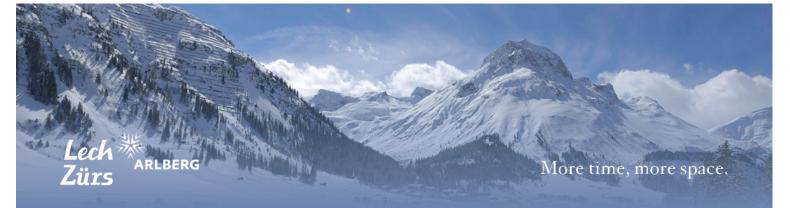


Friday, 29.03.2024

	Exhibition "Tom Vau - The Fragmentation of the Mountains" Exhibition "Tom Vau - The Fragmentation of the Mountains" In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape. Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089
	Meisterstrasse in Residence MEISTERSTRASSE IN RESIDENCE CRAFTS POP-UP LECH ZÜRS BUILDING BRIDGES between Austria and the world's best crafts When: March 17 - March 31, 2024 Time: from 4 pm
08:00	Morning activation Loose movement of all joints and activation of the circulation as a morning routine and injury prophylaxis. When: Tuesday and Friday 08:00 to 08:30 Prices: Block for 10 units € 95 1 unit € 15 Open classes for guests, locals and employees Location: Physio Lech in the sanatorium in Oberstubenbach Please register under: +43 5583 229490 or info@rhomberg-physio.at
08:30 - 09:30	Yoga at BURG Hotel Good Morning Yoga Price per person: €25 Registration at: info@burghotel-lech.com or +43 5583 2291 Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am Location: BURG Hotel, Oberlech
08:30 - 09:30	Yoga at Hotel Goldener Berg Daily from 08.30 - 09.30 am Price per person: €25 Registration at: happy@goldenerberg.at
09:00 - 10:00	Qi Gong at Hotel Kristberg Relaxing Qi Gong at the Hotel Kristberg with Gabi Laritz When: Friday from 09:00 -10:00 am Cost: €15 Euro per person Registration at: office@hotel-kristberg.at Where: Hotel Kristberg

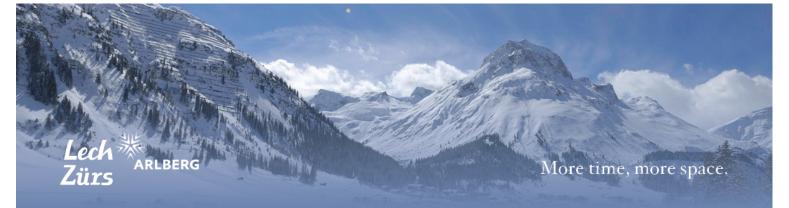




Friday, 29.03.2024

12:00	Meditation at Goldener Berg
	 A guided meditation is a wonderful way to relax, calm the mind and find inner peace. In 30 minutes, we will take a journey together towards inner peace and mindfulness. We will concentrate on our breathing, our thoughts and our bodies. Depending on the focus of the meditation, various breathing techniques, visualisations and exercises will be used. All you need is comfortable clothing and your meditation cushion. Start: 12:00 Price: € 25,- per person Registration: happy@goldenerberg.at
14:00	Manufactory Lech
	Original products made in Lech Opening hours: 2 pm - 5 pm Where: Raiffeisenbank Lech
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere
	An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau 02.12.2023 until 21.04.2024 Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus
15:00 - 18:00	Frosty Fridays at the Schneggarei
	Frosty Fridays – Aprés-Ski Party - at the Schneggarei From 3 pm to 6 pm Where: Schneggarei
16:00	Aprés Ski with live musice
	PREVIEW, RESERVE, FLIP OUT - It's starting again. You can't miss it! Legendary après-ski party with Andy Joseph at Zürserl Ski Lounge. Information: office@edelweiss-arlberg.at or +435583 2662 Time: from 4 pm Where: Zürserl at Hotel Edleweiss, Zürs
17:00 - 19:00	ART COCKTAIL AT KUNSTRAUM ZUG
	ART COCKTAIL AT KUNSTRAUM ZUG on the occasion of the exhibition Aldo Bakker "SPECIFIC OBJECTS" When: Friday, 29.03.2024 5 pm No admission/no advance registration/no limit Where: KUNSTRAUM ZUG
17:00	Curling at the Monzabon ice rink
	Curling at Jagdhaus Monzabon Booking required under: +43 5583 2104 When: from 05:00pm-06:00pm and 06:00pm-07:00pm Where: Jagdhaus Monzabon, Lech





Friday, 29.03.2024

17:00 SuryaSoul Dance of Spirit

Anything goes in this room. We dance freely to music from all over the world. Dance your own individual dance! Where: Hotel madlochBlick Time: 5 pm -6.15 pm Price: € 15 drop in € 50 weekly pass

Saturday, 30.03.2024

Exhibition "Tom Vau - The Fragmentation of the Mountains"

Exhibition "Tom Vau - The Fragmentation of the Mountains" In this project "The Fragementation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape. Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089 Meisterstrasse in Residence MEISTERSTRASSE IN RESIDENCE CRAFTS POP-UP LECH ZÜRS BUILDING BRIDGES between Austria and the world's best crafts When: March 17 - March 31, 2024 Time: from 4 pm Yoga at BURG Hotel Good Morning Yoga Price per person: €25

Registration at: info@burghotel-lech.com or +43 5583 2291 Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am Location: BURG Hotel, Oberlech

14:30 Après ski at the ice bar with DJ F.A.B.

Après ski at the ice bar with DJ F.A.B. Where: BURG Hotel Oberlech When: 14:30 -19:00

14:30 DJ F.A.B & the Show Dancers

This event will amaze even the most seasoned après-ski pros! Look forward to a party in a class of its own at the BURG ice bar - the place to be in Oberlech. DJ F.A.B will be accompanied by our show dancers, who will really heat up the atmosphere.
Where: BURG Hotel Oberlech
When: 30 March, 2.30 pm - 7 pm
Good to know: If you would like to secure a lounge at our bar, you should book in advance.
Reservation under: info@burghotel-lech.com or +43 5583 2291



08:30 - 09:30



Saturday, 30.03.2024 14:30 Snow & Beats - Aprés Ski with DJ Ronaldo SNOW & BEATS - The exclusive party week at the ROBINSON Alpenrose Zürs! Experience an exciting SKI and PARTY event with first-class music, action on the slopes and an unrivalled sense of community. Immerse yourself in a week full of beats & snow - pure excitement awaits you! Time: 2.30 pm Where: Terrace Robinson Alpenrose, Zürs Free entry More information: https://www.instagram.com/snowandbeatsweek/ 15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau 02.12.2023 until 21.04.2024 Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus 18:30 - 19:30 **Relax Yoga & Sound** Price per person: €25 When: Tuesday, Thursday & Saturday from 6.30 pm - 7.30 pm Registration: info@burghotel-lech.com or +43 5583 2291 Where: BURG Hotel, Oberlech 22:00 Jungle fever at the Zürserl Every Saturday from 22:00 to 01:00 there is Jungle fever in the new Zürserl with changing DJs. Where: Zürserl Sunday, 31.03.2024 Exhibition "Tom Vau - The Fragmentation of the Mountains" Exhibition "Tom Vau - The Fragmentation of the Mountains" In this project "The Fragementation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089

Meisterstrasse in Residence

MEISTERSTRASSE IN RESIDENCE CRAFTS POP-UP LECH ZÜRS BUILDING BRIDGES between Austria and the world's best crafts When: March 17 - March 31, 2024 Time: from 4 pm





Sunday, 31.03.2024

Tanzcafé Arlberg - Music festival

The tenth edition of the popular music festival will take place across the entire Arlberg for the first time in 2024. As part of the tenth edition, which will take place on mountain stages from 31 March to 14 April, the areas covered are being generously expanded. The festival which was previously based in Lech Zürs, is now extending its reach to the entire Arlberg region just in time to mark the festival's anniversary. You can now also enjoy this stylish open-air spectacle in St. Christoph, St. Anton and Stuben. Five locations, one festival, umpteen stages and plenty of reasons to bring the ski season to a close on the Arlberg. After all, this is the music place to be!

14:00	Tanzcafé Arlberg Music Festival: FRINC
	Positive pop vibes with reggae beats
	Where: BURG Hotel, Oberlech
	Time: 2 pm

15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau 02.12.2023 until 21.04.2024 Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus
17:00	5 o`clock Champagne in the Edelweiss Bar Every Sunday there is a 5 o`clock Champagne in the Edelweiss Bar in Zürs - Piano by Christof Waibel. Where: Edelweiss Bar, Zürs Beginning: 5 pm
21:30	Tanzcafé Arlberg Music Festival: TANZ BABY! Rosy prospects for home organ fans Where: Hotel Edelweiss/Zürserl, Zürs Time: 9.30 pm





Monday, 01.04.2024

	Exhibition "Tom Vau - The Fragmentation of the Mountains" Exhibition "Tom Vau - The Fragmentation of the Mountains" In this project "The Fragementation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape. Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089
	Tanzcafé Arlberg - Music festival The tenth edition of the popular music festival will take place across the entire Arlberg for the first time in 2024. As part of the tenth edition, which will take place on mountain stages from 31 March to 14 April, the areas covered are being generously expanded. The festival which was previously based in Lech Zürs, is now extending its reach to the entire Arlberg region just in time to mark the festival's anniversary. You can now also enjoy this stylish open-air spectacle in St. Christoph, St. Anton and Stuben. Five locations, one festival, umpteen stages and plenty of reasons to bring the ski season to a close on the Arlberg. After all, this is the music place to be!
08:30 - 09:30	Yoga at Hotel Goldener Berg From 08.30 - 09.30 am Price per person: €25 Registration at: happy@goldenerberg.at
12:00	 Meditation at Goldener Berg A guided meditation is a wonderful way to relax, calm the mind and find inner peace. In 30 minutes, we will take a journey together towards inner peace and mindfulness. We will concentrate on our breathing, our thoughts and our bodies. Depending on the focus of the meditation, various breathing techniques, visualisations and exercises will be used. All you need is comfortable clothing and your meditation cushion. Start: 12:00 Price: €25,- per person Registration: happy@goldenerberg.at
13:00	Tanzcafé Arlberg Music Festival: BUNTSPECHT Radically wild indie chamber pop Where: Gampen, St. Anton am Arlberg Time: 1 pm





	Monday, 01.04.2024
14:00	Manufactory Lech Original products made in Lech Opening hours: 02:00pm-05:00pm Where: Raiffeisenbank Lech
15:00	 Anja Löhning Highest Vision On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with you from your holiday? Participation fee 30,€ Where: Hotel Goldener Berg, Oberlech Start: 3 pm or 5 pm depending on weather and interest Registration: happy@goldenerberg.at
15:30	DJ at Thurnher's Alpenhof If the weather is fine, our event will take place outdoors; if the weather is bad, you can have fun in the bar. Enjoy the relaxed atmosphere with DJ music at Thurnhers Alpenhof. We look forward to spending unforgettable Monday afternoons with you! Where: Thurnher's Alpenhof, Zürs When: from 03:30 pm
16:00	 Alpaca Trekking Alpaca trekking with Adriana on Monday and Thursday! Together with Adriana from the Adlerhof, alpaca treks are organised every Monday and Thursday. Start: 16:00 (in bad weather the hike does not take place) Duration: approx. 50 - 60 minutes Max. 8 people -Registration under: 0664 1480698 by Whatsapp or telephone, or by e-mail: adlerhof.lech@gmx.at More information about trekking, reservations and the Adlerhof can be found at: www.adlerhoflech.at Meeting point: Adlerhof in Lech
16:00 - 17:00	Relaxyoga im Kristberg Yoga at Hotel Kristberg with Christiane Zimmermann Every Monday Relaxyoga from 4 pm - 5 pm Every Wednesday ski yoga from 8.30 am - 9.30 am Costs: € 15 Euro per person Registration: office@hotel-kristberg.at Where: Hotel Kristberg
17:00	Lesung für Kinder mit Petra Eimer Reading for children aged 6 and over and for the whole family When: 01.04.2024, 5 pm Where: Hotel Sonnenburg, Oberlech Please book at: events@sonnenburg.at or directly at reception. Admission is free.





Monday, 01.04.2024

18:45	Yoga Flow
	Flowing Hatha Vinyasa yoga practice connected with breath. Feel yourself! Time: 6.45 pm - 8 pm
	Cost: €15 drop in €50 weekly pass
	Contact: Instagram: @humancalledluisa or +491733188560 malu.smith01@gmail.com
19:00	Functional Training
	A core element of functional training is the improvement of core stability and coordination as a foundation for injury-free strength training. Registration at: +43 5583 229490 oder info@rhomberg-physio.at Prices: Block for 10 units €95 for 1 unit €15 Location: Physio Lech in the Dr. Rhomberg Sanatorium, Oberstubenbach
21:00	TANZ BABY!
	Rosy prospects for home organ fans Where: Das Johann, Stuben am Arlberg Time: 9 pm

Tuesday, 02.04.2024

Alpine knitting time in the Walkerbach with Rosa & Tilda

Alpine knitting time in the Walkerbach with Rosa & Tilda When: 2 April to 5 April 2024 3 to 6 p.m. each day Where: Hotel Walkerbach, Oberstubenbach Programm: Tuesday, 2 April 2024: Italian stitch cast-on Italian cast-on stitches Wednesday, 3 April 2024: Cable stitch knitting part 1 Reading simple knitting patterns Thursday, 4 April 2024: Working out the knitted pieces Closing the seams, sewing Friday, 5 April 2024: Knitting cable patterns part 2 Reading elaborate knitting patterns Course fee: 4 days of 3 hours each € 180.00 1 day á 3 hours € 50,00 Information and registration (limited number of participants) at +43 (0) 558325190





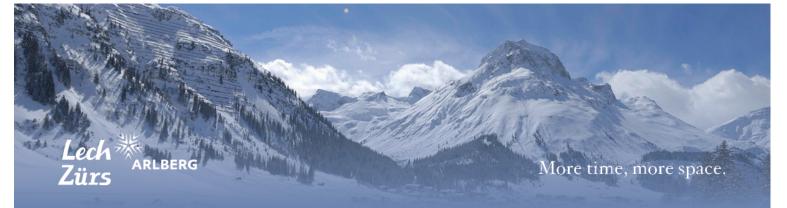
Tuesday, 02.04.2024

 Exhibition "Tom Vau - The Fragmentation of the Mountains" Exhibition "Tom Vau - The Fragmentation of the Mountains" In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape. Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089
Tanzcafé Arlberg - Music festival
The tenth edition of the popular music festival will take place across the entire Arlberg for the first time in 2024. As part of the tenth edition, which will take place on mountain stages from 31 March to 14 April, the areas covered are being generously expanded. The festival which was previously based in Lech Zürs, is now extending its reach to the entire Arlberg region just in time to mark the festival's anniversary. You can now also enjoy this stylish open-air spectacle in St. Christoph, St. Anton and Stuben. Five locations, one festival, umpteen stages and plenty of reasons to bring the ski season to a close on the Arlberg. After all, this is the music place to be!

08:00	Morning activation
	Loose movement of all joints and activation of the circulation as a morning routine and injury prophylaxis. When: Tuesday and Friday 08:00 to 08:30 Prices: Block for 10 units € 95 1 unit € 15 Open classes for guests, locals and employees
	Location: Physio Lech in the sanatorium in Oberstubenbach Please register under: +43 5583 229490 or info@rhomberg-physio.at
14:00	Manufactory Lech
	Original products made in Lech Opening hours: 2 pm - 5 pm Where: Raiffeisenbank Lech
14:30	Tanzcafé Arlberg Music Festival: GEORGIJ MAKAZARIA AND FRIENDS
	Fulminant live and DJ happening Where: Hotel Mondschein, Stuben am Arlberg Time: 2.30 pm
15:30	Whisky tasting
	Whisky lovers can explore the world of fine vintages in the Schlegelkopf restaurant at the Johnnie Walker Whisky Lounge in the presence of an expert. Furthermore, you'll enjoy the brillian view over Lech.

Meeting point: Schlegelkopf Restaurant-Bar, Tuesday at 15:30 h Price: Three package options available ranging from € 30 to € 80 (not including funicular pass) Booking: Schlegelkopf Restaurant-Bar before 12 pm +43 (0) 5583 30884





	Tuesday, 02.04.2024
17:00	SuryaSoul Dance of Yoga Dance on the yoga mat! We flow through our energy centres with music from all over the world in playful joy. We connect with Jiva: the conscious aliveness within us! Where: Hotel madlochBlick Time: 5 pm -6.15 pm Price: €15 drop in €50 weekly pass
18:30	Dinner Masterclass Fermentation This winter there will once again be a weekly fermentation masterclass with Jamie Unshelm, head of the Rote Wand Culinary Labs. He will introduce you to topics such as koji (shoyu/soy sauces, miso, vegetarian charcuterie), lactofermentation (kimchi, sauerkraut, etc.) and kombucha/vinegar (using wild herbs collected in the summer). Tips on zero waste & utilization of the entire product in the kitchen included. Jamie will then conjure up a multi-course menu to match the theme! Every Tuesday Price: € 120 (masterclass & menu), € 49 wine accompaniment Start: 6.30 pm Registration: gasthof@rotewand.com
19:52	Skyspace- Lech Guided Tour During the 50-minute guided sunset-tour, you will learn everything about this extraordinary work of art by the US artist James Turrell. Price: €15 per person Tickets: https://www.lechzuers.com/en/culture-and-lifestyle/experiences Registration: required until 6 pm the day before Location: Skyspace-Lech
23:00	JOYCE MUNIZ - Tanzcafé Arlberg Nightline x Soundkantine The "Tanzcafé Arlberg Nightline" - hosted by Soundkantine – this year celebrates its debut and with top acts from the electronic music scene will bring the end of the season Arlberg nightlife back to a new level. The start is something not to be missed: The Austro-Brazilian Joyce Muniz is not only a fixed star in Viennese club culture, but also plays shows all over the world week after week. Look forward to intoxicating electro house, sensual electronic funk, drum'n'bass and trip-hop tracks, eighties synths and hip-hop beats! DJ support: Mighty Mottl, Superflausch Showtime Joyce Muniz: ca 01.00 Where: Vernissage Bar, Zürs





Wednesday, 03.04.2024

Alpine knitting time in the Walkerbach with Rosa & Tilda

Alpine knitting time in the Walkerbach with Rosa & Tilda When: 2 April to 5 April 2024 3 to 6 p.m. each day Where: Hotel Walkerbach, Oberstubenbach Programm: Tuesday, 2 April 2024: Italian stitch cast-on Italian cast-on stitches Wednesday, 3 April 2024: Cable stitch knitting part 1 Reading simple knitting patterns Thursday, 4 April 2024: Working out the knitted pieces Closing the seams, sewing Friday, 5 April 2024: Knitting cable patterns part 2 Reading elaborate knitting patterns Course fee: 4 days of 3 hours each € 180.00 1 day á 3 hours € 50,00 Information and registration (limited number of participants) at +43 (0) 558325190 Exhibition "Tom Vau - The Fragmentation of the Mountains" Exhibition "Tom Vau - The Fragmentation of the Mountains"

In this project "The Fragementation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089

Tanzcafé Arlberg - Music festival

The tenth edition of the popular music festival will take place across the entire Arlberg for the first time in 2024. As part of the tenth edition, which will take place on mountain stages from 31 March to 14 April, the areas covered are being generously expanded. The festival which was previously based in Lech Zürs, is now extending its reach to the entire Arlberg region just in time to mark the festival's anniversary. You can now also enjoy this stylish open-air spectacle in St. Christoph, St. Anton and Stuben. Five locations, one festival, umpteen stages and plenty of reasons to bring the ski season to a close on the Arlberg. After all, this is the music place to be!

08:30 - 09:30 Skiyoga im Kristberg

Yoga at Hotel Kristberg with Christiane Zimmermann Every Monday Relaxyoga from 4 pm - 5 pm Every Wednesday ski yoga from 8.30 am - 9.30 am Costs: € 15 Euro per person Registration: office@hotel-kristberg.at Where: Hotel Kristberg

08:30 - 09:30 Yoga at Hotel Goldener Berg

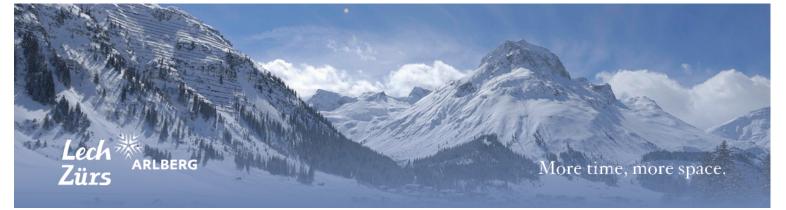
From 08.30 - 09.30 am Price per person: €25 Registration at: happy@goldenerberg.at





	Wednesday, 03.04.2024
12:00 - 17:00	 DJ Sundowner at the sun terrace of Hotel Arlberg Together with DJ Chris Kent and the Mont Collectif, the Hotel Arlberg organizes a DJ event on the sun terrace every Wednesday in February and March. From 12 p.m. to 5 p.m., cool beats accompany guests on what is probably the most beautiful terrace in the village. Every Wednesday in February & March – only with good weather When: From 12 p.m. to 5 p.m. Location: Sun terrace of Hotel Arlberg, Lech External guests are warmly welcome.
13:30	Döllerers wine fesitval
	Döllerer's wine festival Lech am Arlberg - 03.04.2024 Döllerer's Wine Festival is an extraordinary series of events that brings together winegrowers, wine lovers and restaurateurs on the subject of wine as a gourmet tour through Austria. The first gourmet stop is Lech am Arlberg on 3 April 2024, where you will have the opportunity to taste the new vintages from 37 winegrowers and producers at the afternoon wine tasting in sport.park.lech and chat to them personally about their wines and how they are made. The grand winemaker gala dinners, which you can enjoy either at Hotel Krone by head chef Thomas Hammerschmid or at Hotel Arlberg by head chef Patrick Tober, will provide the crowning glory. The dinners are accompanied by wines from the winegrowers present. Further gourmet stops are Golling & Kuchl near Salzburg (08 & 09 October 2024). Not to be missed!' Book your ticket: https://weinticket.doellerer.at/doellerers-weinfest-in-lech-am-arlberg
16:00	Live Music at Arlberghaus Hotel Live music with Wolfgang Frank every Wednesday! Where: in the Karls, Arlberghaus Zürs When: from 04:00pm
16:30	Tanzcafé Arlberg Music Festival: ALLE ACHTUNG Catchy pop rock tunes Where: Hotel Die Krone von Lech, Lech Time: 4.30 pm
17:30	Nervus Vagus Training With amazingly simple, practical exercises - and without physical exertion - your nervous system can be switched from stress, fight or flight to relaxation and regeneration. This can improve blood pressure, digestion, sleep quality, vision and perceived calmness. This sometimes happens within just a few minutes. The vagus nerve, which makes this possible, is therefore often referred to today as the "self-healing nerve". You can find out how this works here. Where: Hotel madlochBlick Start: 17:30 - 18:20 Registration: hotel@madlochblick.at





Wednesday, 03.04.2024

19:00	Strech & Relax In this session we aim to stretch and relax the body and improve flexibility. When: Wednesday 19:00 to 19:45 Prices: Block for 10 units € 95, 1 session € 15 Open classes for guests, locals and employees Location: Physio Lech in the sanatorium in Oberstubenbach Please register under: +43 5583 229490 or info@rhomberg-physio.at
20:30	Tanzcafé Arlberg Music Festival: LAURA BILGERI A timeless mix of pop and jazz Where: Ullrhaus, St. Anton am Arlberg Time: 8.30 pm
21:30	Dance evening Only in the Berghof. Only in winter. "Baby, you can swing" This is the motto of the weekly dance evening at The Berghof Bar. Always on Wednesdays, starting at 9:30 p.m. we swing to live music from the "Swing Trio", for the sake of the good old days. Put everyday life on the back burner. Dance your head off. Celebrate the good sides of life. Where: Der Berghof, Lech No registration required!
21:30	Live Music at the Cottage Every Wednesday from 9.30pm you can dance to live music in the cottage. Come by, the team of the Cottage is looking forward to seeing you! Open daily from 6pm to 3am!
	Thursday, 04.04.2024
	 Alpine knitting time in the Walkerbach with Rosa & Tilda Alpine knitting time in the Walkerbach with Rosa & Tilda When: 2 April to 5 April 2024 3 to 6 p.m. each day Where: Hotel Walkerbach, Oberstubenbach Programm: Tuesday, 2 April 2024: Italian stitch cast-on Italian cast-on stitches Wednesday, 3 April 2024: Cable stitch knitting part 1 Reading simple knitting patterns Thursday, 4 April 2024: Working out the knitted pieces Closing the seams, sewing Friday, 5 April 2024: Knitting cable patterns part 2 Reading elaborate knitting patterns Course fee: 4 days of 3 hours each € 180.00 1 day á 3 hours € 50,00 Information and registration (limited number of participants) at +43 (0) 558325190





Thursday, 04.04.2024

Exhibition "Tom Vau - The Fragmentation of the Mountains"

Exhibition "Tom Vau - The Fragmentation of the Mountains" In this project "The Fragementation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24 Opening hours: daily Where: Hotel madlochBlick Contact: info@thomasvau.com, +43 650 6436089

Strolz End of Season Sale

The winter season is coming to an end and it's time again for the big Strolz End of Season Sale! You can look forward to a wide selection of winter clothing, ski equipment, leisure wear, shoes, accessories and much more. Whether you're still looking for something specific or simply looking for a bargain, you're guaranteed to find it here. Take advantage of this opportunity and secure high-quality products from top brands at unbeatable prices from 04.04. - 13.04.2024. Opening hours: Thursday 09:00 - 18:00, Friday: 05.04.: 9 am - 6 pm, Saturday: 06.04.: 9 am - 6 pm. Sunday: 07.04.: 3 - 6 p.m.

Monday 08.04. - Saturday 13.04.2024 from 9 - 12.30 am and 2.30 - 6.00 pm Where: Strolz Sporthaus

Tanzcafé Arlberg - Music festival

The tenth edition of the popular music festival will take place across the entire Arlberg for the first time in 2024. As part of the tenth edition, which will take place on mountain stages from 31 March to 14 April, the areas covered are being generously expanded. The festival which was previously based in Lech Zürs, is now extending its reach to the entire Arlberg region just in time to mark the festival's anniversary. You can now also enjoy this stylish open-air spectacle in St. Christoph, St. Anton and Stuben. Five locations, one festival, umpteen stages and plenty of reasons to bring the ski season to a close on the Arlberg. After all, this is the music place to be!

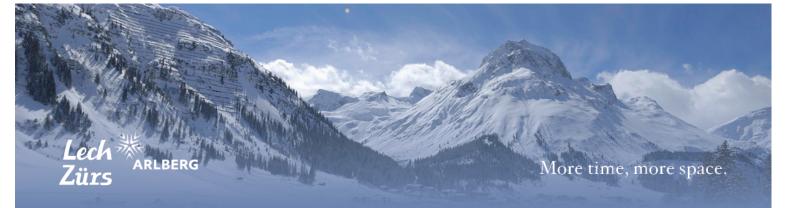
07:45 Skiroute Zürser Täli

You'll have the slopes all to yourself, and the majestic mountains rise up to the left and right as you ski down from Muggengrat in the direction of Zürser Täli. Making gentle turns and listing to exciting anecdotes and information from your guide – that's truly a one-of-kind experience. Please note: Regarding of a limited number of people it's necessary to register in advance. Registration the day prior until 16:30 at Ski Zürs-AG (+43 5583 2283) Meeting point: Seekopfbahn valley station; 07:45 h Price: €40 incl. breakfast at Seekopf mountain restaurant (only in combination with a valid ski pass)

14:00 Manufactory Lech

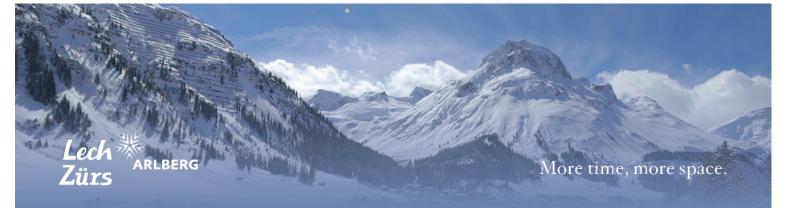
Original products made in Lech Opening hours: 2 pm - 5 pm Where: Raiffeisenbank Lech

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	Thursday, 04.04.2024
14:45	Schottenhof visit How about a visit to Europe's highest highland cattle farm? Schottenhof offers entertainment for the whole family. One of the highlights is the feeding of the Scottish highland cattle. That's when the shaggy four-legged creatures show off their adorable offspring.Meeting point: Schlosskopfbahn valley station, every Thursday at 14:45 h1Price: Adults EUR 10.00 for children up to 14 years free of charge (no valid ski pass required)Registration: at Schlosskophbahn ticket office, please call +43 (0) 5583 2332 152
15:00 - 18:00	Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world! Lech Museum and FMH Women's Museum Hittisau 02.12.2023 until 21.04.2024 Thursday - Sunday, 3 - 6 pm Admission: voluntary donation Guided tours available by appointment: museum@gemeinde.lech.at or +43 5583 2213 240 Location: Lechmuseum Huber-Hus
15:00	Tanzcafé Arlberg Music Festival: JOSH. Support: Holza Hits guaranteed on the "Reparatur" tour Where: Festival stage, St. Anton am Arlberg Time: 3 pm
16:00	Alpaca Trekking Alpaca trekking with Adriana on Monday and Thursday! Together with Adriana from the Adlerhof, alpaca treks are organised every Monday and Thursday. Start: 16:00 (in bad weather the hike does not take place) Duration: approx. 50 - 60 minutes Max. 8 people -Registration under: 0664 1480698 by Whatsapp or telephone, or by e-mail: adlerhof.lech@gmx.at More information about trekking, reservations and the Adlerhof can be found at: www.adlerhof- lech.at Meeting point: Adlerhof in Lech
17:00	SkiClub Arlberg Stammtisch Ski Club Arlberg Regulars' Table Where: Edelweiss Bar, Zürs Time: 5 pm





Thursday, 04.04.2024		
17:00	SuryaSoul Dance of Soma The whole room is our yoga mat. We dance with elements of yoga and martial arts with choreography through our energy centres.	
	Pure liveliness! Where: Hotel madlochBlick Time: 5 pm -6.15 pm Price: €15 drop in €50 weekly pass	
17:00	Thirsty Thursdays Apreski every Thursday from 5 pm in the Alpenhotel Valluga Cosy atmosphere, open fire and lively music. With the Arlbergguitars & then DJ Audiomed Time: from 5 pm Where: Alpenhotel Valluga, Zürs	
18:30	Wine & Dine This winter there will once again be a weekly Wine and Dine event in the Friends and Fools Lounge, which normally takes place on Thursdays. Jamie Unshelm, head of the Rote Wand Culinary Lab, will show you what is possible with alpine products and flavors. There will also be matching wines & drinks from Dominic Lackner, wine director of the Rote Wand. Every Thursday Price: € 180 incl. aperitif, menu & wine pairing Registration: gasthof@rotewand.com Start: 06.30 pm	
19:30	Live Music at BURG Hotel Appetite for gourmet cuisine with background music? Whether it's a rustic treat in the BURG Schenke or a gourmet menu in the Lechtaler Stube - every Thursday there's live music for our guests in various areas of the BURG Hotel. Today, "Die zwei Sternataler" will be playing for you. Where: BURG Hotel Oberlech When: 7.30 pm - 10 pm Reservation: info@burghotel-lech.com or +43 5583 2291	
19:54	Skyspace-Lech Guided Tour During the 50-minute guided sunset-tour, you will learn everything about this extraordinary work of art by the US artist James Turrell. Price: €15 per person Tickets: https://www.lechzuers.com/de/tickets-buchen/erlebnisse or in the Lech Zürs Touristoffice. Registration: required until 6 pm the day before Location: Skyspace-Lech	





Thursday, 04.04.2024		
20:30	Tanzcafé Arlberg Music Festival: FREDDIE´S FINEST Exquisitely stylish sound bites Where: Hotel Grieshof, St. Anton am Arlberg Time: 8.30 pm	
21:00	Live Music at Hotel Arlberg Live music at the Hotel Arlberg Every Thursday the "Jazz Triangle" plays in the hotel bar of the Hotel Arlberg. The Jazz Triangle is a young trio consisting of piano/vocals, drums and bass. With a mix of pop, jazz, funk and soul. External guests are warmly welcome. From 9 p.m. to midnight.	
21:00	Live Music at Hotel Arlberg Live music at the Hotel Arlberg Every Thursday the "Jazz Triangle" plays in the hotel bar of the Hotel Arlberg. The Jazz Triangle is a young trio consisting of piano/vocals, drums and bass. With a mix of pop, jazz, funk and soul. External guests are warmly welcome. From 9 p.m. to midnight.	

