

# Hiking Worlds

SUMMER

MORE TIME, MORE SPACE.

ALL THE INFO FOR YOUR MOUNTAIN HOLIDAY

*Lech  
Zürs*  ARLBERG

*Stuben*  ARLBERG





Individual tours are available on page 3.



MORE TIME, MORE SPACE

# My Lech Card

This attractive holiday card places at your fingertips everything that Lech Zürs am Arlberg has to offer in summer. During your summer holiday enjoy the views of the mountains from our cable cars, or visit popular destinations such as the Spullersee and Formarinsee lakes in the Zugertal valley. The children's activity programme will be at the top of every young visitor's list. Discover for yourself how varied summer in the Lech mountains can be with the perfect companion - the Lech Card.



FOREWORD

# Explore the Lech mountains

Welcome to Lech am Arlberg, a place that makes hikers' hearts beat faster! In the heart of the mountains, impressive landscapes with ancient stories invite you to leave your everyday life behind and immerse yourself in the peace and beauty of nature.

The area around Lech Zürs am Arlberg leaves nothing to be desired when it comes to hiking and mountaineering - whether you want to wander through the green meadows of the Tannberg, let your soul dangle in the forests of the Zugertal valley, or climb to the top of an imposing mountain, each destination has its own charm. Idyllic alpine pasture huts and mountain refuges invite you to stop for a break. The towns of Lech, Zürs and Stuben am Arlberg are nestled in the valley, surrounded by mountain scenery. Wherever your footsteps take you, the landscape of Lech Zürs will amaze you with its diversity and beauty.

This booklet is designed to guide and inspire you as you discover the many facets of the region. We wish you a pleasant summer holiday in Lech Zürs am Arlberg. At the Dorfhus information desk, there are additional materials on various hikes and our team will be happy to answer any questions you may have.



# Difficulty index

Every tour suggestion in this Hiking Worlds guide includes information about its difficulty. The tours presented in the brochure are colour-coded according to their level of difficulty. They correspond to the descriptions of each tour as well as the signs and markings in the hiking area. Note: In Vorarlberg, the colour scheme follows the Swiss signage system.

You can refer to the following graphic for the basis of the classification:



## Hiking

### Hikes in alpine valleys or the uplands



Tours on flat terrain, rather like a long walk.

The terrain switches between easy forest and meadow trails, and forestry and farm tracks, without any noticeable difference in altitude.



Mostly unmade, well-marked trails, rarely on steep terrain. There may be short, demanding stretches. The difference in altitude is so moderate that the tour can also be undertaken with fit and active children.



## Mountain hikes

### Day tours in the uplands, plus mountain hut hikes



Moderately difficult tours, where easy hiking trails alternate with trails which are sometimes rocky or covered with tree roots. Elevation differences are minimal, and ascents and descents are never lengthy.



Easily walkable, yet demanding signposted mountain trails requiring no climbing, with partially steep, exposed paths and narrow trails.



## Alpine hikes

### Hikes in high-alpine terrain



Demanding trails or summit ascents with easy climbing (I). Routes not always marked, sometimes no obvious trail.



Alpine know-how, sure-footedness and a head for heights are required. Summit tours with maximum grade II difficulty climbs (UIAA). Includes via ferratas. Important! Mostly unmarked and no obvious trail.

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The GPX file for each tour is available online. Download them directly to your mobile phone and start the tour!



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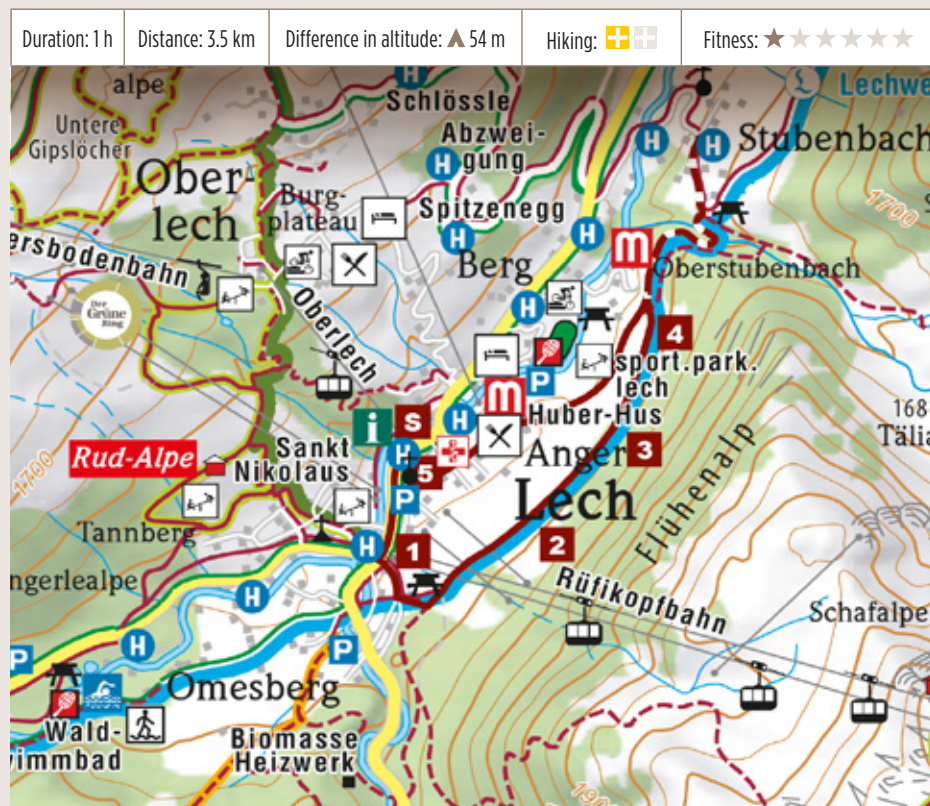
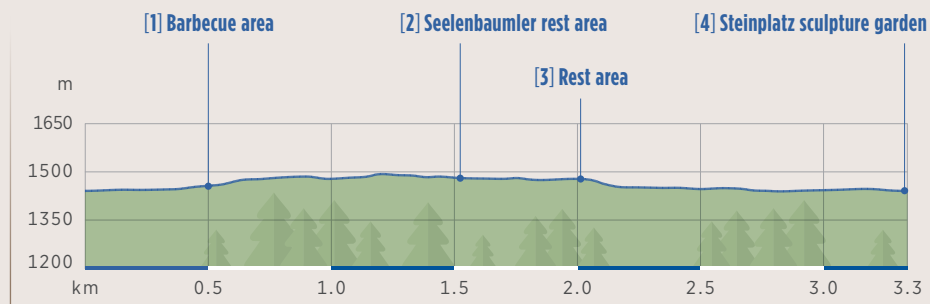


# Walks

Movement in nature and fresh mountain air invigorate both body and mind, promoting overall well-being. Here in the picturesque mountain landscape, it's easy to clear your head, let your thoughts wander, or simply enjoy the tranquillity. The Lech Zürs region captivate guests with its stunning variety of landscapes and offers well-marked hiking trails to suit every level of ability. A walk here is an opportunity to recharge your batteries and reconnect with yourself in harmony with nature.

1	Flühenweg trail village circuit	06-07
2	Burgwaldweg trail	08-09
3	Lechuferweg riverside trail	10-11





## 1 WALK FLÜHENWEG TRAIL VILLAGE



**This circular walk provides superb views of picturesque Lech am Arlberg.**

The walk starts from the Dorfhüs Lech. Follow the Lech river promenade upstream until you see the Pfefferkorn hotel on your left. Walk past the hotel and turn left into a side street that slopes uphill.

The road takes you briefly through the district of Ebra and you soon come to an asphalt trail branching off to the left. Follow this to the edge of the wood where you bear left on a forest trail gently uphill.

Even from here you can marvel at a superb panoramic view of Lech am Arlberg.

After a few metres you come to a beautifully equipped [1] **barbecue area** with everything you need. So why not bring along some food, paper plates and cutlery and enjoy a lovely barbecue?

Continue on the trail until you reach a small wood where there is a very special rest area waiting for you - [2] **Seelenbaumler**, with hammocks. Make yourself comfortable, have a good rest and enjoy the view of the mountains.

The trail continues to the edge of the wood where

there's another [3] **rest area**. Branch off left here and follow the farm track past the stable and across the field till you come to the first houses.

Follow the asphalt minor road through the district of Anger past the back of the church to the church square. This is where you'll find the [4] **Steinplatz**, a garden with sculptures made from 6 different types of stone. These witnesses to the earth's early history give you the chance to undertake some geological research.

Option: you can continue to the district of Stubenbach and enjoy a coffee there.

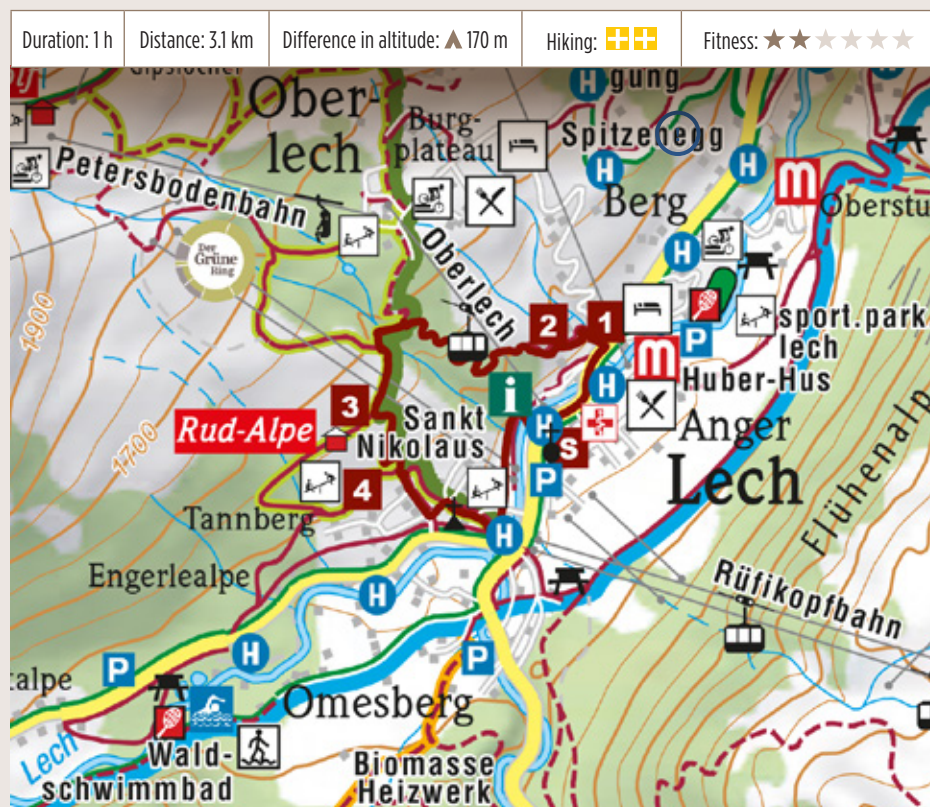
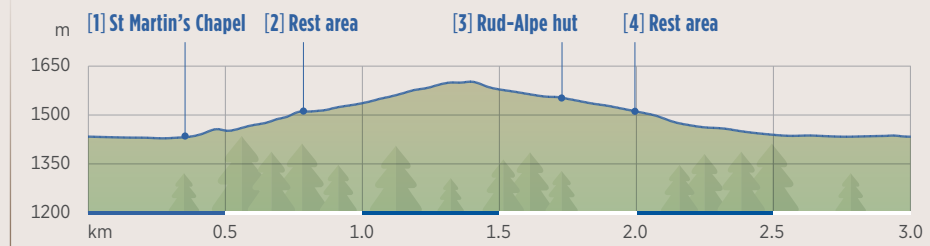
### ! OUR TIP

**Special features:** the meadows contain numerous medicinal herbs and a rest area at Mesner's Stall (beside the church).

**Places of interest:** St Nicholas' Parish Church.

**Refreshment stops:** restaurants in Lech am Arlberg.





## 2 WALK BURG WALD WEG TRAIL

**This walk is somewhat more demanding, but worth it for the magnificent views.**

The walk starts from the Dorfhus. Follow the Lech river promenade upstream to the [1] **St Martin's Chapel**. From here follow the moderately steep, uphill forest trail.

There's a [2] **rest area** after the first climb. The trail continues slightly uphill through the wood.

From the clearings you can enjoy frequent views back towards Lech am Arlberg. You come to a forestry track which you follow left downhill through the wood.

When you come out of the wood, the forestry track winds across extensive mountain meadows.

You soon reach the traditional [3] **Rud-Alpe hut**, where you can enjoy a wonderful refreshment stop either on the spacious sun terrace or in the homely wood-panelled parlours with an open fire.

Continue downhill past a [4] **rest area** with lovely views. From here it's just a few metres downhill un-

til you come to an asphalt minor road.

Follow the road to the left and at the next junction take the right-hand fork downhill until you reach the old, covered wooden bridge. From here you follow the Lech river promenade downstream. When you come to the B&B Pension Waldesruh, cross a bridge over the Lech river and you're back at your starting point.

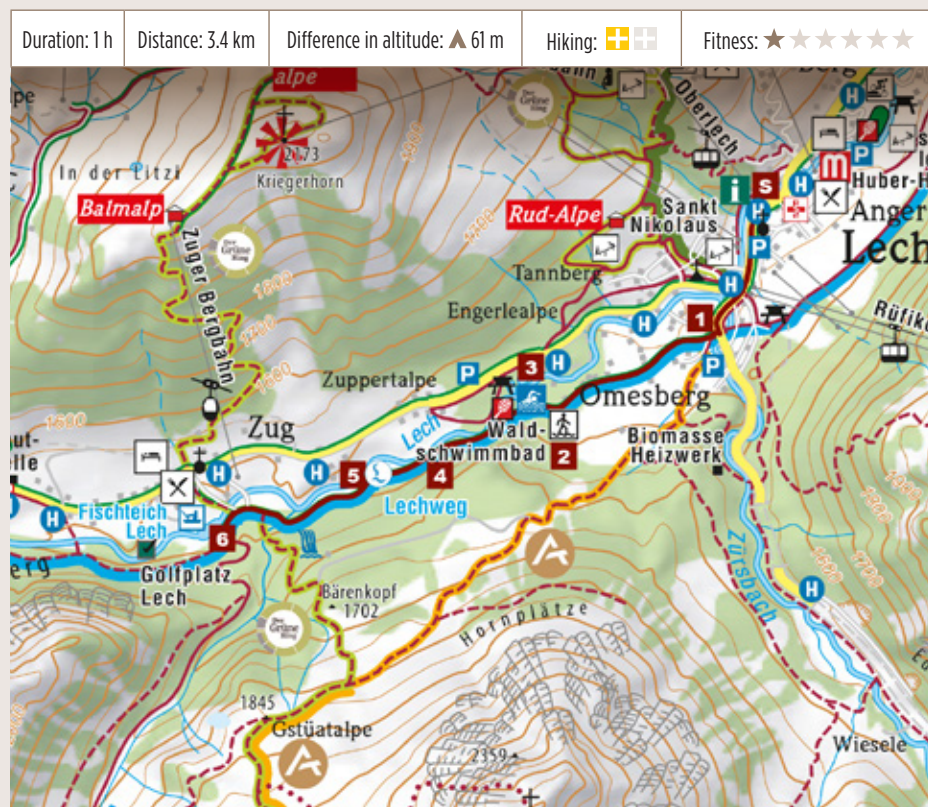
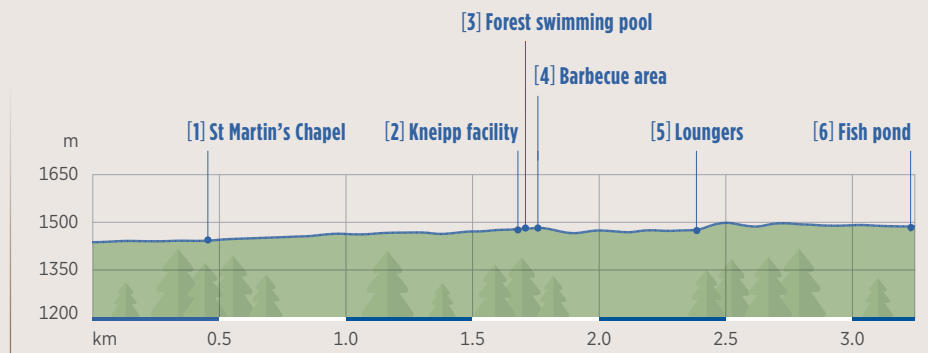
### ! OUR TIP

**Special features:** the tour can be shortened by taking the Bergbahn Oberlech cable car.

**Places of interest:** St Martin's Chapel "an der Straß" and a wayside cross in the district of Tannberg.

**Refreshment stops:** Rud-Alpe hut and restaurants in Lech am Arlberg and Oberlech.





### 3 WALK LECHUFERWEG RIVERSIDE TRAIL

**This walk is perfect for families with young children as the trail is suitable for prams and buggies.**

Follow the Lech river promenade upstream from the Dorfhus. Cross the road at the Chalet Säge when you reach the old, covered bridge. Turn right into the minor road at Hüs Nr. 8.

Continue straight ahead along the road, past the [1] **St Martin Chapel**, at first uphill, then on the flat until the road joins a gravel forest trail. Follow the trail beside the bubbling Lech river.

At the [2] **Kneipp facility** a wooden bridge crosses the Lech river to the [3] **forest swimming pool**. In the fully renovated leisure facility, you'll find a 25-metre sports pool, an aqua fitness pool with bubble loungers and massage jets, a children's pool, a baby pool, and a wide wave slide.

Alternatively, right next to the forest swimming pool by the Lech river, there is a thoughtfully designed [4] **barbecue area** for you to enjoy.

Shortly before you reach the district of Zug, you come to [5] **loungers** on the bank.

Continue on the trail until you reach the Zugerbergbahn cable car valley station, and then it's an asphalt trail from here. Cross the bridge and the car park to the [6] **fish pond**. Here you can fish and enjoy your freshly cooked catch.

You can either return via the Lechufeweg riverside trail, or continue into Zug village centre and take the hiking bus back to your starting point.

### ! OUR TIP

**Special features:** Along the path in the forest you will find various Vita-Parcour fitness stations.

**Places of interest:** Lech forest swimming pool and Kneipp facility

**Refreshment stops:** Marend Kiosk, fish pond and restaurants in Lech and Zug



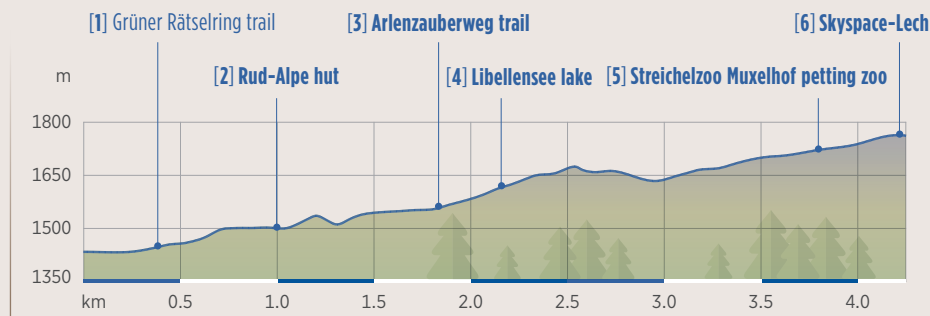
A photograph of two young girls playing in a shallow lake. The girl in the foreground is wearing a light grey long-sleeved shirt and dark shorts, and is splashing water. The girl behind her is wearing a bright blue t-shirt and dark shorts. They are both smiling. The background features a steep, rocky mountain slope with some greenery. A small rainbow flag is visible on the mountain. The overall scene is bright and sunny.

# Family hikes

Lech Zürs am Arlberg is a fantastic holiday destination for families. The region boasts a wide range of exciting opportunities that cater to younger explorers as well as to avid outdoor enthusiasts. From leisurely strolls to longer exploration tours, there's something to suit every preference. Our variety ensures an unforgettable holiday experience for every family member.

4	Grüner Rätselring & Arlenzauberweg trail	14-15
5	Spielend Wandern & Gipsis Rätselweg trail	16-17
6	On crystal-clear paths	18-19
7	Bodenalpe inn	20-21
8	Ravensburger Hütte mountain hut - Spullersee lake	22-23





Duration: 2 h Distance: 5.3 km Difference in altitude: ▲ 386 m Hiking: Fitness: ★★★★★



[lechner.com/de/gruener-raetsel-ring-und-arlenzauberweg](https://lechner.com/de/gruener-raetsel-ring-und-arlenzauberweg)



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## FAMILY HIKE

### GRÜNER RÄTSELRING TRAIL & ARLENZAUBERWEG TRAIL



The "Grüner Rätselring" trail takes you via 14 fun stops to the Rud-Alpe hut. From there the Arlenzauberweg trail passes through the Oberlech wood and past the Libellensee lake to the Muxelhof and Skyspace-Lech.

The [1] "Grüner Rätselring" trail leads from Lech to the Rud-Alpe hut – a short but entertaining hike with a puzzle trail to entertain the whole family. You need the "Impossible Workbook" to solve the puzzles. This guides you through the weird and wonderful stations which test the abilities of detectives young and old. At the end of the trail by the [2] Rud-Alpe hut, the earth's most valuable resource can be found. There's also a water playground, a wonderful terrace and delicious food, and you might even collect an award for your detective skills!

After fortifying yourself, continue across the Schlegelkopf flower meadows, past the 3D archery course on the interesting [3] Arlenzauberweg trail through Oberlech's evergreen wood. A small hidden lake in the wood – [4] Libellensee lake – and its mystical creatures are waiting to be explored. You then reach Oberlech and the lovely sun terraces and refreshment stops. The Hotel Sonnenburg has a playground with a climbing frame and fantastic stream to play in.

At little further on, at the Hotel Goldener Berg, there's another playground with a trampoline and volleyball court. At the top of Oberlech you'll find the animals: [5] Streichelzoo Muxelhof Petting Zoo is home to donkeys, goats, rabbits, sheep and cows.

At the very end, you'll find the light art installation [6] Skyspace-Lech, as well as a barbecue area with particularly stunning views.

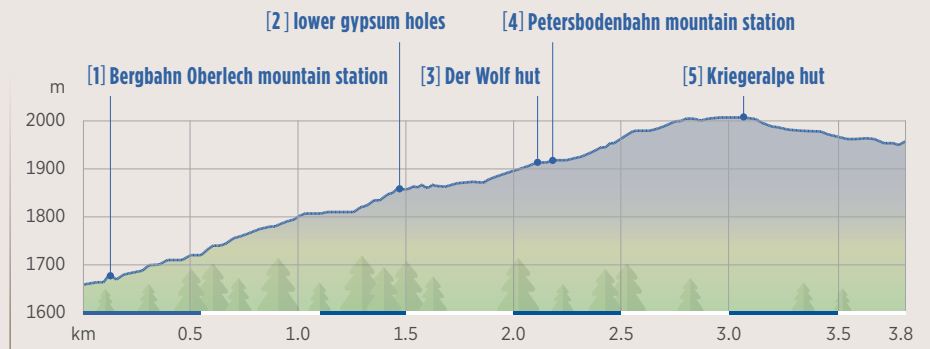
You can either take the easy way back on the Bergbahn Oberlech cable car, or go through the Burgwald, into the village and back to Lech am Arlberg.

## ! OUR TIP

**Special features:** you can buy the "Grüner Rätselring" "Impossible Workbook" from the Dorfhus information desk for €5.00. You need it to solve the puzzles, and it contains important clues for every detective.

**Refreshment stops:** Rud-Alpe hut and restaurants in Oberlech and Lech am Arlberg.





Duration: 1 h	Distance: 3.8 km	Difference in altitude: ▲ 362 m	Hiking:	Fitness: ★★★★★
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[lechtauer.com/en/spielernd-wandern-gipsis-raetselweg](https://www.lechtauer.com/en/spielernd-wandern-gipsis-raetselweg)



5

## FAMILY HIKE SPIELEND WANDERN & GIPSIS RÄTSELWEG TRAIL



**This interactive family hike through the Gipslöcher Nature Reserve combines learning and fun with educational panels that encourage playful exploration.**

On the trail connecting Oberlech, Petersboden, and the [5] **Kriegeralpe hut**, enjoy a mix of nature play, hiking, physical activity, and fascinating insights into the unique geological features of the gypsum holes.

Start your adventure comfortably by taking the [1] **Bergbahn Oberlech cable car** to the hike's starting point. At the mountain station, take the sloping path uphill. Shortly after passing the Hotel Golden-er Berg, the trail branches off to the left. Follow it to the next junction, where a path to the [2] **lower gypsum holes** begins on the right.

Along the way, eight nature games invite you to explore the Gipslöcher Nature Reserve. These activities combine creativity and movement, helping you discover the unique mountain and alpine landscapes of Lech. Simply scan the QR codes on the panels for instructions.

After completing the nature games, follow the forestry track past the [3] **"Der Wolf" hut** to the [4] **Petersbodenbahn mountain station**.

There, Gipsis Rätselweg trail begins. This adventure takes you through six stations in the middle and

upper gypsum holes, where you'll uncover hidden caves and solve riddles left behind by trolls.

Scan the QR codes at each station to crack the puzzles and discover the secret numerical code. After finishing the puzzle trail, take the Petersbodenbahn chairlift to the starting point of your hike.

This hike offers a delightful blend of education, play, and adventure for the whole family!

## ! OUR TIP

**Special features:** You will need a mobile phone to scan the QR codes for the information boards on both trails.

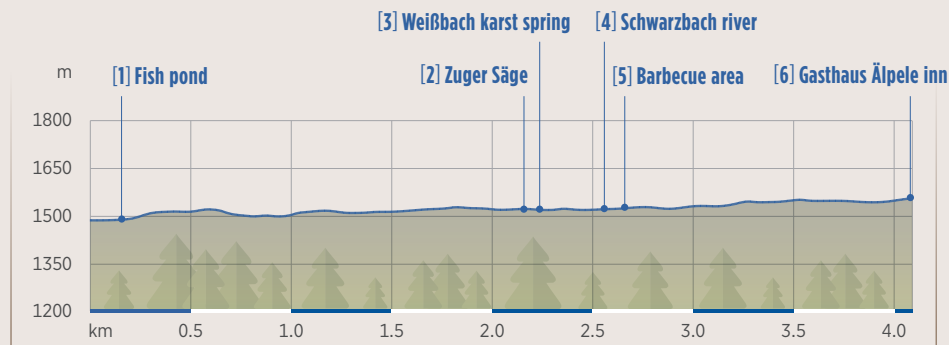
Gipsis Rätselweg trail: The puzzle map for the trail is available at Bergbahn Oberlech cable car and at the Dorfhus information desk.

**Places of interest:** in terms of number and appearance, the gypsum holes and more than 1,000 sinkholes are geological features unequalled in Europe.

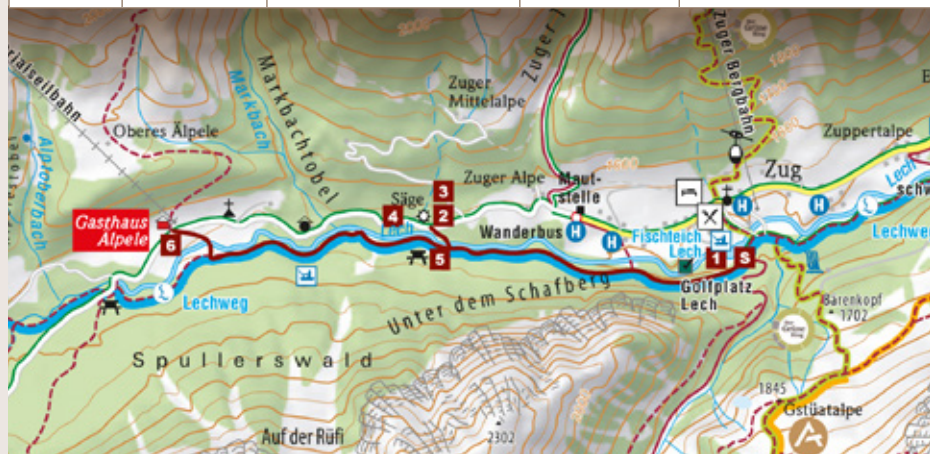
This hike is particularly scenic when the orchids are in bloom from July to mid-August.

**Refreshment stops:** restaurants in Lech and Oberlech, Der Wolf and Kriegeralpe huts.





Duration: 45 m Distance: 4.1 km Difference in altitude: ▲ 120 m Hiking: Fitness: ★★★★★



## ! WORTH KNOWING

The very fact that Lech spring water originates from high in the Alps is a guarantee of pure, natural drinking water, as far as possible uncontaminated by manmade pollutants.

Even the most stringent of tests have not detected any heavy metals, pesticides or hydrocarbons in the Schwarzbach spring water. At approximately 1 mg per litre, the

absolutely undesirable nitrates are also around fifty times lower than permitted values (this is, however, exceeded in many other places of intensive farming).



lech-rivers.com/en/on-crystal-clear-paths



## 6 FAMILY HIKE ON CRYSTAL-CLEAR PATHS

On this hike you'll discover the source of Lech spring water, also fondly known as "Chateau Madloch" or "Schwarzbach Riesling".

From the hike starting point at the Dorfhus, follow the Lechuferweg riverside trail described previously to Zug, or take the hiking bus to "Kirchle". Go past the [1] fish pond and continue upstream on the left bank of the Lech river.

You can cross the river by a bridge and soon you come to the [2] Zuger Säge, the site of the unspoilt [3] Weißbach karst spring. Just 100 metres along the asphalt toll road into the valley you'll find the source of the [4] Schwarzbach river.

Return over the bridge to the [5] barbecue area and follow the hiking trail along the course of the river until you can cross the Lech parallel with the [6] Gasthaus Äpele inn.

You can take a break here and return to your starting point by bus.

## ! OUR TIP

**Special features:** fly fishing is permitted on parts of the Lech river. Contact the Dorfhus information desk for further information and fishing permits.

**Places of interest:** the municipality of Lech's water supply meets all the criteria for classification as "Suitable for a low-sodium diet" and "Suitable for preparation of baby food".

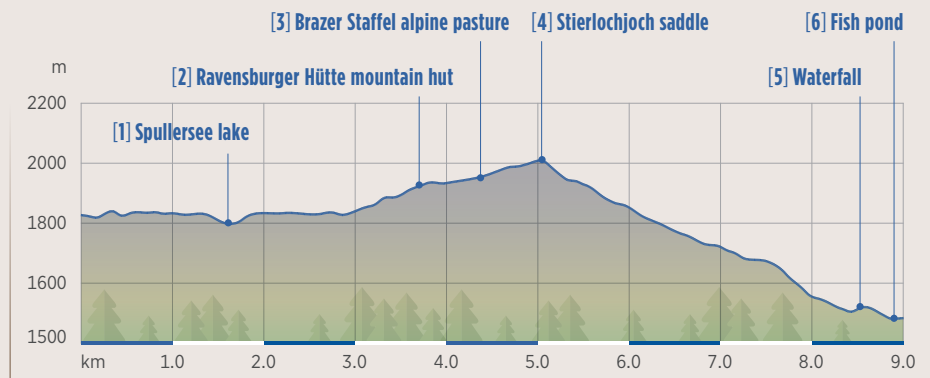
At the Zuger Säge, you can impressively witness how water power was once used for processing wood.

**Refreshment stops:** restaurants in Lech am Arlberg and Zug, the fish pond and Gasthaus Äpele inn.









Duration: 3 h	Distance: 9.0 km	Difference in altitude: ▲ 230 m	Hiking:	Fitness: ★★★★★
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lechsees.com/en/through-the-stierlochjoch



## 8 FAMILY HIKE RAVENSBURGER HÜTTE MOUNTAIN HUT - SPULLERSEE LAKE

**The trail to the Ravensburger Hütte hut is a great experience for the whole family, with lovely views of the Spullersee lake.**

From the Dorfhus take the Wanderbus (hiking bus) towards Spullersee (free for Lech Card holders). You get off at the last stop, from where you can walk round the [1] **Spullersee lake** on a broad alpine pasture trail. The trail only starts to rise after you've left the lake behind.

Alternative option: Instead of the lake circuit, you can take the direct hiking trail to the Ravensburger Hütte hut from the bus stop.

You can take a refreshment break at the [2] **Ravensburger Hütte** mountain hut and enjoy gorgeous views of the lake. Now fortified, continue uphill on the alpine pasture trail for a short distance. Keep to the left and you come to the [3] **Brazer Staffel** alpine pasture. Continue uphill on the trail between the house and stable and, after a few bends, you reach the highest point, the [4] **Stierlochjoch** saddle (2,009 m).

From here it's a moderately steep downhill descent. After a few metres you leave the wide trail and continue straight on through the stands of pine and then through the forest.

You come to the forestry and alpine pasture road. Here you go uphill to the right for a short time and you soon come to a narrow trail signposted to the "Wasserfallweg" trail branching off to the left, which takes you down to the [5] **waterfall**. Shortly after the waterfall there's a lovely barbecue area that's highly recommended on hot days.

Follow the trail further downstream towards Zug. You come to a wide footpath and can now either go right, along the banks of the Lech river towards Lech am Arlberg, or left to the [6] **fish pond** and from there take the hiking bus back to your starting point.

### ! OUR TIP

**Special features:** Spullersee lake is also suitable for fishing. Fishing permits can be obtained from various places, including the Dorfhus information desk.

**Places of interest:** Spullersee – In 1925, the lake was dammed up by the Austrian Federal Railways for the electrification of the Arlberg railway.

**Refreshment stops:** Ravensburger Hütte hut, Brazer Staffel alpine pasture, fish pond, restaurants in Lech am Arlberg and Zug.

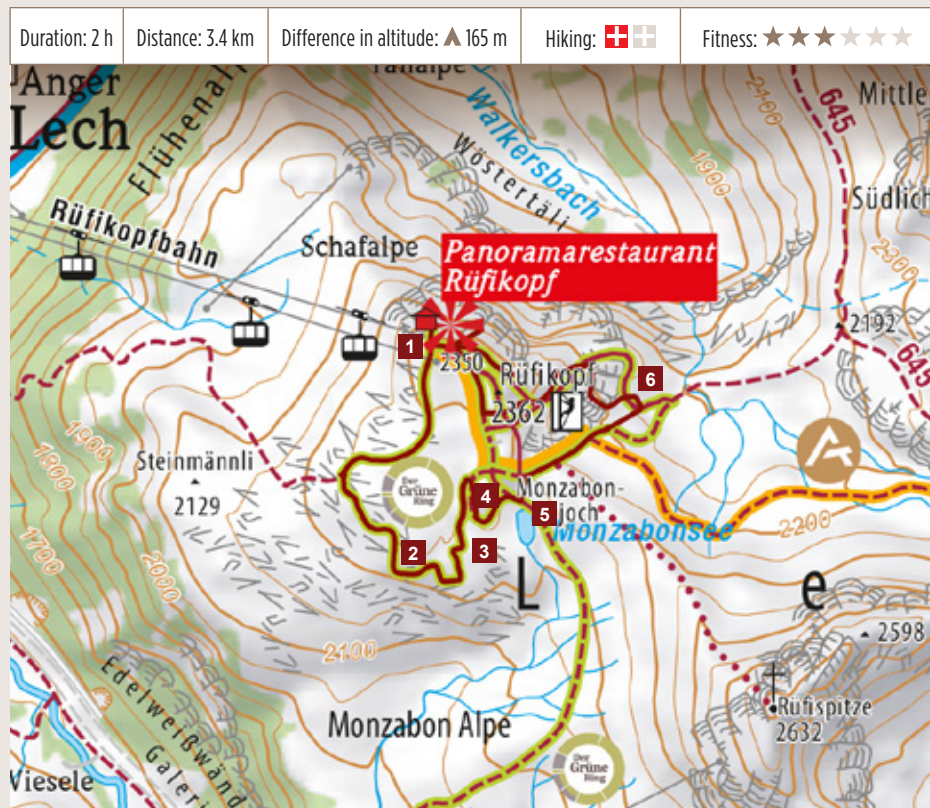
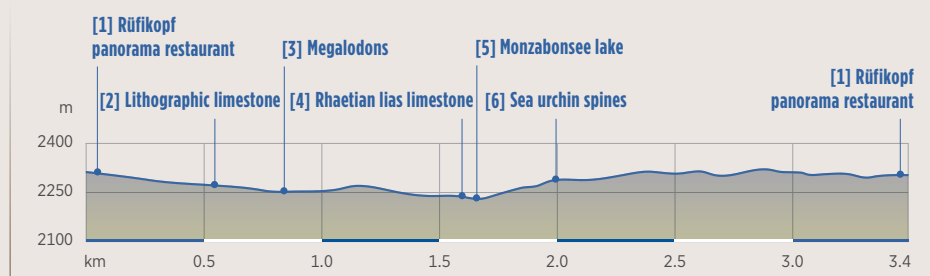


# Themed hikes

The mountain world around Lech am Arlberg is impressive for more than just its landscapes. Join us on a journey through millions of years of Earth's history. Discover a different time dimension along the certified geological trails at the Rüfikopf mountain or in the Steinernes Meer karst plateau, where ancient fossils make their presence known. But the region also has a lot to offer culturally. On the Tannberg trails you can immerse yourself in the history of the Walser people, who migrated from the Swiss canton of Valais around 1300.

<b>9</b>	Geoweg Rüfikopf trail	26-27
<b>10</b>	BlütenReich Rüfikopf trail	28-29
<b>11</b>	Steinernes Meer karst plateau – Formarinsee lake	30-31
<b>12</b>	Gafri trail – Stuben culture & high-altitude circular	32-33
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## 9 THEMED HIKES GEOWEG RÜFIKOPF TRAIL

The “stone witnesses” along the geological circular trail take you on a fantastic journey back through thousands of years, unveiling the secrets of a world which conjures up new dimensions of time.

Enormous tectonic forces, fascinating geological processes and far-reaching climatic influences have shaped the Rüfikopf mountain over hundreds of millions of years.

Its rocks tell the story of the rise and fall of sea levels and entire continents, its sediments contain valuable relics, its shape tells of the emergence of the Alps, as well as of the formative influence of mighty glaciers.

Alternative option: If you don't want to hike the entire Geoweg trail, you can immerse yourself in the fascinating world of geology on the SteinZeitWeg Rüfikopf trail, starting at the Rüfikopf panorama restaurant.

## ! OUR TIP

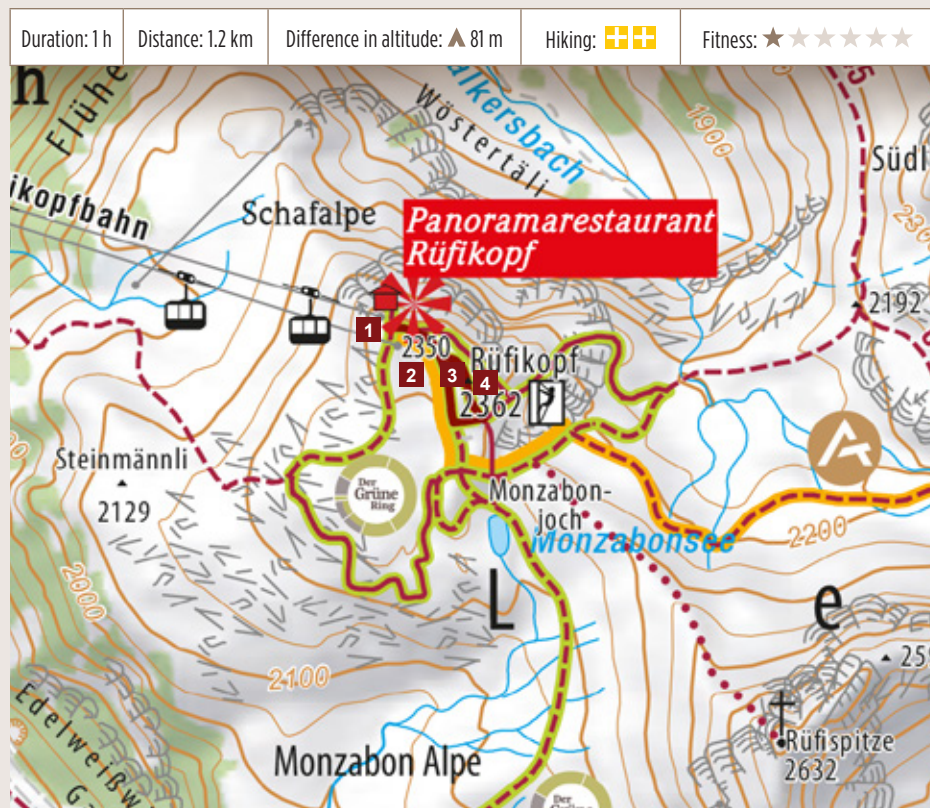
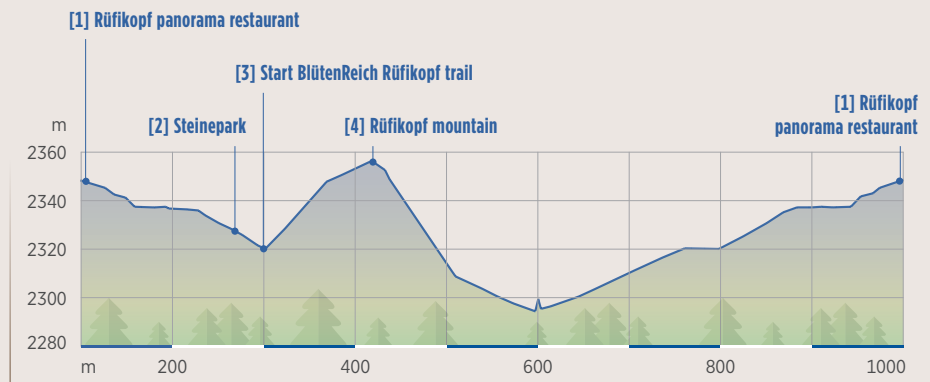
**Special features:** on the hike, every special geological feature along the trail is marked with a number or a capital letter. There is also a guided geological trail hike every Wednesday (included in the Lech Card).

The accompanying brochure is available at the Dorfhus information desk, at the ticket office of the Rüfikopfbahn cable car and in the Rüfikopf panorama restaurant for €5.

**Places of interest:** “stone witnesses” - the Geoweg trail's markings and signs follow the chronology of the earth's history as closely as possible. There's a wide variety of fossils to admire as well as all sorts of different rock strata.

**Refreshment stops:** Rüfikopf panorama restaurant and restaurants in Lech am Arlberg.





lechosers.com/en/blutenreich-ruikopf



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## THEMED HIKES STEINZEITWEG & BLÜTENREICH RÜFIKOPF TRAILS



### Fantastic natural wonders, resilient and inventive.

The **SteinZeitWeg Rükopf** trail offers a unique selection of geological treasures on a short and easy route along the heights of the Rükopf mountain. At the end of the trail, you'll find a stone park with even more unique "stone witnesses" of the past. This is also where the themed trail "**BlütenReich Rükopf - Path of a thousand colors**" begins:

The Alpine plants that thrive in these zones are among the most ingenious the plant world has to offer. They withstand temperature fluctuations of up to 40°C within a single day, endure metres of snow, and often use only brief windows of time to germinate, bloom, and bear fruit.

Along the circular route, you'll find numerous information stations about the geological and botanical specialities of the area.

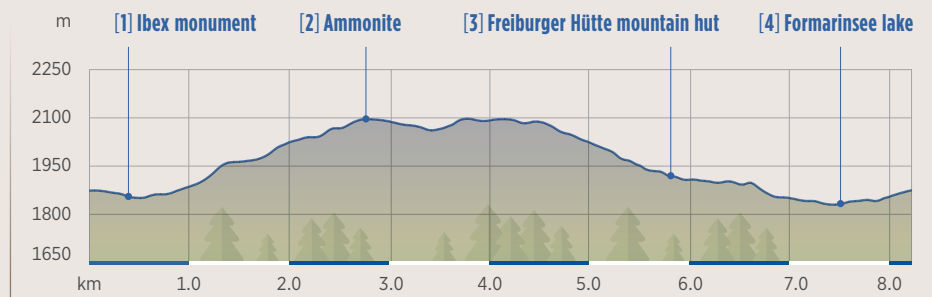
### ! OUR TIP

**Special features:** Please do not pick the flowers! Most of them are strictly protected! Also, please stay on the nature trail to avoid trampling damage.

For the BlütenReich Rükopf trail, an Alpine flower booklet is available at the Dorfhus information desk, at the Rükopfbahn ticket office and in the Rükopf panorama restaurant for €7.

**Refreshment stops:** Rükopf panorama restaurant and restaurants in Lech am Arlberg.





Duration: 3 h	Distance: 8.2 km	Difference in altitude: ▲ 350 m	Hiking:	Fitness: ★★★★★
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lechner.com/en/geology/hike-sea-of-stone-freiburger-hutte



## 11 THEMED HIKES STEINERNES MEER KARST PLATEAU - FORMARINSEE LAKE



### Dive into a petrified sea of corals, mussels, tower snails and ammonites.

From the Dorfhut take the hiking bus towards Formarinsee lake and get off at the final stop (free for Lech Card holders). Follow the road back to the Alpe Formarin pasture hut.

After the hut, a meadow trail branches off to the right. This takes you across the alpine meadows, past the [1] **Steinbock-Denkmal** (Ibex memorial). At the next fork follow the signposted trail to the right uphill.

After the climb you come to the first site [a]. All the sites are identified on the metal casings by the respective letters. The trail continues along the marked sites across the [b] karst plateau.

At the next fork you bear left to another [c] site where there are countless belemnites, nautili and [2] **ammonites** to discover in the red lias. Return to the fork and follow the trail straight ahead, past the [d] megalodons. Stay on this trail until you reach the [3] **Freiburger Hütte mountain hut** where you can take a break and enjoy the views of the [4] **Formarinsee lake**.

From here you can either follow the wide farm track left around the lake, or take the shorter, narrower hiking trail ("Felsensteig" trail) on the right. This trail is only recommended, however, for experienced hikers who have the necessary head for heights. This trail is not recommended in wet conditions!

Alternative option: On the way to the Freiburger Hütte mountain hut, we recommend a detour to the Formaletsch peak, where you can enjoy the view over the Steinernes Meer karst plateau and the Rote Wand mountain.

### ! OUR TIP

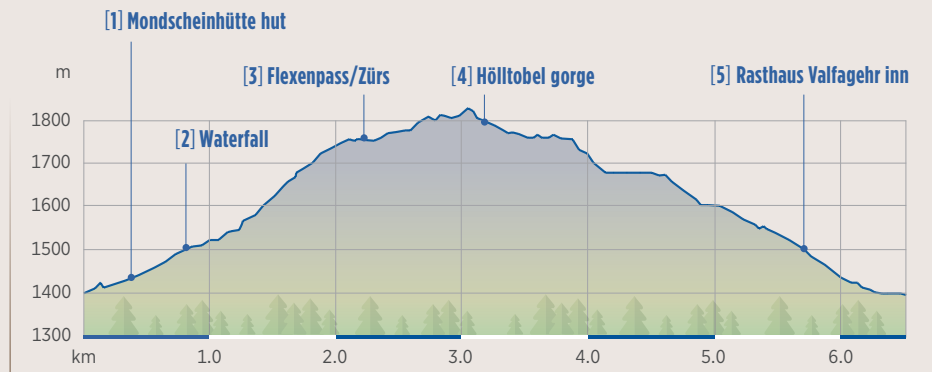
**Special features:** you can look at and handle fossils up to 200 million years old.

**Places of interest:** Formarinsee lake was voted the most beautiful place in Austria in 2015.

Steinernes Meer – a huge accumulation of fossils, including fossils of what Austrian hunters call "Steinbockhorn" (ibex horn).

**Refreshment stops:** restaurants in Lech am Arlberg and Zug, Alpe Formarin alpine pasture, Gasthaus Älpele inn and Freiburger Hütte hut.





12

## THEMED HIKES

### GAFRI TRAIL – STUBEN CULTURE & HIGH-ALTITUDE CIRCULAR HIKING TRAIL

Discover the history of the Arlberg and the small mountain village of Stuben on this cultural and historical hiking trail – individual stations invite you to experience the history of this wonderful mountain sports and hiking region via QR codes!

Start in Stuben and follow the village street through the pedestrian zone to the edge of the village. At the avalanche protection wall, cross the road and follow the Stuben circular hiking trail, gently ascending towards Flexenpass, passing small alpine huts along the way. Shortly after the [1] "Mondscheinhütte hut," cross the stream again to the right onto the gravel path. At the end of the gravel path, cross the Flexenbach stream again at the [2] Waterfall and ascend steeply up the Franz-Josef-Weg trail in the direction of the [3] Flexenpass/Zürs. The first great views of Stuben can be enjoyed from the top.

Cross the L 198 and follow the signposted Gafri trail, always above the Flexengalerie – passing the [4] Hölltobel gorge, small mountain huts and alpine stables in the direction of Alpe Rauz. It is worth stopping off at the [5] Rasthaus Valfagehr inn.

Now follow the hiking trail down through the Rauztobel gorge towards Stuben. At the end of the ravine, cross the bridge to the right and you are back at the starting point.

## ! OUR TIP

**Special features:** The Flexenpass road is one of the most spectacular in the Alps. It was carved directly into the mountain and has led from Stuben to Lech for more than 125 years.

**Places of interest:** Flexengalerie, European watershed, Flexenpass and Hölltobel

**Refreshment stops:** Rasthaus Valfagehr inn and restaurants in Stuben



The logo for Tannberg, featuring a stylized mountain peak icon to the left of the word "TANNBERG" in a bold, sans-serif font.

TANNBERG

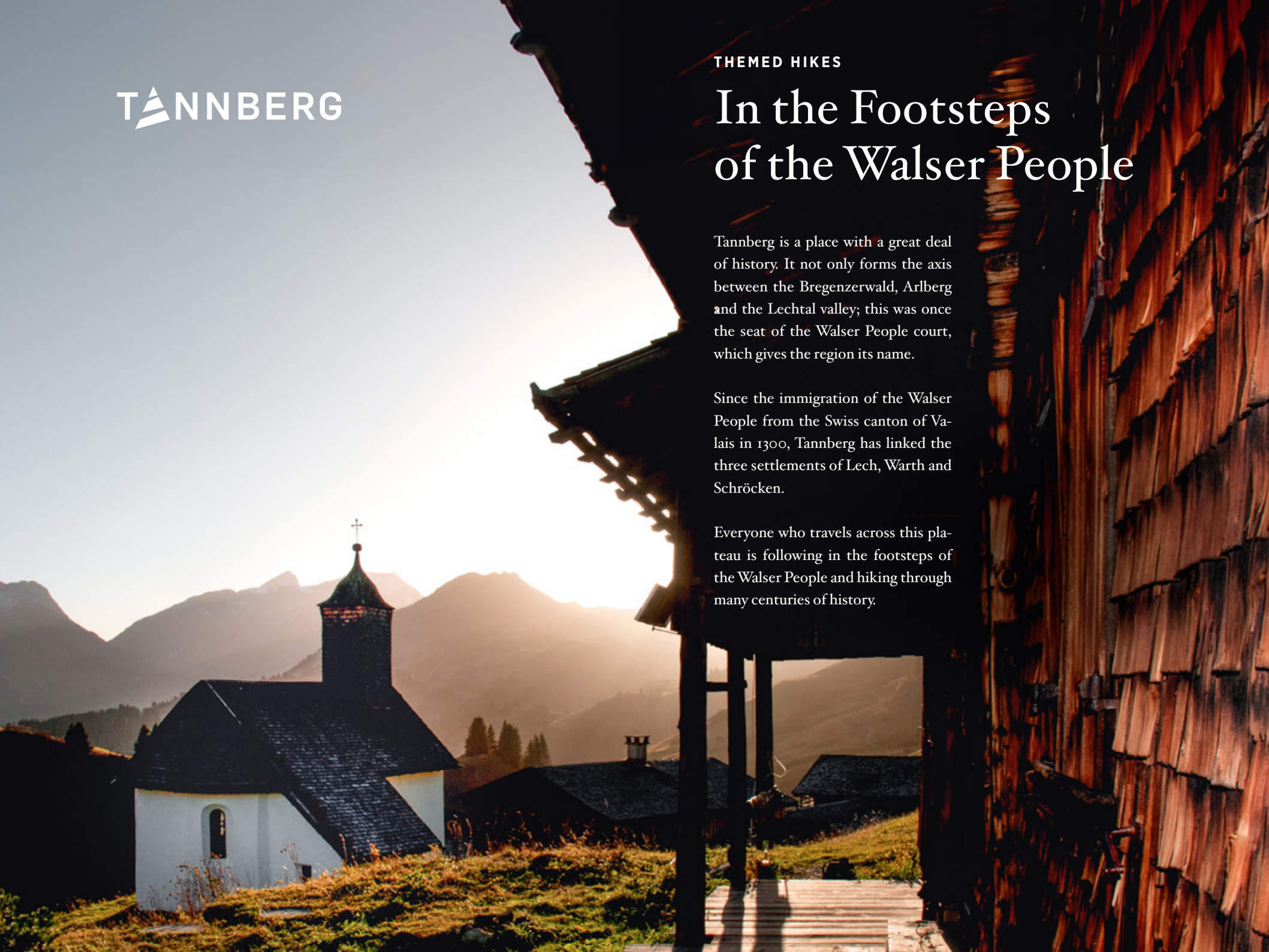
THEMED HIKES

# In the Footsteps of the Walser People

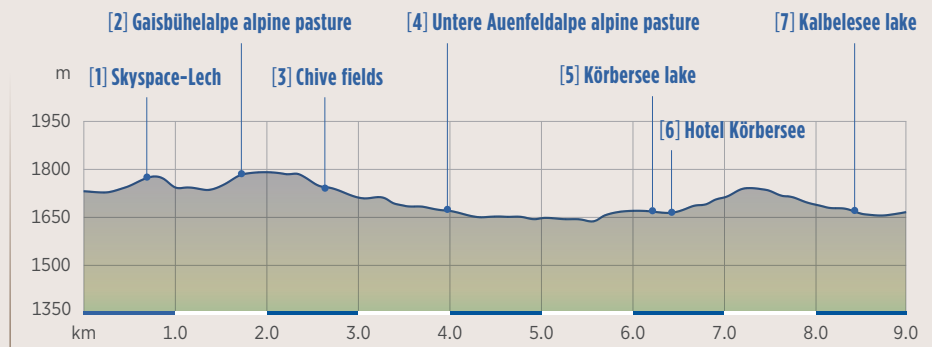
Tannberg is a place with a great deal of history. It not only forms the axis between the Bregenzerwald, Arlberg and the Lechtal valley; this was once the seat of the Walser People court, which gives the region its name.

Since the immigration of the Walser People from the Swiss canton of Valais in 1300, Tannberg has linked the three settlements of Lech, Warth and Schröcken.

Everyone who travels across this plateau is following in the footsteps of the Walser People and hiking through many centuries of history.







Duration: 2 h Distance: 9.0 km Difference in altitude: ▲ 307 m Hiking: Fitness: ★★★★★



lechos.com/en/tannberg



13

## THEMED HIKES TANNBERG - IN THE FOOTSTEPS OF THE WALSER PEOPLE

TANNBERG

**The hike takes you along the footsteps of the Walser people from Lech am Arlberg to Warth.**

From the Dorfhus take the hiking bus and get off at the final stop „Schlössle“. Follow the road uphill until an asphalt minor road branches off to the right. Follow this to the [1] **Skyspace-Lech** work of light art. From here a well-surfaced trail takes you to the right downhill to the far end of the ravine. Now cross to the other side over a wooden bridge and continue uphill to the [2] **Gaisbühelalpe alpine pasture**.

Continue across colourful mountain meadows with extensive [3] **fields of chives** to the Auenfeldsattel saddle. Branch off to the left here onto the wide alpine pasture trail until you reach the [4] **Untere Auenfeldalpe alpine pasture**. Continue left on the alpine pasture trail, following the stream out through the Auenfeld valley until a narrow trail branches off to the right towards the Körbersee lake. Follow the trail uphill and you soon have a wonderful view of the [5] **Körbersee lake**.

The trail now follows the slope downhill to the lake shore. Continue along the shore to the [6] **Hotel Körbersee**. Go past the hotel on a much wider alpine pasture trail up and down until you reach the [7] **Kalbelese lake**. From here it's just a few more metres along the right-hand side of the main road

to the bus stop. Take the hiking bus back to your starting point.

Option: instead of following the narrow trail towards the Körbersee lake, stay on the wide alpine pasture trail which takes you straight to the [8] **“uf'm Tannberg” alpine pasture museum** and the Batzenalpe alpine pasture hut. After visiting the Alpine pasture museum and perhaps a refreshment stop at the Batzenalpe alpine pasture, you continue uphill on the trail to the right which takes you straight to the Hotel Körbersee. From here follow the route as already described until you reach the end of this hike.

### ! OUR TIP

**Special features:** In the Footsteps of the Walser People on the Tannberg – the guide book is available at the Dorfhus information desk for €16.50.

**Places of interest:** Skyspace-Lech, “uf'm Tannberg” alpine pasture museum – former alpine dairy and ancient legacy of the Walser people.

Körbersee lake – most beautiful place in Austria 2017

**Refreshment stops:** restaurants in Lech am Arlberg and Oberlech, Auenfeldhütte alpine pasture and Hotel Körbersee.









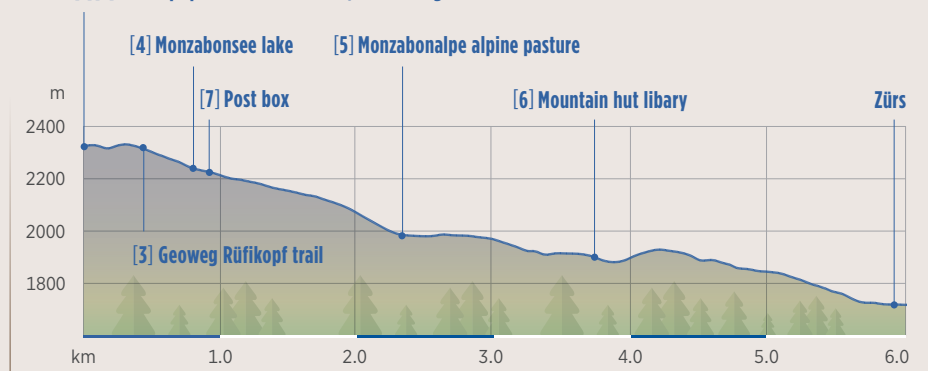
# Der Grüne Ring

“The Green Ring” hiking trail leads in three one-day stages through the beautiful Lech Zürs am Arlberg mountain landscape. Discover the legendary “The White Ring” ski circuit from a completely different perspective. With the help of the ‘legend book’ and its artfully staged world of legends, your hike becomes a journey of discovery for young and old. Immerse yourself in a realm of nature, tradition and colourful fantasy.

15	The Green Ring - Stage 1	42-43
16	The Green Ring - Stage 2	44-45
17	The Green Ring - Stage 3	46-47



# [1][2] Rüfikopf panorama restaurant/summit register



Duration: 2 h Distance: 7.2 km Difference in altitude:  $\blacktriangle$  111 m Hiking: Fitness: ★★★★★



lechner.com/en/the-green-ring-32-log



## 15 STAGE 1 THE GREEN RING



### Hike the first section of The White Ring along Monzabonsee lake to Zürs am Arlberg.

Take the Rüfikopfbahn cable car onto the [1] **Rüfikopf mountain** (2,350 m). At the top, the [2] **summit register** is waiting for you to record your experiences.

Alternative option: Rather than taking the Rüfikopf cable car, you can also climb the mountain from Lech via the Schafalpweg trail.

Now follow the [3] **Geoweg Rüfikopf trail** downhill in the direction of the [4] **Monzabonsee lake**. From there continue downhill to the [5] **Monzabonalpe alpine pasture**.

Shortly before crossing the Pazüelbach stream you come to a unique feature, the [6] **Mountain hut library**, where you can choose a good book, have a read and spend some time relaxing. Continue on the wide mountain trail past the Trittalbahn valley station, then slightly uphill again until the trail descends moderately steeply towards Zürs am Arlberg.

When you reach Zürs, you can return to your starting point on the hiking bus or take a short detour to the European watershed on the Flexenpass.

At the pass, cross the road and you come straight to this unique and impressive feature right next to the Flexenhäusl restaurant.

### ! OUR TIP

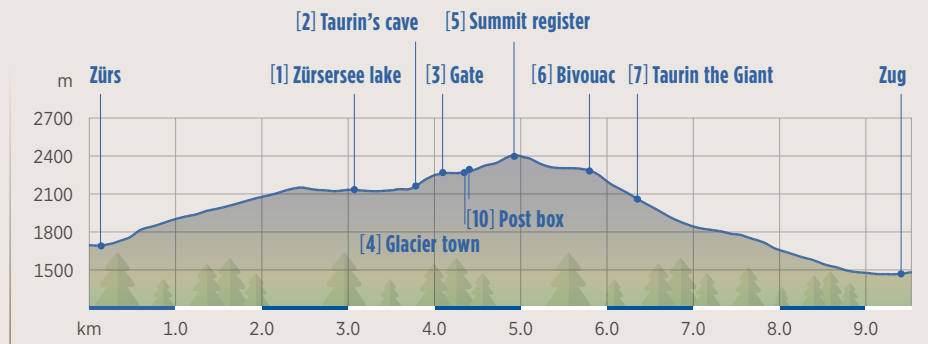
**Special features:** on this three-day hike you can explore a world of humorous and charming contemporary legends. You can get a copy of the book entitled "A Samurai on the Kriegerhorn" for €12 from the Dorfhus information desk.

**Places of interest:** The European watershed at the Flexenpass – it is here that the water divides and flows either into the Black Sea or the North Sea.

**Refreshment stops:** restaurants in Lech am Arlberg, Rüfikopf panorama restaurant, Monzabonalpe alpine pasture and Trittalpe hut.

Free postcards for you to write and post are available at the [7] **Post box** by the Monzabonsee lake. The postcards are collected and sent on once a year.





lechner.com/en/the-green-ring-2nd-leg



16

## STAGE 2 THE GREEN RING

The longest section of The Green Ring is also the most diverse. It leads past the Zürssee lake over the Madlochjoch ridge into the Zugertal valley.

At the edge of Zürs, the hiking trail leads up to Seekopf mountain. After the first ascent, the Seekopf mountain restaurant offers a chance to recharge and enjoy the stunning view of the [1] Zürssee lake.

If you don't want to tackle the trail, you can take the Seekopfbahn cable car to Zürssee lake. There's a jetty on the lake where you can take a break and enjoy the crystal-clear lake in its gorgeous mountain setting.

Continue uphill past [2] Taurin's cave and the [3] Gate as far as the [4] Glacier Town by the Madloch, where there's another [10] Post box. From there continue to the highest point, the Madlochjoch ridge, where there's another [5] summit register in which you can achieve immortality!

Now follow a rather narrow trail across some limestone terrain down onto the saddle between the Stierlochkopf and Zuger Mittagsspitze mountains.

The [6] bivouac is located here on the top. Continue down the hairpin bends past [7] Taurin the Giant until you come to another hiking trail. Keep to the right here, and shortly afterwards branch off down to the left. Continue downhill until you get to the Lechweg trail.

Here you can branch off to the left and take a short diversion to the hidden [8] waterfall.

Or you can stay on the trail which leads you past the [9] fish pond and on to the bus stop in Zug village centre.

### ! OUR TIP

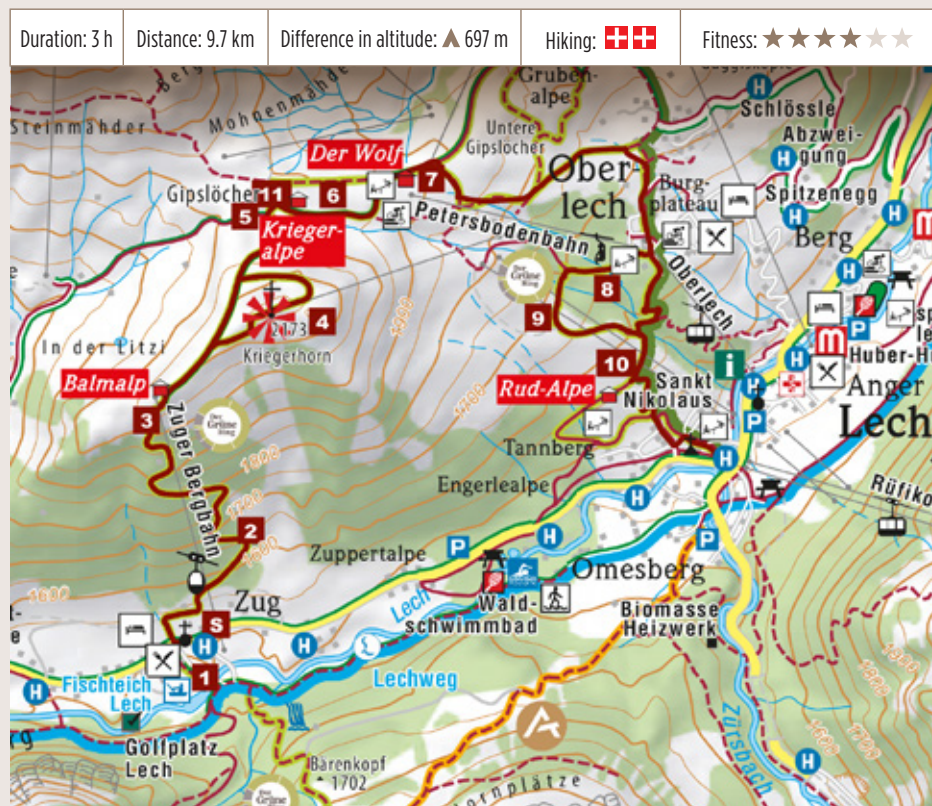
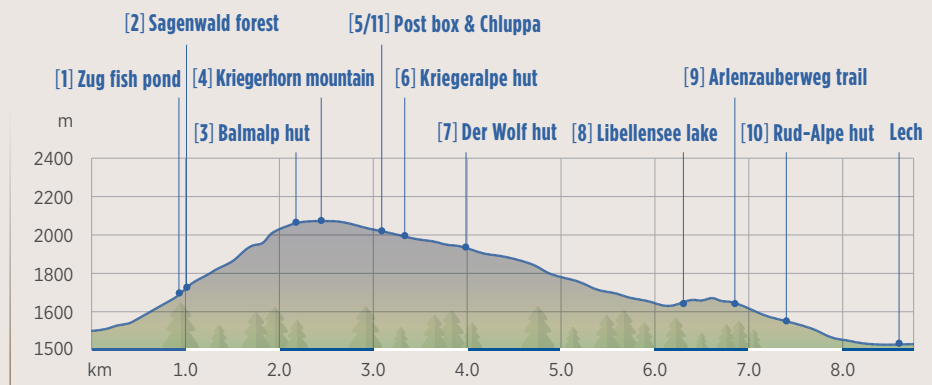
**Special features:** the bivouac provides accommodation for anyone keen to experience something unique, and prepared to cope with rather Spartan facilities.

**Places of interest:** Taurin the Giant - a giant wooden figure - is standing at a rock fissure and, according to legend, trying to transport the rubble back up to the top again.

**Refreshment stops:** Seekopf mountain restaurant, restaurants in Lech am Arlberg, Zug and the fish pond.







**High above Lech am Arlberg, the third stage leads from picturesque Zug through the Sagenwald (legend forest) to the Kriegerhorn mountain and across the gentle meadows of Oberlech.**

At the Dorfhus catch the hiking bus towards Zug. Get off at the “Kirchle” stop and follow the asphalt road through the village as far as the fork to the [1] fish pond.

A meadow trail branches off here and leads up through the “Graben” to the alpine pasture fence. Follow the trail diagonally to the right to the edge of the wood. A trail through the woods then rises steeply through the [2] **Sagenwald forest** to the [3] **Balmalp hut**. From there continue on a fairly wide alpine pasture trail that is at first quite flat but soon becomes steeper to the right up to the [4] **Kriegerhorn mountain** (2,173 m).

Continue to the next highlight, the [5] **Chluppa** (stone wall), and go past the [11] **Post box** and the reservoir to the [6] **Kriegeralpe hut**. After a fortifying snack, continue on the broad alpine pasture trail. Soon a trail branches off to the right, taking you to the [7] **Der Wolf hut**.

At the next fork, follow the pretty hiking trail to the left, downhill across the blooming mountain pastures to Oberlech and the Bergbahn Oberlech cable car mountain station.

Follow the trail trough the wood past the [8] **Libellensee lake** on the [9] **Arlenzauberweg trail** across the extensive meadows on the Schlegelkopf mountain. From here follow the broad farm track down a moderately steep slope to the [10] **Rud-Alpe hut**, where you can enjoy a well-earned refreshment stop on the wonderful sun terrace. From the Rud-Alpe hut you can hike back to the village along the Grüner Rätselfing trail with fantastic views of Lech am Arlberg.

Alternative option: With the help of the Zugerbergbahn cable car, Petersbodenbahn chairlift, and Bergbahn Oberlech cable car, the tour can be shortened according to preference.

## ! OUR TIP

**Special features:** the [2] **Sagenwald** – in this fairy-tale forest you'll find carved mythical creatures at every turn.

**Places of interest:** Libellensee lake – this peaceful pool lies tucked away in the heart of a wood, with countless fairy-tale creatures residing on its banks.

**Refreshment stops:** Balmalp, Wolf and Rud-Alpe huts, and restaurants in Lech am Arlberg, Zug and Oberlech.



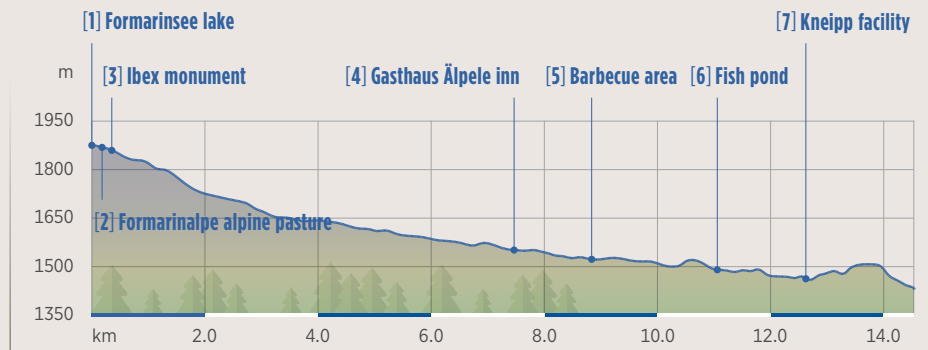
# The Lechweg trail



Along the Lechweg trail you follow the Lech river from its source near the Formarinsee lake to the Lechfall waterfall in Füssen im Allgäu region. This hiking trail, which has been awarded the European “Leading Quality Trails of Europe” certificate, takes you more than 125 km through one of Europe’s last wild riverine landscapes.

18	Lechweg trail - Stage 1	50-51
19	Lechweg trail - Stage 2	52-53





Duration: 5 h Distance: 14.3 km Difference in altitude: ▲ 195 m Mountain hiking: Fitness: ★★★★★



[lechweg.com/en/lechweg-from-the-source-to-the-fall-1st-stage](https://lechweg.com/en/lechweg-from-the-source-to-the-fall-1st-stage)



## 18 STAGE 1 LECHWEG TRAIL

**Lechweg**  
von der Quelle bis zum Fall

**The first section leads directly through the headwaters area of the famous alpine Lech river.**

From the Dorfhus take the hiking bus (free for Lech Card holders) to Formarinsee lake. It is advisable to take one of the first buses.

At the end of the bus line, follow the farm track gently downhill to the [1] **Formarinsee lake**, where you can enjoy a wonderful panoramic view of the lake. Turn round and follow the road back to the [2] **Formarinalpe alpine pasture**. After the hut, a meadow trail branches off to the right. This takes you across the alpine meadows, past the [3] **Steinbock-Denkmal** (Ibex memorial).

At the next fork, follow the marked trail on the left out of the valley, following the Lech river, past the [4] **Gasthaus Äpele inn** to the [6] **fish pond** in Zug. From here, follow the Lech riverside trail, as already described, back to your starting point.

Along the route you'll come across some interesting places to take a break such as the [7] **Kneipp facility**, idyllic [5] **barbecue areas** and inviting inns.

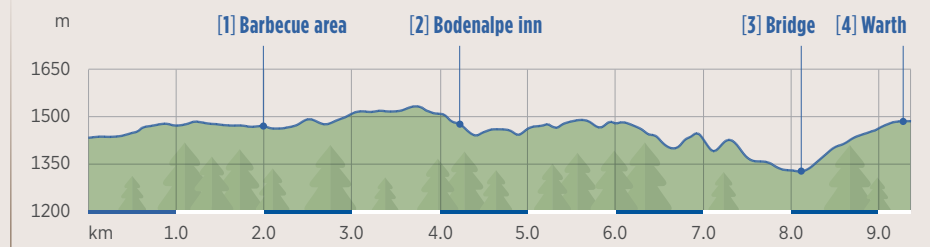
### ! OUR TIP

**Special features:** further information about the long-distance hiking trail is available from Dorfhus information desk and at [www.lechweg.com](https://www.lechweg.com).

**Places of interest:** Formarinsee lake is a natural mountain lake where fishing is also allowed. Fishing permits can be obtained from the Dorfhus information desk.

**Refreshment stops:** Formarinalpe alpine pasture, Gasthaus Äpele inn, fish pond, restaurants in Zug and Lech am Arlberg.





Duration: 3 h Distance: 9.3 km Difference in altitude: ▲ 370 m Mountain hiking: Fitness: ★★☆☆☆☆



## 19 STAGE 2 LECHWEG TRAIL

**Lechweg**  
von der Quelle bis zum Fall

**A leisurely section with little difference in altitude, which runs above the "Lech Canyon."**

The hike starting point is in front of the Dorfhüs. Follow the Flüheweg trail to the Stubenbach district, where you will find another [1] **barbecue area**.

Follow the "Bodenalpe" hike as already described as far as the steep narrow trail that branches off sharply to the left towards the [2] **Bodenalpe inn**.

The broad forestry track gradually narrows and leads to a [3] **bridge** above the "Lechschlucht" gorge, which takes you over the Lech river.

From here the trail first leads uphill via a cart track and later via a narrow asphalt road which ends in [4] **Warth** village centre.

From here you can take the hiking bus back to Lech am Arlberg. If you've enjoyed the Lechweg trail, you can extend your hike to Füssen im Allgäu.

## ! OUR TIP

**Special features:** The short section from Lech to Warth is also suitable as a half-day tour in uncertain weather conditions.

**Places of interest:** Warth village centre – St Sebastian Parish Church and the Walserhus are impressive evidence of the Walser Peoples' craftsmanship.

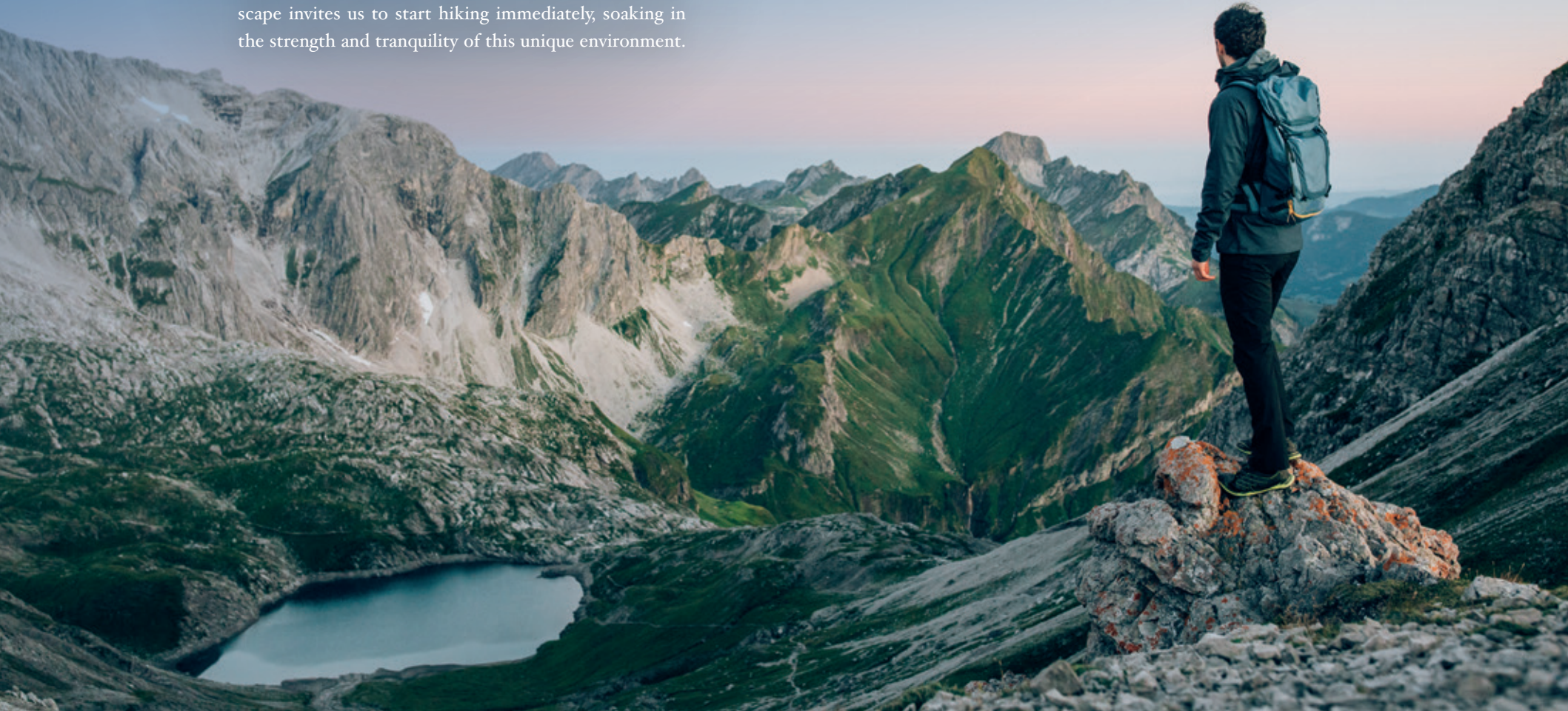
**Refreshment stops:** Bodenalpe inn und restaurants in Warth and Lech am Arlberg.



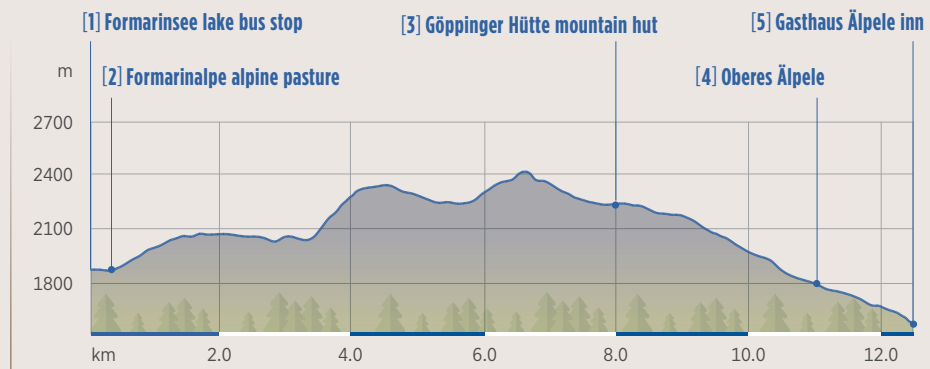
# Mountain hikes

The mountains open up an entirely new world for us – one where we can leave the worries of everyday life behind. While hiking in the mountains of Lech am Arlberg, we not only encounter breathtaking views but also find a deep inner peace. The beauty and stillness of nature allow us to take a deep breath as we climb higher, step by step. In the grandeur of the mountains, many things that once seemed like insurmountable obstacles suddenly feel much smaller. The impressive diversity of the mountain landscape invites us to start hiking immediately, soaking in the strength and tranquility of this unique environment.

<b>20</b>	Göppinger Hütte mountain hut - Steinmayerweg trail	56–57
<b>21</b>	Stuttgarter Hütte mountain hut	58–59
<b>22</b>	Freiburger Hütte mountain hut - Gehrengrat ridge	60–61
<b>23</b>	Ulmer Hütte mountain hut	62–63
<b>24</b>	Kaltenberghütte mountain hut	64–65







Duration: 6 h Distance: 12.5 km Difference in altitude: ▲ 862 m Mountain hiking: Fitness: ★★★★★



[lechner.com/en/over-the-steinmayerweg-to-the-goepinger-hut](https://lechner.com/en/over-the-steinmayerweg-to-the-goepinger-hut)



**From the foot of the Rote Wand mountain, the tour leads along a spectacular high-altitude trail to the Göppinger Hütte mountain hut.**

From the Dorfhus take the hiking bus (free for Lech Card holders) to Formarinsee lake. Get off at the last stop, [1] **Formarinsee**.

Proceed to the [2] **Formarinalpe alpine pasture** where the trail branches off uphill to the left. There's a short, steep ascent secured by steel cables. The trail soon becomes easier as it leads through a wide hollow to the Schönbühl. From here there's first a slight descent to the Oberes Johannesjoch ridge, then a steep descent into a hollow.

You now come to a steep climb to just below the eastern summit of the Johanneskopf mountain. From here the trail leads on an easy incline to the [3] **Göppinger Hütte mountain hut** (2,245 m). After a rest, follow the trail to the right downhill to the Laubegg, from where steep hairpin bends lead down to the [4] **Oberes Älpele**.

The trail becomes a bit wider here and leads gently down to the [5] **Gasthaus Älpele inn**. From here you can take the hiking bus back to your starting point.

## ! OUR TIP

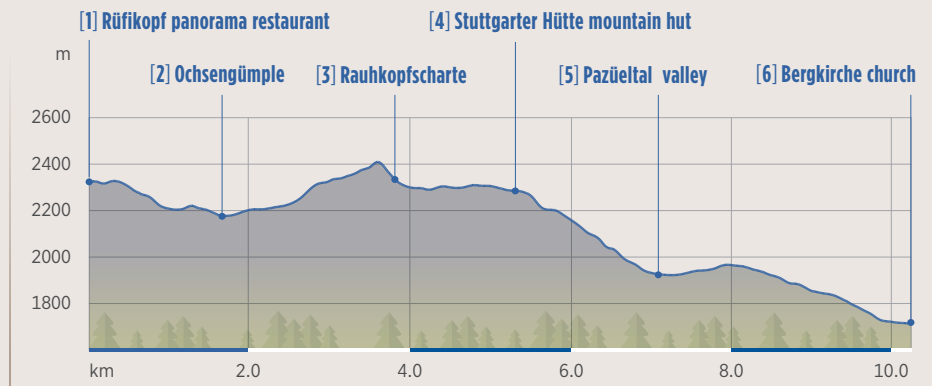
**Special features:** You should attempt this tour early in the morning and only in good weather. Sure-footedness and a head for heights are required at all times.

**Places of interest:** Göppinger Hütte natural rock climbing crag, which you'll find right behind the mountain hut, with around ten different routes for sports climbers.

With a little luck, you might spot ibexes along the way.

**Refreshment stops:** Gasthaus Älpele inn, Göppinger Hütte mountain hut and restaurants in Zug and Lech am Arlberg.





Duration: 4 h	Distance: 10.2 km	Difference in altitude: ▲ 410 m	Mountain hiking:	Fitness: ★★★★★
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leches.com/en/stuttgarter-hut



21

## MOUNTAIN HIKE STUTTGARTER HÜTTE MOUNTAIN HUT

**This wonderful mountain hike takes you through unspoiled dells and across ridges with superb views.**

Take the Rühkopfbahn cable car onto the [1] **Rühkopf mountain** (2,350 m). From there, a wide alpine pasture trail leads down to the signpost.

Take the hiking trail to the left up onto a ridge. From there a short, but relatively steep series of hairpin bends takes you down onto the Bockbachsattel saddle. Keep following the trail downhill to the [2] **Ochsengümpel** valley floor.

The trail leads to the end of the valley with no significant difference in altitude. Only from here is the ascent at first moderate and then steeper until you reach a fork. From here continue uphill, to the right, to the [3] **Rauhkopfscharte**. There's now a gentle descent to the [4] **Stuttgarter Hütte mountain hut**.

After a refreshment stop, follow the moderately steep trail downhill until you come to a mountain stream. From here the descent is quite steep to the floor of the [5] **Pazüeltal valley**.

There's now an easy descent to the Trittaltpe hut. Continue downhill on a farm track until you come to an asphalt minor road in Zürs am Arlberg.

Continue following the road downhill past the [6] **Bergkirche church** until you reach the main road. Here you can catch the hiking bus back to your starting point.

### ! OUR TIP

**Special features:** from the Bockbachsattel saddle there's a magnificent view of the Allgäu Alps all the way to the Zugspitze mountain.

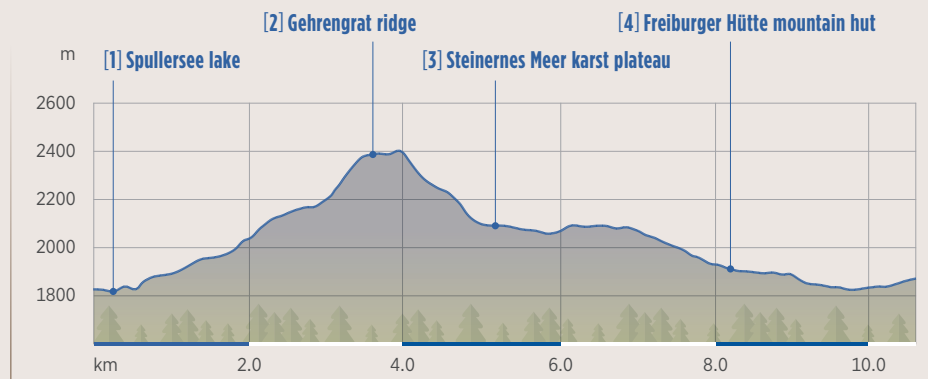
The route to the Stuttgarter Hütte mountain hut is part of the Arlberg Trail from Lech to St. Anton. The white "A" marking indicates the route.

**Places of interest:** Bergkirche Zürs – like a fortress, this sacred building rises several stories.

Stuttgarter Hütte mountain hut: The menu features not only Austrian classics but also Nepalese dishes.

**Refreshment stops:** Rühkopf panorama restaurant, Stuttgarter Hütte mountain hut, Trittaltpe hut, Hotel Enzian and restaurants in Lech am Arlberg.





Duration: 4 h Distance: 11.3 km Difference in altitude: ▲ 521 m Mountain hiking: Fitness: ★★★★★★



lechuers.com/en/gehrens-ridge



22

## MOUNTAIN HIKE FREIBURGER HÜTTE MOUNTAIN HUT - GEHRENGRAT RIDGE

**A challenging trail that rewards hikers with fantastic views.**

From the hike starting point at the Dorfhus take the hiking bus (free for Lech Card holders) to [1] **Spullersee lake**. Get off at the last stop and follow the farm track round the lake. After a few bends a hiking trail branches off to the right and leads to a mountain refuge.

The ascent continues across mountain meadows, then climbing in very tight hairpin bends up to the [2] **Gehrengrat ridge** (2,439 m). You descend on the other side across rough terrain and in very tight hairpin bends to the [3] **Steinernes Meer karst plateau**. The trail over the Gehrengrat ridge is only suitable for experienced hikers with a good head for heights.

There are no major differences in altitude as you follow the trail straight ahead across the karst plateau to the [4] **Freiburger Hütte mountain hut** (1,918 m). After a refreshment break, take the farm track round the lake to the bus stop. The hiking bus (free for Lech Card holders) takes you back to Lech am Arlberg.

**Option:** Experienced hikers can take the narrow "Felsensteig" trail above the east bank which descends gently back to the bus stop. The trail should be avoided in wet conditions and requires sure-footedness and a good head for heights.

### ! OUR TIP

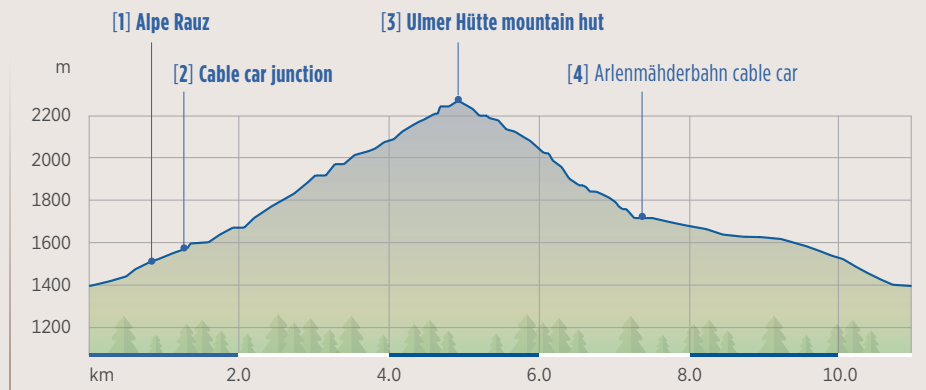
**Special features:** this area is home to Europe's biggest colony of ibex and, with a bit of luck, you might encounter one of these majestic animals.

**Places of interest:** Steinernes Meer – fossils up to 200 million years old can be found on the high plateau.

The hike connects the Spullersee and Formarinsee lakes, which are themselves well worth the trip.

**Refreshment stops:** Freiburger Hütte mountain hut.





Duration: 4 h Distance: 11.0 km Difference in altitude: ▲ 885 m Mountain hiking: Fitness: ★★★★★



## 23 MOUNTAIN HIKE ULMER HÜTTE MOUNTAIN HUT

The Ulmer Hütte mountain hut is most popular during the winter. In summer, however, you can enjoy the peace and quiet at 2,285 m directly under the roof of the Arlberg: the Valluga mountain.

From Stuben, follow the trail uphill at the Albonabahn I cable car through the Rauztobel area. At the [1] Alpe Rauz, this trail joins an asphalt path that leads uphill to the Rasthaus Valfagehr inn.

Cross the road there and then follow the Valfagehrbach stream. Just above the [2] cable car junction (Flexenbahn, Albona II, Valfagehrbahn), at the meeting point of the ski slopes, keep to the right and do not follow the service road.

The hiking trail (E4 alpin/Nordalpenweg) now follows the dam to the right, above the service road. It continues steadily uphill over the Valfagehr alpine pasture to the intermediate destination [3] Ulmer Hütte mountain hut, where stopping for a refreshment is worthwhile.

To return to Stuben, follow the Adlerweg trail downhill for a short distance. This merges into the Jakobsweg trail below the [4] Arlenmähderbahn cable car.

Walk this path downhill to the Rasthaus Valfagehr inn, and then continue through the Rauztobel gorge to Stuben, the starting point of the hike.

### ! OUR TIP

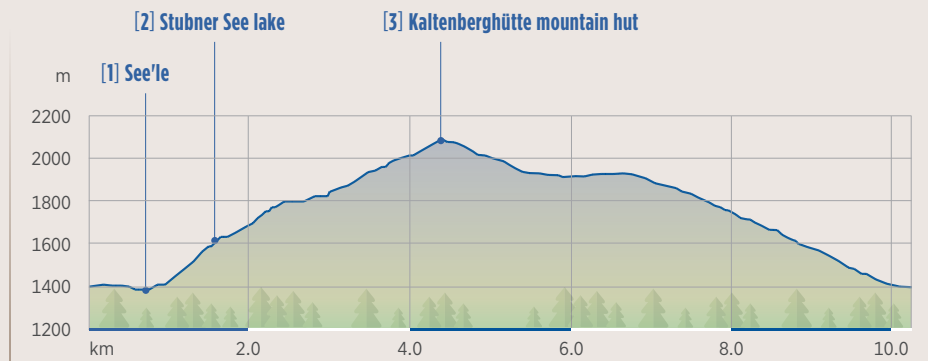
**Special features:** The Ulmer Hütte mountain hut is located directly on the border between Tirol and Vorarlberg and is a popular starting point for the Lechtaler Höhenweg high-alpine trail.

**Places of interest:** View of the Schindlergrat ridge and towards the Valluga mountain.

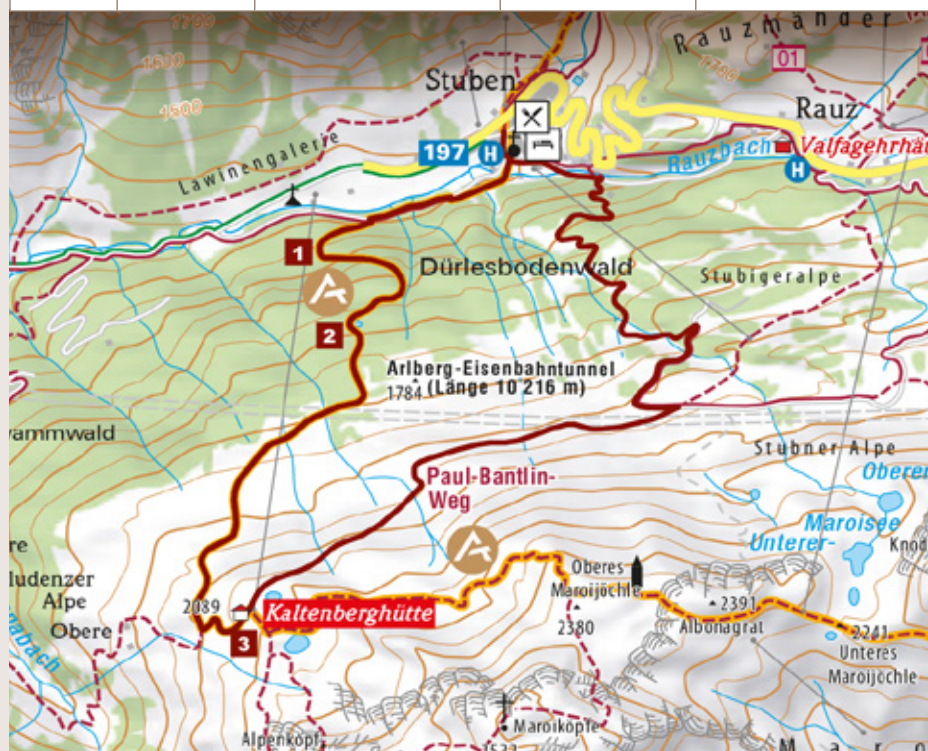
From the Ulmer Hütte mountain hut, you can reach the Vallugabahn II cable car in around 1 hour. This takes you to the Valluga viewing platform, from where you can enjoy breathtaking 360-degree views.

**Refreshment stops:** Ulmer Hütte mountain hut, Rasthaus Valfagehr inn and restaurants in Stuben.





Duration: 4 h Distance: 10.3 km Difference in altitude: ▲ 713 m Mountain hiking: Fitness: ★★★★★



lechner.com/en/stuben-kaltenberg-hut



## 24 MOUNTAIN HIKE KALTENBERGHÜTTE MOUNTAIN HUT

**A Stuben classic - the Kaltenberghütte mountain hut** Enjoy one-of-a-kind views of the surrounding mountains!

The tour starts from Stuben via the "Schattahalb" trail past the picturesque [1] See'le pond. Immediately after the next bridge, the trail divides and you turn left. The trail starts with a gentle ascent, then becomes a bit steeper until you reach the [2] Stubner See: This moor lake is a natural habitat in the pine forest at around 1,650 metres, offering a great view of Erzberg mountain.

From there, the rest of the hike is slightly uphill to [3] Kaltenberghütte mountain hut. On the way back, follow the Albona trail and the "Passage" ski run to Stuben am Arlberg.

Alternative option: For those who wish to extend the tour, they can leave the hut and follow the Berggeistweg trail, which is also part of the Arlberg Trail, to St. Christoph and then return to Stuben via the Jakobsweg trail.

### ! OUR TIP

**Special features:** Daily from 9:00 to 11:15 am, you can enjoy a hearty mountain breakfast on the sun terrace of the Kaltenberghütte hut with a stunning view (included 1x with the Lech Card).

Reservations are required by 5:00 pm the day before at [info@kaltenberghuette.at](mailto:info@kaltenberghuette.at) or +43 664 9280636.

**Places of interest:** Stubner See and other lakes in the vicinity of the Kaltenberghütte mountain hut.

From the Kaltenberghütte mountain hut you can enjoy a unique view of the Klostertal valley, but also of the Flexenpass in the direction of Zürs.

**Refreshment stops:** Kaltenberghütte mountain hut and restaurants in Stuben



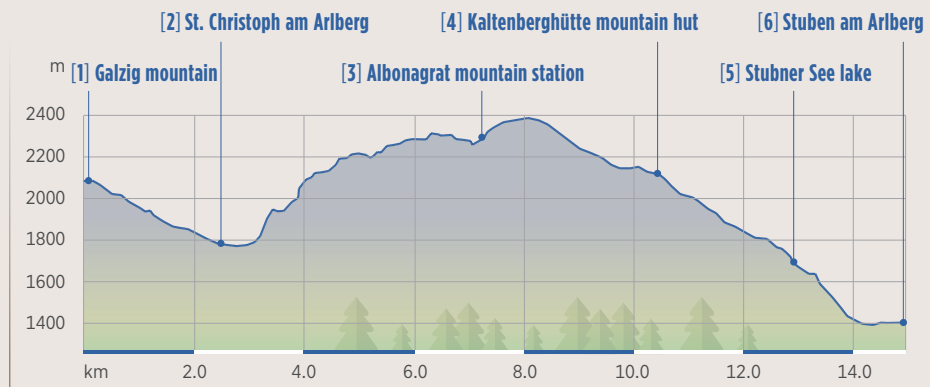
# Arlberg Trail

## OVER ALL MOUNTAINS

Since the summer of 2021, the sporty new long-distance Arlberg Trail has been connecting all five Arlberg towns of Lech, Zürs, Stuben, St. Christoph and St. Anton am Arlberg. In three stages and with the help of cable cars, a total of 40km of hiking trails can be completed against the backdrop of a fabulous alpine landscape. Additional great services include a special Arlberg Trail Ticket, partner hotels and special services such as luggage transport.

<b>25</b>	St. Anton am Arlberg – Stuben am Arlberg	68–69
<b>26</b>	Stuben am Arlberg – Lech am Arlberg	70–71
<b>27</b>	Lech am Arlberg – St. Anton am Arlberg	72–73





Duration: 7 h    Distance: 16.3 km    Difference in altitude: ▲ 714 m    Alpine:    Fitness: ★★★★★★



lechhaus.com/en/arlberg-trail-st-anton-stuben



25

ARLBERG TRAIL

ST. ANTON AM ARLBERG - STUBEN AM ARLBERG



**This beautiful stage from St. Anton am Arlberg takes you over the panoramic Berggeistweg trail to the Kaltenberghütte mountain hut and then to Stuben am Arlberg.**

This section of the Arlberg Trail begins with a cable car up the [1] Galzig mountain. A wide path with a great view of the [2] St. Christoph am Arlberg leads towards the top of the pass.

This is where the Berggeistweg trail begins. Behind the Gasthaus Valluga inn, follow the signs to the Kaltenberghütte mountain hut (trail no. 19). At the next junction, the Berggeistweg trail is marked on the hiking signs. The path starts gently and then becomes steeper as it ascends to a saddle. With views towards Patteriol and Kaltenberg mountains, continue hiking to the Maroiseen lakes near the Albona II lift station. A short service road leads to the old [3] Albonagrät mountain station (unmanned). With a fantastic view of the Klostertal valley, the trail leads to the 2,089 m high [4] Kaltenberghütte mountain hut.

After a drink or a bite to eat, the route leads across meadows and moors towards the valley. Completely hidden, the trail leads ever more steeply downhill, past the [5] Stubner See lake with a wonderful view of [6] Stuben am Arlberg.

### ! OUR TIP

A detailed overview map of the Arlberg Trail is available at the information centres in Lech am Arlberg, St. Anton am Arlberg, and Stuben am Arlberg.

The Arlberg Trail Ticket includes all the cable cars along the long-distance hiking trail and is valid for the entire summer season.

**Special features:** The "Berggeistweg" trail from St. Christoph to the Kaltenberghütte mountain hut is one of the most beautiful panoramic trails in the Arlberg region.

Along the descent to Stuben, you'll encounter the "Stubner See"—a hidden and mysterious moor lake.

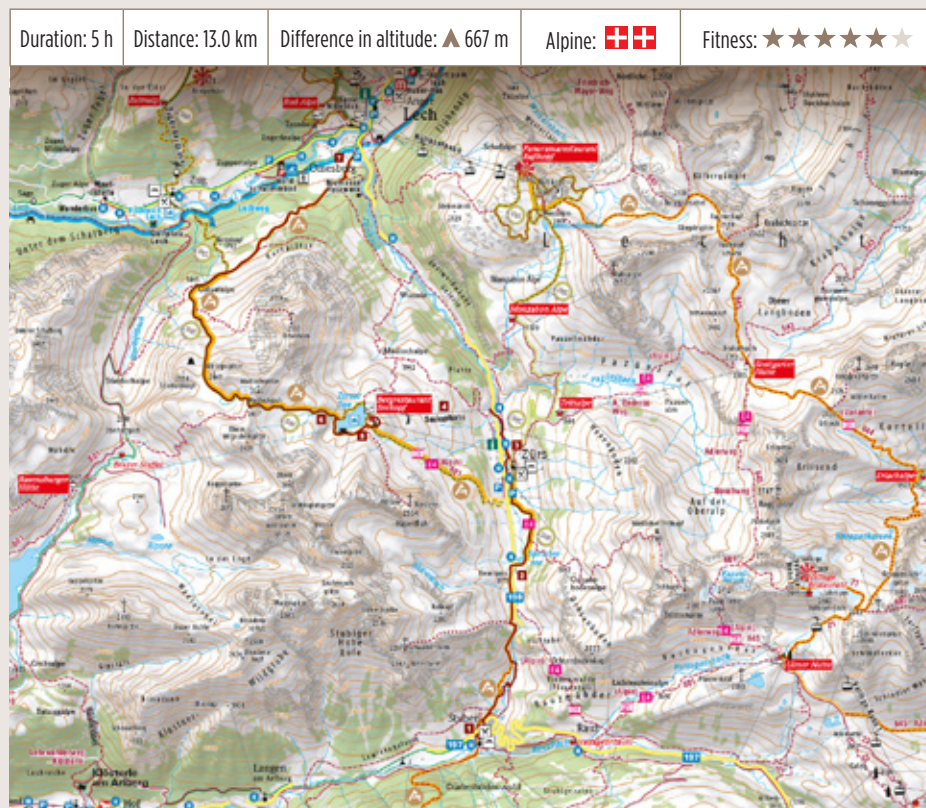
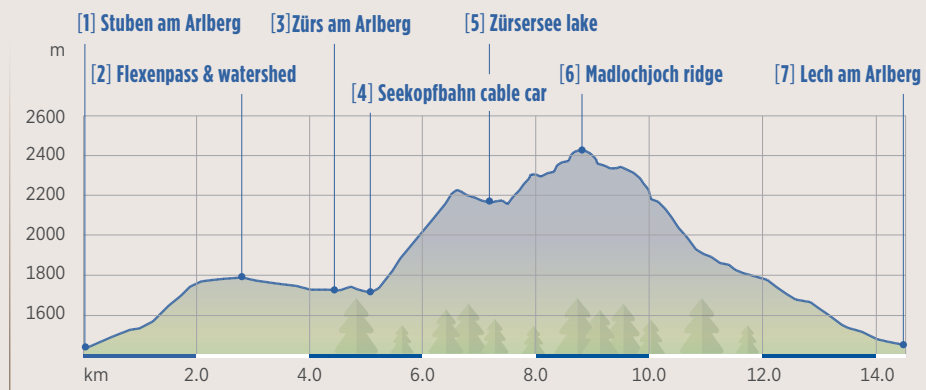
**Alternative route:** St. Anton - Rosannaschlucht - Maienweg - Arlberg Pass - Stuben (easy)

St. Anton - Galzig - St. Christoph - Paul-Bantlin-Weg trail - Kaltenberghütte mountain hut - Stuben (moderate)

**Refreshment stops:** Restaurant on the Galzig, St. Christoph am Arlberg, Kaltenberghütte mountain hut and restaurants in Stuben am Arlberg

**Lifts required:** Galzigbahn cable car





lechosers.com/en/arlberg-trail-stuben-lech



26

## ARLBERG TRAIL STUBEN AM ARLBERG - LECH AM ARLBERG



The trail between Stuben and Lech is probably the easiest section and captivates with views of the Flexengalerie, the beautiful Zürsersee lake, and rewards you at the end with your arrival in Lech am Arlberg.

From the picturesque [1] **Stuben am Arlberg**, also known as gateway to the Arlberg, the route leads on a village street along a forestry track past the E-Trial Park towards Flexental. Shortly after the Mondscheinhütte hut (not open to the public), cross the Flexenbach stream and follow the Franz-Josef-Weg trail uphill towards [2] **Flexenpass**. Soon, you'll reach the [2] **Watershed**. The trail then gently descends towards [3] **Zürs am Arlberg**, where at the end of the village, you get to the [4] **Seekopfbahn cable car**.

This takes you up to 2,212 m. Here, not only can you enjoy a fantastic view of the [5] **Zürsersee lake**, but the Seekopf panorama restaurant also offers a great opportunity for a refreshment. Afterwards, continue past the Zürsersee lake until you reach the [6] **Madlochjoch ridge** at 2,450 metres. From there, the path descends through rocks and alpine meadows with views of Lech am Arlberg.

Before the end of this stage, you'll be enchanted once again by the beautiful view of [7] **Lech am Arlberg**, situated at 1,450 metres.

### ! OUR TIP

The Arlberg Trail is designed as a long-distance hiking trail. Our partner, the ASI Reisen company, facilitates the complete trail with partner hotels and luggage transportation. Visit [www.arlbergtrail.com](http://www.arlbergtrail.com) to find out more.

**Special features:** The trail from Stuben follows the Franz-Josef-Weg trail, offering impressive views of the Flexengalerie.

At 2,160 metres, the water-side platform provides a perfect spot to relax.

The European watershed is located directly on the Flexenpass.

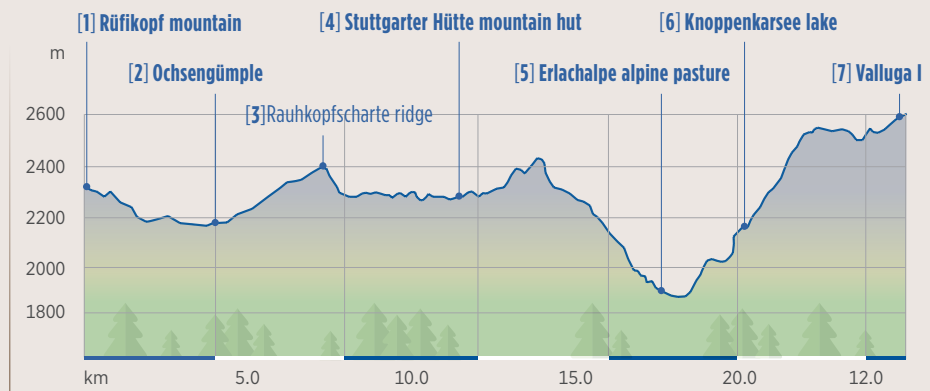
**Alternative route:** Stuben – Flexenpass – through the valley along the Zürsbach – Lech am Arlberg. (easy)

Stuben – Flexenpass – Zürsersee lake – Wiese – Lech am Arlberg (moderate)

**Refreshment stops:** Hotel Enzian in Zürs, Seekopf restaurant and restaurants in Lech am Arlberg

**Lifts required:** Seekopfbahn cable car





Duration: 6 h Distance: 13.4 km Difference in altitude: ▲ 1193 m Alpine: Fitness: ★★★★★



lechner.com/en/arlberg-trail-lech-st-anton



27

ARLBERG TRAIL  
LECH AM ARLBERG – ST. ANTON AM ARLBERG



The queen stage of the Arlberg Trail is the most challenging section of this long-distance hiking route. Covering over 1,000 metres of elevation gain, the trail takes you through wild natural landscapes between Vorarlberg and Tyrol.

Right at the start of this demanding tour, the [1] **Rüfikopf cable car** helps you gain 900 valuable metres of elevation the easy way. At an altitude of 2,350 metres, the most challenging stage of the Arlberg Trail begins.

With views of the Rüfispitze mountain, the trail first descends slightly above the Monzabonsee lake into the [2] **Ochsehgümpel valley floor**. Next comes the ascent to the [3] **Rauhkopfscharte**, where you cross the border between Vorarlberg and Tyrol. With a view of the [4] **Stuttgarter Hütte mountain hut** at 2,310 metres and the breathtaking mountain panorama of the Arlberg, the trail leads hikers towards a short lunch break.

The descent takes you into the Almajurtal valley to the [5] **Erlachalpe alpine pasture**, before climbing steeply again through the Verborgenes Kar to the [6] **Knoppenkarsee lake**. From there, it's just a few more metres of elevation gain to the mountain station of the [7] **Vallugabahn I cable car**, offering fantastic views towards the stage destination, St. Anton am Arlberg. The final 1,300 metres of descent are covered by the Vallugabahn I and Galzigbahn cable cars.

## ! OUR TIP

Be sure to check the operating times of the cable cars and begin the Lech to St. Anton stage with the first available ascent on the Rüfikopf Cable Car at 8:30 am! The last descent on the Vallugabahn I is at 10 pm.

The Arlberg Trail Ticket includes all the cable cars along the long-distance hiking trail and is valid for the entire summer season.

**Special features:** Almajurtal valley: The Almajurtal is a natural side valley of the Lechtal valley and practically undeveloped for tourism.

Knoppenkarsee lake: This hidden meltwater lake in the Knoppenkar is a natural gem with a unique view of the 2,747 m Roggspitze mountain.

**Alternative route:** Rüfikopf - Monzabonsee lake - Monzabonalpe alpine pasture - Zürs - with the Postbus bus to St. Anton (easy)

Lech - Zürs - Flexenpass - Alpe Rauz - Ulmer Hütte mountain hut - Galzig cable car - St. Anton (moderate)

**Refreshment options:** Rüfikopf panorama restaurant, Stuttgarter Hütte mountain hut and restaurants in St. Anton am Arlberg

**Lifts required:** Rüfikopf, Vallugabahn I and Galzigbahn cable cars



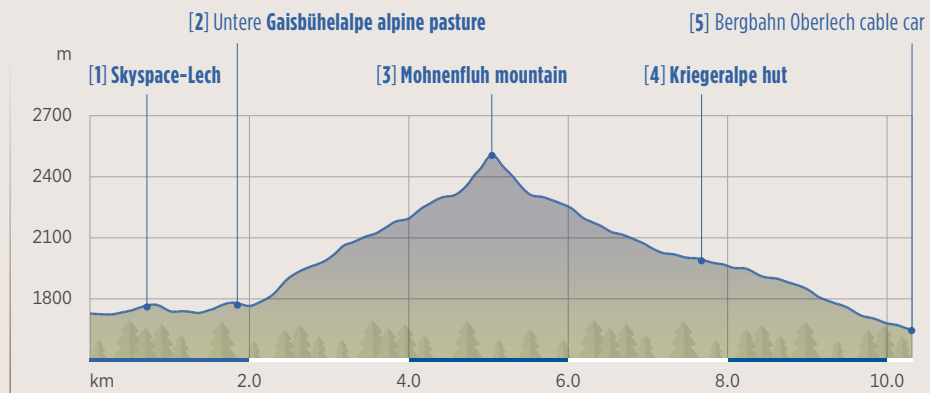
# Summit tours

From the summit a fabulous, 360-degree view opens up of Lech am Arlberg and the surrounding mountains like the imperious Omeshorn mountain and the imposing Rüfikopf mountain, the Zuger Tobel gorge, the Tälispitze and the Steinmähder mountains. There's no greater reward than the superb view from one of our mountain summits.

<b>28</b>	Mohnenfluh mountain	76-77
<b>29</b>	Rüfispitze mountain	78-79
<b>30</b>	Omeshorn mountain	80-81
<b>31</b>	Karhorn via ferrata	82-83
<b>32</b>	Erzbergsattel mountain	84-85
<b>33</b>	Spuller Schafberg Mountain	86-87







Duration: 3 h Distance: 11 km Difference in altitude: ▲ 879 m Alpine: Fitness: ★★★★★



28

## SUMMIT TOUR MOHNENFLUH MOUNTAIN

**A beautiful circular hike from Oberlech to the Mohnenfluh mountain.**

From the Dorfhus take the hiking bus towards Oberlech and get off at the final stop „Schlössle“. A minor road branches off to the right at the Hotel Mohnenfluh. Follow this to the [1] **Skyspace-Lech** work of light art. Follow a gravel hiking trail that takes you down into the ravine and across a wooden bridge. From here it's a moderate ascent to the [2] **Untere Gaisbühelalpe alpine pasture**.

Branch off to the left and hike across the valley floor through the sometimes boggy mountain meadows. There's then a fairly steep climb via a bridle trail to the Obere Gaisbühelalpe alpine pasture and on to the Mohnenfluh saddle. It's now uphill in steep hairpin bends across rocks and scree to the summit. There's a fantastic panoramic view from the [3] **Mohnenfluh's mountain** (2,542 m).

You now follow the trail back to the Mohnenfluh saddle and on to the Steinmähderbahn mountain station. Here the trail joins a farm track which you follow down to the [4] **Kriegeralpe hut**. Then continue following the farm track downhill as far as the "Der Wolf" hut. Turn left onto the meadow trail and descend to the [5] **Oberlech Bergbahn cable car** mountain station in Oberlech.

Taking the cable car is the easy way down into the valley and back to your starting point.

Alternative option: From the Mohnenfluh saddle, a detour to the Butzensäe lake is well worth it. Following the trail, you will reach the service road leading towards the Kriegeralpe hut.

### ! OUR TIP

**Special features:** you can shorten this tour by taking the Petersbodenbahn chairlift.

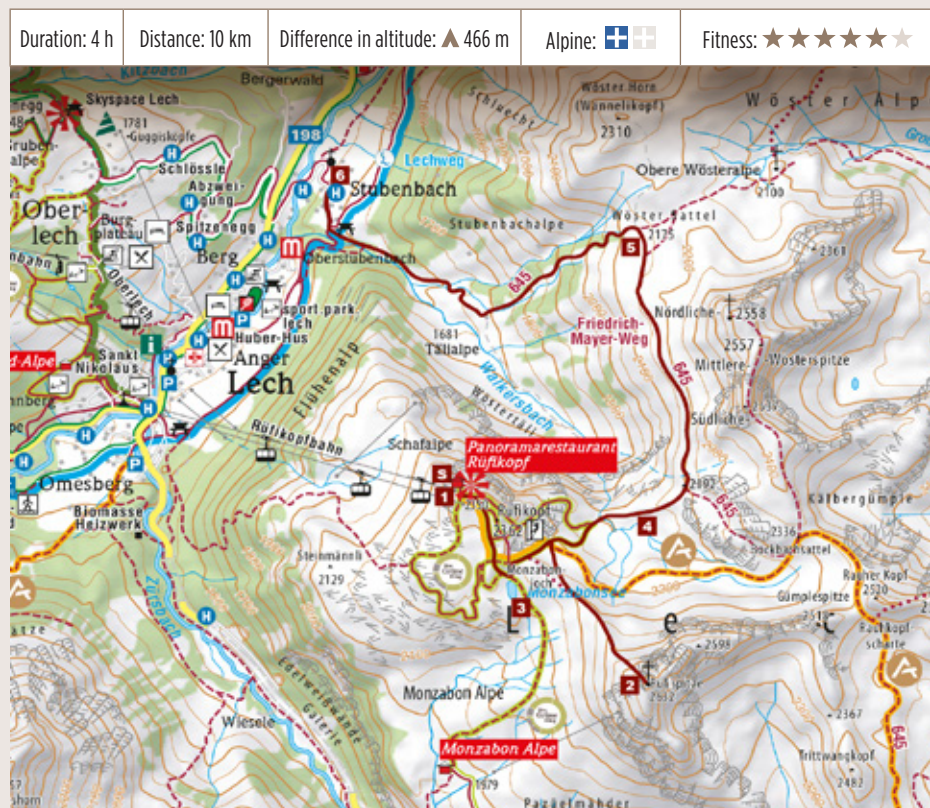
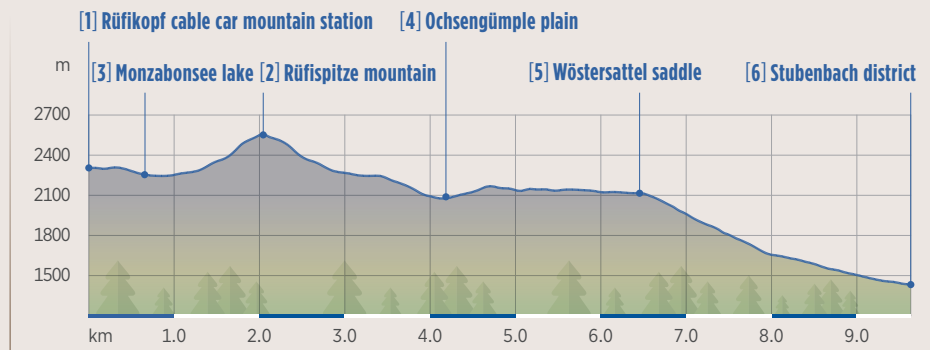
**Places of interest:** Skyspace-Lech

Summit view – the 360-degree panoramic view as far as Lake Constance is indescribably beautiful.

This hike is particularly rewarding at sunrise!

**Refreshment stops:** Kriegeralpe hut, Der Wolf hut and restaurants in Oberlech and Lech.





## 29 SUMMIT TOUR RÜFISPITZE MOUNTAIN

**Beautiful tour to one of Lech's mountains with some of the best views.**

From the hike starting point outside the Dorfhus, follow the Lech river promenade to the Rüfikopf-bahn cable car. Take the cable car onto the [1] **Rüfikopf mountain** (2,350 m).

**Alternative option:** Instead of taking the cable car, you can also ascend from Lech via Schwarzwand and the Schafalpweg trail (steep ascent - approx. 2 hours).

Follow the wide alpine pasture trail straight ahead down to the signpost. After a short climb steep hairpin bends first lead down onto the saddle to the north-west ridge of the Rüfispitze mountain. From there you hike along the ridge.

At the end of the grass ridge there's a short climb up the crag, secured with steel cables. You now continue across rocks and scree to the summit of the [2] **Rüfispitze mountain** (2,632 m). From here you can enjoy a wonderful view of the [3] **Monzabonsee lake** glittering below. Return on the same trail to the saddle where a trail branches off to the right, taking you downhill to the [4] **Ochsengümpel plain**.

After crossing a stream, the trail continues along the spine of a hill, ascending slightly, until you come to a fork.

Follow the Friedrich-Mayer-Weg trail to the left below the Wösterspitze mountain as far as the [5] **Wöstersattel** saddle where the trail widens and loops down to the Tälalpe alpine pasture. Continue following the alpine pasture trail downhill to the left until you come to an asphalt side road in the [6] **Stubenbach district**.

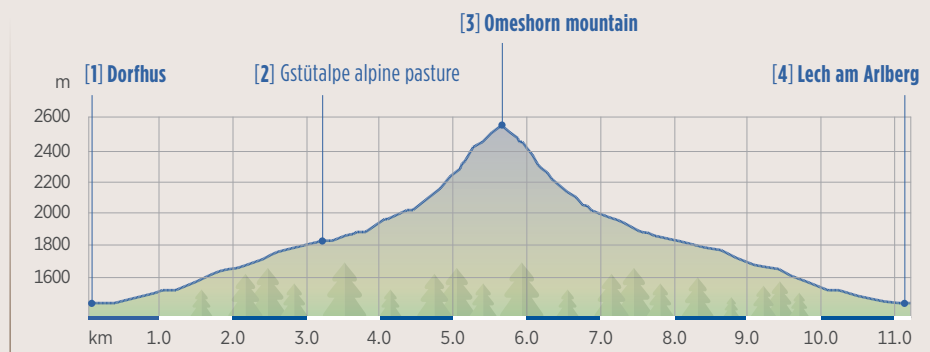
Follow the road as far as the bus stop from where you can return to your starting point on the hiking bus, or walk back to Lech am Arlberg village centre via the previously described Flüheweg trail.

### ! OUR TIP

**Places of interest:** Geoweg Rüfikopf trail – a journey through earth's early history: this interesting and informative tour walks you through a wonderful alpine "stone garden", in which flowers and herbs create an enchanting contrast to the different rock forms.

**Refreshment stops:** Rüfikopf panorama restaurant and restaurants in Lech am Arlberg.





Duration: 6 h    Distance: 11.2 km    Difference in altitude: ▲ 1120 m    Alpine:    Fitness: ★★★★★★



[lechts.com/en/summit-ascent-omeshorn](https://lechts.com/en/summit-ascent-omeshorn)



## 30 SUMMIT TOUR OMESHORN MOUNTAIN

A challenging summit tour over the grassy ridge of Lech's local mountain, rewards hikers with a breathtaking view of the village.

Follow the Lech river promenade upstream from the [1] Dorfhus. Cross the road at the Chalet Säge when you reach the old, covered bridge. Turn right into the minor road at Hüs Nr. 8. At the next crossroads, follow the trail uphill to the left. The road soon joins a forestry track.

The ascent follows a steady incline along the slope until you pass through a cattle gate. Pass by the [2] Gstütalpe alpine pasture, where you'll reach a narrow path.

Follow this path around the Omeshorn mountain, then turn left at the signpost towards the summit slope. From this point, the path becomes steep and narrow, requiring surefootedness and a head for heights.

Accompanied by stunning views, you'll reach the impressive summit cross of the [3] Omeshorn mountain.

After a short rest, taking in the view of [4] Lech am Arlberg and signing the summit register, return via the same route to the starting point of your hike.

Alternative option: For those who prefer not to re-trace the ascent, an alternative option is to descend to Zug and take the village bus back to Lech.

## ! OUR TIP

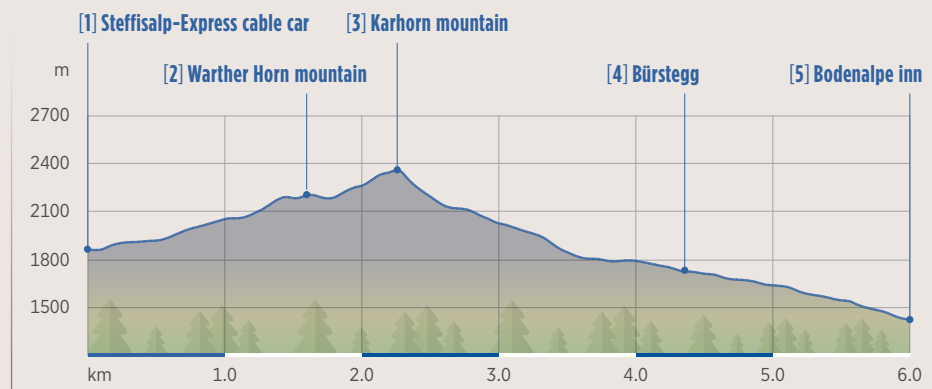
**Note:** This tour should not be undertaken on rainy days!

Many peaks are directly accessible from Lech and Züri, but no other mountain towers over Lech as prominently as the Omeshorn!

**Places of interest:** A unique view of Lech am Arlberg and its mountain landscape.

**Refreshment stops:** fish pond and restaurants in Lech am Arlberg and Zug





lechts.com/en/karhorn-via-ferrata-route



31

## SUMMIT TOUR KARHORN VIA FERRATA

**A scenic tour including a via ferrata, which is also suitable for beginners due to its length and difficulty.**

From the hike starting point at the Dorfhus take the hiking bus (free for Lech Card holders) to Warth. The [1] **Steffisalp-Express cable car** takes you up to the mountain station where a trail branches off uphill to the left.

The trail runs uphill along the left-hand side of a hollow to the saddle.

Before taking the trail to the right here to enter the via ferrata, you can take in the summit of the [2] **Warther Horn mountain** (2,256 m) almost in passing. To do so, branch off left at the saddle and follow the marked trail to the summit.

Return to the start of the via ferrata and climb the via ferrata along the east ridge (difficulty A/B) to the summit of the [3] **Karhorn mountain** (2,416 m).

In addition to a lovely climb, you can also enjoy ever-changing panoramic views as far as Valluga, Säntis and the Allgäu Alps.

Descend via the normal route until the trail on the Karbühel joins a wider trail where you can either go left towards [4] **Bürstegg** and continue downhill to the [5] **Bodenalpe inn**, or bear right heading for the Auenfeldsattel saddle and from there continue to Oberlech.

Alternative option: For more experienced via ferrata climbers, the Karhorn via ferrata can be easily combined with the more challenging Panorama via ferrata along the west ridge (difficulty B/C).

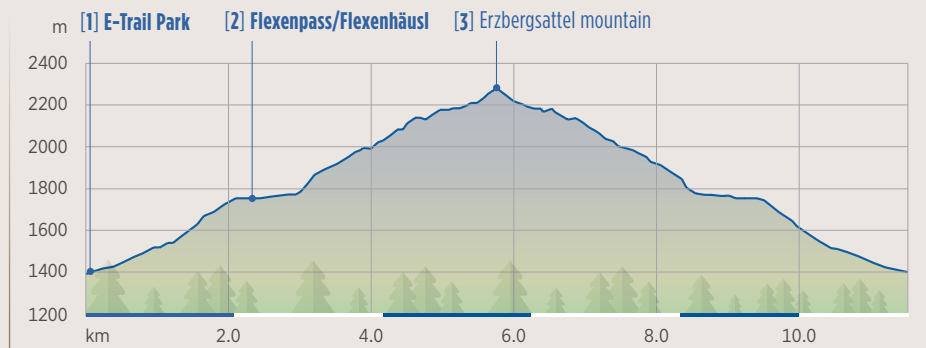
### ! OUR TIP

**Special features:** in addition to the usual hiking equipment, it's absolutely essential that you bring a via ferrata kit and helmet.

The via ferrata is also offered as a guided tour by the Bergschule Arlberg Alpin.

**Places of interest:** the first via ferrata in Vorarlberg was installed on the east ridge of the striking Karhorn mountain.





Duration: 5 h	Distance: 11.5 km	Difference in altitude: ▲ 878 m	Alpine:	Fitness: ★★★★★★
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[kochers.com/en/stuben-erzbergsattel-stubner-kreuz](https://www.kochers.com/en/stuben-erzbergsattel-stubner-kreuz)



## 32 SUMMIT TOUR ERZBERGSATTEL MOUNTAIN

### A lonely summit with a spectacular, descending view of Stuben and the Flexen Pass road.

From picturesque Stuben am Arlberg, the gateway to the Arlberg, the route takes you along the village road via a forestry track past the [1] **E-Trial-Park** in the direction of Flexental valley. Following the gravel path uphill, you cross the Flexenbach stream shortly after the Mondscheinhütte hut (not managed). From there, continue on the Franz-Josef-Weg trail towards the [2] **Flexenpass**. Soon, you will reach the European Watershed along the way.

Just before the [2] **Flexenhäusl** restaurant, the path continues without a clear trail, leading you up a small gully. After a short time, you will reach a gravel path, which you follow until the hiking trail branches off to the left. Past Roskopf mountain, the trail then leads through rocky terrain directly to the [3] **Erzbergsattel mountain** and the Stubner summit cross, offering a sensational view of Stuben. Return via the same route.

**Alternative option:** For those who want to shorten the tour, the ascent to the summit can also be started from Zürs am Arlberg.

### ! OUR TIP

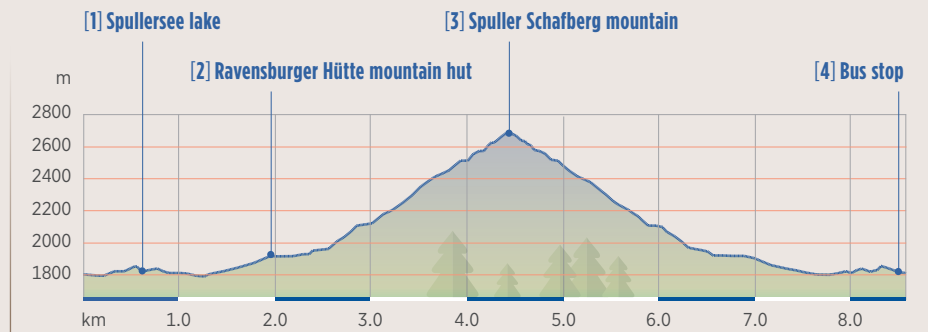
**Special features:** The Erzberg mountain is typically known among skiers for ski touring. This summit hike and the view of Stuben are often enjoyed in solitude.

**Places of interest:** Flexenpass, view of Stuben and the Flexengalerie

The European Watershed at the Flexenpass – here, the water divides and flows either into the Black Sea or the North Sea.

**Refreshment stops:** restaurants in Stuben





Duration: 2 h	Distance: 8.9 km	Difference in altitude: ▲ 952 m	Alpine:	Fitness: ★★★★★
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lechosers.com/en/spuller-schafberg



33

## SUMMIT TOUR SPULLER SCHAFBERG MOUNTAIN

**A varied tour to the local mountain of the Ravensburger Hütte mountain hut, offering a fantastic view of the Spullersee lake.**

From the Dorfhus take the hiking bus towards [1] **Spullersee lake** (free for Lech Card holders) and get off at the final stop.

At the Spullersee bus stop, cross the dam and follow the signs to the [2] **Ravensburger Hütte mountain hut**. A rocky path leads you along streams and the mountainside to a rest stop.

Just before the hut, a narrow, partly rocky meadow path branches off to the left. Initially, the path ascends gently, then steepens and leads in hairpin bend along a grassy ridge to a saddle. From there, you'll catch your first glimpse of the summit.

After a short climb along the ridge, you'll reach the South Ridge and follow the crest. Just before the final ascent, the key section appears – a rocky gully requiring some climbing. Afterward, descend steeply over stone slabs and scree to the summit of the [3] **Spuller Schafberg mountain**, where you'll find two summit crosses. Enjoy the panoramic view from the top.

The descent follows the same route back to the [4] **bus stop**, where you take the bus back to the starting point of your hike.

Alternative option: From the Ravensburger Hütte mountain hut, you can also choose the leisurely hike around the lake to the bus stop.

### ! OUR TIP

**Special features:** Thanks to its isolated location, the summit offers breathtaking panoramic views – from the Lechtal Alps and Verwall to the Swiss mountains.

The area around the Ravensburger Hütte mountain hut is a paradise for marmots.

**Places of interest:** Spullersee lake – in 2023, the lake was named the most beautiful spot in Vorarlberg by the ORF program "9 Plätze 9 Schätze."

Around the Ravensburger Hütte mountain hut, you'll find several climbing areas, such as the Spullerplatten and Luggiwand.

**Refreshment stops:** restaurants in Lech am Arlberg and Ravensburger Hütte mountain hut



# Behaviour in the mountains

## GUIDANCE ON HOW TO CONDUCT YOURSELF ON A HIKE

- [1] Plan your mountain tour carefully, including breaks, by researching the difficulty of the route and the current trail conditions. Do not hike alone and inform someone about your route so that in case of an emergency, the search can be facilitated.
- [2] Overconfidence is one of the most common causes of accidents in the mountains. Therefore, choose a route that matches your ability and experience. If you're unsure, join a guided hike with a mountain guide.
- [3] Proper equipment is essential for safety in the mountains wear sturdy footwear with non-slip soles and clothing appropriate for the conditions. A first-aid kit and weatherproof clothing are a must-have in your backpack.
- [4] Stay updated on current weather conditions, as mountain weather can change rapidly. Avoid exposed areas and high-altitude plains in case of an increased risk of thunderstorms.
- [5] Respect the mountain environment and actively contribute to its protection. Never leave the signposted trail and take your waste back down to the valley. Do not pick alpine flowers, as many species are protected and contribute to the preservation of alpine flora.

## BEHAVIOUR IN EMERGENCY SITUATIONS ON THE MOUNTAIN

Mountaineering carries certain risks even with the utmost caution, you are exposed to nature, and a misstep can often have fatal consequences. In an emergency, it is important to respond appropriately, which is why you should know and be able to apply the basic first aid rules:

- 1 Keep calm
- 2 Assess the situation – Self-protection
- 3 Make an emergency call
- 4 Immediate first aid measures



Scan the QR code for detailed information on what to do in emergency situations.

[lechtschwaen.com/le/summer/activities/hiking/verhalten-am-berg](https://lechtschwaen.com/le/summer/activities/hiking/verhalten-am-berg)

### EMERGENCY NUMBERS

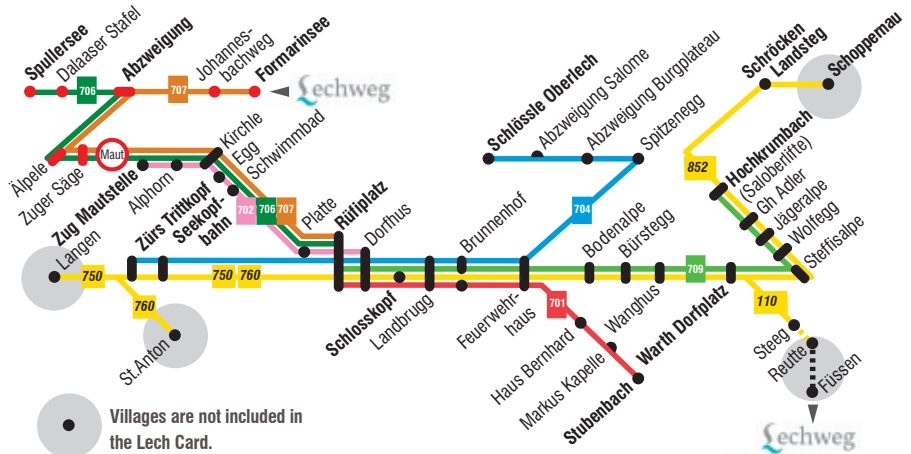
- 140:** Mountain Rescue Service (throughout Austria)
- 144:** Mountain Rescue Service Vorarlberg
- 112:** European emergency number

Emergency app: SOS EU ALP  
no network: Alpine distress signal

### 5 WS

- Where?** prominent waypoints or GPS
- What** has happened?
- Who** was injured?
- Which** injuries?
- Wait** for response

# Ortsbus Lech bus service



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# Key

	state road with number		state road with number
	main road with car park		Alpine club hut, mountain refuge (managed)
	asphalt minor road		Hunters' hut, bivouac
	service road, driving not permitted		campsite/forest camp, barbecue area
	cart path, walkway		bus stop, information
	railway with station		hospital, museum
	national border		castle, monument
	cable car		church, chapel
	chairlift		wayside cross, summit cross
	hiking trail, easy		mill, mine
	hiking trail		hiking trail
	hiking trail, difficult		indoor pool, outdoor pool, Kneipp facility
	Tannberg		golf course, tennis court, skatepark/bikepark
	The Green Ring		sporting grounds, horseback riding
	Arlbergtrail		waterfall, spring, fishing
	Lechweg trail		cave, rocks
	cycling route		refreshment stop, accommodation
	view point		Crag
	hotel, inn, restaurant		

For hikers, mountaineers and peak climbers

## Arlberg Hiking Pass



Hiking at the Arlberg is getting even more exciting with the digital hiking pass. Many summits, huts and hikes in the Lech Zürs region will be rewarded with points. From a certain number of total points, various hiking pins can be achieved. In the age of digitalisation, the points are collected exclusively via smartphone with the free "SummitLynx" app.



For more information:

[www.lechzuers.com/en/arlberghikingpass](http://www.lechzuers.com/en/arlberghikingpass)





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