

# Saturday, 24.09.2022

06:00 sunrisetour Skyspace Lech

Experience the lighting concept in the Skyspace-Lech exceptionally at sunrise during a guided tour.

A shuttle will be provided to get to Skyspace-Lech in comfort.

Exceptionally, the shuttle departs from the Landbrugg bus stop at 6 am.

Free with the Lech Card.

Price: € 15,- per person, shuttle € 10,- per person.

Tickets: https://www.lechzuers.com/de/kultur-und-lifestyle/erlebnisse-buchen/erlebnisse

Where: Skyspace-Lech

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

08:30 Yoga mat meets hiking pole

Mountain sports à la hiking and skiing are naturally in our mountain genes. But yoga and fitness are also a dream at 1,660 metres above sea level. Especially in summer, under a blue sky and with fresh alpine air in your nose. And with pleasure with our yoga instructor, who will only take care of

you.

Registration required: +435583 2291, at the Burg reception or at info@burghotel-lech.com

Price: 15,- per person Where: Burg Hotel, Oberlech

Additional evening class from 5pm to 6:15pm

09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am

Where: Kriegeralpe, Oberlech

15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

18:16 Skyspace- Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special

work of art by James Turell

Price: € 15,- per person, shuttle taxi € 10,-

Tickets: https://www.lechzuers.com/en/culture-and-lifestyle/experiences/experiences

Location: Skyspace-Lech



# Sunday, 25.09.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am Where: Kriegeralpe, Oberlech

15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

> Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm Location: Lechmuseum Huber-Hus

# Monday, 26.09.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

08:30 Yoga mat meets hiking pole

> Mountain sports à la hiking and skiing are naturally in our mountain genes. But yoga and fitness are also a dream at 1,660 metres above sea level. Especially in summer, under a blue sky and with fresh alpine air in your nose. And with pleasure with our yoga instructor, who will only take care of

Registration required: +435583 2291, at the Burg reception or at info@burghotel-lech.com

Price: 15,- per person Where: Burg Hotel, Oberlech

Additional evening class from 5pm to 6:15pm

09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am

Where: Kriegeralpe, Oberlech





# Monday, 26.09.2022

15:00 Public Library Lech

Opening hours Monday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also in the

sport.park.lech

# Tuesday, 27.09.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener Berg Registration under: +43 5583 22050, until 7pm the day before

Costs: 15,00 € per person

Additional evening hour from 17:30-18:30

08:30 Yoga mat meets hiking pole

Mountain sports à la hiking and skiing are naturally in our mountain genes. But yoga and fitness are also a dream at 1,660 metres above sea level. Especially in summer, under a blue sky and with fresh alpine air in your nose. And with pleasure with our yoga instructor, who will only take care of

you.

Registration required: +435583 2291, at the Burg reception or at info@burghotel-lech.com

Price: 15,- per person Where: Burg Hotel, Oberlech

Additional evening class from 5pm to 6:15pm

09:30 Lech Card - The history of Lech - The settlement

with the hiking guide Barbara Lankmayer

Duration: about 5 hours

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: Rüfiplatz square Lech

09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am

Where: Kriegeralpe, Oberlech



# Tuesday, 27.09.2022

# 10:30 Alpine bathing with our selfcare companions

Barefoot walking and meditation, easy hike through the gypsum holes with meditation or walk along the Arlenweg and Dragonfly Lake with special breathing techniques, or easy hike along the Flühenweg with a look into the countryside - let your thoughts wander.

Finally - walk along our Path of the Senses.

Daily changing programme

Meeting point: Hotel Goldener Berg Duration: approx. 2-2.5 hours

Registration until 19:00 the day before

Costs: 20,00€ per person

# Wednesday, 28.09.2022

#### 08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

### 08:30 Yoga mat meets hiking pole

Mountain sports à la hiking and skiing are naturally in our mountain genes. But yoga and fitness are also a dream at 1,660 metres above sea level. Especially in summer, under a blue sky and with fresh alpine air in your nose. And with pleasure with our yoga instructor, who will only take care of you.

Registration required: +435583 2291, at the Burg reception or at info@burghotel-lech.com

Price: 15,- per person Where: Burg Hotel, Oberlech

Additional evening class from 5pm to 6pm and 06:15 pm to 07:15pm

### 09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am

Where: Kriegeralpe, Oberlech

### 10:00 Public Library Lech

Opening hours Wednesday from 10am-12pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office

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and also in the sport.park.lech



# Wednesday, 28.09.2022

15:00 Public Library Lech

Opening hours Wednesday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office

and also in the sport.park.lech

# Thursday, 29.09.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener Berg Registration under: +43 5583 22050, until 7pm the day before

Costs: 15,00 € per person

Additional evening hour from 05:30-06:30pm

08:30 Yoga mat meets hiking pole

Mountain sports à la hiking and skiing are naturally in our mountain genes. But yoga and fitness are also a dream at 1,660 metres above sea level. Especially in summer, under a blue sky and with fresh alpine air in your nose. And with pleasure with our yoga instructor, who will only take care of

you.

Registration required: +435583 2291, at the Burg reception or at info@burghotel-lech.com

Price: 15,- per person Where: Burg Hotel, Oberlech

Additional evening class from 5pm to 6pm and 06pm to 07pm

09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am

Where: Kriegeralpe, Oberlech

15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm Location: Lechmuseum Huber-Hus

Friday, 30.09.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30



# Friday, 30.09.2022

### 08:30 Yoga mat meets hiking pole

Mountain sports à la hiking and skiing are naturally in our mountain genes. But yoga and fitness are also a dream at 1,660 metres above sea level. Especially in summer, under a blue sky and with fresh alpine air in your nose. And with pleasure with our yoga instructor, who will only take care of

Registration required: +435583 2291, at the Burg reception or at info@burghotel-lech.com

Price: 15,- per person Where: Burg Hotel, Oberlech

Additional evening class from 5pm to 06:30pm

### 09:30 Wein- und Wurstwochen

Morning pint at the Kriegeralpe with Weißwürscht and pretzels.

Reservations requested the day before at the Kriegeralpe, by email to info@kriegeralpe-lech.com or

directly at the Burg reception.

From 09:30-12:00am

Where: Kriegeralpe, Oberlech

# 15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

# 15:00 Public Library Lech

Opening hours Friday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also in the

sport.park.lech

### 19:00 Barbecue evening at Hotel Goldener Berg on the panorama terrace

Every week different dishes on the grill Price: varies depending on the dish

Registration: happy@goldenerberg.at or +435583 22050

Where: Hotel Goldener Berg, Oberlech In case of bad weather in the restaurant

#### 19:55 Skyspace- Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special

work of art by James Turell

Price: € 15,- per person, shuttle taxi € 10,-

Tickets: https://www.lechzuers.com/en/culture-and-lifestyle/experiences/experiences

Location: Skyspace-Lech