

Events 04.07.2025 - 10.07.2025

Friday, 04.07.2025

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

08:20

Mountain breakfast

Feasting at 2,000 metres above sea level and then doing 'a little something' for your calves? Regional delicacies are served against a picturesque mountain backdrop. Afterwards, all hiking enthusiasts can set off into the marvellous natural surroundings. Alone or with our hiking guide, who knows the best secret routes.

When: Every Friday.

We meet on the sun terrace at 8.20 am and fortify ourselves with a cup of 'Oberlech herbal tea' from our herb kitchen. We set off for the small castle at 8.30 am.

Where: At the Kriegeralpe

Registration: Please register the day before. At reception or in the evening at the castle restaurant with our team.

Good to know: External guests or non-hikers are of course also welcome to have breakfast at the 'little castle'. The Kriegeralpe is just 10 minutes from the Petersbodenbahn cable car.

Reservation under: +43 664 44 22 697 | info@kriegeralpe.com

08:30

Lech Card - Yoga on the mountain

Mats can be rented from Lech Zürs Tourismus

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office

Meeting point: 8.30 am Dorfhus

Events 04.07.2025 - 10.07.2025**Friday, 04.07.2025**

- 09:45 Lech Card - The geopath excursion**
Where today is alpine terrain, in prehistoric times mussels and primeval "octopuses" cavorted. What once rested under deep blue water rose to an imposing peak that towered over a massive expanse of ice. So the Geological Circuit invites you on a fantastic journey through time - along "stone witnesses" on the way through millions of years.
Duration: approx. 3 hours
Registration: the day before by 5 p.m. at info@lechzuers.com or <https://anmeldung.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting place: Rüfiplatz Lech
- 09:45 Lech Card Childrens programme - Games day at swimming pool or climbing**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 10:00 Lech Card - Waterworkshop for Families**
Meeting point: 10 am Rüfiplatz
Duration: approx. 4 hours
Registration: online or phone: +43 5583 2161-0
Please bring your Lech Card with you to the meeting point
- 14:00 - 18:00 Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 14:00 Werklerei Lech**
Original products made in Lech
Opening hours:
Tuesdays from 2 pm to 4 pm
Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
Fridays from 2 pm to 4 pm
Where: Raiffeisenbank Lech
- 17:30 - 18:30 Afternoon yoga**
Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
Whenever the weather permits, yoga takes place outdoors.
Price: 18,00 € per person
Where: Hotel Goldener Berg

Events 04.07.2025 - 10.07.2025**Friday, 04.07.2025****18:00****Fondue evening at the Rüfikopf Panorama restaurant**

Exclusive evening enjoyment at 2,350 metres
Every Friday there is a fondue evening on the Rüfikopf with cable car ride.
Price: € 68 (without drinks)
Meeting point: 18:00 at the Rüfikopf cable car
Cable car rides throughout: from 18:00 to 21:30 (last ride)
Booking: Panoramarestaurant Rüfikopf until 15:00 (+43 5583 2336 278)
Book a table now at: <https://rufikopf.simply-olivia.restaurant/reservations>

18:15 - 19:15**Yoga at the Sonnenburg**

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.
When: Wednesday to Saturday, from 6.15 to 7.15 pm.
Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.
Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
Where: Hotel Sonnenburg

21:10**Skyspace-Lech Tour**

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell.
Price: € 15,- per person
Tickets: online
Location: Skyspace-Lech

21:15**Walk like an Egyptian**

We understand the art of entertainment - and know that good music is the key to any memorable party. That's why we play every Friday. Live, from different bands. And always under a different motto: from Italo classics and pop hits to pop songs, everything is represented here. So that everyone gets the chance to sing and dance along to their heart's content.
WHEN? Every Friday from 21:15 with live band
WHERE? Burg evening bar

Saturday, 05.07.2025**07:45 - 08:45****Yoga at the Sonnenburg**

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.
When: Wednesday to Sunday, from 7.45 to 8.45 a.m.
Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.
Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
Where: Hotel Sonnenburg

Events 04.07.2025 - 10.07.2025

Saturday, 05.07.2025

14:00

Après-Ski-Sonnenedition

Welcome to our Oberlech summer party: in the open air, at the ice-free ice bar. Without ski trousers and moon boots, but with shorts and sunglasses. Dance to music by DJ F.A.B. & LIVE VIOLINE NIMA LOVARIO

WHEN? 05 July 2025, 14:00-20:00

WHERE? At the ice bar

GOOD TO KNOW: The more people, the better the party! Lounges can, but do not have to be reserved. Everyone who likes is welcome: house guests, locals and spontaneous strollers.

18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Exhibition opening: Open the lens! Photography on the Arlberg

When: 6 pm at the Lechwelten, afterwards, we look forward to welcoming you to a drink and to viewing the exhibition in the Huber Hus.

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechwelten & Huber-Hus

18:15 - 19:15

Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

18:30

Weekly barbecue evening at the Hotel Krone

Weekly barbecue evening at the Hotel Krone - every Saturday from 6.30 pm Warm summer evenings, fine barbecue flavours and a view of the mountains: Every Saturday from 6.30 pm we cordially invite you to a barbecue evening at the Hotel Krone. Enjoy freshly prepared specialities from the grill - from tender meat and fresh fish to fine vegetarian delicacies. Our kitchen team will spoil you with a varied selection of grilled dishes and sophisticated side dishes - accompanied by fine wines and cool drinks from our bar. Location: Sun terrace or round hall in the Romantik Hotel Krone

20:30

Reading with Petra Pellini

Petra Pellini will be reading from her new novel 'Der Bademeister ohne Himmel' on Saturday, 5 July 2025, at 8.30 pm in our hotel library.

The reading is suitable for adults.

When: 8.30 pm

Where: Sonnenburg Library

Booking: events@sonnenburg.at or at the Sonnenburg reception

Events 04.07.2025 - 10.07.2025

Sunday, 06.07.2025

Traditional Young Winemakers' Meeting

Meetings, tastings and lots of knowledge about wine: in just a few years, our Young Winemakers' Meeting has become a permanent fixture and a highlight of the scene. Young wine experts are just as happy to share their expertise with each other as they are with you.

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

09:45

Lech Card - Family Programme Canyoning

Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon

Age: from 8 years

Swimming skills required

10:00

Balm Brunch

Every Sunday in July & August Brunch awaits you on the large sun terrace with panoramic views of the surrounding mountains and the Zug Valley. Enjoy relaxed breakfast classics, regional products and hot dishes.

Every Sunday from 10 am - 1 pm

Price including hot drink and juice: €22.00

10:30 - 13:30

Jam and music

At our brunch, changing live bands play Austrian songs. And we serve the finest savoury delicacies such as sausage and cheese. And of course: jam and delicious sweets are also available.

WHEN?

July: 06.07. | 20.07.

August: 03.08. | 17.08. | 31.08.

September: 14.09. | 28.09.

October: 12.10.

WHERE? In the Burg Restaurant or on our sun terrace in fine weather.

GOOD TO KNOW: We recommend booking in advance. At the castle reception, by phone or by e-mail: info@burghotel-lech.com.

11:00

Smoked fish

On Sundays and as long as the pre-smoked stock lasts, there are freshest char and trout from the Zürsersee lake.

Where: Seekopfrestraurant

When: 11 am - 3 pm

Events 04.07.2025 - 10.07.2025

Sunday, 06.07.2025

15:00 - 18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

Monday, 07.07.2025

Traditional Young Winemakers' Meeting

Meetings, tastings and lots of knowledge about wine: in just a few years, our Young Winemakers' Meeting has become a permanent fixture and a highlight of the scene. Young wine experts are just as happy to share their expertise with each other as they are with you.

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

09:30

Lech Card - E-Bike "Improve your skills"

Please take your own e-bike with you, otherwise these can also be rented from our sport shops.

Duration: about 2 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.30 am, Dorfhus

09:30

Lech Card - Herbs hiking tour

With herbal educator Veronika Walch

Duration: 3 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.30 am Rüfiplatz

Bad weather:

We also offer a herbal experience in bad weather! The alternative programme takes place in the Lech herbal workshop. Together we make herbal products such as herbal salt or balm.

09:45

Lech Card - Family Program Climbing

Registration: until 5 pm the day before under info@lechzuers.com or +43 5583 2161

Participation is only possible with prior registration.

Meeting point: 9.45 am at the Arlberg Alpin office Filomena

Events 04.07.2025 - 10.07.2025

Monday, 07.07.2025

- 09:45** **Lech Card Childrens programme - Games day at swimming pool or Gipsis Rätselweg**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: 9.45 am Office Arlberg Alpin, Filomena Lech
- 14:00 - 18:00** **Small-caliber rifle**
For guests, employees and locals
Time: 2 pm - 6 pm
Location: Schützenheim Lech
- 17:30 - 18:30** **Afternoon yoga**
Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
Whenever the weather permits, yoga takes place outdoors.
Price: 18,00 € per person
Where: Hotel Goldener Berg
- 18:00** **Mussel Monday - Enjoy Monday**
Start the week with pleasure: every Monday (from 6.00 pm) we serve fresh mussels in 'Pfefferkörndl'.
A fine glass of wine rounds off the evening perfectly...
Including glass of wine €27.90
- 18:30** **Drink and Dine with Bruder**
Bruder in Vienna is known for its modern, regional cuisine, exciting flavors, and a bar that puts as much emphasis on craftsmanship as the kitchen itself. Bold, honest, with a keen sense of taste and a distinct signature, both on the plate and in the glass. In July, the hosts of Bruder are joining us at Rote Wand for an evening focused on indulgence and hospitality. Look forward to creative dishes, thoughtfully paired drinks, personal encounters, and an atmosphere that is both relaxed and special. Everything that makes a true Drink & Dine experience.
Price: €180

incl. menu & drink pairing
Time: 6.30 pm
Booking: gasthof@rotewand.com

Tuesday, 08.07.2025

Traditional Young Winemakers' Meeting

Meetings, tastings and lots of knowledge about wine: in just a few years, our Young Winemakers' Meeting has become a permanent fixture and a highlight of the scene. Young wine experts are just as happy to share their expertise with each other as they are with you.

Events 04.07.2025 - 10.07.2025

Tuesday, 08.07.2025

- 08:00 - 09:00** **Morning Yoga followed by good morning meditation**
Yoga Morning session 8 am - 9.15 am
Price per person: € 18,-
Registration at: happy@goldenerberg.at
Where: Hotel Goldener Berg
- 08:45** **Lech Card - Pilates with Uli Alber**
Pilates exercises to increase coordination, stamina and concentration with Uli Alber
Mats can be rented from Lech Zürs Tourismus
In case of bad weather it will take place at the sport.park.lech
Duration: 2-3 Stunden
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Price for non Lech Card owners: € 25 per person, the ticket can be bought at the tourist office
Meeting point: 8.45 am Dorfhus
- 09:30** **Lech Card - E-Bike "Practice your skills"**
Please take your own E-Bike with you, otherwise these can also be rented from our sport shops.
Duration: about 4 hours
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/>
Tel.: +43 5583 2161
Meeting point: Dorfhus
- 09:45** **Lech Card - Family Programme Canyoning**
Registration: until 5 pm the day before under info@lechzuers.com or +43 55832161
Meeting point: 9.45 am at the Arlberg Alpin office Filomena
To bring along: Swimming trunks, towel and a second pair of sneakers which can get wet for the canyon
Age: from 8 years
Swimming skills required
- 09:45** **Lech Card Childrens programme - Archery or canyoning**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or
<https://www.mylechcard.at/en/registration/> Tel.:+43 5583 2161
Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
- 11:00** **Balm Make your Pizza - every Tuesday**
Every Tuesday at the Balmalp, everything revolves around pizza.
In addition to the classics on the menu, the hut pizza and magherita, you can have your own pizza made on this day. There are no limits to your imagination here.
Contact Balmalp: T +43 5583 3312
Zugerbergbahn operating hours: 9 am - 5 pm

Events 04.07.2025 - 10.07.2025

Tuesday, 08.07.2025

- 11:00** **Hearty with heart**
 Cheese dumplings according to our family recipe.
 Nothing but flour, eggs and salt, say some. A dish that tastes like home and love, say others. For the latter, we offer our spaetzle - or, as we call it here, "Käsknöpfle" - every Tuesday.
 When? July: 01.07. | 08.07. | 15.07. | 22.07. | 29.07.
 August: 05.08. | 12.08. | 19.08. | 26.08.
 September: 02.09. | 09.09. | 16.09. | 23.09. | 30.09.
 Where? In the mountain hut ambience of our "little Burg", where hearty food tastes best: on the Kriegeralpe.
- 14:00** **Werklerei Lech**
 Original products made in Lech
 Opening hours:
 Tuesdays from 2 pm to 4 pm
 Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm
 Fridays from 2 pm to 4 pm
 Where: Raiffeisenbank Lech
- 16:00** **Rote Wand Cookery Class Cookbook**
 In our Rote Wand Cookery Classes, Jamie Unshelm gives an inspiring introduction to the new Rote Wand Culinary Lab cookery book. Together we cook one or two dishes from it and then enjoy a small menu in a convivial atmosphere.
 Price per person: € 150
 incl. cookery class, menu and wine or drinks accompaniment*
 *We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.
 Time: Tuesday 4 pm
 Registration at: gasthof@rotewand.com
 Where: Gasthof Hotel Rote Wand, Zug
- 17:00** **Without costume and music**
 When you hear 'hut night', you quickly think of ski boots and après-ski. But a rustic hut party in summer is just as marvellous. On days when it's light for a long time and you can still stand in the meadow with a beer. And later, with a belly full of regional delicacies and ears full of music, you can gaze up at the starry sky.
 WHEN? 08 July 2025 from 5 pm
 WHERE? 2000 metres high above the world: On the Kriegeralpe.
 GOOD TO KNOW: Registration required. External guests can attend for € 68.
 More information is available at the castle reception, by phone (+43 5583 2291) or by email: info@burghotel-lech.com.
- 17:30 - 18:30** **Afternoon yoga**
 Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
 Whenever the weather permits, yoga takes place outdoors.
 Price: 18,00 € per person
 Where: Hotel Goldener Berg

Events 04.07.2025 - 10.07.2025

Wednesday, 09.07.2025

Traditional Young Winemakers' Meeting

Meetings, tastings and lots of knowledge about wine: in just a few years, our Young Winemakers' Meeting has become a permanent fixture and a highlight of the scene. Young wine experts are just as happy to share their expertise with each other as they are with you.

07:45 - 08:45

Yoga at the Sonnenburg

Hatha is relaxed, slower-paced style of yoga appropriate for all levels of practitioners, including novices. In addition, each asana in Hatha Yoga is often maintained for a more extended period, (3-5 breaths) allowing for a more in-depth examination of the posture and improved flexibility.

When: Wednesday to Sunday, from 7.45 to 8.45 a.m.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5:00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: € 18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

09:45

Lech Card Kids programme- Climbing or Gipsis Rätselweg

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Meeting point: 9.45 am office Arlberg Alpin, Filomena Lech

10:00

Lech Card: Zugertal hike

We take the bus to Älpele. This is where the most beautiful section of the Lechweg begins. The hike follows the Lech and Spuller Bach streams to the Dalaaser Staffel. Here you have the opportunity to enjoy a delicious snack on the rustic alpine pasture. After another short ascent, we reach the Spullersee lake and enjoy the breathtaking mountain panorama.

When: Wednesday

Meeting point: 10 am at the Rüfiplatz

Registration: online at mylechcard.at at the tourism office or phone: +43 5583 2161-0

11:00

Lech Card - Shinrin Yoku in Lech

Shinrin Yoku in Lech with Carolin Feigenspan

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 55832161

Price for non Lech Card owners: € 50,- per person, the tickets can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

Events 04.07.2025 - 10.07.2025

Wednesday, 09.07.2025

- 16:00** **Nada Brahma Meditation mit Daniela Pfefferkorn**
 This gentle, vibrating meditation from the OSHO tradition helps to harmonize body and mind. Humming sounds and flowing hand movements create deep relaxation and inner balance. Ideal for letting go and recharging your batteries.
 Time: 4 pm - 5 pm
 Price: €18,-
 Registration: happy@goldenerberg.at or T.: +43 5583 220 50
- 17:30 - 18:30** **Afternoon yoga**
 Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.
 Whenever the weather permits, yoga takes place outdoors.
 Price: 18,00 € per person
 Where: Hotel Goldener Berg
- 18:15 - 19:15** **Yoga at the Sonnenburg**
 Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.
 When: Wednesday to Saturday, from 6.15 to 7.15 pm.
 Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.
 Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.
 Where: Hotel Sonnenburg
- 18:30 - 21:00** **A cultural treat**
 Your tasty journey starts off with favorite appetizers from all around the world. What better way to create a menu than to use the fact that our chefs come from all around the world. Every week our team of chefs present typical dishes of their home countries as well as their own favorite culinary gems at the appetizer buffet. That way, cultural exchange and culinary delights go hand in hand.
 When? July: 02.07. | 09.07. | 16.07. | 23.07. | 30.07.
 August: 06.08. | 13.08. | 20.08. | 27.08.
 September: 03.09. | 10.09. | 17.09. | 24.09.
 October: 01.10. | 08.10.
 Where? Burg Restaurant
- 18:30** **Element Fire - Fire & Chocolate Ceremony**
 The element of fire stands for transformation, power and passion. In this special fire ceremony, you have the opportunity to let go of the old and make room for the new. Fire symbolises change and renewal - a ritual that helps you to burn away inner blockages and nourish your visions with new energy.
 The ritual is accompanied by a chocolate ceremony in which high-quality cocoa is consciously savoured. Cocoa opens the heart, strengthens intuition and connects you with your own inner wisdom. In combination with the fire, a powerful experience is created that harmonises body, mind and soul.
 Price: 30,00 € per person
 Where: Hotel Goldener Berg

Events 04.07.2025 - 10.07.2025

Wednesday, 09.07.2025

18:30

Rote Wand Masterclass

Immerse yourself in the world of fermentation: discover lacto- and lactic acid fermentation, kombucha and koji. Learn the secrets of these techniques. Menu consisting of 4 large courses, accompanied by selected wines. Non-alcoholic beverage accompaniment is possible.

Every Wednesday

Price: €180 per person, incl. masterclass, menu and wine or beverage accompaniment*

*We only offer wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Start: 6.30 pm

Registration: gasthof@rotewand.com

Thursday, 10.07.2025

07:45 - 08:45

Yoga at the Sonnenburg

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Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

08:00 - 09:00

Morning Yoga followed by good morning meditation

Yoga Morning session 8 am - 9.15 am

Price per person: €18,-

Registration at: happy@goldenerberg.at

Where: Hotel Goldener Berg

08:30

Werklerei Lech

Original products made in Lech

Opening hours:

Tuesdays from 2 pm to 4 pm

Thursdays from 8.30 am to 11.30 am and 2 pm - 4 pm

Fridays from 2 pm to 4 pm

Where: Raiffeisenbank Lech

09:00

Lech Card - Lech spring water hike

Hike along springs, waterfalls & moors with Caolin Feigenspan

Duration: 4 hours

Registration: until 5 pm the day before under info@lechzuers.com or

<https://www.mylechcard.at/en/registration/>

Tel.: +43 5583 2161

Price for non Lech Card owners: €25 per person, tickets can be bought at the tourist office

Meeting point: 9 am Rüfplatz square Lech

Events 04.07.2025 - 10.07.2025

Thursday, 10.07.2025

- 09:45** **Lech Card Childrens programme - Archery or canyoning**
Children between 5 and 14 years
Registration: until 5 pm the day before under info@lechzuers.com or <https://www.mylechcard.at/en/registration/> Tel.: +43 5583 2161
Meeting point: 9.45 am at the office Arlberg Alpin, Filomena Lech
- 10:00** **Lech Card - Gipselöcher Tour**
Join us on a guided hike through the unique Gipselöcher nature reserve in Oberlech, a true natural gem nestled in the heart of Oberlech.
Meeting Point: Dorfhof, 10:00 a.m.
Duration: approx. 2.5 hours
Difficulty Level: easy to moderate, suitable for families with nature-loving children
What to Bring: sturdy footwear, weather-appropriate clothing, water bottle
Registration: online or with Lech Zürs
- 10:30** **Lech Card - swim training**
The newly designed Waldschwimmbad is ideal for a varied swim training.
The children move from the sports pool to the fitness pool to the water slide and do exciting exercises.
Swimming skills required! If you have any questions, our swim guide Dirk is available: +49 151 5246 3353 or dirk@agentur-nanni.de
Duration: approx. 3 hours
Registration: by 5 pm the day before at info@lechzuers.com, <https://anmeldung.mylechcard.at/?htacc=programm&lang=de> or +43 5583 2161
Meeting place: Forest swimming pool
Time: 10.30 am
- 11:00** **Air elements alpine bathing**
Price: € 18,00 per person
Registration: please register by 8 pm the day before
Where: Hotel Goldener Berg
- 11:00 - 17:00** **Tannberg Market**
Delicious local products and craftsmanship
Location: Rüfplatz square Lech
- 11:30** **Pre lunch drink with LIVE-music on the Rükopf**
Culinary delights include Austrian specialities on the large sun terrace of the Rükopf panorama restaurant.
Takes place in July and August in all weathers!
Time: from 11.30 am
Location: Panoramarestaurant Rükopf

Events 04.07.2025 - 10.07.2025

Thursday, 10.07.2025

15:00 - 18:00

Exhibition Lechmuseum - Open the lens! Photography on the Arlberg

Open the lens! Photography on the Arlberg

When: 3 pm - 6 pm

Admission: voluntary donation

Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

17:30 - 18:30

Afternoon yoga

Bring the day to a relaxing close with a soothing yoga session. This session will help you to reduce stress, stretch your body and recharge your batteries. Mindful movements and gentle flows will increase your well-being.

Whenever the weather permits, yoga takes place outdoors.

Price: 18,00 € per person

Where: Hotel Goldener Berg

18:00

Dry Aged Steakabend

Steaks hung and matured under ideal conditions. Fully aromatic in flavour, firm to the bite and particularly tender on the tongue, T-bone - porterhouse - fillet steak & co are prepared for you.

Time: from 6 pm

Information and reservation under +43 5583 41825 or office@rud-alpe.at www.rud-alpe.at

Where: Rud-Alpe

18:00

Fire & Flame in the Pfefferkörndl

FIRE & FLAME in the 'Pfefferkörndl'

A sweet highlight on the Arlberg. For all those who want to round off the evening with a special treat:

Crêpe Suzette every Thursday from 6 pm on our terrace.

Crêpe € 12,00

18:15 - 19:15

Yoga at the Sonnenburg

Yin yoga is very meditative in nature and taught in a calm and gentle way. Contrary to active and dynamic asana practices, yin is static, relaxing and hold each position for 3-5 minutes.

When: Wednesday to Saturday, from 6.15 to 7.15 pm.

Registration: To participate in the desired yoga session, please register by emailing hotel@sonnenburg.at by 5.00 p.m. the day before.

Cost: 15,00 € per session for external participants. The amount can be paid directly at the Sonnenburg reception before the session.

Where: Hotel Sonnenburg

18:30 - 21:00

Between fondue fork and barbecue cutlery

Tender ribs and racy cheese in tandem.

When it comes to feasting, nobody has to struggle with either-or decisions. That's because two of our famous culinary sociability classics alternate every week: BBQ and fondue. The latter is served either on the sun terrace or in Helga's fondue parlour. By the way: In addition to the cheese version, we are also happy to serve broth with meat. If the weather is nice, you can also enjoy it on the sun terrace.

Where: Burg Hotel Oberlech

Time: 6.30 pm

Registration at: info@burghotel-lech.com



Events 04.07.2025 - 10.07.2025

Thursday, 10.07.2025

18:30

Friends and Fools Dinner Club

Every Thursday, Jamie Unshelm, head of the Rote Wand Culinary Lab, creates an exciting 6-course menu together with his team. Accompanied by perfectly matched wines and our homemade drinks, the evening becomes a culinary experience.

Every Thursday, 6.30 pm

Price: €180 per person incl. menu and wine or beverage accompaniment*

* We only offer a wine/beverage accompaniment (with or without alcohol) with our set menus. There is no a la carte drinks menu.

Registration at: gasthof@rotewand.com

Where: Gasthof Hotel Rote Wand, Zug

