

**Events 22.03.2024 - 28.03.2024****Friday, 22.03.2024****Exhibition "Tom Vau - The Fragmentation of the Mountains"**

Exhibition "Tom Vau - The Fragmentation of the Mountains"

In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24

Opening hours: daily

Where: Hotel madlochBlick

Contact: [info@thomasvau.com](mailto:info@thomasvau.com), +43 650 6436089

**Meisterstrasse in Residence**

MEISTERSTRASSE IN RESIDENCE

CRAFTS POP-UP LECH ZÜRS

BUILDING BRIDGES between Austria and the world's best crafts

When: March 17 - March 31, 2024

Time: from 4 pm

**08:00****Morning activation**

Loose movement of all joints and activation of the circulation as a morning routine and injury prophylaxis.

When: Tuesday and Friday 08:00 to 08:30

Prices:

Block for 10 units €95

1 unit €15

Open classes for guests, locals and employees

Location: Physio Lech in the sanatorium in Oberstubenbach

Please register under: +43 5583 229490 or [info@rhombert-physio.at](mailto:info@rhombert-physio.at)

**08:30 - 09:30****Yoga at BURG Hotel**

Good Morning Yoga

Price per person: €25

Registration at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am

Location: BURG Hotel, Oberlech

**08:30 - 09:30****Yoga at Hotel Goldener Berg**

Daily from 08.30 - 09.30 am

Price per person: €25

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

**09:00 - 10:00****Qi Gong at Hotel Kristberg**

Relaxing Qi Gong at the Hotel Kristberg with Gabi Laritz

When: Friday from 09:00 -10:00 am

Cost: €15 Euro per person

Registration at: [office@hotel-kristberg.at](mailto:office@hotel-kristberg.at)

Where: Hotel Kristberg

**Events 22.03.2024 - 28.03.2024****Friday, 22.03.2024**

- 12:00**      **Meditation at Goldener Berg**  
A guided meditation is a wonderful way to relax, calm the mind and find inner peace. In 30 minutes, we will take a journey together towards inner peace and mindfulness. We will concentrate on our breathing, our thoughts and our bodies. Depending on the focus of the meditation, various breathing techniques, visualisations and exercises will be used.  
All you need is comfortable clothing and your meditation cushion.  
Start: 12:00  
Price: €25,- per person  
Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)
- 13:00**      **Live Music at Hotel Goldener Berg**  
If the weather is fine, a DJ will accompany us with his soul music throughout the afternoon. Enjoy slow soul food to great soul music on the sun terrace of the Goldener Berg. Please book your table in advance. We look forward to grooving with you through the spring days. Time for heart energy, good food, wonderful wines, great music and experiencing the marvellous nature that surrounds us. A holiday for heart and soul!  
Where: Hotel Goldener Berg  
Time: from 1 pm
- 14:00**      **Manufactory Lech**  
Original products made in Lech  
Opening hours: 2 pm - 5 pm  
Where: Raiffeisenbank Lech
- 14:30**      **BURG Party with the Tender Cousins**  
Après ski party at the BURG ice bar. We know how to throw a roaring party - and our ice bar is the place to be in Oberlech. Live music from the Tender Cousins.  
Where: BURG Hotel Oberlech  
When: 22 March, 2.30 pm - 7 pm  
Good to know: If you would like to secure a lounge at our bar, you should book in advance. Reservations can be made at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291.
- 15:00 - 18:00**      **Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**  
An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!  
Lech Museum and FMH Women's Museum Hittisau  
02.12.2023 until 21.04.2024  
Thursday - Sunday, 3 - 6 pm  
Admission: voluntary donation  
Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240  
Location: Lechmuseum Huber-Hus
- 15:00 - 18:00**      **Frosty Fridays at the Schneggarei**  
Frosty Fridays – Après-Ski Party - at the Schneggarei  
From 3 pm to 6 pm  
Where: Schneggarei

## Events 22.03.2024 - 28.03.2024

### Friday, 22.03.2024

- 16:00** **Aprés Ski with live music**  
PREVIEW, RESERVE, FLIP OUT - It's starting again. You can't miss it!  
Legendary après-ski party with Andy Joseph at Zürserl Ski Lounge.  
Information: office@edelweiss-arlberg.at or +435583 2662  
Time: from 4 pm  
Where: Zürserl at Hotel Edelweiss, Zürs
- 16:30 - 17:30** **Rotary Tisch at Hotel Post**  
Lecture by Patrick Lueth "Architecture in dialogue with the landscape - Nordic ideas for alpine mountain railways  
Where: Gasthof Post, Lech  
Time: 16:30 - 17:30  
Free admission
- 17:00 - 19:00** **ART COCKTAIL AT KUNSTRAUM ZUG**  
ART COCKTAIL AT KUNSTRAUM ZUG on the occasion of the exhibition Aldo Bakker "SPECIFIC OBJECTS"  
When: Friday, 22.03.2024 | 5 pm  
No admission/no advance registration/no limit  
Where: KUNSTRAUM ZUG
- 17:00** **Curling at the Monzabon ice rink**  
Curling at Jagdhaus Monzabon  
Booking required under: +43 5583 2104  
When: from 05:00pm-06:00pm and 06:00pm-07:00pm  
Where: Jagdhaus Monzabon, Lech

### Saturday, 23.03.2024

#### **Exhibition "Tom Vau - The Fragmentation of the Mountains"**

Exhibition "Tom Vau - The Fragmentation of the Mountains"

In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24

Opening hours: daily

Where: Hotel madlochBlick

Contact: info@thomasvau.com, +43 650 6436089

#### **Meisterstrasse in Residence**

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CRAFTS POP-UP LECH ZÜRS

BUILDING BRIDGES between Austria and the world's best crafts

When: March 17 - March 31, 2024

Time: from 4 pm





## Events 22.03.2024 - 28.03.2024

### Saturday, 23.03.2024

**08:30 - 09:30**

#### **Yoga at BURG Hotel**

Good Morning Yoga

Price per person: € 25

Registration at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am

Location: BURG Hotel, Oberlech

**15:00 - 18:00**

#### **Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

02.12.2023 until 21.04.2024

Thursday - Sunday, 3 - 6 pm

Admission: voluntary donation

Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

**18:30**

#### **Pop up Dinner with Karma Food**

What could be better than ending our winter event series with a wonderful evening and the best Indian food? We are delighted that Simone and Adi will be joining us at the Rote Wand to conjure up a delicious menu. Anything but standard mash - Simone & Adi spread really good karma with their fresh, Ayurvedic cuisine. In 2014, the two started their adventure called Karma Food with a small take-away deli, almost 10 years later there are 7 Karma Food locations in Vienna and the surrounding area plus their own event space. The Karma Food Kitchen Collective is a culinary playground to let off steam and offers plenty of space for all their (fermentation) experiments, cooking classes, special pop-ups and dinner parties.

Time: 6.30 pm

Price: € 180 incl. aperitif, menu & wine pairing

Booking: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)

**18:30 - 19:30**

#### **Relax Yoga & Sound**

Price per person: € 25

When: Tuesday, Thursday & Saturday from 6.30 pm - 7.30 pm

Registration: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

Where: BURG Hotel, Oberlech

**22:00**

#### **Jungle fever at the Zürserl**

Every Saturday from 22:00 to 01:00 there is Jungle fever in the new Zürserl with changing DJs.

Where: Zürserl

**Events 22.03.2024 - 28.03.2024****Sunday, 24.03.2024****Exhibition "Tom Vau - The Fragmentation of the Mountains"**

Exhibition "Tom Vau - The Fragmentation of the Mountains"

In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24

Opening hours: daily

Where: Hotel madlochBlick

Contact: [info@thomasvau.com](mailto:info@thomasvau.com), +43 650 6436089

**Meisterstrasse in Residence**

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CRAFTS POP-UP LECH ZÜRS

BUILDING BRIDGES between Austria and the world's best crafts

When: March 17 - March 31, 2024

Time: from 4 pm

**14:30****BURG ice bar party with DJ**

We know how to throw a great party - and our ice bar is the place to be in Oberlech.

Where: BURG Hotel Oberlech

When: 2.30 pm - 7 pm

Good to know: If you want to secure a lounge at our bar, you should book in advance.

Reservation: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) , +43 5583 2291

**15:00 - 18:00****Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**

An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!

Lech Museum and FMH Women's Museum Hittisau

02.12.2023 until 21.04.2024

Thursday - Sunday, 3 - 6 pm

Admission: voluntary donation

Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240

Location: Lechmuseum Huber-Hus

**15:00****KUNSTRAUM ZUG**

Katia and Gerold Schneider have established a new exhibition space in the Zug part of Lech. In this year the exhibition features a collection of pouring vessels, displayed at the Kunstmuseum in The Hague in 2022, alongside larger objects in wood.

Details: [www.almhof.at/en/kunstraumzug](http://www.almhof.at/en/kunstraumzug)

Opening hours: Thursday, Friday, Sunday from 3pm - 6pm or by appointment

Location: Zug

**17:00****5 o'clock Champagne in the Edelweiss Bar**

Every Sunday there is a 5 o'clock Champagne in the Edelweiss Bar in Zürs - Piano by Christof Waibel.

Where: Edelweiss Bar, Zürs

Beginning: 5 pm



## Events 22.03.2024 - 28.03.2024

### Sunday, 24.03.2024

17:00

#### King of the Arlberg

The ski/snowboard instructor race of superlatives. The "King of the Arlberg" event is organised as a parallel giant slalom (RTL) in which all ski instructors compete against each other. After a qualification round with time measurement, the fastest 16 participants compete for the coveted title of "King/Queen of the Arlberg".

When: 24.03.2024, from 5 pm

Where: Flexenarena Zürs

Registration: <https://king-of-the-arlberg.at>

### Monday, 25.03.2024

#### Exhibition "Tom Vau - The Fragmentation of the Mountains"

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In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24

Opening hours: daily

Where: Hotel madlochBlick

Contact: [info@thomasvau.com](mailto:info@thomasvau.com), +43 650 6436089

#### Meisterstrasse in Residence

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When: March 17 - March 31, 2024

Time: from 4 pm

08:30 - 09:30

#### Yoga at BURG Hotel

Good Morning Yoga

Price per person: € 25

Registration at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am

Location: BURG Hotel, Oberlech

08:30 - 09:30

#### Yoga at Hotel Goldener Berg

From 08.30 - 09.30 am

Price per person: € 25

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)



**Events 22.03.2024 - 28.03.2024****Monday, 25.03.2024**

- 12:00**      **Meditation at Goldener Berg**  
A guided meditation is a wonderful way to relax, calm the mind and find inner peace. In 30 minutes, we will take a journey together towards inner peace and mindfulness. We will concentrate on our breathing, our thoughts and our bodies. Depending on the focus of the meditation, various breathing techniques, visualisations and exercises will be used.  
All you need is comfortable clothing and your meditation cushion.  
Start: 12:00  
Price: € 25,- per person  
Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)
- 14:00**      **Manufactory Lech**  
Original products made in Lech  
Opening hours: 02:00pm-05:00pm  
Where: Raiffeisenbank Lech
- 15:00**      **Anja Löhning Highest Vision**  
On holiday, your "Highest Vision" is created out of joy and lightness. It therefore also carries these signs. Wouldn't it be wonderful to immerse yourself in your ideal life and take some of it home with you from your holiday?  
Participation fee 30,--€  
Where: Hotel Goldener Berg, Oberlech  
Start: 3 pm or 5 pm depending on weather and interest  
Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)
- 15:30**      **DJ at Thurnher's Alpenhof**  
If the weather is fine, our event will take place outdoors; if the weather is bad, you can have fun in the bar.  
Enjoy the relaxed atmosphere with DJ music at Thurnhers Alpenhof.  
We look forward to spending unforgettable Monday afternoons with you!  
Where: Thurnher's Alpenhof, Zürs  
When: from 03:30 pm
- 16:00**      **Alpaca Trekking**  
Alpaca trekking with Adriana on Monday and Thursday!  
Together with Adriana from the Adlerhof, alpaca treks are organised every Monday and Thursday.  
Start: 16:00 (in bad weather the hike does not take place)  
Duration: approx. 50 - 60 minutes  
Max. 8 people -Registration under: 0664 1480698 by Whatsapp or telephone, or by e-mail: [adlerhof.lech@gmx.at](mailto:adlerhof.lech@gmx.at)  
More information about trekking, reservations and the Adlerhof can be found at: [www.adlerhof-lech.at](http://www.adlerhof-lech.at)  
Meeting point: Adlerhof in Lech

## Events 22.03.2024 - 28.03.2024

### Monday, 25.03.2024

**16:00 - 17:00**

#### **Relaxyoga im Kristberg**

Yoga at Hotel Kristberg with Christiane Zimmermann  
Every Monday Relaxyoga from 4 pm - 5 pm  
Every Wednesday ski yoga from 8.30 am - 9.30 am  
Costs: € 15 Euro per person  
Registration: [office@hotel-kristberg.at](mailto:office@hotel-kristberg.at)  
Where: Hotel Kristberg

**17:00**

#### **Curling at the Monzabon ice rink**

Curling at Jagdhaus Monzabon  
Booking required under: +43 5583 2104  
When: from 05:00pm-06:00pm and 06:00pm-07:00pm  
Where: Jagdhaus Monzabon, Lech

**19:00**

#### **Functional Training**

A core element of functional training is the improvement of core stability and coordination as a foundation for injury-free strength training.  
Registration at: +43 5583 229490 oder [info@rhomberg-physio.at](mailto:info@rhomberg-physio.at)  
Prices: Block for 10 units € 95  
for 1 unit € 15  
Location: Physio Lech in the Dr. Rhomberg Sanatorium, Oberstubenbach

**20:30 - 21:30**

#### **Vollmond Ritual**

The moonlight ritual: a journey to inner balance  
Where: Hotel Goldener Berg  
Time: 20:30 - 21:30  
Price: € 25,- per person

### Tuesday, 26.03.2024

#### **Exhibition "Tom Vau - The Fragmentation of the Mountains"**

Exhibition "Tom Vau - The Fragmentation of the Mountains"  
In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.  
Exhibition dates: until the end of the winter season 23/24  
Opening hours: daily  
Where: Hotel madlochBlick  
Contact: [info@thomasvau.com](mailto:info@thomasvau.com), +43 650 6436089

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CRAFTS POP-UP LECH ZÜRS  
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When: March 17 - March 31, 2024  
Time: from 4 pm





## Events 22.03.2024 - 28.03.2024

### Tuesday, 26.03.2024

- 08:00** **Morning activation**  
 Loose movement of all joints and activation of the circulation as a morning routine and injury prophylaxis.  
 When: Tuesday and Friday 08:00 to 08:30  
 Prices:  
 Block for 10 units €95  
 1 unit €15  
 Open classes for guests, locals and employees  
 Location: Physio Lech in the sanatorium in Oberstubenbach  
 Please register under: +43 5583 229490 or [info@rhomburg-physio.at](mailto:info@rhomburg-physio.at)
- 08:30 - 09:30** **Yoga at BURG Hotel**  
 Good Morning Yoga  
 Price per person: €25  
 Registration at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291  
 Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am  
 Location: BURG Hotel, Oberlech
- 14:00** **Manufactory Lech**  
 Original products made in Lech  
 Opening hours: 2 pm - 5 pm  
 Where: Raiffeisenbank Lech
- 15:30** **Whisky tasting**  
 Whisky lovers can explore the world of fine vintages in the Schlegelkopf restaurant at the Johnnie Walker Whisky Lounge in the presence of an expert. Furthermore, you'll enjoy the brilliant view over Lech.  
 Meeting point: Schlegelkopf Restaurant-Bar, Tuesday at 15:30 h  
 Price: Three package options available ranging from €30 to €80 (not including funicular pass)  
 Booking: Schlegelkopf Restaurant-Bar before 12 pm +43 (0) 5583 30884
- 18:30** **Dinner Masterclass Fermentation**  
 This winter there will once again be a weekly fermentation masterclass with Jamie Unshelm, head of the Rote Wand Culinary Labs. He will introduce you to topics such as koji (shoyu/soy sauces, miso, vegetarian charcuterie), lactofermentation (kimchi, sauerkraut, etc.) and kombucha/vinegar (using wild herbs collected in the summer). Tips on zero waste & utilization of the entire product in the kitchen included. Jamie will then conjure up a multi-course menu to match the theme!  
 Every Tuesday  
 Price: €120 (masterclass & menu), €49 wine accompaniment  
 Start: 6.30 pm  
 Registration: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)
- 18:30 - 19:30** **Relax Yoga & Sound**  
 Price per person: €25  
 When: Tuesday, Thursday & Saturday from 6.30 pm - 7.30 pm  
 Registration: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291  
 Where: BURG Hotel, Oberlech



## Events 22.03.2024 - 28.03.2024

### Tuesday, 26.03.2024

18:42

#### Skyspace-Lech Guided Tour

During the 50-minute guided sunset-tour, you will learn everything about this extraordinary work of art by the US artist James Turrell.

Price: € 15 per person

Tickets: <https://www.lechzuers.com/en/culture-and-lifestyle/experiences/experiences>

Registration: required until 6 pm the day before

Location: Skyspace-Lech

### Wednesday, 27.03.2024

#### Exhibition "Tom Vau - The Fragmentation of the Mountains"

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In this project "The Fragmentation of the Mountains", the Arlberg with all its alpine diversity and its roughness but also soft silhouettes are depicted as line drawings and painted fragments. Hence all elevations appear altered, in an artificial but formal language, creating new perspectives on the respective landscape.

Exhibition dates: until the end of the winter season 23/24

Opening hours: daily

Where: Hotel madlochBlick

Contact: [info@thomasvau.com](mailto:info@thomasvau.com), +43 650 6436089

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CRAFTS POP-UP LECH ZÜRS

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When: March 17 - March 31, 2024

Time: from 4 pm

08:30 - 09:30

#### Skiyoga im Kristberg

Yoga at Hotel Kristberg with Christiane Zimmermann

Every Monday Relaxyoga from 4 pm - 5 pm

Every Wednesday ski yoga from 8.30 am - 9.30 am

Costs: € 15 Euro per person

Registration: [office@hotel-kristberg.at](mailto:office@hotel-kristberg.at)

Where: Hotel Kristberg

08:30 - 09:30

#### Yoga at BURG Hotel

Good Morning Yoga

Price per person: € 25

Registration at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am

Location: BURG Hotel, Oberlech

08:30 - 09:30

#### Yoga at Hotel Goldener Berg

From 08.30 - 09.30 am

Price per person: € 25

Registration at: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)

## Events 22.03.2024 - 28.03.2024

### Wednesday, 27.03.2024

**12:00 - 17:00**

#### **DJ Sundowner at the sun terrace of Hotel Arlberg**

Together with DJ Chris Kent and the Mont Collectif, the Hotel Arlberg organizes a DJ event on the sun terrace every Wednesday in February and March.

From 12 p.m. to 5 p.m., cool beats accompany guests on what is probably the most beautiful terrace in the village.

Every Wednesday in February & March – only with good weather

When: From 12 p.m. to 5 p.m

Location: Sun terrace of Hotel Arlberg, Lech

External guests are warmly welcome.

**14:30**

#### **BURG ice bar party**

We know how to throw a great party - and our ice bar is the place to be in Oberlech.

Where: BURG Hotel Oberlech

When: 2.30 pm - 7 pm

Good to know: If you want to secure a lounge at our bar, you should book in advance.

Reservation: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) , +43 5583 2291

**16:00**

#### **Live Music at Arlberghaus Hotel**

Live music with Wolfgang Frank every Wednesday!

Where: in the Karls, Arlberghaus Zürs

When: from 04:00pm

**17:30**

#### **Nervus Vagus Training**

With amazingly simple, practical exercises - and without physical exertion - your nervous system can be switched from stress, fight or flight to relaxation and regeneration. This can improve blood pressure, digestion, sleep quality, vision and perceived calmness. This sometimes happens within just a few minutes. The vagus nerve, which makes this possible, is therefore often referred to today as the "self-healing nerve". You can find out how this works here.

Where: Hotel madlochBlick

Start: 17:30 - 18:20

Registration: [hotel@madlochblick.at](mailto:hotel@madlochblick.at)

**19:00**

#### **Strech & Relax**

In this session we aim to stretch and relax the body and improve flexibility.

When: Wednesday 19:00 to 19:45

Prices: Block for 10 units €95, 1 session €15

Open classes for guests, locals and employees

Location: Physio Lech in the sanatorium in Oberstubenbach

Please register under: +43 5583 229490 or [info@rhombberg-physio.at](mailto:info@rhombberg-physio.at)

**21:30**

#### **Dance evening**

Only in the Berghof. Only in winter. "Baby, you can swing"

This is the motto of the weekly dance evening at The Berghof Bar. Always on Wednesdays, starting at 9:30 p.m. we swing to live music from the "Swing Trio", for the sake of the good old days. Put everyday life on the back burner. Dance your head off. Celebrate the good sides of life.

Where: Der Berghof, Lech





## Events 22.03.2024 - 28.03.2024

### Wednesday, 27.03.2024

**21:30**

#### **Live Music at the Cottage**

Every Wednesday from 9.30pm you can dance to live music in the cottage.  
Come by, the team of the Cottage is looking forward to seeing you!  
Open daily from 6pm to 3am!

### Thursday, 28.03.2024

#### **Exhibition "Tom Vau - The Fragmentation of the Mountains"**

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Exhibition dates: until the end of the winter season 23/24

Opening hours: daily

Where: Hotel madlochBlick

Contact: [info@thomasvau.com](mailto:info@thomasvau.com), +43 650 6436089

#### **Meisterstrasse in Residence**

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When: March 17 - March 31, 2024

Time: from 4 pm

**07:45**

#### **Skiroute Zürser Täli**

You'll have the slopes all to yourself, and the majestic mountains rise up to the left and right as you ski down from Muggengrat in the direction of Zürser Täli. Making gentle turns and listening to exciting anecdotes and information from your guide – that's truly a one-of-kind experience.

Please note: Regarding of a limited number of people it's necessary to register in advance.

Registration the day prior until 16:30 at Ski Zürs-AG (+43 5583 2283)

Meeting point: Seekopfbahn valley station; 07:45 h

Price: €40 incl. breakfast at Seekopf mountain restaurant (only in combination with a valid ski pass)

**08:30 - 09:30**

#### **Yoga at BURG Hotel**

Good Morning Yoga

Price per person: €25

Registration at: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291

Monday, Tuesday, Wednesday, Thursday, Friday & Saturday from 08:30 - 09:30 am

Location: BURG Hotel, Oberlech

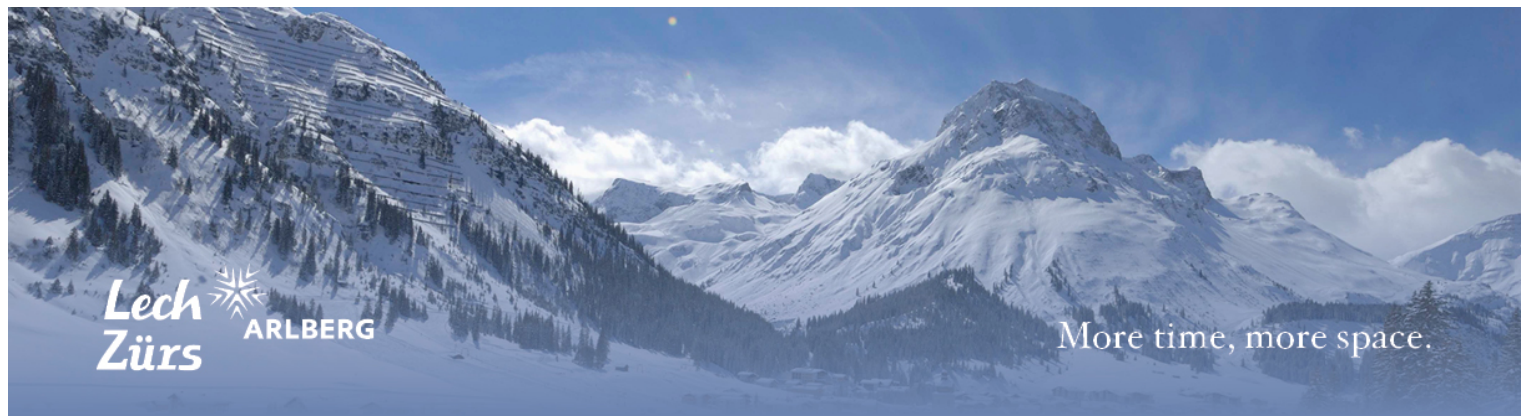
**09:00**

#### **Sarah Erb - Selbstbewusst sein Glow Up**

Where: Hotel Goldener Berg, Oberlech

Time: 09:00 - 10:30 am

Registration: [happy@goldenerberg.at](mailto:happy@goldenerberg.at)



## Events 22.03.2024 - 28.03.2024

### Thursday, 28.03.2024

- 11:30 Alpenbaden**  
The combination of yoga and a walk in the incredibly inspiring mountain landscape ensures peace, tranquillity, relaxation and happiness.  
Price: € 25,- per person  
Registration until 07.00 pm the day before at 043 5583 2205  
Location: Hotel Goldener berg, Oberlech
- 13:00 Hotel Goldener Berg, Hotel terrace**  
When the weather is fine, DJ Bler will accompany us with his soul music throughout the afternoon. Enjoy slow soul food to great soul music on the sun terrace of the Goldener Berg. Please book your table in advance. We look forward to grooving with you through the spring days. Time for heart energy, good food, wonderful wines, great music and experiencing the marvellous nature that surrounds us. A holiday for heart and soul!  
Where: Hotel Goldener Berg, Oberlech  
When: 1 pm - 5 pm
- 14:45 Schottenhof visit**  
How about a visit to Europe's highest highland cattle farm? Schottenhof offers entertainment for the whole family. One of the highlights is the feeding of the Scottish highland cattle. That's when the shaggy four-legged creatures show off their adorable offspring. Meeting point: Schlosskopfbahn valley station, every Thursday at 14:45 h  
Price: Adults EUR 10.00 | for children up to 14 years free of charge (no valid ski pass required)  
Registration: at Schlosskopfbahn ticket office, please call +43 (0) 5583 2332 152
- 15:00 - 18:00 Exhibition Lechmuseum - BLITZBLANK! From cleaning - inside, outside, everywhere**  
An exhibition in two locations about cleaning as a cultural technique and about an extra-clean world!  
Lech Museum and FMH Women's Museum Hittisau  
02.12.2023 until 21.04.2024  
Thursday - Sunday, 3 - 6 pm  
Admission: voluntary donation  
Guided tours available by appointment: [museum@gemeinde.lech.at](mailto:museum@gemeinde.lech.at) or +43 5583 2213 240  
Location: Lechmuseum Huber-Hus
- 15:00 - 18:00 KUNSTRAUM ZUG**  
Katia and Gerold Schneider have established a new exhibition space in the Zug part of Lech. In this year the exhibition features a collection of pouring vessels, displayed at the Kunstmuseum in The Hague in 2022, alongside larger objects in wood.  
Details: [www.allmeinde-art.com](http://www.allmeinde-art.com)  
Opening hours: Thursday, Friday, Sunday from 3pm - 6pm or by appointment  
Location: Zug

## Events 22.03.2024 - 28.03.2024

### Thursday, 28.03.2024

- 16:00**      **Alpaca Trekking**  
 Alpaca trekking with Adriana on Monday and Thursday!  
 Together with Adriana from the Adlerhof, alpaca treks are organised every Monday and Thursday.  
 Start: 16:00 (in bad weather the hike does not take place)  
 Duration: approx. 50 - 60 minutes  
 Max. 8 people -Registration under: 0664 1480698 by Whatsapp or telephone, or by e-mail: [adlerhof.lech@gmx.at](mailto:adlerhof.lech@gmx.at)  
 More information about trekking, reservations and the Adlerhof can be found at: [www.adlerhof-lech.at](http://www.adlerhof-lech.at)  
 Meeting point: Adlerhof in Lech
- 17:00**      **Curling at the Monzabon ice rink**  
 Curling at Jagdhaus Monzabon  
 Booking required under: +43 5583 2104  
 When: from 05:00pm-06:00pm and 06:00pm-07:00pm  
 Where: Jagdhaus Monzabon, Lech
- 17:00**      **SkiClub Arlberg Stammtisch**  
 Ski Club Arlberg Regulars' Table  
 Where: Edelweiss Bar, Zürs  
 Time: 5 pm
- 17:00**      **Thirsty Thursdays**  
 Apreski every Thursday from 5 pm in the Alpenhotel Valluga  
 Cosy atmosphere, open fire and lively music.  
 With the Arlbergguitars & then DJ Audiomed  
 Time: from 5 pm  
 Where: Alpenhotel Valluga, Zürs
- 18:30 - 19:30**      **Relax Yoga & Sound**  
 Price per person: €25  
 When: Tuesday, Thursday & Saturday from 6.30 pm - 7.30 pm  
 Registration: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291  
 Where: BURG Hotel, Oberlech
- 18:30**      **Wine & Dine**  
 This winter there will once again be a weekly Wine and Dine event in the Friends and Fools Lounge, which normally takes place on Thursdays. Jamie Unshelm, head of the Rote Wand Culinary Lab, will show you what is possible with alpine products and flavors. There will also be matching wines & drinks from Dominic Lackner, wine director of the Rote Wand.  
 Every Thursday  
 Price: €180 incl. aperitif, menu & wine pairing  
 Registration: [gasthof@rotewand.com](mailto:gasthof@rotewand.com)  
 Start: 06.30 pm



## Events 22.03.2024 - 28.03.2024

### Thursday, 28.03.2024

18:45

#### **Feel the Elements: Thursday night Yoga**

Self-discovery through yoga and chanting, exploring your innermost being, and the world of the elements.

The combination of yoga and mantra can assist you in delving even deeper into your inner world and connecting with the world around you. Exploring the elements such as earth, water, fire, and air can strengthen your relationship with nature and provide a deeper understanding of life.

Take time for yourself and explore the world of yoga and mantra. It's a journey that can lead you to a better understanding of yourself.

Where: Hotel madlochBlick

When: Thursday, 18:45 - 20:00

Drop-In: € 20

Block of 10: € 175

18:45

#### **Skyspace- Lech Tour**

During the 50-minute guided tour, including a light show, you will learn everything about this special work of art by James Turrell

Price: € 15,- per person, shuttle taxi € 10,-

Tickets: <https://www.lechzuers.com/en/culture-and-lifestyle/experiences/experiences>

Location: Skyspace-Lech

19:30

#### **Live Music at BURG Hotel**

Appetite for gourmet cuisine with background music? Whether it's a rustic treat in the BURG Schenke or a gourmet menu in the Lechtaler Stube - every Thursday there's live music for our guests in various areas of the BURG Hotel. Today, "Die Silbertaler" will be playing for you.

Where: BURG Hotel Oberlech

When: 7.30 pm - 10 pm

Reservation: [info@burghotel-lech.com](mailto:info@burghotel-lech.com) or +43 5583 2291