

# Friday, 17.03.2023

### Mastersguild in Lech

Already for the tenth time, masters and manufactories of the MEISTERSTRASSE will be guests in Lech Zürs this winter.

Artisan producers from Austria and Germany, but also manufactories whose owners travel directly from Japan and Thailand, present their most beautiful products. They give insights into their craft, their history and their philosophy. Hosts are selected hotels in Lech and Zürs. Every day in the late afternoon and by personal appointment, the masters are personally present at the exhibition.

When: March 12 - 25, 2023

### 08:30 Yoga at Hotel Goldener Berg

Yoga with Yogi Donovan Yoga equipment is available

Registration at: happy@goldenerberg.at until 8 pm the evening before

Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

# 15:00 - 18:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion and open sewing workshop

Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

### 15:00 - 18:00 Höhenflug - Garages Pop- Up Gallery in Lech

While one of the exhibition rooms shows changing contemporary positions, the other room will open with a presentation of artists such as Kevin Simón Mancera (Colombia), Augustín Gonzalez (Mexico), Fernando García Correa (Mexico) and Moris (Mexico). Personal guided tours by gallery owner Michael Sturm and gallery owner Gabriele Schober on request.

Location: Hotel Kristiania Garage

### 15:00 Live Music at the Rud Alpe (every friday)

End your skiing day on the large sun terrace or in the rustic parlours of the Rud-Alpe with live acts.

Accessible for pedestrians and skiers!

Where: Rud-Alpe, Lech

Reservations requested under: +43 558341825

# 15:00 - 17:00 Public Library Lech

Opening hours from 3pm-5pm

Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and at the

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sport.park.lech

#### 17:00 - 19:00 allmeinde Art Cocktail at Kunstraum Zug

Markus and Christoph Getzner "Uranium 238 has a half-life of

of 4.5 billion years"

No admission/no advance registration/no limit

Where: Kunstraum Zug



### Friday, 17.03.2023

# 17:15 Physio Yoga im Madlochblick

Targeted yoga for different parts of the body. The focus is always on the spine, back, neck, hips, etc.. After 8 years of involvement with physio, it may now flow into yoga and vice versa. A mixture of both for feeling good in your own body. Whether after work, skiing or to switch off.

Drop In: 20€ 5 block: 85€ Block of 10: 150€

Where: Hotel madlochBlick

Registration: anna@soulmovement.love

### 18:00 Fondue evening at the Rüfikopf Panorama restaurant

On 2.350 meters guests enjoy an exquisite Fondue Chinoise in the Panorama restaurant Rüfikopf. Booking and information: Panorama restaurant Rüfikopf Tel. +43 5583 2336 278.

Meeting point: 6pm at the Rüfikopf cable car Descents: 8pm, 8:30pm, 9 pm and 9:30pm

#### 18:30 Friends and Fools Dinner x Weingut Adank

Switzerland is known for many things. But unfortunately still too little for its excellent wine. For this reason, we bring for you one of the most up-and-coming wineries in Switzerland to us in the Friends and Fools Lounge and will accompany a dinner with its wines.

We are talking about the ADANK winery. More precisely, comes the son of the winery, Patrick Adank.

If you are now wondering who that is, there you go:

Patrick has completed several internships after training as an oenologist in Geisenheim (Germany) and Dijon (France). These include:

Sylvain Cathiard in Vosne-Romanée Etienne Sauzet in Puligny-Montrachet

Fromm winery in New Zealand

Klaus-Peter Keller in Rheinhessen (Germany)

He acquired the skills for making sparkling wine in Champagne with Raphaël and Vincent Bérêche in Ludes. In 2018, Patrick joined the winery and has been a key driving force ever since. The philosophy of Adank Winery is: our wines should tell STORIES of our SOILS, our PLACES, our FATHERS and of our CRAFT. For this we LIVE - DAY by DAY!

Price: 180€

Registration: gasthof@rotewand.com





### Saturday, 18.03.2023

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Yoga with Yogi Donovan Yoga equipment is available

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Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

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Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

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Personal guided tours by gallery owner Michael Sturm and gallery owner Gabriele Schober on request.

Location: Hotel Kristiania Garage

### Sunday, 19.03.2023

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### Mastersguild in Lech

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When: March 12 - 25, 2023



# Sunday, 19.03.2023

08:30 Yoga at Hotel Goldener Berg

Morning Yoga with Donovan Yoga equipment is available

Registration at: happy@goldenerberg.at until 8 pm the evening before

Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

15:00 Check your Risk - Practical safety training

Throughout the winter season, the three training modules "Preparation", "Risk Reduction" and "Behaviour in the event of an eccident" learn important content in a practical way on site. The three modules rotate weekly, but always have an identical proportion of basics.

These free freeride safety trainings are conducted by local experts.

No registration required

Meeting point: 3 pm at the Schlegelkopf cable car.

15:00 - 18:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion and open sewing workshop

Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

17:15 Worship Band

On Sunday, March 19 at 5:15 pm, the Mass with Father Adrian. Then the Worship Band plays a concert in the New Church Lech!

Admission is free!

# Monday, 20.03.2023

### Mastersguild in Lech

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# Monday, 20.03.2023

#### Skimovie-Challenge Race-Area

Skimovie Challenge at the BMW xDrive Race-Area Lech at the Hinterwieslift. Compete with friends and beat your own best time - the parallel giant slalom course at the Hinterwieslift is the perfect stage for sporting success. On top of that, the race course is equipped with a Skimovie system, which films the racers from start to finish.

SKIMOVIE - get your action video! Scan your ski pass and start skiing. Enter your ski pass number at www.skiline.cc and watch and download your personal video including your best time online. The race area Hinterwies is - weather permitting - open from Sunday to Friday.

When: every monday Where: Hinterwieslift

### 08:30 Yoga at Hotel Goldener Berg

Morning Yoga with Donovan Yoga equipment is available

Registration at: happy@goldenerberg.at until 8 pm the evening before

Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

## 15:00 manufactory Lech

Original products made in Lech Opening hours: 03:00pm-06:00pm

Where: in the tree house, to the left of the underground car park Anger

### 15:00 - 17:00 Public Library Lech

Opening hours Monday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also in the

sport.park.lech

#### 17:30 - 18:30 Om Chanting at Madlochblick

OM Chanting is an ancient spiritual practice. The transformative power of OM has the potential to favourably influence ourselves and our surroundings. OM Chanting is consciously used to bring positive energies to people, places and life situations. Many people experience beneficial changes through participation in OM Chanting.

Free participation, donations welcome!

Where: Hotel madlochBlick

Registration requested under: Ms Ricarda Holzleitner +436802386715



### Tuesday, 21.03.2023

### Mastersguild in Lech

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When: March 12 - 25, 2023

### 08:30 Yoga at Hotel Goldener Berg

Yoga with Yogi Donovan Yoga equipment is available

Registration at: happy@goldenerberg.at until 08 pm the evening before

Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

#### 15:00 Höhenflug - Garages Pop- Up Gallery in Lech

While one of the exhibition rooms shows changing contemporary positions, the other room will open with a presentation of artists such as Kevin Simón Mancera (Colombia), Augustín Gonzalez (Mexico), Fernando García Correa (Mexico) and Moris (Mexico). Personal guided tours by gallery owner Michael Sturm and gallery owner Gabriele Schober on request.

Location: Hotel Kristiania Garage

#### 17:15 Chakra Yoga at madlochBlick

Yoga practices on the 7 energy centers in the body in an Ayurvedic and Yogic way. The ancient Vedas focused on the elements and energies of these chakras to release blockages in the body and to learn about the body's own subtle energies. Each class relates to a specific energy center. With meditation, breathing and specific exercises, one can drop to the elements and discover them anew.

Tuesdays, 17:15 - 18:30 and 18:45 - 20:00

Drop-in: 20€ Block of 5: 85€ Block of 10: 150€

Where: Hotel madlochBlick

Registration: anna@soulmovement.love or at +43 67762772706



### Tuesday, 21.03.2023

### 18:00 Dinner with a Masterclass about Lamb and Fermentation

Immerse yourself in the world of fermentation, seltzer, craft & flavors. Into the world of Friends and Fools. Tobias Schöpf, Head of Rote Wand Manufaktur and Jamie Unshelm Head of Culinary Lab present you this week all about: lamb, fermentation, koji. And what exactly do they do? Tobias will dissect a lamb in front of you and explain everything about this animal. On the other hand, Jamie Unshelm, head of the Culinary Lab, will show you what types of fermentation there are and what koji is all about.

Minor spoiler. Koji is THE mold.

Afterwards, a dinner made from the topics and products covered will be prepared before your eyes. Experience dinner in a new way with us at Friends and Fools Lounge.

Price per Person: 110,-

Registration: gasthof@rotewand.com

### 18:30 Skyspace Lech Guided Tour (in English language)

During the 50-minute guided sunset-tour, you will learn everything about this extraordinary work of art by the US artist James Turrell.

Price: € 15 per person

Tickets: https://www.lechzuers.com/de/erlebnisse-buchen/erlebnisse or in the Lech Zürs

Touristoffice.

Registration: required until 6 pm the day before

Location: Skyspace-Lech

### 19:30 romantic hut evening at Rud-Alpe

Atmospheric hut ambience awaits you here with dishes that have been ennobled with a toque by Gault Millau! At the Rud-Alpe, which is located at an altitude of 1,560 metres and directly on the Schlegelkopf piste, you will find hut magic in perfection. The Rud-Alpe is the Lech insider tip when it comes to romance by candlelight, an open fireplace, fine Austrian food, fondue and exquisite wines. Registration and information under: +43 5583 41825 or book online at https://rud-alpe.simply-

olivia.restaurant/reservations/ger/wellcome

Where: Rud-Alpe, Lech

### Wednesday, 22.03.2023

#### Mastersguild in Lech

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When: March 12 - 25, 2023



### Wednesday, 22.03.2023

### Moët & Chandon Champagner-Gondola

Exclusive tingling pleasure at lofty heights

A special kind of refreshment: with a view of the dreamy snow-covered mountain scenery – in the middle of the skiing area of Lech Zürs – you can experience exclusive and sparkling moments of pleasure in the uniquely designed Moët & Chandon Champagne Gondola.

Ideally suited for winter sports enthusiasts as a tingling time-out while skiing, but also to crown individual occasions such as birthdays, weddings or anniversaries. Matching the exclusive champagne, the finest canapés are served on request to pamper the palate and perfectly round off the time for two or with friends.

Registration at: Skilifte Lech (Schlegelkopfbahn valley station): +43 5583 2332 or

events@bergbahnen-lech.at

Balmalp ski lodge (Zugerbergbahn top station): +43 5583 3312 or restaurant@balmalp.at

The event takes place every day!

### Yoga at Hotel Goldener Berg

Morning Yoga with Donovan Yoga equipment is available

Registration at: happy@goldenerberg.at until 8 pm the evening before

Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

#### 10:00 - 12:00 Public Library Lech

08:30

opening hours: 10 am-12 pm

Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also at

sport.park.lech

### 15:00 - 18:00 Höhenflug - Garages Pop- Up Gallery in Lech

While one of the exhibition rooms shows changing contemporary positions, the other room will open with a presentation of artists such as Kevin Simón Mancera (Colombia), Augustín Gonzalez (Mexico), Fernando García Correa (Mexico) and Moris (Mexico).

Personal guided tours by gallery owner Michael Sturm and gallery owner Gabriele Schober on request.

Tuesday to Saturday 3:00 to 6:00 p.m.

Location: Hotel Kristiania Garage

# 15:00 - 17:00 Public Library Lech

opening hours: 3pm - 5pm

Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also at

sport.park.lech



# Wednesday, 22.03.2023

### 15:45 Slow Yoga at madlochBlick

Who hasn't experienced this? The day is so busy, there's little time to pause. In slow yoga, everything revolves around becoming quiet and shutting down. Here you can stop time for a moment, feel yourself. Slow movements, conscious breath and a lot of introspection will be the theme here. Come and switch off with me.

Wednesdays, 15:45 - 17:00

Drop-in: 20€ Block of 5: 85€ Block of 10: 150€

Where: At Hotel madlochBlick

Registration: anna@soulmovement.love

### 16:00 - 17:00 Ausstellung Tom Vau - Meet the Artist

Exhibition Tom Vau - Das Weisse Rauschen

MEET the ARTIST

Every Wednesday from 4 - 5 p.m. at the Hotel madlochBlick

Experience the art exhibtion " Tom Vau - Das Weisse Rauschen" in the presence of the artist himself and get informations about the history of the project and the individual art works. Do you have any further questions to the artist Tom Vau? He will be happy to answer them every

Wednesday from 4 - 5 p.m. at the Hotel madlochBlick in Lech am Arlberg.

Exhibition dates: until the end of the winter season 22/23

Opening hours: daily, exhibition space is at the ground floor and level -1

www.dasweisserauschen.com

contact: info@thomasvau.com, +436506436089

### 17:30 Slow Flow Yoga with Lu

I invite you into a space of conscious movement.

Connected to our breath, we face ourselves in flowing movements with compassion, acceptance and love.

The perfect balance for a stressful everyday life.

All are welcome!

Where: Hotel madlochBlick

Cost: 15€ per person

Contact: Luisa Schmidt +491733188560

### 21:30 Dance evening

Only in the Berghof. Only in winter. "Baby, you can swing"

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This is the motto of the weekly dance evening at The Berghof Bar. Always on Wednesdays, starting at 9:30 p.m. we swing to live music from the "Swing Trio", for the sake of the good old days. Put everyday life on the back burner. Dance your head off. Celebrate the good sides of life.

Where: Der Berghof, Lech No registration required!

LECHZUERS.COM



### Thursday, 23.03.2023

### Friends and Fools Frühlingsfest

Friends and Fools Spring Festival from 23.03. to 26.03.2023

you can find the exact program at

https://www.rotewand.com/friends-and-fools/startseite/events/friends-and-fools-fruehlingsfest/

Price: Day price 350€

Weekend price 700€ for F&F members, 850€ normal price

Registration: gasthof@rotewand.com

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#### 07:45 Skiroute Zürser Täli

You'll have the slopes all to yourself, and the majestic mountains rise up to the left and right as you ski down from Muggengrat in the direction of Zürser Täli. Making gentle turns and listing to exciting anecdotes and information from your guide – that's truly a one-of-kind experience.

Please note: Regarding of a limited number of people it's necessary to register in advance.

Registration the day prior until 16:30 at Ski Zürs-AG (+43 5583 2283)

Meeting point: Seekopfbahn valley station; 07:45 h

Price: € 35,- incl. breakfast at Seekopf mountain restaurant (only in combination with a valid ski

pass)

#### 08:30 Yoga at Hotel Goldener Berg

Morning Yoga with Donovan Yoga equipment is available

Registration at: happy@goldenerberg.at until 8 pm the evening before

Costs: 20,00 € per person

Where: Hotel Goldener Berg, Oberlech

#### 14:45 Schottenhof visit

How about a visit to Europe's highest highland cattle farm? Schottenhof offers entertainment for the whole family. One of the highlights is the feeding of the Scottish highland cattle. That's when the shaggy four-legged creatures show off their adorable offspring. Meeting point: Schlosskopfbahn valley station, every Thursday at 14:45 h1Price: Adults EUR 10.00 | for children up to 14 years free of charge (no valid ski pass required) Registration: at Schlosskophbahn ticket office, please call +43 (0) 5583 2332 152



# Thursday, 23.03.2023

#### 15:00 - 18:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion and open sewing workshop

Admission: voluntary donation Opening hours: 3pm - 6pm Location: Lechmuseum Huber-Hus

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(Mexico), Fernando García Correa (Mexico) and Moris (Mexico).

Personal guided tours by gallery owner Michael Sturm and gallery owner Gabriele Schober on

request

Tuesday to Saturday 3:00 to 6:00 p.m. Location: Hotel Kristiania Garage

### 15:00 manufactory Lech

Original products made in Lech Opening hours: 03:00pm-06:00pm

Where: in the tree house, to the left of the underground car park Anger

### 18:00 Ice skating rink

80's on ice party Where: Ice rink, Zürs

When: every Thursday from 6pm-10pm Price per Person: adults 15,- kids (u15) 10,-

Catering is provided.

Contact: Jessica Gundolf +43 6643811715

#### 18:30 Skyspace Lech Guided Tour (in German language)

During the 50-minute guided sunset-tour, you will learn everything about this

extraordinary work of art by the US artist James Turrell.

Price: € 15 per person

Tickets: https://www.lechzuers.com/en/culture-and-lifestyle/experiences/experiences

Registration: required until 6 pm the day before

Location: Skyspace-Lech

#### 18:45 - 20:45 Moon Lodge

Have you ever been to a women's circle? I am thrilled every time. Meditating together, sharing, arriving as you are, empathizing, getting into your body, moving and just enjoying. We women have the power to move with the moon, creating more awareness of our bodies and rhythms. Let's

celebrate that connection! For all ages!

energy balancing: 33,-

Where: At Hotel madlochBlick

Registration: anna@soulmovement.love or at +43 67762772706



# Thursday, 23.03.2023

21:00 - 00:00 Jazz night at Hotel Arlberg

Every Thursday the "Jazz Triangle" plays at the Hotel Arlberg When: 21 - 24 o'clock

The team of Hotel Arlberg is looking forward to seeing you!