

MAKE A BREAK FOR THE MOUNTAINS ALONG THE ARLBERG TRAIL: A WELL- ROUNDED CHALLENGE

THE SPORTY LONG-DISTANCE HIKING TRAIL CONNECTS ALL FIVE ARLBERG RESORTS OF LECH, ZÜRS, STUBEN, ST. CHRISTOPH AND ST. ANTON. THE ROUTE ENCOMPASSES 40 KM OF HIKING TRAILS AMIDST SPECTACULAR ALPINE SCENERY AND IS DIVIDED INTO THREE STAGES, ACCOMPANIED BY CONVENIENT CABLE CAR ASSISTANCE. A SEPARATE ARLBERG TRAIL TICKET AND SPECIAL SERVICES SUCH AS LUGGAGE TRANSPORT ROUND OFF THIS UNIQUE MOUNTAIN EXPERIENCE.

Hike around the Arlberg Pass, which connects Tyrol and Vorarlberg. In the midst of fascinating high alpine landscapes that demand both stamina and surefootedness over this three-day hike. Enjoy authentic hospitality and well-deserved comfort in the villages in the evening, before the mountain beckons again the next morning ... It is scenarios like these that make the heart of every passionate hiker skip a beat. All made possible by the new Arlberg Trail, which enables hikers to explore in wonderfully relaxed style, accompanied by the customary top quality for which this alpine pass region has always been appreciated. The well signposted circular hiking trail encompasses a total length of **50 kilometres (incl. lifts)**, almost a fifth of which is covered by cable car. The total walking time is around 18 hours. A nice challenge, even for those mountain enthusiasts who have already racked up plenty of alpine experience.

HIKE AT LOFTY HEIGHTS IN A CLOCKWISE DIRECTION

You start in St. Anton, Lech or Stuben and ideally hike in a clockwise direction. In this direction, the routes and cable car timetables coordinate perfectly. You could potentially hike the route from St. Anton via Stuben (**1st overnight stay**), then via Seekopf to Lech (**2nd overnight stay**) and from there back to St. Anton (**3rd overnight stay**). Hikers traverse certain sections of the route by cable car, so "only" **6,038 metres** of the total **9,550 metres** in elevation difference remain to be surmounted on foot. Due to the high altitude, where snow fields persist well into the summer, the Arlberg Trail is only accessible in the months of July, August and September and with good weather forecasts.

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SUPPORT AT EVERY LEVEL

In addition to offering an impressive experience of the natural landscape, the Arlberg Trail is characterised by first-class supporting conditions. Partner hotels in three villages welcome long-distance hikers with tailor-made offers. On request, luggage can be transported between the accommodations, so you only have a light rucksack to carry when tackling the individual stages. The specially conceived Arlberg Trail Ticket is available for the five cable car rides. Those who do not want to walk the entire route can get a taste of the "trail spirit" on individual stages, or along easier variants. Exit points dotted along the route ensure the safety of hikers in the high alpine terrain.

A HISTORIC CONNECTION

The Arlberg Trail is a tribute to the history of the Arlberg and connects what has already belonged together for decades. Just like the RUN of FAME, the **85 km long ski circuit** through the Ski Arlberg ski area, this long-distance trail leads through the spectacular natural landscapes of the pass region - and strings together the five legendary villages like pearls on a necklace. Lech, Zürs, Stuben, St. Christoph and St. Anton derive their charisma from winter sport, which was borne and honed to greatness on the deep snow-covered slopes between these mountain villages. Many pioneering achievements such as the first ski race in the Alps (1904), the first ski course (1906) or Austria's first ski school (1920/21) established the footholds of Arlberg's worldwide reputation. Technical innovations such as the first draglift and Austria's first cable car designed for winter sports (1937), as well as the invention of artificial snowmaking engineering (1970) consolidated its legendary status. Finally, in 2016, a long-cherished dream of the people on both sides of the mountain pass came to fruition and the Arlberg grew even closer together as Austria's largest inter-connected ski area. The Arlberg Trail fits seamlessly into this series of milestones. The Arlberg's first collective summer product once again bridges the gap between sporting challenge, nature experience and quality tourism. In a nutshell: it shows the Arlberg just as it lives and breathes.

Hike the alpine pass region between Tyrol and Vorarlberg in wonderfully relaxed style, accompanied by the customary top quality, for which the region has always been appreciated: All made possible by the new Arlberg Trail. The well signposted circular hiking trail comprises a total length of **50 kilometres**, almost a fifth of which is covered by cable car. In total, it takes around **18 hours** to hike the route, which encompasses **6,038 metres** in elevation difference by foot. A nice challenge, even for those mountain enthusiasts who have already racked up plenty of alpine experience. Ideally, you start from St. Anton, Lech or Stuben in a clockwise direction, so that the routes and cable car rides coordinate perfectly. Partner hotels

in three villages welcome long-distance hikers with tailor-made offers. On request, luggage can be transported between the accommodations, and the specially conceived Arlberg Trail Ticket is available for the four cable car systems. Those who do not want to walk the entire route can get a taste of the "trail spirit" on individual stages, or along easier variants.

FACT SHEET:

ARLBERG TRAIL: FACTS, FIGURES & INTERESTING INFORMATION

- Total distance: 52.1 km
- Net trail distance after lift use: 40.2 km
- Pure walking time: approx. 18 hours
- Total elevation difference: 9,550 m
- 5 cable car rides
- 1 Arlberg Trail Ticket
- Highest point: 2,647 m (Valluga I mountain station)
- Lowest point: 1,304 m (St. Anton am Arlberg)
- Overnight stays in St. Anton, Stuben and Lech
- Accessible in July, August & September
- Type of route: loop trail
- More information on the Arlberg Trail can be found under: WWW.ARLBERGTRAIL.COM

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