

Saturday, 06.08.2022

03:00 Lech Card - LechErleben - Sunrise on the Mohnenfluh

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 55832161

Price for non Lech Card owners: € 50,- per person, the tickets can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

09:45 Lech Card - Family Program

From 5 years

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: at the Arlberg Alpin office Filomena

10:00 Alpine bathing with our selfcare companions

Barefoot walking and meditation, easy hike through the gypsum holes with meditation or walk along

the Arlenweg and Dragonfly Lake with special breathing techniques, or easy hike along the

Flühenweg with a look into the countryside - let your thoughts wander.

Finally - walk along our Path of the Senses.

Daily changing programme

Meeting point: Hotel Goldener Berg Duration: approx. 2-2.5 hours

Registration until 19:00 the day before

Costs: 20,00€ per person

15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

17:00 Lech Classic Festival

Romantic Search for Traces 2

"Rákóczy March" from the opera "La Damnation de Faust

Concerto for violin and orchestra in G minor

Intermission

Concerto for violin and orchestra D major

Lech Festival Orchestra

Tickets are still available at the box office



Sunday, 07.08.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

09:45 Lech Card - Family Program

From 5 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filomena

10:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

Cultural history of ski fashion Admission: voluntary donation special opening hours: 10am - 6pm Location: Lechmuseum Huber-Hus

10:00 Lechmuseum - Family Action Day "Destination Museum"

BUILD WITH US! Together we create an OPEN AIR living room around the museum out of used

thinas.

We will build furniture, design objects and plant magical flowers. To make it cosy, we need your craftsmanship and creativity. Join in!

Programme from 10:00-17:00h Location: Lechmuseum Huber-Hus

11:00 sunday morning pint

entertainment with live music Alpenstarkstrom

With the purchase of a single ride ticket you will receive a gastronomy coucher of € 15,-

Free gondel ride for childre up to 16 years Location: Panoramic restaurant Rüfikopf

14:00 Soccer Camp

Play like the pros!

Children and young people between the ages of 6 and 16 can take part in the football school, regardless of whether they play in a club or are recreational players on the football pitch.

from 02:00pm Welcome & introduction of the team at the primary school

from 02:30pm 1st training session



Sunday, 07.08.2022

17:00 Lech Classic Festival

An American Evening

from the "Great American Songbook"

"Gospels and Spirituals"

Intermission

Cross-section from the musical "West Side Story Cross-section from the opera "Porgy and Bess"

Lech Festival Choir under the musical direction of Johann Pichler Lech Festival Orchestra under the musical direction of Tetsuro Ban

Tickets are still available at the box office.

Monday, 08.08.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

08:45 LechErleben - Bike & Hike

E-Bike tour and hike with Vinzenz Wingelmayr

Please take your own e-bike with you, otherwise these can also be rented from our sport shops

Duration: 2-3 hours

Registration: until 5 pm the day before under info@lechzuers.com ,

https://www.mylechcard.at/en/registration/ or +43 5583 2161

Price for non Lech Card owners: € 25,- per person, the ticket can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

09:15 Lech Card Childrens programme - Children's climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filomena

09:15 Lech Card Childrens programme - Games day at swimming pool Lech

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com ,

https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filomena

09:30 Lech Card - Herbs hiking tour

with herbal educator Veronika Walch

Duration: 3 hours

Registration: until 5 pm the day before under info@lechzuers.com ,

https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: Rüfiplatz square Lech



Monday, 08.08.2022

10:00 Soccer Camp

Play like the pros!

Children and young people between the ages of 6 and 16 can take part in the football school, regardless of whether they play in a club or are recreational players on the football pitch.

from 10am to 12pm training from 01:30pm to 04:30pm training

Meeting point: in front of the Sport.Park.Lech

14:00 Small-caliber rifle

For guests, emplyees and locals Location: Schützenheim Lech

15:00 manufactory Lech

Original products made in Lech Opening hours: 03:00pm-06:00pm

Where: in the tree house, to the left of the underground car park Anger

15:00 Public Library Lech

Opening hours Monday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also in the

sport.park.lech

18:00 Sandhof terrace

Mussel/Boeuf Bourguignon/Apple Pie - Martin Prodinger/Kleissl Markus

Local/friends guest chefs at the village table - cook their favourite recipes for you - it should be uncomplicated - everyone eats together at the big village table - lavish bowls are ladled out - like at a big family dinner.

Price per person €55,- including all drinks during the meal.

Registration at: +435583 2298 or info@sandhof.at

Where: Hotel Sandhof, Lec

Tuesday, 09.08.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30



Tuesday, 09.08.2022

08:45 LechErleben - Pilates on the mountain

Pilates exercises to increase coordination, stamina and concentration with Uli Alber

Mats can be rented from Lech Zürs Tourismus GmbH

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Price for non Lech Card owners: € 25,- per person, the ticket can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

09:15 Lech Card Childrens programme - Adventure ont the Alpenranch

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: at the Arlberg Alpin office Filomena

09:15 Lech Card Childrens programme - Children's Canyoning and Waldcamp

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: at the Arlberg Alpin office Filomena

09:30 Lech Card - The history of Lech - The settlement

with the hiking guide Barbara Lankmayer

Duration: about 5 hours

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: Rüfiplatz square Lech

10:00 Alpine bathing with our selfcare companions

Barefoot walking and meditation, easy hike through the gypsum holes with meditation or walk along

the Arlenweg and Dragonfly Lake with special breathing techniques, or easy hike along the

Flühenweg with a look into the countryside - let your thoughts wander.

Finally - walk along our Path of the Senses.

Daily changing programme

Meeting point: Hotel Goldener Berg Duration: approx. 2-2.5 hours

Registration until 19:00 the day before

Costs: 20,00€ per person

10:00 Climbing on the Rüfikopf

Minimum age: 5 years Price: € 70,- per person

Registration: until 4.00 pm the day before under +43 664 3203506 or info@arlbergalpin.at

Meeting point: Arlberg Alpin office Filomena

equipment: outdoor shoes / clothing adapted to the weather / backpack with snack & drink



Tuesday, 09.08.2022

10:00 Soccer Camp

Play like the pros!

Children and young people between the ages of 6 and 16 can take part in the football school, regardless of whether they play in a club or are recreational players on the football pitch.

from 10am to 12pm training from 01:30pm to 04:30pm training

Meeting point: in front of the Sport.Park.Lech

Wednesday, 10.08.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30

08:45 LechErleben - Yoga on the mountain

Morning yoga with Marilena Walch

Mats can be rented from Lech Zürs Tourismus GmbH

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 5583 2161

Price for non Lech Card owners: € 25,- per person, the ticket can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

09:00 LechErleben - Lech spring water hike

Hike along springs, waterfalls & moors with Caolin Feigenspan

This hike is also suitable in bad weather.

Duration: 4 hours

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 5583 2161

Price for non Lech Card owners: € 25,- per person, tickets can be bought at the tourist office

Meeting point: Rüfiplatz sqaure Lech

09:15 Lech Card Childrens programme - Adventure ont the Alpenranch

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: at the Arlberg Alpin office Filomena

09:15 Lech Card Childrens programme - Children's Canyoning and Waldcamp

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: at the Arlberg Alpin office Filomena



Wednesday, 10.08.2022

09:45 Lech Card - The geopath excursion

Duration: approx. 3 hours

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 55832161

Meeting point: Rüfiplatz square Lech

10:00 Public Library Lech

Opening hours Wednesday from 10am-12pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office

and also in the sport.park.lech

10:00 Soccer Camp

Play like the pros!

Children and young people between the ages of 6 and 16 can take part in the football school, regardless of whether they play in a club or are recreational players on the football pitch.

Event day in Schruns

Meeting point: in front of the Sport.Park.Lech

14:00 Small-caliber rifle

For guests, emplyees and locals Location: Schützenheim Lech

14:45 Entdeckungsreise Rüfikopf - Seilbahn

Price including mountain and valley ride and guided tour: € 10,- per person, kids (6-14 years) € 5,-

Registration: +43 5583 2824 214 Meeting point: cash desk Rüfikopf cab

15:00 Public Library Lech

Opening hours Wednesday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office

and also in the sport.park.lech

Thursday, 11.08.2022

08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per perso

09:00 - 16:00 Tannberg Market

Delicious local products and craftsmanship

Location: Rüfiplatz square Lech



Thursday, 11.08.2022

09:15 Lech Card Childrens programme - Archery and Arlenzauberweg

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filo

09:15 Lech Card Childrens programme - Children's climbing

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filomena

09:30 Lech Card - E-Bike Tour

Please take your own e-bike with you, otherwise these can also be rented from our sport shops

Duration: about 4 hours

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: Rüfiplatz sqaure Lech

10:00 Lech Card - swim training

The newly designed Waldschwimmbad is ideal for a varied swim training.

The children move from the sports pool to the fitness pool to the water slide and do exciting

exercises.

Swimming skills required!

If you have any questions, our swim guide Dirk is available: +49 151 5246 3353 or dirk@agentur-

nanni.de

Duration: approx. 3 hours

Registration: by 5:00 p.m. the day before at info@lechzuers.com, https://anmeldung.mylechcard.at/?htacc=programm&lang=de or +43

5583 2161

Meeting place: Rüfiplatz Lech

10:00 Soccer Camp

Play like the pros!

Children and young people between the ages of 6 and 16 can take part in the football school, regardless of whether they play in a club or are recreational players on the football pitch.

from 10am to 12pm training from 01:30pm to 04:30pm training

Meeting point: in front of the Sport.Park.Lech

11:30 Pre lunch drink with LIVE-music on the Rüfikopf

Culinary delights include Austrian specialities on the large sun terrace of the Rüfikopf panorama

restaurant.

Takes place in July and August in all weathers!

Location: Panoramarestaurant Rüfikopf



Thursday, 11.08.2022

15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

> Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm Location: Lechmuseum Huber-Hus

Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow 15:00

> Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

15:00 Lech Card - LechErLeben - Historical saw

Hike to the "Zuger Säge" with insights into the history with Martin Jochum

Duration: 2-3 hours

Registration: until 5 pm the day before under info@lechzuers.com,

https://www.mylechcard.at/en/registration/ or +43 55832161

Price for non Lech Card owners: € 25,- per person, the ticket can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

15:00 manufactory Lech

> Original products made in Lech Opening hours: 03:00pm-06:00pm

Where: in the tree house, to the left of the underground car park Anger

18:00 **Dry Aged Steakabend**

Steaks hung and matured under ideal conditions.

T-bone - porterhouse - fillet steak & co are prepared for you with a full aromatic taste, firm to the

bite and particularly tender on the tongue.

Information and reservation under +43 5583 41825, www.rud-alpe.at

Location: Rud Alpe, Lech

Friday, 12.08.2022

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08:30 Yoga at Hotel Goldener Berg

In good weather on the terrace at the Alter Goldener BergRegistration under: +43 5583 22050, until

7pm the day before Costs: 15,00 € per person

Additional evening session from 17:30 - 18:30



Friday, 12.08.2022

08:45 LechErleben - Yoga on the mountain

Morning yoga with Marilena Walch

Mats can be rented from Lech Zürs Tourismus GmbH

In case of bad weather it will take place at the sport.park.lech

Duration: 2-3 Stunden

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Price for non Lech Card owners: € 25,- per person, the ticket can be bought at the tourist office

Meeting point: Rüfiplatz square Lech

09:15 Lech Card Childrens programme - Archery and Arlenzauberweg

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filomena

09:15 Lech Card Childrens programme - Games day at swimming pool Lech

Children between 5 and 14 years

Registration: until 5 pm the day before under info@lechzuers.com, https://www.mylechcard.at/en/registration/ or +43 5583 2161

Meeting point: at the Arlberg Alpin office Filomena

09:30 **Soccer Camp**

Play like the pros!

Children and young people between the ages of 6 and 16 can take part in the football school, regardless of whether they play in a club or are recreational players on the football pitch.

from 09:30-11:00am football specific multicompetitions

from 11:30am to 12:45pm final tournaments

at 01:15pm lunch break

from 02:00pm award ceremony

Meeting point: in front of the Sport.Park.Lech

14:00 Small-caliber rifle

> For guests, emplyees and locals Location: Schützenheim Lech

15:00 Exhibition Lechmuseum - "Fesch! Mode für den Schnee" - Fashion for the snow

> Cultural history of ski fashion Admission: voluntary donation Opening hours: 3pm - 6pm

Location: Lechmuseum Huber-Hus

15:00 **Public Library Lech**

> Opening hours Friday from 3pm-5pm Location: Library Lech at the sport.park.lech

You can return books during opening hours at the service center, Lech tourist office and also in the

sport.park.lech



Friday, 12.08.2022

18:00 Adventure evening with sunset at Rüfikopf

Sunset with breathtaking panoramic views.

Being able to marvel at the setting of the sun at 2,350m.

Experience this indescribable atmosphere of the natural spectacle with the impressive peaks around

Lech.

Now also included in the LechCard!

Price without valid cable car ticket EUR 25.00 (children up to 14 years free of charge)

Location: Rüfikopf mountain station

18:00 Fondue evening on the Rüfikopf

The culmination of the week with a very special atmosphere at Rüfikopf!

From July to September, a tasty meat or cheese fondue is served at sunset in the Rüfikopf

panorama restaurant: EUR 65.00 (without drinks)

Registration & reservation until Friday 15:00 at the Rüfikopf Panorama Restaurant, phone +43 5583

2336 - 278

18:45 Sunsethike Rüfikopf

Every Friday in July and August, the Rüfikopfbahn runs longer exclusively for Lech Card holders in

good weather conditions.

From the Rüfikopf you can enjoy the sunset and then hike with a guide from Arlberg Alpin to Lake

Monzabon.

From there it's back to the Rüfikopf for the last rays of sunshine and then back down into the valley

with a view of Lech am Arlberg.

The start time for the guided tour depends on the date.

Time: 18:45

Duration: approx. 2 hours

Meeting point: Rüfikopf valley station

Equipment: We recommend ankle-high mountain boots with profiled soles for the hike.

Registration: The day before by 5:00 p.m. at info@lechzuers.com, online or by phone: +43 (5583)

2161-0

19:00 Barbecue evening at Hotel Goldener Berg on the panorama terrace

Every week different dishes on the grill Price: varies depending on the dish

Registration: happy@goldenerberg.at or +435583 22050

Where: Hotel Goldener Berg, Oberlech In case of bad weather in the restaurant

20:30 Skyspace- Lech Tour

During the 50-minute guided tour, including a light show, you will learn everything about this special

work of art by James Turell

From 6 years on

Price: € 15,- per person, shuttle taxi € 10,-, with the Lech Card it is for free

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Tickets: https://www.lechzuers.com/en/culture-and-lifestyle/experiences/experiences

Location: Skyspace-Lech