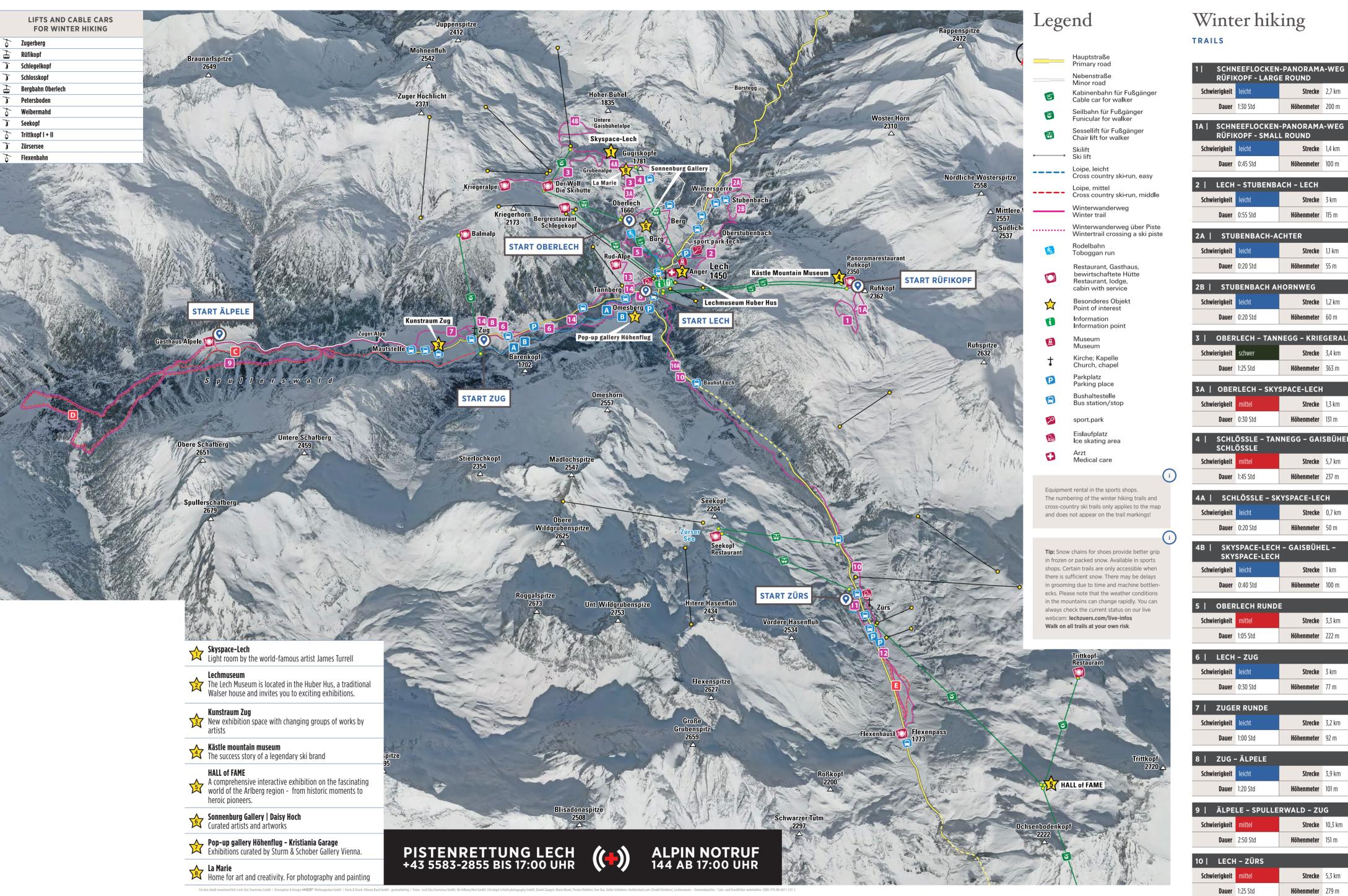
Winter activities Winter hiking trails, WINTER 2023/2024 Cross-country skiing, Culture programme ARLBERG

LECHZUERS.COM



Winter hiking

SCHNEEFLOCKEN-PANORAMA-WEG RÜFIKOPF - LARGE ROUND

RÜFIKOPF - SMALL ROUND

Strecke 2,7 km

Strecke 1,4 km

Höhenmeter 200 m

TRAILS

Schwierigkeit	ieiciit	Strecke	1,4 KIII
Dauer	0:45 Std	Höhenmeter	100 m
2 LECH	- STUBENBA	ACH - LECH	
Schwierigkeit	leicht	Strecke	3 km
Dauer	0:55 Std	Höhenmeter	115 m
	BENBACH-A		11 lone
Schwierigkeit	leicht	Strecke	1,1 km
Dauer	0:20 Std	Höhenmeter	55 m
2B STU	BENBACH AI	HORNWEG	
Schwierigkeit	leicht	Strecke	1,2 km
Dauer	0:20 Std	Höhenmeter	60 m
3 OBER	LECH - TANI	NEGG – KRIE	GERALPE
Schwierigkeit	schwer	Strecke	3,4 km
Dauer	1:25 Std	Höhenmeter	363 m
3A OBER	RLECH - SKY	SPACE-LECH	
Schwierigkeit	mittel	Strecke	1,3 km
Dauer	0:30 Std	Höhenmeter	131 m
			opůve.
	ÖSSLE – TAN ÖSSLE	INEGG – GAI	SBUHEL -
Schwierigkeit	mittel	Strecke	5,7 km
Dauer	1:45 Std	Höhenmeter	237 m
4A SCH	ILÖSSLE – SK	YSPACE-LEG	СН
Schwierigkeit	leicht	Strecke	0,7 km
Dauer	0:20 Std	Höhenmeter	50 m
	SPACE-LECH		EL -
Schwierigkeit	leicht	Strecke	1 km
Dauer	0:40 Std	Höhenmeter	100 m
5 OBER	LECH RUND	E	
Schwierigkeit	mittel	Strecke	3,3 km
Dauer	1:05 Std	Höhenmeter	222 m
6 LECH	- ZUG		
Schwierigkeit	leicht	Strecke	3 km
Dauer	0:30 Std	Höhenmeter	77 m
	R RUNDE		7.2 les-
Schwierigkeit	leicht	Strecke	3,2 km
Dauer	1:00 Std	Höhenmeter	92 m
8 ZUG -	- ÄLPELE		
Schwierigkeit	leicht	Strecke	3,9 km
Dauer	1:20 Std	Höhenmeter	101 m
9 ÄLPE	LE - SPULLE	RWALD - ZU	IG
Schwierigkeit	mittel	Strecke	10,3 km
Dauer	2:50 Std	Höhenmeter	151 m
10 LECH	ı – ZÜRS		
Schwierigkeit	mittel	Strecke	5,3 km
-	1:25 Std	Höhenmeter	
- 24401			

10 A LECH - ZÜRS SEEKOPFBAHN			
Schwierigkeit	mittel	Strecke	5,2 km
Dauer	1:40 Std	Höhenmeter	250 m
11 ZÜRS	ER RUNDE		
III ZURS	ER KUNDE		
Schwierigkeit	leicht	Strecke	1,1 km
Dauer	0:45 Std	Höhenmeter	24 m
12 ZÜRS	- FLEXENPA	ASS – ZÜRS	
Schwierigkeit	leicht	Strecke	2,6 km
Dauer	0:40 Std	Höhenmeter	184 m
13 LECH	- RUD-ALPE		
Schwierigkeit	leicht	Strecke	0,5 km
Dauer	0:30 Std	Höhenmeter	60 m
14 LECH - ENGERLEWALD - ZUG			
Schwierigkeit	leicht	Strecke	3,5 km
Dauer	1:00 Std	Höhenmeter	150 m

Cross-country skiing

CLASSIC & SKATING

A | LECH - ZUG

Schwierigkeit	leicht	Strecke	2,8 km	
Dauer	0:40 Std	Höhenmeter	66 m	
B OMESBERG - ZUG				
Schwierigkeit	leicht	Strecke	2,4 km	
Dauer	0:50 Std	Höhenmeter	44 m	

C ZUG - ÄLPELE - SPULLERWALD - ZUG			
Schwierigkeit	mittel	Strecke	6,6 km
Dauer	1:15 Std	Höhenmeter	163 m
D ZUG - ÄLPELE - TANNLÄGERALPE - ÄLPELE - ZUG			
Schwierigkeit	mittel	Strecke	10,5 km

ihenmeter 334 m

ÄLPELE – ZUG		
chwierigkeit	mittel	
Dauer	2:50 Std	Hà

Zürs

E ZÜRS – FLEXENPASS – ZÜRS			
Schwierigkeit	mittel	Strecke	2,6 km
Dauer	0:40 Std	Höhenmeter	95 m



TOBOGGAN RUN

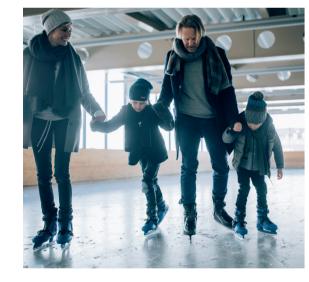
Oberlech - Lech

Tremendous fun for both young and old on the floodlit, snow-covered toboggan run from Oberlech to Lech. The spectacular route also guarantees to be an unforgettable adventure for the whole family. Bobs are available for hire at the Oberlech cable-car terminal and in sports shops. Please bring an ID and deposit with you.

TOBOGGAN RUN	
<u>Length</u>	1,2 km
Contact	Phone: +43 5583 2350-0
Opening hours	daily from 09.00 am - 09.00 pm

SMALL TROCHANTER ZÜRS

The small trochanter in Zürs offers a lot of fun and action in the snow for our little guests. You find the small trochanter above the kids land in Zürs. Open during operation hours of the kids land from 09.00 am to 4.30 pm.



ICE SKATING - CURLING

Natural ice rink Zürs

is a particular highlight. You can turn pirouettes and enjoy the view over the surrounding alpine scenery. For further information and reservations please call: +43 5583 2161-0

Ice skating rink in Lech

The first and only air-conditioned hotel ice rink in Europe in the Hotel Monzabon offers you 300 square metres of artificial ice for ice skating and curling. Enjoy its icy delights!

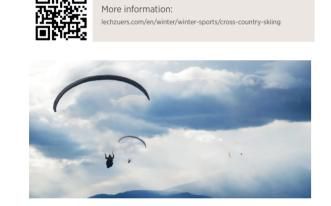
	INFORMATION
Opening hours	The current opening hours of the season can be found on our website.
Curling	Reservation required
Reservations	Phone: +43 5583 2104



CROSS COUNTRY SKIING

More than 27 kilometres of groomed, free-of-charge cross-country ski trails are at your disposal as a training ground in the Arlberg region. Flat terrain and gentle climbs, crisp mountain sprints and short descents - beyond the Ski Arlberg ski resort, there is a varied network of cross-country ski trails just waiting to be discovered. The trail report provides you with reliable daily information about which trails are open and which are closed. The trail planner also provides an overview of the entire trail network to help you prepare and plan your activities precisely.

CROSS COUNTRY SKI INSTRUCTION ON REQUEST		
Skischule Lech	Phone: +43 5583 2355, www.skilech.info	
Skischule Zürs	Phone: +43 5583 2611, www.skischule-zuers.at	
Schneesportschule Omeshorn	Alpincenter Lech, Phone: +43 5583 39880 www.alpincenter-lech.at/Schneesportschule	
Arlberg Free Moving	Phone: +43 664 3562650 www.arlberg-free-moving.com	
Arlberg Alpin Ski-	Phone: +43 664 3203506	



TANDEM PARAGLIDING

Leave the earth behind and feel liberated as soon as you take off with no constraints and no engine noise, floating feely, only joined to the wing by a couple of cords, feeling the strength of the air currents amid our beautiful countryside. Forget everyday life and enjoy being totally on your own. This feeling is never stronger than when you are flying and you can experience it here by trying tandem paragliding. As well as sensational paragliding flights we also offer spectacular thermal flights and fascinating panoramic flights. Also suitable for groups. See you in the sky!

	INFORMATION
Paragliding start point	Kriegerhorn
Landing	next to Flühenlift
Total duration	1 hour 30 minutes
Flight time	approx. 15 minutes
Maximum flying height	2.100-2.300 metres
Tandem flight prices	fca.at/tandem/buchen-arlberg
Booking	tandem.fca.at

SNOWSHOEING

Experience the unique winter landscape around Lech Zürs am Arlberg in the fresh, clear winter air. One of the great advantages of snowshoeing compared to other winter sports is that anyone with average physical condition can participate without needing any additional technical skills. You can rent the right pair of snowshoes including poles in one of the local sports stores. The large tread surface of the snowshoes prevents you from sinking too far in the powder snow and thus enables you to cover longer distances.

GUIDED SNOWSHOEING ON REQUEST & INFORMATION & REGISTRATION	
Arlberg Alpin Ski- schule Mohnenfluh	Phone: +43 664 3203506 info@arlbergalpin.at every Tuesday & Thursday

Arlberg Free Moving	Phone: +43 664 3562650 www.arlberg-free-moving.com
Four Seasons	Anton Grissemann
Guiding	Phone: +43 664 4000827
Schneesportschule	Phone: +43 5583 39880
Omeshorn	info@alpincenter-lech.at
Skischule Oberlech	Phone: +43 5583 2007

Clothing: Winter outfit and winter shoes





HORSE-DRAWN SLEIGH RIDES

Wheter by day or at night – a ride on a horsedrawn sleigh is always a highlight of your winter holiday. Location at the covered wooden bridge in Lech.

	REGISTRATION
laus Angelika	Phone: +43 5583 4140 oder +43 664 3443730
	haus.angelika.lech@aon.at

WINTER WALKING

An over 40-km winter hiking trail network in Lech Zürs am Arlberg invites hikers to explore the snow without snowshoes. The only things you need to bring are sturdy shoes and comfortable winter clothing. Small paths or groomed winter hiking trails lead over steep mountain slopes, through snowy forests, or along the partially frozen Lech river.



SUN SUBSCRIPTION

For winter guests without ski or snowboard the sun subscription is the choice to explore the magnificent mountains of Ski Arlberg. The subscription includes the mountain and valley ride and is valid for many cable car and lift facilities. Tickets available at all ski ticket offices.

Valid for the following lifts: Lech/Oberlech/Zürs: Zugerberg, Rüfikopf, Schlegelkopf, Schlosskopf, Bergbahn Oberlech until 6.00 pm, Petersboden, Weibermahd, Seekopf, Trittkopf I and II, Zürsersee and Flexenbahn

St. Anton/St. Christoph: Galzig, Gampen, Nasserein, Valluga I and II, Kapall, Rendl, St. Christophbahn and Albonbahn



SNOWFLAKE-PANORAMA-TRAIL AT RÜFIKOPF

Snow is simply miraculous: billions of snow crystals merge to form flakes that float down gently like leaves and cover everything in a bright white blanket. Snow is very powerful in the Arlberg region: it shapes the people here, sets the pace and creates living conditions. Snow challenges people, it makes them fight. Snow is also an ally: it casts a spell over the landscape, makes it seem weightless and graces it with beauty. The Snowflake Panorama Trail will bring you closer to this fascinating element we call snow. And it will introduce you to people from the Arlberg who transform adverse conditions into highly emotional winter experiences. And that's no miracle, but a success story that has been seen time and again here on the Arlberg.

MUSEUM

Lechmuseum

The Huber-Hus, a traditional Walser house from the year 1590, is located near the Schlosskopf parking lot. The current special exhibition takes place in two locations together with the Women's Museum Hittisau: Sparkling clean! About cleaning - inside, outside, everywhere.

INFORMATION		
Opening hours	Thursday to Sunday from 03.00 - 06.00 pm	
Special guided tour	on demand	
Contact	Phone: +43 5583 2213-240	



Kästle Mountain Museum

You will find Lech's Kästle Mountain Museum in the top station of Rüfikopf II cable car. Marvel at historic artwork, ski designs from bygone times and many other items on display from the history of the successful Austrian ski brand.

	INFORMATION
Location	Top station of Rüfikopf II
Entrance	free, during operation hours of the Rüfikopfbahn



HALL of FAME

An interactive exhibition about the fascinating world of the Arlberg, from historical moments to heroic pioneers, unforgettable ski stars and glamorous film

	INFORMATION
Location	Trittkopfbahn I/Flexenbahn mountain station
Entrance	free, during the operationg hours of the Trittkopfbahn I/Flexenbahn

SKYSPACE-LECH

Discover the light art of the world-famous artist James Turrell. In the light room in Oberlech you can experience the meeting of heaven and earth in the high alpine landscape.

	INFORMATION
Location	Oberlech, Tannegg
Opening Hours	01.12 19.04. daily from 12.00 - 08.00 pm
Guided tours	Every Tuesday in English language, every Thursday in German language, always at sunset times. The exact times can be found at: www.skyspace-lech.com/visit Price: € 15,00 per person Private tours for max. 30 people are possible by arrangement. Price: € 450,00
Information and	Lech Zürs Tourismus







ART AND CULTURE

Mountain culture is a prime example of broadening cultural horizons in Lech Zürs. Get an overview of the current exhibitions, pop-ups and galleries.



LIBARY

You will find the library in the sport.park.lech. More than 5,000 books and around 100 Tonies hearing figures hearing figures are available for you.

	INFORMATION
Opening hours	
<u>Monday</u>	03.00-05.00 pm
Wednesday	10.00 am -12.00 pm and 03.00-05.00 pm
<u>Friday</u>	03.00-05.00 pm
National holidays	Closed on national holidays
Contact	Phone: +43 5583 2213-241

WINTERTAINMENT

A colourful and diverse winter programme awaits winter sports enthusiasts in Lech Zürs am Arlberg. Sporty, cultural, or culinary – there's something for everyone!



MORE MOVEMENT, MORE FUN.

The leisure center of Lech - The multifunctional sport.park.lech off ers you a lot of possibilities which are all about movement. A fitness center on 500 sq with a cardio, strength and free weight training area as as bowling, sauna, tennis, ball sports and all kinds joyment in the indoor café.

with a cardio, strength and free weight training well as bowling, sauna, tennis, ball sports and of enjoyment in the indoor café.	
	INFORMATION
Opening hours	Sunday to Friday 10:00 am – 11:00 pm Saturday 03:00 – 11:00 pm
Contact	Phone:_+43 5583 41850 office@sport-park-lech.at www.sport-park-lech.at
回版回 Pakwy Moi	re information:



SQUASH

For squash enthusiasts the Hotel Enzian in Zürs off ers an up-to-date squash court. This is open to everyone at all skill levels, from beginners to professionals.

INFORMATION		
Price		
<u>1/2 hours</u>	€ 10,00	
Block of 10	€ 80,00	
Opening hours	on request	
Contact	Phone: +43 5583 2242	

TRANSPORT

Ski bus/local bus

The local bus service in Lech offers an attractive, well developed route with short, regular intervals between busses. The fare for the blue village bus is included in the ski pass or in the overnight stay until 07.30 pm.

Night bus (with costs)

James is you chaffeur during the night. He connects the districts of Oberlech, Stubenbach, Zug and Zürs comfortable.

Public bus (with costs)

Bus line 760: St. Christoph am Arlberg, St. Anton am

Bus line 750: Stuben am Arlberg, Langen am Arlberg Train station

	INFORMATION
Local bus Lech	Phone: +43 5583 4100
Postbus Lech	Phone: +43 5583 2150
Postbus Landeck	Phone: +43 5442 64422





	TAXI	
"Der Lecher"	Phone: +43 5583 2501	
"Taxi Zürs"	Phone: +43 5583 3110	
Lech Taxi"	Phone: +43 650 4400752	

• Deficiencies on the winter hiking trails or cross-country ski trails can be reported at info@lechzuers.com

• For the preservation of our beautiful nature please always take your garbage with you!

• We urge dog owners to make use of the Robidog bags provided for this purpose.

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