests aged 16 and over are welcome to take part. We are not playing for cash, but for non-cash prizes and experiences: From a bottle of castle cuvée to two free nights at the castle.

Events 11.07.2025 - 17.07.2025

Sunday, 13.07.2025

07:30 - 10:30

The scent of croissants and melting butter

We dare to say that our classic breakfast is already quite appealing - but if you plan your visit to us including Sunday, you can expect special morning happiness: because every other week there are additional changing delicacies. Fragrant croissants, juicy cinnamon buns and delicious surprises from the kitchen team. Our service team also serves special types of bread.

WHEN? June: 29.06.

July: 13.07. | 27.07.

August: 10.08. | 24.08.

September: 07.09. | 21.09.

October: 05.10.

WHERE? In the Burg Restaurant or on our sun terrace in fine weather.

GOOD TO KNOW: We recommend that external guests book in advance. At the castle reception, by phone or by e-mail: info@burghotel-lech.com.

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00

Strong back - clear head with our physiotherapist Laura

Our physiotherapist Laura will take you on a journey along your back - from your neck down to your hips. Together you will strengthen the deep muscles, improve the mobility of the spine and finish the session with soothing stretching exercises.

A few familiar yoga poses are incorporated, but this is not a classic yoga flow. The focus is on functional movements, conscious body awareness and practical exercises that can be easily integrated into everyday life.

Price: 18,00 € per person

Where: Hotel Goldener Berg

09:45

Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon

Age: from 8 years

Swimming skills required

10:00

Balm Brunch

Every Sunday in July & August Brunch awaits you on the large sun terrace with panoramic views of the surrounding mountains and the Zug Valley. Enjoy relaxed breakfast classics, regional products and hot dishes.

Every Sunday from 10 am - 1 pm

Price including hot drink and juice: € 22.00

Events 11.07.2025 - 17.07.2025

Sunday, 13.07.2025

- 11:00 Smoked fish**
On Sundays and as long as the pre-smoked stock lasts, there are freshest char and trout from the Zürsersee lake.
Where: Seekopfrestraurant
When: 11 am - 3 pm
- 13:00 - 21:00 Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
- 15:00 - 18:00 Exhibition Lechmuseum - Open the lens! Photography on the Arlberg**
Open the lens! Photography on the Arlberg
When: 3 pm - 6 pm
Admission: voluntary donation
Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240
Location: Lechmuseum Huber-Hus

Monday, 14.07.2025

- 08:00 Strong centre & free breath with our physiotherapist Laura**
Strengthen your core and find inner balance. This session combines targeted core stability exercises with conscious breathing and elements from Pilates. Ideal for strengthening, centring and relaxation - for new energy and a good body feeling.
Price: 18.00 € per person
Where: Hotel Goldener Berg
- 09:30 Lech Card - E-Bike "Improve your skills"**
Please take your own e-bike with you, otherwise these can also be rented from our sport shops.
Duration: about 2 hours
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.30 am, Dorfhus
- 09:30 Lech Card - Herbs hiking tour**
With herbalist Veronika Walch
Duration: approx. 3 hours
Registration: in each case on the day before until 17:00 o'clock under info@lechzuers.com or <https://www.mylechcard.at/de/programm/>
Tel.: +43 5583 2161
Meeting place: Rüfiplatz Lech

Events 11.07.2025 - 17.07.2025**Monday, 14.07.2025**

- 09:45 Lech Card - Family Program Climbing**
Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161
Participation is only possible with prior registration.
Meeting point: 9.45 am at the Arlberg Alpin office Filomena
- 09:45 Lech Card Childrens programme - Games day at swimming pool or Gipsis Rätselweg**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 13:00 - 21:00 Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
- 14:00 - 18:00 Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 18:00 Le Grand Table at LE CHALET**
LE CHALET in Oberlech is the stage for great experiences. This summer we would like to invite you to share these experiences with us. We have come up with several themed evenings for this summer, starting on 11 and 14 July with an Asian-Thai inspired evening.
Menu 140,- € Menu incl. wine accompaniment 195,- €
We will be eating together at a table of 14. Space is therefore limited.
Please book early and arrive on time.
Only with reservation under: 0664 6414187 or welcome@lechalet.at
Where: LE CHALET - Luxury Hideaway, Oberlech
- 18:00 Mussel Monday - Enjoy Monday**
Start the week with pleasure: every Monday (from 6.00 pm) we serve fresh mussels in 'Pfefferkörndl'.
A fine glass of wine rounds off the evening perfectly...
Including glass of wine € 27.90

Events 11.07.2025 - 17.07.2025

Monday, 14.07.2025

18:30

Wine and Dine with Schloss Gobelsburg

The renowned Schloss Gobelsburg winery in Kamptal is known for its expressive Grüner Veltliner and Rieslings from the best vineyards in the region. Under the management of Michael Moosbrugger since 1996, the winery has focussed on traditional winemaking and sustainable cultivation. We are delighted to welcome Johannes Moosbrugger to the Rote Wand for an evening together, where we will conjure up a multi-course menu and he will pour and present his wines.

Price: €180 incl. menu & wine pairing

Registration: gasthof@rotewand.com

Start: 6.30 pm

Tuesday, 15.07.2025

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: €18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

08:45

Lech Card - Pilates with Uli Alber

Pilates exercises to increase coordination, stamina and concentration with Uli Alber

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, the ticket can be bought at the tourist office

Meeting point: 8.45 am Dorfhus

09:30

Lech Card - E-Bike "Practice your skills"

Please take your own E-Bike with you, otherwise these can also be rented from our sport shops.

Duration: about 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: Dorfhus

09:45

Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon

Age: from 8 years

Swimming skills required

Events 11.07.2025 - 17.07.2025**Tuesday, 15.07.2025**

- 09:45** **Lech Card Childrens programme - Archery or canyoning**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/> Tel.: +43 5583 2161
Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
- 10:30** **Elements of water - Alpine swimming to the Libellensee lake**
Price: € 18,00 per person
Registration: please register by 8 pm the day before
Where: Hotel Goldener Berg
- 11:00** **Balm Make your Pizza - every Tuesday**
Every Tuesday at the Balmalp, everything revolves around pizza.
In addition to the classics on the menu, the hut pizza and magherita, you can have your own pizza
made on this day. There are no limits to your imagination here.
Contact Balmalp: T +43 5583 3312
Zuggerbergbahn operating hours: 9 am - 5 pm
- 11:00** **Hearty with heart**
Cheese dumplings according to our family recipe.
Nothing but flour, eggs and salt, say some. A dish that tastes like home and love, say others. For the
latter, we offer our spaetzle - or, as we call it here, "Käsknöpfle" - every Tuesday.
When? July: 01.07. | 08.07. | 15.07. | 22.07. | 29.07.
August: 05.08. | 12.08. | 19.08. | 26.08.
September: 02.09. | 09.09. | 16.09. | 23.09. | 30.09.
Where? In the mountain hut ambience of our "little Burg", where hearty food tastes best: on the
Kriegeralpe.
- 13:00 - 21:00** **Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or
in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by
our kitchen team and served in small selections (2-3 dished at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
- 14:00** **Werklerei Lech**
Original products made in Lech
Opening hours:
Tuesdays from 2 pm to 4 pm
Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
Fridays from 2 pm to 4 pm
Where: Raiffeisenbank Lech

Events 11.07.2025 - 17.07.2025

Tuesday, 15.07.2025

16:00

Rote Wand Cookery Class Cookbook

In our Rote Wand Cookery Classes, Jamie Unshelm gives an inspiring introduction to the new Rote Wand Culinary Lab cookery book. Together we cook one or two dishes from it and then enjoy a small menu in a convivial atmosphere.

Price per person: € 150

incl. cookery class, menu and wine or drinks accompaniment*

*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Time: Tuesday 4 pm

Registration at: gasthof@rotewand.com

Where: Gasthof Hotel Rote Wand, Zug

17:30 - 18:30

Afternoon yoga

Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.

Whenever the weather permits, yoga takes place outdoors.

Price: 18,00 € per person

Where: Hotel Goldener Berg

Wednesday, 16.07.2025

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

09:45

Lech Card Kids programme- Climbing or Gipsis Rätselweg

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech

Events 11.07.2025 - 17.07.2025

Wednesday, 16.07.2025

- 10:00** **Lech Card: Zugertal hike**
 We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama.
 When: Wednesday
 Meeting point: 10 am at the Rüfplatz
 Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0
- 11:00** **Lech Card - Shinrin Yoku in Lech**
 Shinrin Yoku in Lech with Carolin Feigenspan
 Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
 Tel.: +43 55832161
 Price for non Lech Card owners: € 50,- per person, the tickets can be bought at the tourist office
 Meeting point: Rüfplatz Lech
- 13:00 - 21:00** **Alpine Picnic at Aurelio**
 Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
 Start: 3 pm
 Where: Hotel Aurelio
 Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
- 14:00 - 18:00** **Small-caliber rifle**
 For guests, employees and locals
 Time: 2 pm - 6 pm
 Location: Schützenheim Lech
- 17:30 - 18:30** **Afternoon yoga**
 Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
 Whenever the weather permits, yoga takes place outdoors.
 Price: 18,00 € per person
 Where: Hotel Goldener Berg
- 18:15 - 19:15** **Yoga at the Sonnenburg**
 Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.
 When: Wednesday to Saturday, from 6.15 to 7.15 pm.
 Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.
 Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
 Where: Hotel Sonnenburg

Events 11.07.2025 - 17.07.2025

Wednesday, 16.07.2025

18:30 - 21:00

A cultural treat

Your tasty journey starts off with favorite appetizers from all around the world. What better way to create a menu than to use the fact that our chefs come from all around the world. Every week our team of chefs present typical dishes of their home countries as well as their own favorite culinary gems at the appetizer buffet. That way, cultural exchange and culinary delights go hand in hand.

When? July: 02.07. | 09.07. | 16.07. | 23.07. | 30.07.

August: 06.08. | 13.08. | 20.08. | 27.08.

September: 03.09. | 10.09. | 17.09. | 24.09.

October: 01.10. | 08.10.

Where? Burg Restaurant

18:30

Element Fire - Transformation ceremony by the fire bowl

Experience the power of fire in a special ceremony. Let go of the old, formulate new wishes and give yourself a moment of inner contemplation. A journey full of warmth, clarity and connection.

Price: 30,00 € per person

Where: Hotel Goldener Berg

18:30

Rote Wand Masterclass

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu consisting of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Every Wednesday

Price: € 180 per person, incl. masterclass, menu and wine or beverage accompaniment*

*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Start: 6.30 pm

Registration: gasthof@rotewand.com

Thursday, 17.07.2025

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

Events 11.07.2025 - 17.07.2025

Thursday, 17.07.2025

- 08:30 Werklerei Lech**
Original products made in Lech
Opening hours:
Tuesdays from 2 pm to 4 pm
Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
Fridays from 2 pm to 4 pm
Where: Raiffeisenbank Lech
- 09:00 Lech Card - Lech spring water hike**
Hike along springs, waterfalls & moors with Caolin Feigenspan
Duration: 4 hours
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Price for non Lech Card owners: € 25 per person, tickets can be bought at the tourist office
Meeting point: 9 am Rüfiplatz square Lech
- 09:45 Lech Card Childrens programme - Archery or canyoning**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/> Tel.: +43 5583 2161
Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
- 10:00 Lech Card - Gipselöcher Tour**
Join us on a guided hike through the unique Gipselöcher nature reserve in Oberlech, a true natural gem nestled in the heart of Oberlech.
Meeting Point: Dorfhus, 10:00 a.m.
Duration: approx. 2.5 hours
Difficulty Level: easy to moderate, suitable for families with nature-loving children
What to Bring: sturdy footwear, weather-appropriate clothing, water bottle
Registration: online or with Lech Zürs
- 10:30 Lech Card - swim training**
The newly designed Waldschwimmbad is ideal for a varied swim training.
The children move from the sports pool to the fitness pool to the water slide and do exciting exercises.
Swimming skills required! If you have any questions, our swim guide Dirk is available: +49 151 5246 3353 or dirk@agentur-nanni.de
Duration: approx. 3 hours
Registration: by 5 pm the day before at info@lechzuers.com, <https://anmeldung.mylechcard.at/?htacc=programm&lang=de> or +43 5583 2161
Meeting place: Forest swimming pool
Time: 10.30 am

Events 11.07.2025 - 17.07.2025

Thursday, 17.07.2025

- 11:00** **Air elements alpine bathing**
Price: € 18,00 per person
Registration: please register by 8 pm the day before
Where: Hotel Goldener Berg
- 11:00 - 17:00** **Tannberg Market**
Delicious local products and craftsmanship
Location: Rüfplatz square Lech
- 11:30** **Pre lunch drink with LIVE-music on the Rüfikopf**
Culinary delights include Austrian specialities on the large sun terrace of the Rüfikopf panorama restaurant.
Takes place in July and August in all weathers!
Time: from 11.30 am
Location: Panoramarestaurant Rüfikopf
- 13:00 - 21:00** **Alpine Picnic at Aurelio**
Enjoy the best of the alps in a relaxed atmosphere: our alpine picnic, served on the sunny terrace or in our cozy lounge - a delight in any weather. Look forward to regional products, lovingly prepared by our kitchen team and served in small selections (2-3 dishes at a time).
Start: 3 pm
Where: Hotel Aurelio
Registration / Reservation: office@aureliolech.com Tel.: +43 5583 2214
- 17:30 - 18:30** **Afternoon yoga**
Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
Whenever the weather permits, yoga takes place outdoors.
Price: 18,00 € per person
Where: Hotel Goldener Berg
- 18:00** **Dry Aged Steakabend**
Steaks hung and matured under ideal conditions. Fully aromatic in flavour, firm to the bite and particularly tender on the tongue, T-bone - porterhouse - fillet steak & co are prepared for you.
Time: from 6 pm
Information and reservation under +43 5583 41825 or office@rud-alpe.at www.rud-alpe.at
Where: Rud-Alpe
- 18:00** **Fire & Flame in the Pfefferkörndl**
FIRE & FLAME in the 'Pfefferkörndl'
A sweet highlight on the Arlberg. For all those who want to round off the evening with a special treat: Crêpe Suzette every Thursday from 6 pm on our terrace.
Crêpe € 12,00

Events 11.07.2025 - 17.07.2025

Thursday, 17.07.2025

18:15 - 19:15

Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

18:30 - 21:00

Between fondue fork and barbecue cutlery

At the Burg there is no need to choose when it comes to what to indulge in next. Because two of our famous culinary classics alternate weekly: barbecue and fondue. The latter can be enjoyed on the sun terrace or at Helga's Fondue Stüberl. And of course we not only serve the cheese fondue but also a brothy alternative with meat.

Fondue evening -

When? July: 03.07. | 17.07. | 31.07.

August: 28.08.

September: 11.09. | 25.09.

October: 09.10.

Where? The fondue will be served in the Fondue Stüberl. If the weather permits it, it can also be enjoyed on the sun terrace.

18:30

Friends and Fools Dinner Club

Every Thursday, Jamie Unshelm, head of the Rote Wand Culinary Lab, creates an exciting 6-course menu together with his team. Accompanied by perfectly matched wines and our homemade drinks, the evening becomes a culinary experience.

Every Thursday, 6.30 pm

Price: €180 per person incl. menu and wine or beverage accompaniment*

* We only offer a wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Registration at: gasthof@rotewand.com

Where: Gasthof Hotel Rote Wand, Zug